IRS Retirement Plan FAQs regarding Hardship Withdrawals

This document is located at the following IRS link:
http://www.irs.gov/retirement/article/0,,id=162416,00.html

These frequently asked questions and answers provide general information and should not be cited as any type of legal authority. They provide the user with information responsive to general inquiries. Because these answers to not apply to every situation, yours may require additional research.

The freely available Adobe Acrobat Reader software is required to view, print, and search the questions and answers listed below.

1. **Under what circumstances can a participant get a hardship distribution from a retirement plan?**
2. **What is the IRS definition of hardship for a 401(k) plan?**
3. **How does a participant show that he or she is experiencing a hardship?**
4. **What is the maximum amount of elective contributions that can be distributed as a hardship distribution from a 401(k) plan?**
5. **What are the consequences of taking a hardship distribution of elective contributions from a 401(k) plan?**
6. **What is a distribution on account of an unforeseeable emergency under a 457(b) plan?**
7. **Are hardship distributions allowed from an IRA?**
8. **What is the difference between a hardship distribution and a qualified hurricane distribution?**

---

**1. Under what circumstances can a participant get a hardship distribution from a retirement plan?**

A retirement plan may, but is not required to, provide for hardship distributions. Many plans that provide for elective deferrals provide for hardship distributions. Thus, 401(k) plans, 403(b) plans, and 457(b) plans may permit hardship distributions.

If a 401(k) plan provides for hardship distributions, it must provide the specific criteria used to make the determination of hardship. Thus, for example, a plan may provide that a distribution can be made only for medical or funeral expenses, but not for the purchase of a principal residence or for payment of tuition and education expenses. In determining the existence of a need and of the amount necessary to meet the need, the plan must specify and apply nondiscriminatory and objective standards.

(Reg. §1.401(k)-1(d)(3)(i))

The rules for hardship distributions from 403(b) plans are similar to those for hardship distributions from 401(k) plans.

If a 457(b) plan provides for hardship distributions, it must contain specific language defining what constitutes a distribution on account of an "unforeseeable emergency."

(Reg. § 1.457-6(o)(2))

[Return to List of FAQs]

---

**2. What is the IRS definition of hardship for a 401(k) plan?**

For a distribution from a 401(k) plan to be on account of hardship, it must be made on account of an immediate and heavy financial need of the employee and the amount must be necessary to satisfy the financial need. The need of the employee includes the need of the employee's spouse or dependent. (Reg. §1.401(k)-1(d)(3)(i))

Under the provisions of the Pension Protection Act of 2006, the need of the employee also may include the need of the employee's non-spouse, non-dependent beneficiary.

Whether a need is immediate and heavy depends on the facts and circumstances. Certain expenses are deemed to be immediate and heavy, including: (1) certain medical expenses; (2) costs relating to the purchase of a principal residence; (3) tuition and related educational fees and expenses; (4) payments necessary to prevent eviction from, or foreclosure on, a principal residence; (5) burial or funeral expenses; and (6) certain expenses for the repair of damage to the employee's principal residence. Expenses for the purchase of a boat or television would generally not qualify for a hardship distribution. A financial need may be immediate and heavy even if it was reasonably foreseeable or voluntarily incurred by the employee.

(Reg. §1.401(k)-1(d)(3)(iii))

A distribution is not considered necessary to satisfy an immediate and heavy financial need of an employee if the employee has other resources available to meet the need, including assets of the employee's spouse and minor children. Whether other resources are available is determined based on facts and circumstances. Thus, for example, a vacation home owned by the
employee and the employee's spouse generally is considered a resource of the employee, while property held for the employee's child under an irrevocable trust or under the Uniform Gifts to Minors Act is not considered a resource of the employee. (Reg. §1.401(k)-1(d)(3)(iv)(E))

A distribution is deemed necessary to satisfy an immediate and heavy financial need of an employee if: (1) the employee has obtained all other currently available distributions and loans under the plan and all other plans maintained by the employer; and (2) the employee is prohibited, under the terms of the plan or an otherwise legally enforceable agreement, from making elective contributions and employee contributions to the plan and all other plans maintained by the employer for at least 6 months after receipt of the hardship distribution. (Reg. §1.401(k)-1(d)(3)(iv)(E))

A hardship distribution may not exceed the amount of the employee's need. However, the amount required to satisfy the financial need may include amounts necessary to pay any taxes or penalties that may result from the distribution. (Reg. §1.401(k)-1(d)(3)(iv)(A))

Return to List of FAQs

3. How does a participant show that he or she is experiencing a hardship?

Generally, if a 401(k) plan provides for hardship distributions, the plan will specify what information must be provided to the employer to demonstrate a hardship. Most 401(k) plans use the "deemed necessary" rules described in Q&A-2 above, so that inquiry into the employee's financial status is not required. In other cases, an employer may generally rely on the employee's representation that he or she is experiencing an immediate and heavy financial need that cannot be relieved from other resources. However, an employer cannot rely on an employee's representation if the employer has actual knowledge that the employee's need can be relieved: (1) through reimbursement or compensation by insurance; (2) by liquidation of the employee's assets; (3) by stopping elective contributions or employee contributions under the plan; (4) by other currently available distributions (such as plan loans) under plans maintained by the employer or by any other employer; or (5) by borrowing from commercial sources. (Reg. §1.401(k)-1(d)(3)(iv)(C))

However, an employee is not required to take counterproductive actions. For example, the need for funds to purchase a principal residence cannot reasonably be relieved by a plan loan if the loan would disqualify the employee from obtaining other necessary financing. (Reg. §1.401(k)-1(d)(3)(iv)(D))

Return to List of FAQs

4. What is the maximum amount of elective contributions that can be distributed as a hardship distribution from a 401(k) plan?

The amount of elective contributions available for a hardship distribution cannot be more than the amount of the employee's total elective contributions, including designated Roth contributions, as of the date of distribution reduced by the amount of previous distributions of elective contributions. This "maximum distributable amount" generally does not include earnings, qualified nonelective contributions or qualified matching contributions, unless the plan provides that certain grandfathered amounts are included. Other amounts under the plan, if any, such as regular matching contributions and discretionary profit-sharing contributions may also be distributed on account of hardship if the plan so provides. (Reg. §1.401(k)-1(d)(3)(ii))

Return to List of FAQs

5. What are the consequences of taking a hardship distribution of elective contributions from a 401(k) plan?

After an employee receives a hardship distribution of elective contributions from his or her 401(k) plan, generally the employee will be prohibited from making elective contributions and employee contributions to the plan and all other plans maintained by the employer for at least 6 months after receipt of the hardship distribution. (Reg. §1.401(k)-1(d)(3)(iv)(E)(2))

Hardship distributions are includible in gross income unless they consist of designated Roth contributions. In addition, they may be subject to an additional tax on early distributions of elective contributions. Unlike loans, hardship distributions are not repaid to the plan. Thus, a hardship distribution permanently reduces the employee's account balance under the plan.

A hardship distribution cannot be rolled over into an IRA or another qualified plan.
6. What is a distribution on account of an unforeseeable emergency under a 457(b) plan?

Under a 457(b) plan, a hardship distribution can only occur when the participant is faced with an unforeseeable emergency. (Code § 457(d)(1)(iii))

An unforeseeable emergency is a severe financial hardship resulting from an illness or accident, loss of property due to casualty, or other similar extraordinary and unforeseeable circumstances arising as a result of events beyond the control of the participant or beneficiary. Examples of events that may be considered unforeseeable emergencies include imminent foreclosure on, or eviction from, the employee’s home, medical expenses, and funeral expenses. Generally, the purchase of a home and the payment of college tuition are not unforeseeable emergencies.

(Reg. § 1.457-6(c)(2)(i))

Whether a participant or beneficiary is faced with an unforeseeable emergency depends on the facts and circumstances. However, a distribution is not on account of an unforeseeable emergency to the extent that the emergency can be relieved through reimbursement or compensation from insurance, liquidation of the participant’s assets, or cessation of deferrals under the plan. (Reg. § 1.457-6(c)(2)(ii))

A distribution on account of an unforeseeable emergency must not exceed the amount reasonably necessary to satisfy the emergency need. (Reg. § 1.457-6(c)(2)(iii))

7. Are hardship distributions allowed from an IRA?

Not exactly. There is generally no limit on when an IRA owner may take a distribution from his or her IRA, although there may be unfavorable tax consequences, such as an additional tax on early distributions. However, certain distributions from an IRA that are used for expenses similar to those that may be eligible for hardship distributions from a retirement plan are exempt from the additional tax on early distributions. Specifically, a distribution from an IRA for higher education expenses or to finance a first-time home purchase is exempt from the early distribution tax.

(Code § 72(t)(2)(E),(F))

8. What is the difference between a hardship distribution and a qualified hurricane distribution?

A qualified hurricane distribution is different from a regular hardship distribution. In order to get a hardship distribution, an employee must demonstrate immediate and heavy financial need and, in some cases, must have exhausted other resources. In contrast, a qualified hurricane distribution may be any distribution from the plan made after August 24, 2005 for Hurricane Katrina, September 22, 2005 for Hurricane Rita, and October 22, 2005 for Hurricane Wilma to an individual whose main home on August 28 (Katrina), September 23 (Rita) and October 23 (Wilma) was located in the hurricane disaster area and who sustained an economic loss by reason of the hurricane. In all cases, the qualified hurricane distribution must be made before January 1, 2007.

The amount of a qualified hurricane distribution does not need to correspond to the amount of economic loss suffered by the employee. However, no more than $100,000 in total distributions can be treated as qualified hurricane distributions.

An employee can designate a distribution as a qualified hurricane distribution, whether or not the distribution was made on account of a hurricane, as long as the distribution meets the requirements of a qualified hurricane distribution.

A qualified hurricane distribution is subject to special tax treatment. The distribution is exempt from the additional 10% tax on early distributions from retirement plans (or the additional 25% tax for certain distributions from SIMPLE IRAs). Also, the mandatory 20% withholding for plan distributions does not apply. The distribution may be included in the employee’s income ratably over three years instead of just in the year of distribution. If the distribution is otherwise eligible for tax-free rollover treatment and is recontributed to an eligible retirement plan within three years of the date of distribution, the distribution is treated as if it were paid in a direct rollover to that plan.

For more information on qualified hurricane distributions, see Publication 4492, Information for Taxpayers Affected by Hurricanes
Katrina, Rita, and Wilma.

Return to List of FAQs

Page Last Reviewed or Updated: October 23, 2008