



## LETTER FROM LANTRIP'S PTO PRESIDENT

## Dear Lantrip Elementary PTO Members,

As we conclude 2023, the PTO Executive Board expresses gratitude to all PTO members, donors, and volunteers.

Throughout this first semester, we encountered both successes and setbacks. In October, we successfully hosted the first annual Lantrip Trunk-A -Treat. Thanks to the support of local businesses like **PartyMom Events, Inc & Morales Funeral Home** and parents who volunteered to create a memorable event.

Additionally, a clothing donation container was placed in Lantrip's visitors parking lot through collaboration with **Green City Recycle**, aiming to generate funds for future Lantrip events through clothing donations.

Despite a communication hiccup leading to the cancellation of this year's fall festival, we eagerly anticipate hosting the first annual event next year.

The PTO, representing parents and students, demonstrated appreciation for the Lantrip staff by organizing three events:

- Donuts and juice,
- coffee and cookies,
- and hot chocolate and biscotti.

Also included was a stocking game were each teacher selected a stocking with an opportunity to win one of five gift cards for Ross, Marshall's and Kroger's.

We are thankful for the parents who contributed to the Adopt-A-Grade crowdfunding initiative. Your generous support enabled \$820 in donations to be divided among teachers to redeem as gift cards.

Your contributions are truly appreciated in recognizing and valuing the teachers and staff at Lantrip Elementary.

Looking ahead to the new year, the PTO has exciting plans, including a clothing drive, Valentine's Dance, gardening days, and more.







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## CALENDAR OF EVENTS

- CLOTHING DRIVE: DATE TBD
- SHOW-SOME-LOVE VAL-ENTINE'S DANCE: PRO-POSED FEBRUARY 9, 2024 @ 5:30PM

## SPECIAL POINTS OF INTEREST

- Letter from PTO President
- Trunk-R-Treat Pictures
- Empowering Your Child to Establish Goals for the New Year





Lucretia Allen-Nguyen Interim, Lantrip PTO President



































## "A goal without a plan is just a wish" – Antonie de Saint-Exupery



#### DID YOU KNOW?

According to the Gallup poll seven in 10 adults in the U.S. plan to set goals form themselves at the start of the new year.

## EMPOWERING YOUR CHILD TO ESTABLISH GOALS FOR THE NEW YEAR

It's the season for goal setting. Embracing the new year as an opportunity for children to learn the art of setting goals.

Kids can set goals for the new year by identifying areas they want to improve, breaking goals into smaller tasks, and creating a simple plan. Encourage them to choose realistic and achievable goals, like reading a certain number of books or learning a new skill. Make it fun and rewarding to keep them motivated throughout the year.

Guiding kids in goal setting with a simple step-by-step approach.

- Identify Interests: Help children identify areas they are passionate about or want to improve, ensuring goals align with their interests.
- Specific Goals: Encourage them to set specific, measurable goals. For example, instead of "exercise more," they could aim for a specific number of hours per week.
- Break it Down: Assist in breaking larger goals into smaller, manageable tasks. This makes the process less overwhelming and allows for a sense of achievement along the way.
- Create a Plan: Guide them in creating a simple plan. This could involve setting a timeline, outlining steps, and identifying resources or support needed.
- Visualize Success: Encourage children to visualize themselves achieving their goals. Visualization can enhance motivation and focus.
- Track Progress: Help them establish a system to track their progress. This could be a chart, journal, or any other method that allows them to see how far they've come.
- Celebrate Achievements: Celebrate small victories to reinforce positive behavior and motivation. Recognition and rewards can enhance the sense of accomplishment.
- Adjust as Needed: Teach flexibility by showing that it's okay to adjust goals if circumstances change. Adaptability is a valuable skill in goal-setting.
- Involve Others: If appropriate, involve family or friends in supporting their goals. Sharing goals can create a supportive environment.
- Reflect: Encourage regular reflection on their goals. Discuss what worked well, what could be improved, and how they might apply these lessons to future goals.



# PARENT-TEACHER ORGANIZATION (PTO) DUES

We will continue to hold in-person and virtual meetings for parents. We want to hear your thoughts on the programs, events, and activities you would want to see at Lantrip Elementary. We, the parents, are stakeholders in Lantrip Elementary School, which represents our community. It is critical that we show up and show out.

This is where the PTO needs your help; one of our 2023-2024 year goal is to see more parents active in the PTO.

If you are interested in joining the PTO it's not too late, click the link to complete the form to become a member. To gain voting rights as a member, please complete the form and submit it along with the a payment of \$20.



Join the Lantrip PTO today!

We are parents, teachers, and members of the Lantrip community. Our mission is simple, we want to provide the best education and learning experience for our students and will achieve this through supportive programs, events, activities, and fundraising. The PTO is an excellent way to enrich the educational needs of our children for years to come!

If you are interested in joining the Lantrip PTO (YAY!), please fill out the form below and send back to school or use the QR codes below:



WE WANT TO SEE YOUR CHILD'S LANTRIP PRIDE



#### Lantrip Elementary School PTO Phone: (832) 819-5587 E-mail: lantrippto@gmail.com

Facebook: https:// www.facebook.com/profile.php? id=100090175707347&mibextid= LQQJ4d

Instagram: https://instagram.com/ lantrippto?igshid=MjkzY2Y1YTY=