MEET YOUR
West Briar Middle School
Counselors
Ms. Boutte & Mrs. Chavez
Location: D-100
Hi, my name is Ms. Chavez, and I am your school counselor. I am very excited to start my 2nd year at West Briar. In my free time I like to read and spend time outdoors.

Fun Fact:
I collect lighthouses, and I currently have 80 in my collection. I used to be a 6th grade teacher before I became a school counselor.

Servicing:
Grade 6 (last name A-K)
Grade 7 (all)
Hi! I am Ms. Boutte, one your school counselors at West Briar Middle School. I am excited to begin my 12th year as a School Counselor and my 2nd year at West Briar! I love traveling, Cajun cooking, writing children’s books and spending time with family.

Fun Fact:
I used to be an English teacher, BSC teacher and SPED teacher before I became a School Counselor!

Servicing:
Grade 6 (last name L-Z)
Grade 8 (all)
A school counselor is a safe person you can talk to at school.

A school counselor will visit your class and teach you about:
- Feelings
- Friendships
- Conflict resolutions
- Coping skills
- Stress
- Goal settings and much more

What is a School Counselor?

- Understanding your feelings
- Recognizing your strengths
- Making new friends
- How is school going?
- How is everything going at home?
- Developing new skills to be great community helpers

A school counselor works with students one-to-one or in a group setting.
Students visit our Counseling office for a variety of reasons.

- Anxiety/Depression
- Bullying
- Problems at home
- Resources students may need
- Issues they are having with other students
- Conflict with other students
- Scheduling Issues
- Study skills

The list goes on........
Confidentiality

What you say in the Counselor’s office is confidential unless:

- Someone is hurting you
- You want to hurt someone else
- You want to hurt yourself
- You give permission to share with another trusted adult.
How can students contact Ms. Boutte or Mrs. Chavez?

Inform your teacher
(they will email/call my office)

Email
Kendra.boutte@houstonisd.org
Julissa.Chavez@houstonisd.org

Inform your House Secretary

Office is D-100
I can't promise to fix all your problems but I can promise you won't have to face them alone.

Your School Counselor
CONNECT ON SOCIAL MEDIA

INSTAGRAM
- counselorcorner_ms.chavez
- counselor_kboutte

Twitter
- @CounselorWBMS