

## HAMILTON M. S. SPORTS PAPERWORK INSTRUCTIONS

Greetings Parents,

The following paperwork is required once every school year and gives your **7<sup>th</sup> or 8<sup>th</sup> grade** son/daughter the opportunity to try out for the U.I.L. sports offered at Hamilton Middle School. The following U.I.L. sports are offered to 7<sup>th</sup> and 8<sup>th</sup> grade students at Hamilton Middle School: **Football, Cross-Country, Volleyball, Cheerleading, Basketball, Track, Swimming and Soccer.** Baseball, Softball and Dance are considered **club sports**; 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> graders may try-out for the team. If your child is only trying out for club sports please just complete the H.I.S.D. sports physical.

### (1) (PHYSICAL)

Every school year, Hamilton athletes must complete a medical examination by a licensed physician. **The examination must be signed by the doctor, parent, and student.** The physical must be completed on the official H.I.S.D. physical form. Parents please fill out the medical history side of the physical form for your child. Please make sure you and your child both sign the physical form. Parents, please make a copy of your child's physical for your records. **Hogg clinic will do physicals for free. Hogg is located on the Hogg M. S. campus and the phone # is 713-864-7614**

### (2) (H.I.S.D. \$35 Insurance) **OR** (WAIVER) Personal Insurance

The H.I.S.D. insurance will cost **\$35 dollars** and is non-refundable if your son/daughter does not make the team. This is a one-time fee good for the entire **school year** and covers your child for every U.I.L. sport offered at Hamilton. The H.I.S.D. insurance does not cover club sports (baseball and softball). H.I.S.D. insurance is secondary to any other personal insurance you have on your child. However, if your personal insurance on your child is C.H.I.P., Medicaid, Military, or other government insurance then the H.I.S.D. Insurance would be your primary insurance. H.I.S.D. Athletic Department strongly suggests you purchase this vital **catastrophic coverage** for the welfare of your child. **This insurance can only be used for an U.I.L. sports related injury.** To purchase the H.I.S.D. insurance your child will need to sign the AF-104 form on Hamilton's Campus and pay \$35.00 dollars. Parents, you may pay by cash or check. Please make your check out to Hamilton M. S. and write your child's name on the memo line.

### (WAIVER FORM) Personal Insurance **Use blue ink**

#### **FORM MUST BE NOTARIZED OR SIGNED BY ADMINISTRATOR**

Parents if your child is covered with your personal insurance you may choose to waive the \$35 dollar fee and complete an insurance waiver. To complete an insurance waiver a parent or legal-guardian must fill out the waiver form with blue ink and have it notarized by a notary or have it signed by a Hamilton administrator. **Hamilton Coaches will need a copy of your child's insurance for our records and the original waiver filled out with blue ink.**

### (3) PARENT APPROVAL FORM – must be signed and filled out by the parent or legal guardian **Form must be Notarized or Signed by an Administrator**

**Forms that require no third party signatures or notary:** Parent and student/athlete can complete these forms

#### **4) MEDIA RELEASE FORM**

#### **5) ACKNOWLEDGEMENT OF RULES FORM**

#### **6) STEROID AGREEMENT FORM**

#### **7) CONCUSSION ACKNOWLEDGEMENT FORM**

#### **8) SUDDEN CARDIAC ARREST AWARENESS FORM**