# 2014-2015 Austin High School Boys Soccer Student Athlete Handbook



2010 District Champions, Bi District Champions, Area Champions, Sectional Runner up

2012 Playoffs, 2013 Bi District Champions, Area Runner Up District Champs: 97, 99, 2010 Playoff Qualifier 1997,1999,2003,2004,2007,2010,2012,2013

# **TABLE OF CONTENTS**

- I. Athletic Philosophy
- II. Soccer Policies
- III. Training Room Policies
- IV. Game Day Policies
- V. Lettering Policies
- VI. U.I.L. Eligibility
- VII. Page of Dedication (sign and return)

### A.H.S ATHLETIC PHILOSOPHY

A well organized and properly conducted athletic program will make a positive contribution to the educational objectives of the Houston Independent School District. With a good program we will prepare our students to be stronger physically, mentally, and spiritually.

Athletics in our society provides an excellent way to develop our young people into responsible men and women. Participation in athletics means more than competition between two individuals or two teams. It teaches fair play, sportsmanship, understanding, and appreciation of teamwork; the students also come to realize that hard work is important in any successful venture.

No student is obligated to take part in athletics, nor is this required for graduation. It should be stressed that it is a privilege, not a right. Winning, within the spirit of the rules, is a major objective. It is the goal of the Houston Independent School District to operate a strong and efficient athletic program with the proper regards for the needs, capacities, and welfare of our students.

\* As stated above, being in soccer is a privilege.

## Soccer Policies

1. Most importantly you need to keep up with your grades. If you do not pass you do not play. **I can check grades at any time with the grade book system.** If you are having trouble in a class get help. Get tutoring during lunch or before/after school. If you have to miss practice for tutoring your coach needs to know at least one day in advance.

2. DO NOT miss practice. If you are sick you need to contact your Coach (and me if I am not your coach) by e-mail before lunch. If practice is on a holiday or weekend you need to contact a captain in addition to e-mailing your coach. You will not miss practice because of work, D-Hall, girlfriend problems, <u>club soccer</u>, etc....

3. Practice is mandatory for everybody. If you are injured you need to <u>get treatment in the</u> <u>afternoon 3:30pm</u>, so you can do some light fitness work during practice time (see the page on training room policies following the soccer policies). If you are rehabilitating an injury during your athletic period you need to check in with your coach and then go to the trainer. When finished in the training room you need to find your coach and check back in with him, you will then finish out the practice session by observation.

 Players will not drink, smoke, or take drugs. Violations will be dealt with in the following manner. <u>First offense</u>: Three week suspension with a physical punishment of 3 miles a day in the mornings before school starts.

<u>Second offense</u>: One year suspension from the team with the same physical punishment as above.

Third offense: Dismissal from the program for rest of High School career.

\*If a player gets caught with tobacco, alcohol, or drugs at an away trip they will immediately be dismissed from the team/program.

5. Do not get into trouble (discipline) in class, if you are misbehaving I will find out, and you will be disciplined! If something does happen you need to inform me before I find out from someone else.

6. You will not wear anything that belongs to F.H.S. outside of school or to school. The only time anything issued can be worn is to our games or on the bus to our games, NO EXCEPTIONS. Shin guards are required by U.I.L. to play in games and also need to be worn at practice. Shin guards also need to have NOCSAE stamp on them or they are not legal.

7. You need to act appropriately at all times. You represent F.H.S., the soccer program, and me. Be respectful and courteous to your coaches and all of your teammates.

8. You will show good sportsmanship always, at games and practice. Fighting, cursing, or bad sportsmanship will not be tolerated.

9. We will be doing something, some; if not all Saturday mornings (practice or games) so plan your schedule accordingly.

#### 10. Players need to make constructive comments to each other or none at all.

11. There will be **NO** hazing!!!!