



Family and Community Engagement

EMPOWERING FAMILIES. ADVANCING LEARNING.

2021 - 2022 COMMUNITY RESOURCE GUIDE



Millard House II
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Houston Independent School District Board of Education

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Family and Community Engagement Department
Ryan Professional Development Center
4001 Hardy Street, Houston, Texas 77009
www.HoustonISD.org/face

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	Phone	Ages/Grades Served	Costs	Onsite at Schools	Languages
1	713-798-4857	Adults ages 18+	Costs vary	Yes	English
2	713-526-4611 713-874-6590	All ages	Costs vary	No	English, Spanish
3	713-986-3300	Ages 0-17	Free	No	English, Spanish
4	832-393-3800 832-393-5454 832-395-0320 832-395-0472 832-393-5950	Ages 3-17 and Adults ages 18+	Free	No	English, Spanish
5	713-383-0888	Ages 4-17 and Adults ages 18+	Costs vary	No	English, Spanish

	Phone	Ages/Grades Served	Costs	Onsite at Schools	Languages
6	713-523-2231	Ages 10-17 and Adults ages 18-20	Free	No	English
7	713-981-7645	All ages	Free	No	Assamese, Bengali, English, Gujarati, Hindi, Kannada, Malayalam, Marathi, Nepali, Punjabi, Sindhi, Tamil, Telugu, Tulu, Urdu
8	713-730-2335 713-802-3852	Ages 0-18	Costs vary	Yes	English, Spanish
9	713-600-1131	Ages 13-17 and Adults ages 18+	Free	Yes	English, Spanish
10	713-660-1880	All ages	Costs vary	No	English, Spanish
11	713-780-2833	All ages	Costs vary	Yes	American Sign Language, Chinese, English, Hindi, Korean, Punjabi, Spanish, Taiwanese, Urdu, Vietnamese
12	713-861-4849	Ages 3-18	Costs vary	Yes	English, Spanish
13	713-783-4616	All ages	Costs vary	No	English, Spanish, Vietnamese
14	713-529-3260 713-529-3597 713-387-7196	Ages 0-17	Costs vary	No	English, Spanish
15	713-970-7000 713-970-7520	All ages	Costs vary	Yes	English, Spanish
16	713-970-7070	Ages 3-17 and Adults ages 18+	Free	No	English
17	713-286-6000 713-286-6170	All ages	Free	No	English
18	713-526-8390	Grades K-12 and Adults ages 18+	Costs vary	Yes	English, Spanish
19	832-834-7710	Ages 13-17 and Adults ages 18+	Costs vary	No	English, Spanish
20	713-526-5055	Ages 12-17 and Adults ages 18+	Costs vary	No	English
21	832-394-4200	Adults ages 18+	Free	No	English, Spanish
22	281-893-7200 731-333-3771	Ages 6-17 and Adults ages 18+	Costs vary	No	English, Spanish
23	713-667-9336	All ages	Costs vary	No	English, Hebrew, Russian
24	713-351-7350 281-498-6100 832-548-5400 713-779-7200 832-548-5100 832-548-5300	All ages	Costs vary	No	English, Spanish
25	713-468-4516	All ages	Costs vary	No	English, Spanish
26	713-523-8963	Grades PK-12	Costs vary	No	English
27	713-529-0037	Ages 13-17 and Adults ages 18+	Costs vary	Yes	English, Spanish, Vietnamese
28	713-970-4419 713-970-4489	All ages	Free	No	Arabic, Chinese, English, Filipino, French, German, Hmong, Italian, Japanese, Korean, Lao, Persian, Punjabi, Russian, Spanish, Thai, Vietnamese
29	713-839-7111	All ages	Costs vary	No	English, French, Portuguese, Spanish, Vietnamese
30	713-523-5958	Adults ages 18+	Free	No	English, Pilipino, Spanish
31	713-486-2700	Ages 0-18	Costs vary	No	English

	Phone	Ages/Grades Served	Costs	Onsite at Schools	Languages
32	713-957-1600	All ages	Costs vary	No	English, Spanish
33	713-426-4545	Ages 13-17 and Adults ages 18-19	Costs vary	No	English
34	281-200-9281 713-914-0556	Ages 3-18	Costs vary	No	English
35	713-970-7000 866-970-4770 713-970-7070	Ages 3-17	Costs vary	No	English
36	713-743-0950	Ages 12-17	Costs vary	No	English
37	713-743-8600	All ages	Costs vary	No	English
38	713-741-3883	Ages 3-17	Costs vary	No	English, Spanish
39	713-995-0909 713-774-0606	Ages 6-17	Costs vary	No	English

Baylor College of Medicine – Baylor Psychiatry Clinic

Address: 1977 Butler Boulevard, Houston, TX 77030

Area Served: Greater Houston

Days/Hours: Monday-Sunday, 24 hours/day

Contact: Philip Abraham

Phone: 713-798-4857

Fax: 713-798-3138

Email: psychiatry@bcm.edu

Website: <https://www.bcm.edu/healthcare/care-centers/psychiatry/services>

Local Bus Routes: 11, 60

Ages/Grades Served: Adults ages 18+

Eligibility: No area restrictions.

Costs: Costs vary. • Charges fees on a sliding scale based on income. • Accepts major insurance plans. • Call to ask about specific costs.

Onsite at Schools: Yes. • Offers speakers to present about mental health to community groups.

Languages: English

Direct Services: Provides assessments and therapy for adults with disruptive behaviors, mood disorders, anxiety disorders, personality disorders, and eating disorders. • Offers marital and couples therapy and pre-marital counseling. • Offers speakers to present about mental health topics of interest to community groups.

Catholic Charities of the Archdiocese of Galveston-Houston

Area Served: Greater Houston

Location	Address	Phone	Bus Routes
Central Office	2900 Louisiana Street, Houston, TX 77006	713-526-4611 713-874-6590	700 (METRO rail), 82, 85, 160
Moran Health Center	2615 Fannin Street, Houston, TX 77002	713-526-4611 713-874-6590	700 (METRO rail), 54, 85, 160
South Houston	1300 Bay Area Boulevard, Suite 229, Houston, TX 77058	713-526-4611 713-874-6590	246, 249
West Houston	625 Nottingham Oaks Trail, Houston, TX 77079	713-526-4611 713-874-6590	67, 162

Days/Hours: Monday-Friday, 7:30am-5:30pm

Contact: Ernesto Lopez, Jr.

Fax: 713-526-1546

Email:

Website: <https://www.catholiccharities.org/our-services/strengthening-families/counseling-services>

Ages/Grades Served: All ages

Eligibility: Requires proof of income, proof of identity, and proof of residency.

Costs: Costs vary. • Charges fees on a sliding scale based on family income. • Accepts some insurance plans. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Offers individual, couple, and family counseling, as well as workshops and presentations for men, women, and children. • Helps youth who are dealing with peer pressure or bullying. • Helps parents who need guidance in raising children with behavioral issues. • Helps persons who are struggling with anger or anxiety or who are feeling sad and alone and helps adults and youth who are coping with daily stresses in life.

Children's Assessment Center

Address: 2500 Bolsover Street, Houston, TX 77005

Area Served: Harris County

Days/Hours: Monday-Friday, 8am-5pm

Contact: Dr. Anita Jaffer, Manager of Psychological Services

Phone: 713-986-3300

Fax: 713-986-3553

Email: General questions: info@cac.hctx.net. • Programs: anita.jaffer@cac.hctx.net.

Website: <http://cachouston.org>

Local Bus Routes: 27, 84

Ages/Grades Served: Ages 0-17

Eligibility: Must be a child victim of abuse, a sibling of a child victim of abuse, or a non-offending caregiver of a child victim of abuse.

Costs: No cost

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Offers crisis intervention and psychological evaluations to group, family, and individual therapy of child victims, siblings, and non-offending caregivers. • Provides a safe haven for children while awaiting services or during investigations of alleged abuse. • Offers resources about prevention, interventions, and treatments for child sexual abuse.

City of Houston – Multi-Service Centers

Area Served: Houston

Location	Address	Phone	Family Mental Health Days/Hours	Bus Routes
Fifth Ward	4104 Market Street, Houston, TX 77020	832-393-3800	Monday- Friday, 8am-5pm	29, 48
Kashmere	4802 Lockwood Drive, Houston, TX 77026	832-393-5454	Monday-Friday, 8am-2pm	26, 80
Magnolia	7037 Capitol Street, Houston, TX 77011	832-395-0320	Monday-Thursday, 8:30am- 8:30pm, Friday, 8:30pm-3:30pm	20, 50
Northeast	9720 Spaulding Street, Houston, TX 77016	832-395-0472	Monday-Friday, 8am-3pm	3, 45
West End	170 Heights Boulevard, Houston, TX 77007	832-393-5950	Thursday-Friday, 8am-5pm	40, 66, 71, 85

Contact: Fifth Ward: Not available. • Kashmere: Not available. • Magnolia: Ivonne Ledet and Caryn Lira. • Northeast: Rhonda James. • West End: Sopheak Pen.

Fax: Fifth Ward: 832-393-3805. • Kashmere: 832-393-5494. • Magnolia: 832-395-3437. • Northeast: 832-393-0506. • West End: 832-393-5977.

Email: webadmin@houstontx.gov

Website: <http://www.houstontx.gov/health/MSC>

Ages/Grades Served: Ages 3-17 and adults ages 18+

Eligibility: Access to services may require proof of identity, proof of residence, and proof of income. • Call to ask the specific multi-service center about its specific programs related to family mental health.

Costs: Free

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Services vary by location. • Centers offer varying combinations of case management, counseling, information and referrals to mental health providers, mental health assessments, and onsite services for young children with developmental delays or for senior citizens.

Continuum Integrated Treatment Centers

Address: 3003 South Loop West, Suite 475, Houston, TX 77054

Area Served: Greater Houston

Days/Hours: Monday, 9am-8pm, Tuesday-Wednesday, 9am-6pm, Thursday, 9am-8pm, Friday, 9am-6pm, Saturday, 9am-4pm

Contact: Not available

Phone: 713-383-0888

Fax: Not available

Email: email@continuum-ihs.com

Website: <http://www.continuumintegrated.com>

Local Bus Routes: 14, 84

Ages/Grades Served: Ages 4-17 and adults ages 18+

Eligibility: Requires parents to make the first appointments for children ages 4-17.

Costs: Costs vary. • Accepts major health insurance plans, Medicaid, the Children's Health Insurance Program (CHIP), and self-pay. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Provides therapy and treatment for emotional and behavioral problems such as anxiety disorders, attention deficit hyperactivity (ADHD) disorders, impulse control disorders, mood disorders, psychotic disorders, and substance use disorders. • Offers health and nutrition education, physical examinations, and psychiatric evaluations. • Offers therapy to help adolescents to deal with anxiety, behavioral problems, depression, family or relationship issues, mood-related disorders, and stress. • Also offers a full range of behavioral health services for adults.

Covenant House Texas

Address: 1111 Lovett Boulevard, Houston, TX 77006

Area Served: Harris County

Days/Hours: Monday-Sunday, 24 hours/day

Contact: Victor Hay, Director of Community Services

Phone: 713-523-2231

Fax: Not available

Email: vhay@covenanthousetx.org

Website: <https://www.covenanthousetx.org/Programs>

Local Bus Routes: 56, 82

Ages/Grades Served: Ages 10-17 and adults ages 18-20

Eligibility: Focuses services on homeless and at-risk youth and on youth who have suffered physical, sexual, and/or emotional abuse from parents or guardians. • Must be a homeless or runaway youth and ages 10-20. • Must live in the service area.

Costs: Free

Onsite at Schools: No

Languages: English

Direct Services: Provides mental health counseling, psychiatric evaluations, and treatment referrals. • Offers walk-in services, free medical care, comprehensive case management, substance abuse counseling, educational and vocational training, and life skills training. • Provides programs for aftercare, permanent housing, runaway prevention, street outreach, and transitional living. • Also provides a crisis shelter.

DAYA Inc.

Address: 3300 South Gessner Road, Suite 203, Houston, TX 77063

Area Served: Houston

Days/Hours: Monday-Friday, 9am-5pm

Contact: Sesh Bala, President

Phone: Office: 713-842-7222. • Help Line: 713-981-7645.

Fax: 713-583-1822

Email: contact@dayhouston.org

Website: <http://www.dayahouston.org/counseling-advocacy>

Local Bus Routes: 25, 46

Ages/Grades Served: All ages

Eligibility: No area restrictions. • Focuses on the South Asian community of Houston.

Costs: Free

Onsite at Schools: No

Languages: Assamese, Bengali, English, Gujarati, Hindi, Kannada, Malayalam, Marathi, Nepali, Punjabi, Sindhi, Tamil, Telugu, Tulu, Urdu

Direct Services: Provides confidential and culturally sensitive services to women and children in crisis situations such as domestic violence, sexual assault, and child abuse. • Offers crisis counseling for individuals and offers a support group for survivors of domestic violence. • Provides interpretation in all major South Asian languages.

DePelchin Children's Center

Address: 4950 Memorial Dr., Houston, TX 77007

Area Served: Harris and surrounding counties

Days/Hours of Operation: M-F, 8-5

Contact: DCCreferral@depelchin.org for inquiry or questions on programs

Phone: General questions: 713-230-2335

Fax: 713-802-6397

Email: dccreferral@depelchin.org

Website: www.depelchin.org

Local Bus Routes: N/A

Ages/Grades Served: Birth to 18, children and families

Eligibility: Varies by program

Costs: No cost for services

Onsite at Schools: School Based Counseling services offered on select campuses in partnership through CIS Mental Health Initiative. Contact DePelchin or your CIS Student Support Manager for more information.

Languages: English and Spanish

Direct Services: Counseling, parenting, fatherhood groups, character development, school and community presentations, Mental Health First Aid, QPR

Depression and Bipolar Support Alliance

Address: PO Box 27607, Houston, TX 77227

Area Served: Greater Houston

Days/Hours: Office: Monday-Friday, 8am-5pm. • Support group meetings: Monday-Friday, 5:30pm-7pm or 7pm-8:30pm or Saturday, 10am-11:30am.

Contact: Megan Gust, Senior Program Manager

Phone: 713-600-1131

Fax: 713-600-1137

Email: General questions: dbshouston@dbshouston.org. • Programs: gust@dbshouston.org.

Website: <http://www.dbshouston.org/list-of-houston-support-groups>

Local Bus Routes: Not available

Ages/Grades Served: General support groups and caregivers support groups: Adults ages 18+. • Adolescent support groups: Ages 13-17. • Young adults support groups: Adults ages 18-30.

Eligibility: No area restrictions. • Call to ask about the weekly meeting times of a specific support group.

Costs: Free

Onsite at Schools: Yes. • Offers depression and bipolar support groups at 11 HISD schools.

Languages: English, Spanish

Direct Services: At 24 locations, offers support groups to help individuals, family members, and friends to understand depression and bipolar disorder. • Also educates the public about depression and bipolar disorder, confronts social stigma, and advocates for the rights of persons who live with mental disorders. • Types of support groups includes the following: general support, adolescent, young adults, and Spanish-speaking persons.

El Centro de Corazón – Behavioral Health Services

Area Served: Houston

Location	Address	Medical Days/Hours	Dental Days/Hours	Bus Routes
Eastwood	412 Telephone Road, Houston, TX 77023	Monday-Friday, 8am-5pm	Monday-Thursday, 7am-4:30pm	40, 41
John S. Dunn	7635 Canal Street, Houston, TX 77012	Monday-Friday, 8am-8pm, Saturday, 9am-4pm	Monday-Wednesday, 7:30am-6:30pm, Thursday- Saturday, 7:30am-4:30pm	20, 50, 76
Magnolia	7037 Capitol Street, Houston, TX 77011	Monday-Friday, 8am-5pm	Not available	20, 50, 76

Contact: Kavon Young, Medical Director

Phone: 713-660-1880

Fax: 713-926-9105

Email: kyoung@elcentrodecorazon.org

Website: <http://www.elcentrodecorazon.org/services/behavioral-health-services>

Ages/Grades Served: All ages

Eligibility: Requires proof of identity, proof of income, and proof of residence. • Accepts walk-ins.

Costs: Costs vary. • Accepts Medicaid and the Children's Health Insurance Program (CHIP). • Charges fees on a sliding scale. • Serves the uninsured and those unable to pay. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Provides behavioral health services: counseling, support groups, psychiatric evaluations, psychological evaluation and testing, therapy (individual, family, and group), trauma treatment, and management of medications. • Also provides primary healthcare, pediatric, prenatal, nutrition education, and dental services.

Family Enrichment Clinic

Address: 7100 Regency Square, Suite 136, Houston, TX 77036

Area Served: Greater Houston

Days/Hours: Monday-Friday, 9:30am-6pm, Saturday, 9am-2pm

Contact: Minly Sung, Outreach Coordinator

Phone: 713-780-2833

Fax: 713-780-2838

Email: office@familyenrichmentclinic.com

Website: <http://www.familyenrichmentclinic.com/Services.html>

Local Bus Routes: 152, 153

Ages/Grades Served: All ages

Eligibility: No area restrictions. • Must have a psychological evaluation before diagnosis and treatment.

Costs: Costs vary. • Accepts most major health insurance plans, Medicaid, and self-pay. • Call to ask about specific costs.

Onsite at Schools: Yes. • Offers seminars and workshops to schools.

Languages: American Sign Language, Chinese, English, Hindi, Korean, Punjabi, Spanish, Taiwanese, Urdu, Vietnamese

Direct Services: Offers psychotherapy and counseling for individuals, couples, families, and groups. • Offers play therapy for young children and psychosocial evaluations. • Also offers workshops about anger management, cultural awareness, effective communication, family enrichment, parenting, and stress management.

Family Services of Greater Houston

Area Served: Greater Houston

Location	Address	Phone	Fax	Bus Routes
Central Office	4625 Lillian Street, Houston, TX 77007	713-861-4849	713-861-4021	25, 27, 41

Days/Hours: Monday-Friday, 8am-5pm

Contact: Tracey Burnett, Vice President of Program Services and Accreditation

Email: family@familyhouston.org

Website: <http://www.familyhouston.org/houston-counseling>

Ages/Grades Served: Ages 3-18

Eligibility: Requires an appointment.

Costs: Costs vary. • Charges fees on a sliding scale based on income. • Accepts all major insurance plans, Medicaid, and Children's Health Insurance Program (CHIP). • Call to ask about specific costs.

Onsite at Schools: Yes. • Provides onsite counseling to students and families in 14 HISD schools.

Languages: English, Spanish

Direct Services: Helps families and children to develop coping skills to manage mental health issues.

Gateway to Care

Address: 3611 Ennis Street, Houston, TX 77004

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8am-5pm

Contact: Rosaisela Martinez, Outreach and Education Program Coordinator

Phone: 713-783-4616

Fax: 713-785-3077

Email: rmartinez@gatewaytocare.org

Website: <http://gatewaytocare.org/programs/navigation-outreach-education>

Local Bus Routes: 9, 25, 54

Ages/Grades Served: All ages

Eligibility: No area restrictions.

Costs: Costs vary. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Spanish, Vietnamese

Direct Services: Helps families to find, apply for, and enroll in health insurance programs. • Helps families to establish and use a health home with a healthcare provider.

Harris County Mobile Crisis Outreach Team

Address: 9401 Southwest Freeway, Houston, TX 77074

Area Served: Harris County

Days/Hours: Monday-Sunday, 24 hours/day

Contact: Not available

Phone: Office: 713-970-7000. • Referrals Hotline: 713-970-7000.

Fax: 713-970-7555

Email: Not available

Website: <http://www.mhmrahharris.org/Mobile-Crisis-Outreach-Team.asp>

Local Bus Routes: 46, 65, 68

Ages/Grades Served: All ages

Eligibility: Must be in Harris County at the time of crisis. • Must meet admissions criteria.

Costs: Costs vary. • Charges fees based on a sliding scale based on income. • Provides assistance regardless of ability to pay. • Call to ask about specific costs.

Onsite at Schools: Yes. • Responds to referrals from schools among other sources of referrals.

Languages: English, Spanish

Direct Services: Helps persons in need of a crisis assessment. • Links persons in crisis to sources of treatment and other services. • Responds to referrals from schools, law enforcement, community agencies, individuals, and families.

Harris County Neuropsychiatric Center Hospital

Address: 1502 Taub Loop, Houston, TX 77030

Area Served: Harris County

Days/Hours: Monday-Sunday, 24 hours/day

Contact: Not available

Phone: 24-hour helpline: 713-970-7070.

Fax: Not available

Email: publicaffairs@mhmrahharris.org

Website: <http://www.mhmrahharris.org/neuro-psychiatric-center.asp>

Local Bus Routes: 700 (METRO rail), 56

Ages/Grades Served: Ages 3-17 and adults ages 18+

Eligibility: No area restrictions.

Costs: Free, but visitor parking is \$10 per day. • Accepts patients regardless of ability to pay. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English

Direct Services: Provides crisis and emergency care. • Evaluates persons who have emergent or urgent psychiatric conditions. • Helps persons diagnosed with adjustment disorders, anger, anxiety disorders, bipolar disorder, depression, disruptive behavior disorders, dual diagnoses, paranoia, personality disorders, schizoaffective disorder, and schizophrenia.

Healthcare for the Homeless Inc.

Address: 1934 Caroline Street, Houston, TX 77002

Area Served: Houston

Days/Hours: Monday-Friday, 8am-5pm

Contact: Susan Crawford, Administrative Coordinator

Phone: Office: 713-286-6000. • Behavioral services: 713-286-6170.

Fax: Office: 713-286-6091. • Behavioral services: 713-286-6093.

Email: susan.crawford@bcm.edu

Website: <http://www.homeless-healthcare.org>

Local Bus Routes: 44, 85, 161, 162, 244, 246, 247

Ages/Grades Served: All ages

Eligibility: Must be homeless. • Requires a medical pre-screening.

Costs: Free

Onsite at Schools: No

Languages: English

Direct Services: Provides psychiatry, mental health counseling, and substance abuse counseling. • Also provides health education, pharmacy, primary healthcare, vision assistance, and information and referrals. • Offers full-service, comprehensive dental care. • Provides transportation to essential services such as healthcare, meals, shelter, and social services.

HGI Counseling Center

Address: 2990 Richmond Avenue, Suite 530, Houston, TX 77098

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8:30am-5:30pm

Contact: Sue Levin, Executive Director

Phone: 713-526-8390; 346-291-0969

Fax: 713-528-2618

Email: admin@talkinghgi.com

Website: <http://www.talkhgi.org/hgi-in-the-schools>

Local Bus Routes: 25, 27, 84

Ages/Grades Served: Grades K-12 and adults ages 18+

Eligibility: Requires appointments.

Costs: Costs vary. • Each regular session is \$30-\$115. • Charges fees on a sliding scale based on income. • Accepts some insurance plans and self-pay. • Call to ask about specific costs.

Onsite at Schools: Yes. • Offers on-site counseling in schools, homes, and other settings.

Languages: English, Spanish

Direct Services: Provides marital therapy, family therapy, and individual psychotherapy. • Offers counseling related to depression, domestic conflicts, family tensions, grief, parenting, sexual abuse, single parenting, suicide, trauma, and other personal and relational concerns.

Houston Behavioral Healthcare Hospital

Address: 2801 North Gessner Road, Houston, TX 77080

Area Served: Houston

Days/Hours: Monday-Sunday, 24 hours/day

Contact: Unavailable

Phone: 832-834-7710

Fax: Not available

Email: Not available

Website: <http://www.houstonbehavioralhealth.com/programs/houston-adolescent-services>

Local Bus Routes: 36, 46, 58

Ages/Grades Served: Ages 13-17 and adults ages 18+

Eligibility: Requires proof of insurance, proof of identity, and proof of custody or guardianship, if applicable.

Costs: Costs vary. • Offers free mental health assessments. • Other services charge fees. • Accepts Medicaid, Medicare, the Children's Health Insurance Program (CHIP), and private insurance plans. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Offers assessments, referrals, and onsite treatment from specialists who work with adolescents and adults who are dealing with emotional and psychological disorders.

Houston OCD Program

Address: 708 East 19th Street, Houston, TX 77008

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8am-6pm

Contact: Elizabeth Mc Ingvale, Program Director

Phone: 713-526-5055

Fax: 713-526-3226

Email: info@houstonocd.org

Website: <http://houstonocdprogram.org>

Local Bus Routes: 26

Ages/Grades Served: Ages 12-17 and adults ages 18+

Eligibility: Requires payment at the time of service. • Requires patients to register.

Costs: Costs vary. • Initial evaluations are \$265-\$295. • Follow-up sessions are \$175-\$195. • Offers outpatient services at a reduced fee. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English

Direct Services: Provides residential support and intensive outpatient programs and an outpatient clinic. • Offers treatment for generalized anxiety disorder, hypochondriasis, obsessive-compulsive disorder, panic disorder, post-traumatic stress disorder, social anxiety disorder, tic disorders, and trichotillomania.

Houston Police Department – Mental Health Division

Address: 150 North Chenevert Street, Houston, TX 77002

Area Served: Houston

Days/Hours: Monday-Friday, 8am-5pm

Contact: Bryan Bennett, Captain

Phone: 832-394-4200

Fax: Not available

Email: wendy.baimbridge@houstonpolice.org Bryan.Bennett@HoustonPolice.Org

Website: <http://www.houstoncit.org>

Local Bus Routes: 700 (METRO rail), 20, 51

Ages/Grades Served: All ages, but generally adults ages 18+

Eligibility: No area restrictions. • Online mental health emergency guide is available to the general public.

Costs: Free

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Responds to individuals in serious mental health crises. • Provides an online mental health emergency guide.

IntraCare Behavioral Health

Area Served: Greater Houston

Location	Address	Phone	Fax	Bus Routes
IntraCare North Hospital	1120 Cypress Station Drive, Houston, TX 77090	281-893-7200	281-893-7646	99
IntraCare Clinic/Intensive Outpatient Program	5500 Guhn Road Houston, TX 77040	281-768-7874	281-893-7646	

Days/Hours: Monday-Sunday, 24 hours/day

Contact: Not available

Email: Not available

Website: <http://www.intracare.org/pages/programs.htm>

Ages/Grades Served: Ages 6-17 and adults ages 18+

Eligibility: No area restrictions.

Costs: Costs vary. • Accepts most major insurance plans, Medicaid, Medicare, the Children's Health Insurance Program (CHIP), and self-pay. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Spanish

Direct Services: For ages 6-12, provides expressive arts, parent education, support groups, therapeutic recreation, and therapy (individual, group, and multifamily group) to address emotional and behavioral problems that interfere with daily life, family, or school. • For ages 13-17, provides psychiatric and substance abuse services such as acute inpatient care, partial hospitalization, and aftercare family services. • Also provides a full range of adult psychiatric care. • Offers inpatient treatment and day treatment options.

Jewish Family Service

Address: 4131 South Braeswood Boulevard, Houston, TX 77025

Area Served: Houston

Days/Hours: Monday, 8:30am-9pm, Tuesday-Thursday, 8:30am-5:30pm, and Friday, 8:30am-4pm

Contact: Ada Cheung - PhD, LCSW-S - Chief Clinical Officer

Phone: Appointments: 713-667-9336. • Programs: 713-667-9336 Ext. 127.

Fax: 713-667-3619

Email: General questions: info@jfshouston.org. • Programs: acheung@jfshouston.org

Website: <http://www.jfshouston.org/counselingservices.php>

Local Bus Routes: 4, 68

Ages/Grades Served: All ages

Eligibility: No area restrictions.

Costs: Costs vary. • Charges fees based on a flexible fee scale. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Hebrew, Russian

Direct Services: Helps with issues relating to addictive behavior, anxiety or depression, behavioral problems, bereavement, child abuse and family violence, health problems, and interpersonal relationships. • Also helps with issues relating to blended families, marriage and intermarriage, parenting, and personal growth and adjustment.

Legacy Community Health Services

Area Served: Harris County

Location	Address	Phone	Fax	Days/Hours	Bus Routes
Baker-Ripley Clinic	6500 Rookin Street, Building B Suite 200, Houston, TX 77074	713-351-7350	713-351-7351	Monday-Friday, 8am-4pm	2, 9, 47
Bissonnet Clinic	12667 Bissonnet Street, Houston, TX 77099	281-498-6100	281-498-6105	Monday, 8am-5pm, Tuesday, 8am-8pm, Wednesday-Friday, 8am-5pm, Saturday, 9am-1pm	65, 67
Lyons Clinic	5602 Lyons Avenue, Houston, TX 77020	832-548-5400	832-548-5482	Monday-Friday, 8am-5pm	66, 80, 137
Mapleridge Clinic	6550 Mapleridge Street, Suite 106, Houston, TX 77081	713-779-7200	713-665-2266	Monday-Wednesday, 8am-8pm, Thursday-Friday, 8am-5pm	33, 49
Montrose Clinic	1415 California Street, Houston, TX 77006	832-548-5100	832-548-5092	Monday-Wednesday, 8am-6:30pm, Thursday-Friday, 8am-5pm, Saturday, 9am-2pm	56, 82
Southwest Clinic	6441 High Star Drive, Houston, TX 77074	832-548-5300	713-779-9872	Monday-Friday, 7:30am-10pm, Saturday, 9am-6pm, Sunday, 12pm-7pm	9, 47, 402

Contact: Katy Caldwell, Executive Director

Email: info@legacycommunityhealth.org

Website: <http://www.legacycommunityhealth.org>

Ages/Grades Served: All ages

Eligibility: Requirements vary. • Call to ask about specific requirements.

Costs: Costs vary. • Charges fees on a sliding scale based on income. • Accepts Medicaid, the Children's Health Insurance Program (CHIP), and most private insurance plans. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Spanish

Direct Services: A network of community clinics offers outpatient behavioral health services including assessment, medication management, testing, and therapy for children and teenagers, as well as adults. • Provides assessment, diagnosis, and treatment of mental conditions such as anxiety, attention deficit disorders (ADD), autism spectrum disorders, bipolar disorder, depression, developmental delay, learning disabilities, and schizophrenia. • Provides therapy for individuals, couples, and families.

Memorial Assistance Ministries

Address: 1625 Blalock Road, Houston, TX 77080

Area Served: Houston ZIP Codes: 77008, 77009, 77018, 77022, 77024, 77037, 77039, 77040, 77041, 77043, 77055, 77076, 77079, 77080, 77088, 77091, and 77092.

Days/Hours: Office: Monday-Friday, 9am-4pm.

Contact: Eduardo Molina, Counselor

Phone: General questions: 713-468-4516. • Programs: 713-468-4516, Ext. 115.

Fax: 713-468-4702

Email: emolina@maministries.org

Website: <http://www.maministries.org/mental-health-counseling>

Local Bus Routes: 26

Ages/Grades Served: All ages

Eligibility: Requires proof of identity and proof of residence.

Costs: Costs vary. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Provides counseling for children, adolescents, individuals, and families concerning anxiety, depression, grief and loss, trauma, coping skills, parenting skills, and behavioral issues. • Offers classes for citizenship, English as a Second Language (ESL), and General Education Development (GED). • Offers job search and employment assistance. • Provides temporary support for families to meet basic needs: urgent health care, food, clothing, transportation, and shelter.

Mental Health America of Greater Houston – Center for School Behavioral Health

Address: 2211 Norfolk Street, Suite 810, Houston, TX 77098

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8:30am-5pm

Contact: Janet Pozmantier, Director

Phone: 713-523-8963

Fax: 713-552-0698

Email: General questions: info@mhahouston.org. • Programs: jpozmantier@mhahouston.org.

Website: <http://www.mhahouston.org>

Local Bus Routes: 25, 27

Ages/Grades Served: Grades PK-12

Eligibility: No area restrictions.

Costs: Costs vary. • Membership is \$50-\$100 per year. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English

Direct Services: Provides advocacy for the behavioral health needs of school-age children with behavioral disorders and the needs of children who have experienced trauma. • Also provides community education, policy analysis, research, and training concerning the prevention, early identification, and treatment of behavioral disorders.

Montrose Center

Address: 401 Branard Street, Room 101, Houston, TX 77006

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8am-7pm

Contact: Bob Hergenroeder, Operations and Prevention Director

Phone: Office: 713-529-0037. • LGBT Switchboard 24-hour helpline: 713-529-3211.

Fax: 713-526-4367

Email: info@montrosecenter.org

Website: <http://www.montrosecenter.org/hub/services/behavioral-health>

Local Bus Routes: 700 (METRO rail), 56

Ages/Grades Served: Ages 13-17 and adults ages 18+

Eligibility: Must meet age requirements. • Requires proof of identity and proof of insurance. • Services are available to persons regardless of sexual orientation or gender identity. • Some services focus on persons who are lesbian, gay, bisexual, transgender, questioning, intersex, or allied (LGBTQIA).

Costs: Costs vary. • Accepts all insurance, Medicare, and Medicaid. • Offers discounts and grant subsidies for fees on a sliding scale based on income. • Intake and assessment are \$30-\$100. • Sessions are \$10-\$100 per person. • Call to ask about specific costs.

Onsite at Schools: Yes. • Some HATCH support groups meet on HISD high school campuses.

Languages: English, Spanish, Vietnamese

Direct Services: Offers outpatient behavioral health services to all HIV-positive persons. • Provides case management, counseling, group therapy, integrated care, and support groups. • Offers help with anxiety, chronic illness, coming out, depression, gender identity, gender transitions, grief, homophobia, mood disorders, parenting, relationships, religious abuse, self-esteem, stress, suicidal thoughts, and other concerns.

National Alliance on Mental Illness – Greater Houston

Address: 3630 West Dallas Street, Suite 140, Houston, TX 77019

Area Served: Houston ZIP Codes: 77004, 77007, 77011, 77024, 77058, 77074, 77375, 77429, 77450, 77479, and 77502.

Days/Hours: Monday-Friday, 9am-5pm

Contact: Angelina Brown Hudson, Director of Education and Programs

Phone: General questions: 713-970-4419. • Programs: 713-970-4489.

Fax: 713-970-4436

Email: abudson@namigreaterhouston.org

Website: <http://www.namigreaterhouston.org>

Local Bus Routes: 27, 85

Ages/Grades Served: All ages

Eligibility: Open to persons with mental illness and their family members, friends, and caregivers.

Costs: Free

Onsite at Schools: No

Languages: Arabic, Chinese, English, Filipino, French, German, Hmong, Italian, Japanese, Korean, Lao, Persian, Punjabi, Russian, Spanish, Thai, Vietnamese

Direct Services: Provides support groups for persons living with mental illness: those living in recovery, those with a recent diagnosis of mental illness, and family members and friends of those living with mental illness. • Offers safe and supportive places for family and friends of persons with mental health issues to share, listen, and learn with mutual support of peers. • Trains school staff on specific, age-related symptoms of mental illness in youth and how best to intervene. • Holds 90-minute weekly or biweekly family support group meetings.

Saint Hope Foundation

Area Served: Greater Houston

Location	Address	Phone	Fax	Days/Hours	Bus Routes
Office	6200 Savoy Street, Suite 540, Houston, TX 77036	713-778-1300	713-778-0827	Monday-Friday, 8am-6pm	47, 151, 152, 153
Bellaire Community Health Center	6800 West Loop South, Suite 560, Bellaire, TX 77401	713-839-7111	713-839-7156	Monday-Friday, 8am-6pm	2, 33
Greenspoint Community Health Center	255 Northpoint Drive, Suite 200, Houston, TX 77060	832-300-8040	832-300-8041	Monday-Friday, 8am-6pm	56, 85, 102

Contact: Rodney Goodie, Executive Director

Email: rodney@offeringhope.org

Website: <http://offeringhope.org>

Ages/Grades Served: All ages

Eligibility: No area restrictions.

Costs: Costs vary. • Accepts most major health insurance plans. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, French, Portuguese, Spanish, Vietnamese

Direct Services: Provides onsite behavioral health and psychiatric services. • Also provides family medicine, pediatric dental care, vision care, nutrition counseling, pharmacy, and community prevention services. • Offers medical transportation.

Saint Joseph House

Address: 3307 Austin Street, Houston, TX 77004

Area Served: Houston

Days/Hours: Monday-Friday, 8am-4pm

Contact: Doug Haase, Director

Phone: 713-523-5958

Fax: Not available

Email: info@stjosphouse.org

Website: <http://www.stjosephhouse.org>

Local Bus Routes: 700 (METRO rail), 11

Ages/Grades Served: Adults ages 18+

Eligibility: Must have a mental health diagnosis.

Costs: Free

Onsite at Schools: No

Languages: English, Pilipino, Spanish

Direct Services: Provides psychiatric rehabilitation for persons coping with mental illness. • Helps persons to build self-esteem and self-confidence and to re-enter the job market and live independently.

Texas Medical Center – Child and Adolescent Psychiatry

Address: 1941 East Road, Suite 2100, Houston, TX 77054

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8am-5pm

Contact: Katherine Loveland, or Deborah Pearson, or Cynthia Santos

Phone: 713-486-2700

Fax: 713-486-2553

Email: Not available

Website: <https://www.utphysicians.com/clinic/ut-physicians-psychiatry-outpatient-clinic-bbsb>

Local Bus Routes: 11, 60, 84

Ages/Grades Served: Ages 0-18

Eligibility: Requires proof of age and proof of insurance.

Costs: Costs vary. • Accepts self-pay, private insurance, and Medicaid. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English

Direct Services: Offers comprehensive diagnosis and treatment for developmental, emotional, or behavioral difficulties, including mental illnesses such as bipolar disorder and depression.

The Arc of Greater Houston

Address: 3737 Dacoma Street, Suite E, Houston, TX 77092

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8am-5pm

Contact: Bethanne Franco, Director of Programs

Phone: 713-957-1600

Fax: 713-957-1699

Email: beth@aogh.org

Website: <http://www.aogh.org/Support.html>

Local Bus Routes: 40

Ages/Grades Served: All ages

Eligibility: Must have an intellectual or developmental disability or autism. • Call before visiting.

Costs: Costs vary. • Charges a flat fee for summer day camps and summer overnight camps and for youth respite care services. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Provides parent support groups, up-to-date information, networking, and other support for families of children and adults with intellectual and developmental disabilities (IDD). • Also provides summer day camps for children and youth.

The Center for Success and Independence

Address: 3722 Pinemont Drive, Houston, TX 77018

Area Served: Greater Houston

Days/Hours: Monday-Sunday, 24 hours/day

Contact: Robert Woods, Executive Director

Phone: 713-426-4545

Fax: 713-426-4747

Email: care4@tcsi.org

Website: <http://tcsi.org/programs>

Local Bus Routes: 30, 45

Ages/Grades Served: Ages 13-17 and adults ages 18-19

Eligibility: No area restrictions.

Costs: Costs vary. • Accepts most private insurance plans and self-pay. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English

Direct Services: Offers treatment and therapy for teenagers with substance abuse and mental health issues.

The Council on Recovery

Address: 303 Jackson Hill Street, Houston, TX 77007

Area Served: Houston

Days/Hours: Monday-Friday, 9am-8pm

Contact: Christine Foster

Phone: Office: 281-200-9281. • Appointments: 713-914-0556.

Fax: 281-200-0000

Email: children@councilonrecovery.org

Website: <https://www.councilonrecovery.org/community-programs>

Local Bus Routes: 40, 71, 85

Ages/Grades Served: Ages 3-18

Eligibility: Requires an initial assessment.

Costs: Costs vary. • Accepts some types of insurance. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English

Direct Services: Provides individual, family, and group therapy and play therapy services for children and families. • Helps children and families in managing mental health symptoms, behavioral issues, family dynamics, interpersonal relationships, and substance abuse prevention. • Also helps children and families with issues related to parenting, personal growth and adjustment, and blended families.

The Harris Center for Mental Health and IDD – Children and Adolescent Services

Area Served: Harris County

Location	Address	Phone	Days/Hours	Bus Routes
Administrative Office	7011 Southwest Freeway, Houston, TX 77074	713-970-7000 866-970-4770 713-970-7070	Monday-Friday, 8am-5pm	2, 9, 47
Burnett-Bayland Home	6500A Chimney Rock Road, Houston, TX 77081	713-852-1900	Monday-Sunday, 24 hours/day	33, 49

Location	Address	Phone	Days/Hours	Bus Routes
Burnett-Bayland Reception Center	6500A Chimney Rock Road, Houston, TX 77081	713-852-1800	Monday-Sunday, 24 hours/day	33, 49
Children's Detention Center	3540 West Dallas Street, Houston, TX 77019	713-512-4165	Monday-Sunday, 24 hours/day	27, 85
Northwest Family Resource Center	3737 Dacoma Street, Houston, TX 77092	713-970-8448	Monday-Friday, 8am-5pm	89
Ripley Family Resource Center	4414 Navigation Boulevard, Houston, TX 77011	713-970-8188	Monday-Friday, 8am-5pm	20, 29, 80
Southeast Family Resource Center	5901 Long Drive, Houston, TX 77087	713-970-4555	Monday-Friday, 8am-5pm	900 (METRO rail)
Southwest Family Resource Center	7011 Southwest Freeway, Houston, TX 77074	713-970-3888	Monday-Friday, 8am-5pm	2, 9, 47

Contact: Steven Schnee, Executive Director

Fax: Not available

Email: Not available

Website: <http://www.mhmraharris.org/Child-And-Adolescent-Services.asp>

Ages/Grades Served: Ages 3-17

Eligibility: Requires proof of age, proof of residency, and proof of insurance (if any). • Also requires proof of serious functional impairment or proof of serious emotional disturbance. • Must enter Eligibility Center at least two hours before closing hour to get a same-day appointment for a child or adolescent. • Always call ahead.

Costs: Costs vary. • Charges fees on a sliding scale based on income. • Accepts Medicaid, the Children's Health Insurance Program (CHIP), private insurance plans, and self-pay. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English

Direct Services: Provides services to children and adolescents with serious emotional disturbance. • Helps children to be able to live in homes with families, to develop normal relationships with their peers, to attend school, and to remain out of hospitals and juvenile justice facilities.

The University of Houston – ADAPT Center

Address: 4505 Cullen Boulevard, Houston, TX 77204

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8am-5pm

Contact: Amanda Palo, Associate Director

Phone: 713-743-0950

Fax: Not available

Email: adapt@times.uh.edu

Website: <http://www.uh.edu/class/adapt>

Local Bus Routes: 900 (METRO rail), 25, 29

Ages/Grades Served: Ages 12-17

Eligibility: No area restrictions.

Costs: Costs vary. • Charges fees on a sliding scale based on income. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English

Direct Services: Provides individual therapy, group therapy, and treatment for adolescents with emotional and relationship difficulties. • Provides diagnostic and relational assessments.

The University of Houston – Psychology Research and Services Center

Address: 3695 Cullen Boulevard, Room 126, Houston, TX 77204

Area Served: Greater Houston

Days/Hours: Monday-Thursday, 9am-8pm, Friday, 9am-5pm

Contact: Robin Weill, Clinical Director

Phone: 713-743-8600

Fax: Not available

Email: prsc@uh.edu

Website: <http://www.uh.edu/class/psychology/clinics>

Local Bus Routes: 900 (METRO rail), 25, 54

Ages/Grades Served: All ages

Eligibility: No area restrictions. • Must call for an appointment.

Costs: Costs vary. • Charges fees on a sliding scale based on income and family size. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English

Direct Services: Offers therapy for common emotional and behavioral concerns including cognitive and behavioral treatments for anxiety, depression, and being at-risk for suicide. • Also offers psychological testing and evaluation services for children and adults.

The University of Texas – Harris County Psychiatric Center

Address: 2800 South MacGregor Way, Houston, TX 77021

Area Served: Harris County

Days/Hours: Office: Monday-Friday, 7am-5pm. • Admissions: Monday-Sunday, 24 hours/day.

Contact: Jair Soares, Executive Director

Phone: 713-741-3883

Fax: 713-741-5939

Email: Jair.C.Soaresh@uth.tmc.edu

Website: <https://hcpc.uth.edu/pages/services/imp-child-serv.htm>

Local Bus Routes: 4, 11

Ages/Grades Served: Ages 3-17

Eligibility: Patients are eligible for services through court-ordered, involuntary mental health hospitalization, transfer from another hospital or treatment center, private physician referral, or direct self-admit or walk-in.

Costs: Costs vary. • Accepts private insurance, the Children's Health Insurance Program (CHIP), Medicare, Medicaid, and self-pay. • Also accepts persons who have no income. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Treats children and adolescents who have bipolar or manic depression, depression or major depression, schizophrenia, attention deficit hyperactivity disorder (ADHD), anxiety disorders, or disruptive behavior disorders. • Also treats illnesses related to behavioral adjustment, substance abuse, sexual abuse, physical abuse, life-threatening situations, suicide attempts, family relationship issues, or school difficulties.

West Oaks Hospital – Mental Health Services

Address: 6500 Hornwood Drive, Houston, TX 77074

Area Served: Greater Houston

Days/Hours: Monday-Sunday, 24 hours/day

Contact: Kamilah Thomas, Clinic Manager

Phone: 24-hour Assessment Hotline: 713-995-0909. • Outpatient Clinic: 713-774-0606.

Fax: Not available

Email: Kamilah.Thomas@uhsinc.com

Website: <http://www.westoakhospital.com/programs/children-psychiatric-treatment>

Local Bus Routes: 2, 9, 47

Ages/Grades Served: Ages 6-17

Eligibility: Requires proof of insurance.

Costs: Costs vary. • Accepts private insurance, the Children's Health Insurance Program (CHIP), Medicare, and Medicaid. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English

Direct Services: Helps children whose emotional and behavioral problems interfere with daily life, physical health, family, and/or school. • Offers day treatment and comprehensive psychiatric care such as individual therapy, family therapy, group therapy, support groups, and therapeutic recreation. • Treats aggression, anger, anxiety, bipolar disorder, depression, schizophrenia, anorexia, bulimia, and other diseases.