"Over 100 miles of wilderness, deep exploration into pristine lands, the solitude of backcountry camping, 4-4 trails, and ancient American Indian rock art and ruins. You can't find a better way to escape civilization!": So goes an advertisement for a vacation in Utah’s Canyonlands National Park, one of thousands of similar attempts to lure apparently constrained, beleaguered, and “civilized” city-dwellers into the spacious freedom of the wild and the imagined simplicity of earlier times. This urge to “escape from civilization” has long been a central feature in modern life. It is a major theme in Mark Twain’s famous novel *The Adventures of Huckleberry Finn*, in which the restless and rebellious Huck resists all efforts to “civilize” him by fleeing to the freedom of life on the river. It is a large part of the “cowboy” image in American culture, and it permeates environmentalist efforts to protect the remaining wilderness areas of the country. Nor has this impulse been limited to modern societies and the Western world. The ancient Chinese teachers of Daoism likewise urged their followers to abandon the structured and demanding world of urban and civilized life and to immerse themselves in the eternal patterns of the natural order. It is a strange paradox that we count the creation of civilization among the major achievements of humankind and yet people within these civilizations have often sought to escape the constraints, artificiality, hierarchies, and other discontents of city living.

What exactly are these civilizations that have generated such ambivalent responses among their inhabitants? When, where, and how did they first arise in human history? What changes did they bring to the people who lived within them? Why might some people criticize or seek to escape from them? These are the issues addressed in this chapter.

As historians commonly use the term, civilization represents a new and particular type of human society, made possible by the immense productivity of the Agricultural Revolution. Such societies encompassed far larger populations than any earlier form of human community and for the first time concentrated some of those people in sizable cities, numbering in the many tens of thousands. In these cities, people were organized and controlled by powerful states whose leaders could use force to compel obedience. Profound differences in economic function, skill, wealth, and status sharply divided the people of civilizations, making them far less equal, and subject to much greater oppression, than had been the case in earlier agricultural villages, pastoral societies, and chiefdoms. Pyramids, temples, palaces, elaborate sculptures, written literature, complex calendars, as well as class, slavery, patriarchy, and large-scale warfare—all of these have been among the cultural products of civilization.

**Something New: The Emergence of Civilizations**

Like agriculture, civilization was a global phenomenon, showing up independently in six major locations scattered around the world during the several millennia after 3500 B.C.E. and in a number of other smaller expressions as well. At the time, these breakthroughs to a new way of life were small islands of innovation in a sea of people living in much older ways. In the long run of human history, however, civilizations gradually absorbed, overran, or displaced people practicing other ways of living. Over the next 5,000 years, civilization, as a unique kind of human community, gradually encompassed ever-larger numbers of people and extended over ever-larger territories, even as particular civilizations rose, fell, revived, and changed.

**Introducing the First Civilizations**

The earliest of these civilizations emerged around 3500 B.C.E. to 3000 B.C.E. in three places. One was the “cradle” of Middle Eastern civilization, expressed in the many and competing city-states of Sumer in southern Mesopotamia (located in present-day Iraq). Much studied by archaeologists and historians, Sumerian civilization gave rise to the world’s earliest written language, which was used initially by officials to record the goods received by various temples. Almost simultaneously, the Nile River valley in northeastern Africa witnessed the emergence of Egyptian civilization, famous for its pharaohs and pyramids, as well as a separate civilization known as Nubia, farther south along the Nile.
Unlike the city-states of Sumer, Egyptian civilization took shape as a unified territorial state in which cities were rather less prominent. Later in this chapter, we will explore these two First Civilizations in greater detail.

Less well known and only recently investigated by scholars was a third early civilization that was developing along the central coast of Peru from roughly 3000 B.C.E. to 1800 B.C.E., at about the same time as the civilizations of Egypt and Sumer. This desert region received very little rainfall, but it was punctuated by dozens of rivers that brought the snowmelt of the adjacent Andes Mountains to the Pacific Ocean. Along a thirty-mile stretch of that coast and in the nearby interior, a series of some twenty-five urban centers emerged in an area known as Norte Chico, the largest of which was Caral, in the Supe River valley. In Norte Chico, archeologists have found monumental architecture in the form of earthen platform mounds, one of them measuring 60 feet tall and 500 feet long, as well as large public ceremonial structures, stone buildings with residential apartments, and other signs of urban life.

Norte Chico was a distinctive civilization in many ways. Its cities were smaller than those of Mesopotamia and showed less evidence of economic specialization. The economy was based to an unusual degree on an extremely rich fishing industry in anchovies and sardines along the coast. These items apparently were exchanged for cotton, essential for fishing nets, as well as food crops such as squash, beans, and guava, all of which were grown by inland people in the river valleys using irrigation agriculture. Unlike Egypt and Mesopotamia, Peruvian civilization did not rest upon grain-based farming; the people of Norte Chico did not develop pottery or writing; and few sculptures, carvings, or drawings have been recovered so far. Archeologists have, however, found a 5,000-year-old quipu (a series of knotted cords, later used extensively by the Inca for accounting purposes), which some scholars have suggested may have been an alternative form of writing. Furthermore, the cities of Norte Chico lacked defensive walls, and archeologists have discovered little evidence of warfare, such as burned buildings and mutilated corpses. It was also an unusually self-contained civilization. Whereas Egypt and Mesopotamia had long interacted with each other, the only import from the outside world evident in Norte Chico, or in Andean civilization generally, was maize (corn), which was derived ultimately from Mesoamerica, though without direct contact between the two regions. Norte Chico apparently “lighted a cultural fire” in the Andes and established a pattern for the many Andean civilizations that followed—Chavin, Moche, Nazca, and, much later, the Inca.

Somewhat later, three additional First Civilizations made their appearance. In the Indus and Saraswati river valleys of what is now Pakistan, a remarkable civilization arose during the third millennium B.C.E. By 2000 B.C.E., it embraced a far larger area than Mesopotamia, Egypt, or coastal Peru and was expressed primarily in its elaborately planned cities. All across this huge area, about twice the size of Texas, common patterns prevailed: standardized weights, measures, architectural styles, even the size of bricks. As elsewhere, irrigated agriculture provided the economic foundation for the civilization, and a written language, thus far undeciphered, provides evidence of a literate culture.

Unlike its Middle Eastern counterparts, the Indus Valley civilization apparently generated no palaces, temples, elaborate graves, kings, or warrior classes. In short, the archeological evidence provides little indication of a political hierarchy or centralized state. This absence of evidence has sent scholars scrambling to provide an explanation for the obvious specialization, coordination, and complexity that the Indus Valley civilization exhibited. A series of small republics, rule by priests, an early form of the caste system—all of these have been suggested as alternative mechanisms of integration in this first South Asian civilization. Although no one knows for sure, the possibility that the Indus Valley may have housed a sophisticated civilization without a corresponding state has excited the imagination of scholars.

Whatever its organization, the local environmental impact of the Indus Valley civilization, as in many others, was heavy and eventually undermined its ecological foundations. Repeated irrigation increased the amount of salt in the soil and lowered crop yields. The making of mud bricks, dried in ovens, required an enormous amount of wood for fuel, generating large-scale deforestation and soil erosion. As a result, these magnificent cities were abandoned by about 1700 B.C.E. and largely forgotten thereafter. Nonetheless, many features of this early civilization—ceremonial bathing, ritual burning, yoga positions, bulls and elephants as religious symbols, styles of clothing and jewelry—continued to nourish the later classical civilization of the Indian subcontinent and in fact persist into the present.

The early civilization of China, dating to perhaps 2200 B.C.E., was very different from that of the Indus Valley. The ideal of a centralized state was evident from the days of the Xia dynasty (2200–1766 B.C.E.), whose legendary monarch Wu organized flood control projects that “mastered the waters and made them to flow in great channels.” Subsequent dynasties—the Shang (1766–1122 B.C.E.) and the Zhou (1122–256 B.C.E.)—substantially enlarged the Chinese state, erected lavish tombs for their rulers, and buried thousands of human sacrificial victims to accompany them in the world to come. By the Zhou dynasty, a distinctive Chinese political ideology had emerged, featuring a
The first question that historians ask about almost everything is “How did it get started?” Scholars of all kinds—archaeologists, anthropologists, sociologists, and historians—have been arguing about the origins of civilization for a very long time, with no end in sight. Amid all the controversy, one thing seems reasonably clear: civilizations had their roots in the Agricultural Revolution. That is the reason they appeared so late in the human story, for only an agricultural technology permitted human communities to produce sufficient surplus to support large populations and the specialized or elite minorities who did not themselves produce food. Furthermore, all of the First Civilizations emerged from earlier and competing chiefdoms, in which some social ranking and economic specialization had already developed. It was a gradual and evolutionary process. However, not all agricultural societies or chiefdoms developed into civilizations, so something else must have been involved. It is the search for this “something else” that has provoked such great debate among scholars.

Some scholars have emphasized the need to organize large-scale irrigation projects as a stimulus for the earliest civilizations, but archaeologists have found that the more complex water control systems appeared long after states and civilizations had already been established. Others have suggested that powerful states were useful in protecting the privileges of favored groups. Warfare and trade have figured in still other explanations for the rise of civilizations. Anthropologist Robert Carneiro combined several of these factors in a thoughtful approach to the question. He argued that a growing density of population, producing more congested and competitive societies, was a fundamental motor of change, and especially in areas where rich agricultural land was limited, either by geography (oceans, deserts, mountains) or by powerful competing societies. Such settings provided incentives for innovations, such as irrigation or plows that could produce more food, because opportunities for territorial expansion were not readily available. But circumscribed environments with dense populations also generated intense competition among rival groups, which led to repeated warfare. A strong and highly organized state was a decided advantage in such competition. Because losers could not easily flee to new lands, they were absorbed into the winner’s society as a lower class. Successful leaders of the winning side emerged as an elite with an enlarged base of land, a class of subordinated workers, and a powerful state at their disposal—in short, a civilization.

Although such a process was relatively rapid by world history standards, it took many generations, centuries, or perhaps millennia to evolve. It was, of course, an unconscious undertaking in which the participants had little sense of the long-term outcome as they coped with the practical problems of survival on a day-to-day basis. What is surprising, though, is the rough similarity of the result in many widely separated places from about 3500 B.C.E. to the beginning of the Common Era.
However they got started (and much about this is still guesswork), the First Civilizations, once established, represented a very different kind of human society than anything that came before. All of them were based on highly productive agricultural economies. Various forms of irrigation, drainage, terracing, and flood control enabled these early civilizations to tap the food-producing potential of their regions. In dry lands with good soil, such as northern China and southern Iraq, water made all the difference and vastly increased the agricultural output. In all these civilizations, pottery likewise enhanced the productivity of farming, as did animal drawn plows and metalworking in Afro-Eurasia. Ritual sacrifice, often including people, usually accompanied the growth of civilization, and the new rulers normally served as high priests or were seen as divine beings, their right to rule legitimated by association with the sacred.

**An Urban Revolution**

It was the resources from agriculture that made possible one of the most distinctive features of the First Civilizations—cities. What would an agricultural villager have made of Uruk, ancient Mesopotamia’s largest city? Uruk had walls more than twenty feet tall and a population around 50,000 in the third millennium B.C.E. The city’s center, visible for miles around, was a stepped pyramid, or ziggurat, topped with a temple (see the photo on p. 100). Inside the city, our village visitor would have found other temples as well, serving as centers of worship and as places for the redistribution of stored food. Numerous craftpeople labored as masons, copper workers, weavers, and in many other specialties, while bureaucrats helped administer the city. It was, surely, a “vibrant, noisy, smelly, sometimes bewildering and dangerous, but also exciting place.” Here is how the *Epic of Gilgamesh*, Mesopotamia’s ancient epic poem, describes the city:

> Come then, Enkidu, to ramparted Uruk,
> Where fellows are resplendent in holiday clothing,
> Where every day is set for celebration,
> Where harps and drums are played.
> And the harlots too, they are fairest of form,
> Rich in beauty, full of delights,
> Even the great gods are kept from sleeping at night.

Equally impressive to a village visitor would have been the city of Mohenjo Daro, which flourished along the banks of the Indus River around 2000 B.C.E. With a population of perhaps 40,000, Mohenjo Daro and its sister city of Harappa featured large, richly built houses of two or three stories, complete with indoor plumbing, luxurious bathrooms, and private wells. Streets were laid out in a grid like pattern, and beneath the streets ran a complex sewage system. Workers lived in row upon row of standardized two-room houses. Grand public buildings, including what seems to be a huge public bath, graced the city, while an enormous citadel was surrounded by a brick wall some forty-five feet high.

Even larger, though considerably later, was the Mesoamerican city of Teotihuacán, located in the central valley of Mexico. It housed perhaps 200,000 people in the middle of the first millennium C.E. Broad avenues, dozens of temples, two huge pyramids, endless stone carvings and many bright frescoes, small apartments for the ordinary, palatial homes for the wealthy—all of this must have seemed another world for a new visitor from a distant village. In shopping for obsidian blades, how was she to decide among the 350 workshops in the city? In seeking relatives, how could she find her way among many different compounds, each surrounded by a wall and housing a different lineage? And what would she make of a neighborhood composed entirely of Mayan merchants from the distant coastal lowlands?

Cities, then, lay at the heart of all of the First Civilizations. They were political/administrative capitals; they were centers for the production of culture, including art, architecture, literature, ritual, and ceremony; they served as marketplaces for both local and long-distance exchange; and they housed most manufacturing activity. Everywhere they generated a unique kind of society, compared to earlier agricultural villages. Urban society was impersonal, for it was no longer possible to know everyone. Relationships of class and occupation were at least as important as those of kinship and village loyalty. Most notably, the degree of specialization and inequality far surpassed that of all preceding human communities.
The Erosion of Equality

Among the most novel features of early urban life, at least to our imaginary village visitor, was the amazing specialization of work. In Document 3.5, an Egyptian teacher tries to persuade a reluctant student, preparing to be a scribe (literate public official), to take his lessons seriously by pointing out the disadvantages of the many other occupations that await him. In ancient Mesopotamia, even scribes were subdivided into many categories: junior and senior scribes, temple scribes and royal scribes, scribes for particular administrative or official functions. None of these people, of course, grew their own food; they were supported by the highly productive agriculture of farmers.

Hierarchies of Class

Alongside the occupational specialization of the First Civilizations lay their vast inequalities—in wealth, status, and power. Here we confront a remarkable and persistent feature of the human journey. As ingenuity and technology created more-productive economies, the greater wealth now available to societies was everywhere piled up rather than spread out. Early signs of this erosion of equality were evident in the more settled and complex gathering and hunting societies such as the Chumash and in agricultural chiefdoms such as Cahokia, but the advent of urban-based civilizations multiplied and magnified these inequalities many times over, as the egalitarian values of earlier cultures were everywhere displaced. This transition represents one of the major turning points in the social history of humankind.

As the First Civilizations took shape, inequality and hierarchy soon came to be regarded as normal and natural. Upper classes everywhere enjoyed great wealth in land or salaries, were able to avoid physical labor, had the finest of everything, and occupied the top positions in political, military, and religious life. Frequently, they were distinguished by the clothing they wore, the houses they lived in, and the manner of their burial. Early Chinese monarchs bestowed special clothing, banners, chariots, weapons, and ornaments on their regional officials, and all of these items were graded according to the officials' precise location in the hierarchy. In Mesopotamia, the punishments prescribed in the famous Code of Hammurabi depended on social status (see Document 3.2, pp. 118–21). A free-born commoner who struck a person of equal rank had to pay a small fine, but if he struck “a man who is his superior, he shall receive 60 strokes with an oxtail whip in public.” Clearly, class had consequences.

In all civilizations, free commoners represented the vast majority of the population and included artisans of all kinds, lower-level officials, soldiers and police, servants, and, most numerous of all, farmers. It was their surplus production—appropriated through a variety of taxes, rents, required labor, and tribute payments—that supported the upper classes. At least some of these people were aware of, and resented, these forced extractions and their position in the social hierarchy. Most Chinese peasants, for example, owned little land of their own and worked on plots granted to them by royal or aristocratic landowners. An ancient poem compared the exploiting landlords to rats and expressed the farmers’ vision of a better life:

Large rats! Large rats!
Do not eat our spring grain!
Three years have we had to do with you.
And you have not been willing to think of our toil.
We will leave you,
And go to those happy borders.
Happy borders, happy borders!
Who will there make us always to groan?

At the bottom of social hierarchies everywhere were slaves. Slavery and civilization, in fact, seem to have emerged together. (For early references to slavery, see Document 3.2, pp. 118–21). Female slaves, captured in the many wars among rival Mesopotamian cities, were put to work in large-scale semi-industrial weaving enterprises, while males helped to maintain irrigation canals and construct ziggurats. Others worked as domestic servants in the households of their owners. In all of the First Civilizations, slaves—derived from prisoners of war, criminals, and debtors—were available for sale; for work in the fields, mines, homes, and shops of their owner; or on occasion for sacrifice. From the days of the earliest civilizations until the nineteenth century, the practice of “people owning people” was an enduring feature of state-based societies everywhere.
The practice of slavery in ancient times varied considerably from place to place. Egypt and the Indus Valley civilizations initially had far fewer slaves than did Mesopotamia, which was highly militarized. Later, the Greeks of Athens and the Romans employed slaves far more extensively than did the Chinese or Indians (see Chapter 6). Furthermore, most ancient slavery differed from the type of slavery practiced in the Americas during recent centuries; in the early civilizations, slaves were not a primary agricultural labor force, many children of slaves could become free people, and slavery was not associated primarily with “blackness” or with Africa.

Hierarchies of Gender

Accompanying the hierarchies of class were those of gender, as civilizations everywhere undermined the earlier and more equal relationships between men and women. Most scholars agree that early horticultural societies, those using a hoe or digging stick, continued the relative gender equality that had characterized Paleolithic peoples. In such societies, women were much involved in agricultural labor, which generated most of the food for the village. Women were also engaged in spinning, weaving, and pottery-making—activities that were compatible with their role as mothers. Their central economic function, together with their amazing capacity to produce new life, gave women considerable respect and, arguably, a status generally equal to that of men. Some scholars have seen this respect and status reflected, at least in Europe and the Middle East, in a proliferation of figurines, masks, signs, symbols, and myths, all featuring women and feminine themes dealing with birth, growth, death, and regeneration.  

But as the First Civilizations took shape, the institutions and values of male dominance, often referred to as patriarchy, gradually emerged. The big question, of course, lies in trying to explain this momentous change. What was it about civilization that seemed to generate patriarchy?

One approach to answering this question highlights the role of a new and more intensive form of agriculture, involving the use of animal-drawn plows and the keeping and milking of large herds of animals. Unlike earlier farming practices that relied on a hoe or digging stick, plow-based agriculture meant heavier work, which men were better able to perform. Taking place at a distance from the village, this new form of agriculture was perhaps less compatible with women’s primary responsibility for child rearing. Furthermore, the growing population of civilizations meant that women were more often pregnant and even more deeply involved in child care than before. Thus, in plow-based communities, men took over most of the farming work, and the status of women declined correspondingly, even though their other productive activities—spinning and food preparation, for example—continued. “As women were increasingly relegated to secondary tasks . . .” writes archeologist Margaret Ehrenberg, “they had fewer personal resources with which to assert their status.”

Because patriarchy also developed in civilizations untouched by plow agriculture, such as those of Mesoamerica and the Andes, perhaps something else was at work as well. Historian David Christian suggests that the declining position of women was connected more generally to the growth of social complexity in civilizations as economic, religious, and political “specialists” became more prominent. Because men were less important in the household, they may have been more available to assume the powerful and prestigious specialist roles. From these positions of authority, men were able to shape the values and practices of their societies in ways that benefited themselves at the expense of women. Here, perhaps, lies the origin of an ancient distinction between the realm of the home, defined as the domain of women, and the world of public life, associated with men.

Women have long been identified not only with the home but also with nature, for they are intimately involved in the fundamental natural process of reproduction. But civilization seemed to highlight culture, or the human mastery of nature, through agriculture, monumental art and architecture, and the creation of large scale cities and states. Did this mean, as some scholars have suggested, that women were now associated with an inferior dimension of human life (nature), while men assumed responsibility for the higher order of culture?

A further aspect of civilization that may well have contributed to patriarchy was warfare. Large-scale military conflict with professionally led armies was a feature of almost all of the First Civilizations, and female prisoners of war often were the first slaves. With military service largely restricted to men, its growing prominence in the affairs of civilizations served to enhance the power and prestige of a male warrior class. So too, perhaps, did private property and commerce, central elements of the First Civilizations. Without sharp restrictions on women’s sexual activity, how could a father be certain that family property would be inherited by his offspring? In addition, the buying and selling associated with commerce were soon applied to male rights over women, as female slaves, concubines, and wives were exchanged among men.
Patriarchy in Practice

Whatever the precise origins of patriarchy, male dominance permeated the First Civilizations, marking a gradual change from the more equal relationships of men and women within agricultural villages or Paleolithic bands. Historian Gerda Lerner documented this transition in ancient Mesopotamian civilization. By the second millennium B.C.E., various written laws codified and sought to enforce a patriarchal family life that offered women a measure of paternalistic protection while insisting on their submission to the unquestioned authority of men. Central to these laws was the regulation of female sexuality. A wife caught sleeping with another man might be drowned at her husband’s discretion, whereas he was permitted to enjoy sexual relations with his female servants, though not with another man’s wife. Divorce was far easier for the husband than for the wife. Rape was a serious offense, but the injured party was primarily the father or the husband of the victim, rather than the violated woman herself. Even elite women, who were often allowed to act on behalf of their powerful husbands, saw themselves as dependent. “Let all be well with [my husband],” prayed one such wife, “that I may prosper under his protection.”

Furthermore, women in Mesopotamian civilization were sometimes divided into two sharply distinguished categories. Respectable women, those under the protection and sexual control of one man, were required to be veiled when outside the home, whereas nonrespectable women, such as slaves and prostitutes, were forbidden to wear veils and were subject to severe punishment if they presumed to cover their heads.

Finally, the powerful goddesses of earlier times were gradually relegated to the home and hearth. They were replaced in the public arena by dominant male deities, who now were credited with the power of creation and fertility and viewed as the patrons of wisdom and learning. The culmination of this “demotion of the goddess,” argues Gerda Lerner, lies in the Hebrew Scriptures, in which a single male deity, Yahweh, alone undertakes the act of creation without any participation of a female goddess.

Patriarchy was not everywhere the same, however. Egypt, while clearly patriarchal, afforded its women greater opportunities than did most other First Civilizations. In Egypt, women were recognized as legal equals to men, able to own property and slaves, to administer and sell land, to make their own wills, to sign their own marriage contracts, and to initiate divorce. Royal women occasionally exercised significant political power, acting as regents for their young sons or, more rarely, as queens in their own right. Clearly, though, this was seen as abnormal, for Egypt’s most famous queen, Hatshepsut (reigned 1472–1457 B.C.E.), was sometimes portrayed in statues as a man, dressed in male clothing and sporting the traditional false beard of the pharaoh. Moreover, married women in Egypt were not veiled as in Mesopotamia. Statues and paintings often showed men and women in affectionate poses and as equal partners, as can be seen in the photo (p. 84) at the beginning of this chapter. Although marriages were clearly arranged by parents, the love poetry of New Kingdom Egypt (1550–1064 B.C.E.) suggests an element of romance and longing. One lovesick boy lamented the absence of his beloved, referred to as a “sister”:

Seven days since I saw my sister,  
and sickness invaded me; . . .  
The sight of her makes me well . . .  
Her speaking makes me strong;  
Embracing her expels my malady. . . .

And a young woman exults at the sight of her love:

I passed before his house,  
I found his door ajar;  
My brother stood by his mother; . . .  
He looked at me as I passed by, . . .  
How my heart exulted in gladness,  
My brother, at your sight.15
Coercion and Consent

Early states in Mesopotamia, Egypt, China, Mesoamerica, and elsewhere drew their power from various sources, all of which assisted in providing cohesion for the First Civilizations. One basis of power was the recognition that the complexity of life in cities or densely populated territories required some authority to coordinate and regulate the community. Someone had to organize the irrigation systems of river valley civilizations. Someone had to adjudicate conflicts among the many different peoples, unrelated to one another, who rubbed elbows in the early cities. Someone had to direct efforts to defend the city or territory against aggressive outsiders. The state, in short, solved certain widely shared problems and therefore had a measure of voluntary support among the population. For many people, it was surely useful.

The state, however, was more useful for some people than for others, for it also served to protect the privileges of the upper classes, to require farmers to give up a portion of their product to support city-dwellers, and to demand work on large public projects such as pyramids and fortifications. If necessary, state authorities had the ability, and the willingness, to use force to compel obedience. The Egyptian teacher mentioned earlier described to his reluctant student what happens to a peasant unable to pay his tax in grain:

Now the scribe lands on the shore. He surveys the harvest. Attendants are behind him with staffs, Nubians with clubs. One says [to the peasant], “Give grain.” There is none. He is beaten savagely. He is bound, thrown into a well, submerged head down. His wife is bound in his presence. His children are in fetters. His neighbors abandon them and flee.¹⁶ Such was the power of the state, as rulers accumulated the resources to pay for officials, soldiers, police, and attendants. This capacity for violence and coercion marked off the states of the First Civilizations from earlier chiefdoms, whose leaders had only persuasion, prestige, and gifts to back up their authority.

Force, however, was not always necessary, for the First Civilizations soon generated ideas suggesting that state authority and class and gender inequalities were normal, natural, and ordained by the gods. Kingship everywhere was associated with the sacred. Ancient Chinese kings were known as the Son of Heaven, and they alone could perform the rituals and sacrifices necessary to keep the cosmos in balance. Mesopotamian rulers were thought to be the stewards of their city’s patron gods. Their symbols of kingship—crown, throne, scepter, mace—were said to be of divine origin, sent to earth when the gods established monarchy. Egyptians, most of all, invested their pharaohs with divine qualities. Rulers claimed to embody all the major gods of Egypt, and their supernatural power ensured the regular flooding of the Nile and the defeat of the country’s enemies.

But if religion served most often to justify unequal power and privilege, it might also on occasion be used to restrain, or even undermine, the established order. Hammurabi claimed that his law code was inspired by Marduk, the chief god of Babylon, and was intended to “bring about the rule of righteousness in the land, to destroy the wicked and the evil-doers; so that the strong should not harm the weak.”¹⁷ Another Mesopotamian monarch, Urukagina from the city of Lagash, claimed authority from the city’s patron god for reforms aimed at ending the corruption and tyranny of a previous ruler. In China during the Zhou dynasty (1122–256 B.C.E.), emperors ruled by the Mandate of Heaven, but their bad behavior could result in the removal of that mandate and their overthrow.

Writing and Accounting

A further support for state authority lay in the remarkable invention of writing. It was a powerful and transforming innovation, regarded almost everywhere as a gift from the gods, while people without writing often saw it as something magical or supernatural. Distinctive forms of writing emerged in all of the First Civilizations except the Andes, although some scholars now regard their knotted strings, or quipus, as a kind of writing.¹⁸
Writing sustained the First Civilizations and their successors in many ways. Literacy defined elite status and conveyed enormous prestige to those who possessed it. (See Document 3.5, pp. 123–25, for a celebration of writing.) Because it can be learned, writing also provided a means for some commoners to join the charmed circle of the literate. Writing as propaganda, celebrating the great deeds of the kings, was prominent, especially among the Egyptians and later among the Maya. A hymn to the pharaoh, dating to about 1850 B.C.E., extravagantly praised the ruler:

He has come unto us . . . and has given peace to the two Riverbanks
...and has made Egypt to live; he hath banished its suffering;
...he has caused the throat of the subjects to breathe
...and has trodden down foreign countries
...he has delivered them that were robbed
...he has come unto us, that we may [nurture up?] our children and bury our aged ones. 19

In Mesopotamia and elsewhere, writing served an accounting function, recording who had paid their taxes, who owed what to the temple, and how much workers had earned. Thus it immensely strengthened bureaucracy. Complex calendars indicated precisely when certain rituals should be performed. Writing also gave weight and specificity to orders, regulations, and laws. Hammurabi’s famous law code (see Document 3.2, pp. 118–21), while correcting certain abuses, made crystal clear that fundamental distinctions divided men and women and separated slaves, commoners, and people of higher rank.

Once it had been developed, writing, like religion, proved hard to control and operated as a wild card in human affairs. It gave rise to literature and philosophy, to astronomy and mathematics, and, in some places, to history. On occasion, the written word proved threatening, rather than supportive, to rulers. China’s so-called First Emperor, Qin Shihuangdi (reigned 221–210 B.C.E.), allegedly buried alive some 460 scholars and burned their books when they challenged his brutal efforts to unify China’s many warring states, or so his later critics claimed (see Chapter 4). Thus writing became a major arena for social and political conflict, and rulers always have sought to control it.
The Grandeur of Kings

Yet another source of state authority derived from the lavish lifestyle of elites, the impressive rituals they arranged, and the imposing structures they created. Everywhere, kings, high officials, and their families lived in luxurious palaces, dressed in splendid clothing, bedecked themselves with the loveliest jewelry, and were attended by endless servants. Their deaths triggered elaborate burials, of which the pyramids of the Egyptian pharaohs were perhaps the most ostentatious. Almost all of the First Civilizations accompanied high-status funerals with the human sacrifice of numerous retainers, who would nourish the souls or serve the needs of their rulers in the afterlife. Monumental palaces, temples, ziggurats, pyramids, and statues conveyed the immense power of the state and its elite rulers. The Olmec civilization of Mesoamerica (1200–400 B.C.E.) erected enormous human heads, more than ten feet tall and weighing at least twenty tons, carved from blocks of basalt and probably representing particular rulers. Somewhat later the Maya Temple of the Giant Jaguar, towering 154 feet tall, was the most impressive among many temples, pyramids, and palaces that graced the city of Tikal. All of this must have seemed overwhelming to common people in the cities and villages of the First Civilizations.

Comparing Mesopotamia and Egypt

A productive agricultural technology, city living, immense class inequalities, patriarchy, the emerging power of states—all of these were common features of First Civilizations across the world and also of those that followed. Still, these civilizations were not everywhere the same, for differences in political organization, religious beliefs and practices, the role of women, and much more gave rise to distinctive traditions. Nor were they static. Like all human communities, they changed over the centuries. Finally, these civilizations did not exist in isolation, for they participated in networks of interactions with near and sometimes more distant neighbors. In looking more closely at two of these First Civilizations—Mesopotamia and Egypt—we can catch a glimpse of the differences, changes, and connections that characterized early civilizations.

Environment and Culture

The civilizations of both Mesopotamia and Egypt grew up in river valleys and depended on their rivers to sustain a productive agriculture in otherwise arid lands. Those rivers, however, were radically different. At the heart of Egyptian life was the Nile, “that green gash of teeming life,” which rose predictably every year to bring the soil and water that nurtured a rich Egyptian agriculture. The Tigris and Euphrates rivers, which gave life to Mesopotamian civilization, also rose annually, but “unpredictably and fitfully, breaking man’s dikes and submerging his crops.”

Furthermore, an open environment without serious obstacles to travel made Mesopotamia far more vulnerable to invasion than the much more protected space of Egypt, which was surrounded by deserts, mountains, seas, and cataracts. For long periods of its history, Egypt enjoyed a kind of “free security” from external attack that Mesopotamians could only have envied.

Does the physical environment shape the human cultures that develop within it? Most historians are reluctant to endorse any kind of determinism, especially one suggesting that “geography is destiny,” but in the case of Mesopotamia and Egypt, many scholars have seen some relationship between the physical setting and culture.

In at least some of its literature, the Mesopotamian outlook on life, which developed within a precarious, unpredictable, and often violent environment, viewed humankind as caught in an inherently disorderly world, subject to the whims of capricious and quarreling gods, and facing death without much hope of a pleasant life beyond. A Mesopotamian poet complained: “I have prayed to the gods and sacrificed, but who can understand the gods in heaven? Who knows what they plan for us? Who has ever been able to understand a god’s conduct?” The famous
Mesopotamian Epic of Gilgamesh, excerpted in Document 3.1, pages 115–18, likewise depicted a rather pessimistic view of the gods and of the possibility for eternal life.

By contrast, elite literate culture in Egypt, developing in a more stable, predictable, and beneficent environment, produced a rather more cheerful and hopeful outlook on the world. The rebirth of the sun every day and of the river every year seemed to assure Egyptians that life would prevail over death. The amazing pyramids, constructed during Egypt’s Old Kingdom (2663–2195 B.C.E.), reflected the firm belief that at least the pharaohs and other high-ranking people could successfully make the journey to eternal life in the Land of the West. Incantations for the dead, such as those illustrated in Document 3.3, describe an afterlife that Gilgamesh could only have envied. Over time, larger groups of people, beyond the pharaoh and his entourage, came to believe that they could gain access to the afterlife if they followed proper procedures and lived a morally upright life (see Documents 3.3 and 3.4, pp. 121–23). Thus Egyptian civilization not only affirmed the possibility of eternal life but also expanded access to it.

If the different environments of Mesopotamia and Egypt shaped their societies and cultures, those civilizations, with their mounting populations and growing demand for resources, likewise had an impact on the environment. In Sumer (southern Mesopotamia), deforestation and soil erosion decreased crop yields by some 65 percent between 2400 and 1700 B.C.E. Also contributing to this disaster was the increasing salinization of the soil, a long-term outcome of intensive irrigation. By 2000 B.C.E., there were reports that “the earth turned white” as salt accumulated in the soil. As a result, wheat was largely replaced by barley, which is far more tolerant of salty conditions. This ecological deterioration clearly weakened Sumerian city-states, facilitated their conquest by foreigners, and shifted the center of Mesopotamian civilization permanently to the north.

Egypt, by contrast, created a more sustainable agricultural system, which lasted for thousands of years and contributed to the remarkable continuity of its civilization. Whereas Sumerian irrigation involved a complex and artificial network of canals and dikes that led to the salinization of the soil, its Egyptian counterpart was much less intrusive, simply regulating the natural flow of the Nile. Such a system avoided the problem of salty soils, allowing Egyptian agriculture to emphasize wheat production, but it depended on the general regularity and relative gentleness of the Nile’s annual flooding. On occasion, that pattern was interrupted, with serious consequences for Egyptian society. An extended period of low floods between 2250 and 1950 B.C.E. led to sharply reduced agricultural output, large-scale starvation, the loss of livestock, and, consequently, social upheaval and political disruption.

Nonetheless, Egypt’s ability to work with its more favorable natural environment enabled
a degree of stability and continuity that proved impossible in Sumer, where human action intruded more heavily into a less benevolent natural setting.

**Cities and States**

Politically as well as culturally and environmentally, Mesopotamian and Egyptian civilizations differed sharply. For its first thousand years (3200–2350 B.C.E.), Mesopotamian civilization, located in the southern Tigris-Euphrates region known as Sumer, was organized in a dozen or more separate and independent city-states. Each city-state was ruled by a king, who claimed to represent the city’s patron deity and who controlled the affairs of the walled city and surrounding rural area. Quite remarkably, some 80 percent of the population of Sumer lived in one or another of these city-states, making Mesopotamia the most thoroughly urbanized society of ancient times. The chief reason for this massive urbanization, however, lay in the great flaw of this system, for frequent warfare among these Sumerian city-states caused people living in rural areas to flee to the walled cities for protection. With no overarching authority, rivalry over land and water often led to violent conflict. After one such conflict destroyed the city of Ur and desecrated its temple, a poet lamented the city’s sad fate:

After your city had been destroyed, how now can you exist!
After your house had been destroyed, how has your heart led you on!
Your city has become a strange city . . .
Your house has become a house of tears.23

These conflicts, together with environmental devastation, eventually left Sumerian cities vulnerable to outside forces, and after about 2350 B.C.E., stronger peoples from northern Mesopotamia conquered Sumer’s warring cities, bringing an end to the Sumerian phase of Mesopotamian civilization. First the Akkadians (2350–2000 B.C.E.) and later the Babylonians (1900–1500 B.C.E.) and the Assyrians (900–612 B.C.E.) created larger territorial states or bureaucratic empires that encompassed all or most of Mesopotamia. Periods of political unity now descended upon this First Civilization, but it was unity imposed from outside. Much later, a similar process befell the Greek city-states, whose endemic warfare invited Macedonian invasion and their subsequent incorporation into the empires of Alexander the Great and then of the Romans (see Chapter 4).

Egyptian civilization, by contrast, began its history around 3100 B.C.E., with the merger of several earlier states or chiefdoms into a unified territory that stretched some 1,000 miles along the Nile. For an amazing 3,000 years, Egypt maintained that unity and independence, though with occasional interruptions. A combination of wind patterns that made it easy to sail south along the Nile and a current flowing north facilitated communication, exchange, unity, and stability within the Nile Valley. Here was a record of political longevity and continuity that the Mesopotamians and many other ancient peoples might well have envied.

Cities in Egypt were less important than in Mesopotamia, although political capitals, market centers, and major burial sites gave Egypt an urban presence as well. Most people lived in agricultural villages along the river rather than in urban centers, perhaps because Egypt’s greater security made it less necessary for people to gather in fortified towns. The focus of the Egyptian state resided in the pharaoh, believed to be a god in human form. He alone ensured the daily rising of the sun and the annual flooding of the Nile. All of the country’s many officials served at his pleasure; the law of the land was simply the pharaoh’s edict; and access to the afterlife lay in proximity to him and burial in or near his towering pyramids.
This image of the pharaoh and his role as an enduring symbol of Egyptian civilization persisted over the course of three millennia, but the realities of Egyptian political life changed over time. By 2400 B.C.E., the power of the pharaoh had diminished, as local officials and nobles, who had been awarded their own land and were able to pass their positions on to their sons, assumed greater authority. When changes in the weather resulted in the Nile’s repeated failure to flood properly around 2200 B.C.E., the authority of the pharaoh was severely discredited, and Egypt dissolved for several centuries into a series of local principalities.

Even when centralized rule was restored around 2000 B.C.E., the pharaohs never regained their old power and prestige. Kings were now warned that they too would have to account for their actions at the Day of Judgment. Nobles no longer sought to be buried near the pharaoh’s pyramid but instead created their own more modest tombs in their own areas. Osiris, the god of the dead, became increasingly prominent, and “all men who were worthy . . . not merely those who had known the pharaoh in life” could aspire to immortality in his realm.24

**Interaction and Exchange**

Although Mesopotamia and Egypt represented separate and distinct civilizations, they interacted frequently with each other and with both near and more distant neighbors. Even in these ancient times, the First Civilizations were embedded in larger networks of commerce, culture, and power. None of them stood alone.

The early beginnings of Egyptian civilization illustrate the point. Its agriculture drew upon wheat and barley, which reached Egypt from Mesopotamia, as well as gourds, watermelon, domesticated donkeys, and cattle, which derived from Sudan. Some scholars argue that Egypt’s step pyramids and its system of writing were stimulated by Mesopotamian models. The practice of “divine kingship” seems to have derived from the central or eastern Sudan, where small-scale agricultural communities had long viewed their rulers as sacred and buried them with various servants and officials. From this complex of influences, the Egyptians created something distinct and unique, but that civilization had roots in both Africa and Southwest Asia.25

Furthermore, once they were established, both Mesopotamia and Egypt carried on extensive long-distance trade. Sumerian merchants had established seaborne contact with the Indus Valley civilization as early as 2300 B.C.E. Other trade routes connected it to Anatolia (present-day Turkey), Egypt, Iran, and Afghanistan. During Akkadian rule over Mesopotamia, a Sumerian poet described its capital of Agade:

> In those days the dwellings of Agade were filled with gold, its bright-shining houses were filled with silver, into its granaries were brought copper, tin, slabs of lapis lazuli [a blue gemstone], its silos bulged at the sides . . . its quay where the boats docked were all bustle. . . .26

All of this and more came from far away. Egyptian trade likewise extended far afield. Beyond its involvement with the Mediterranean and the Middle East, Egyptian trading journeys extended deep into Africa, including Nubia, south of Egypt in the Nile Valley, and Punt, along the East African coast of Ethiopia and Somalia. One Egyptian official described his return from an expedition to Nubia: “I came down with three hundred donkeys laden with incense, ebony, panther skins, elephant tusks, throw sticks, and all sorts of good products.”27 What most intrigued the very young pharaoh who sent him, however, was a dancing dwarf that accompanied the expedition back to Egypt.

Along with trade goods went cultural influence from the civilizations of Mesopotamia and Egypt. Among the smaller societies of the region to feel this influence were the Hebrews, who had migrated from Mesopotamia to Palestine and Egypt early in their history. Their sacred writings, recorded in the Old Testament, showed the influence of Mesopotamia in the “eye for an eye” principle of their legal system and in the story of a flood that destroyed the world. Unique to the Hebrews, however, was their emerging awareness of a merciful and single deity, Yahweh, who demanded an ethical life from his people. This conception subsequently achieved global significance when it was taken over by Christianity and Islam.

The Phoenicians, who were commercially active in the Mediterranean basin from their homeland in present-day Lebanon, also were influenced by Mesopotamian civilization. They adopted the Mesopotamian fertility goddess Ishtar, renaming her Astarte. They also adapted the Sumerian cuneiform method of writing to a much easier alphabetic system, which later became the basis for Greek and Latin writing. Various Indo-European peoples, dispersing probably from north-central Anatolia, also incorporated Sumerian deities into their own religions as well.
as bronze metallurgy and the wheel into their economies. When their widespread migrations carried them across much of Eurasia, they took these Sumerian cultural artifacts with them.

Egyptian cultural influence likewise spread in several directions. Nubia, located to the south of Egypt in the Nile Valley, not only traded with its more powerful neighbor but also was subject to periodic military intervention and political control from Egypt. Skilled Nubian archers were actively recruited for service as mercenaries in Egyptian armies. They often married Egyptian women and were buried in Egyptian style. All of this led to the diffusion of Egyptian culture in Nubia, expressed in building Egyptian-style pyramids, worshipping Egyptian gods and goddesses, and making use of Egyptian hieroglyphic writing. Despite this cultural borrowing, Nubia remained a distinct civilization, developing its own alphabetic script, retaining many of its own gods, developing a major ironworking industry by 500 B.C.E., and asserting its political independence whenever possible. The Nubian kingdom of Kush, in fact, invaded Egypt in 760 B.C.E. and ruled it for about 100 years.

In the Mediterranean basin, clear Egyptian influence is visible in the art of the Minoan civilization, which emerged on the island of Crete about 2500 B.C.E. More controversial has been the claim by historian Martin Bernal in a much publicized book, *Black Athena* (1987), that ancient Greek culture—its art, religion, philosophy, and language—drew heavily upon Egyptian as well as Mesopotamian precedents. His book lit up a passionate debate among scholars. To some of his critics, Bernal seemed to undermine the originality of Greek civilization by suggesting that it had Afro-
Asian origins. His supporters accused the critics of Eurocentrism. Whatever its outcome, the controversy surrounding Bernal’s book served to focus attention on Egypt’s relationship to black Africa and to the world of the Mediterranean basin.

Influence was not a one-way street, however, as Egypt and Mesopotamia likewise felt the impact of neighboring peoples. Pastoral peoples, speaking Indo-European languages and living in what is now southern Russia, had domesticated the horse by perhaps 4000 B.C.E. and later learned to tie that powerful animal to wheeled carts and chariots. This new technology provided a fearsome military potential that enabled various chariot-driving peoples to temporarily overwhelm ancient civilizations. Based in Anatolia, the Hittites overran the powerful Babylonian empire of Mesopotamia in 1595 B.C.E. About the same time, another pastoral group with chariots, the Hyksos, invaded Egypt and ruled it for more than a century (1650–1535 B.C.E.). But chariot technology was portable, and soon both the Egyptians and the Mesopotamians incorporated it into their own military forces. In fact, this powerful military innovation, together with the knowledge of bronze metallurgy, spread quickly and widely, reaching China by 1200 B.C.E. There it enabled the creation of a strong Chinese state ruled by the Shang dynasty. All of these developments provide evidence of at least indirect connections across the entire Eurasian landmass in ancient times. Even then, no civilization was wholly isolated from larger patterns of interaction.

In Egypt, the intrusion of the chariot-driving Hyksos shattered the sense of security that this Nile Valley civilization had long enjoyed. It also stimulated the normally complacent Egyptians to adopt a number of technologies pioneered earlier in Asia, including the horse-drawn chariot; new kinds of armor, bows, daggers, and swords; improved methods of spinning and weaving; new musical instruments; and olive and pomegranate trees.

Absorbing these foreign innovations, Egyptians expelled the Hyksos and went on to create their own empire, both in Nubia and in the eastern Mediterranean regions of Syria and Palestine. By 1500 B.C.E., the previously self-contained Egypt became for several centuries an imperial state bridging Africa and Asia, ruling over substantial numbers of non-Egyptian peoples (see Map 3.3). It also became part of an international political system that included the Babylonian and later Assyrian empires of Mesopotamia as well as many other peoples of the region.

Egyptian and Babylonian rulers engaged in regular diplomatic correspondence, referred to one another as “brother,” exchanged gifts, and married their daughters into one another’s families. One Babylonian king complained to an Egyptian pharaoh that the delegation that had come to take his daughter to Egypt contained only five carriages. What would his courtiers say about the daughter of a great ruler traveling with such a paltry escort?28

Reflections: “Civilization”: What’s in a Word?

In examining the cultures of ancient Mesopotamia and Egypt, we are worlds away from life in agricultural villages or Paleolithic camps. Much the same holds for those of the Indus Valley, China, Mesoamerica, and the Andes. Strangely enough, historians have been somewhat uncertain as to how to refer to these new forms of human community. Following common practice, I have called them “civilizations,” but scholars have reservations about the term for two reasons. The first is its implication of superiority. In popular usage, “civilization” suggests refined behavior, a “higher” form of society, something unreservedly positive. The opposite of “civilized”—“barbarian,” “savage,” or “uncivilized”—is normally understood as an insult implying inferiority. That, of course, is precisely how the inhabitants of many civilizations have viewed those outside their own societies, particularly those neighboring peoples living without the alleged benefit of cities and states.

Modern assessments of the First Civilizations reveal a profound ambiguity about these new, larger, and more complex societies. On the one hand, these civilizations have given us inspiring art, profound reflections on the meaning of life, more productive technologies, increased control over nature, and the art of writing—all of which have been cause for celebration. On the other hand, as anthropologist Marvin Harris noted, “[Human] beings learned for the first time how to bow, grovel, kneel, and kowtow.”29 Massive inequalities, state oppression, slavery, large scale warfare, the subordination of women, and epidemic disease also accompanied the rise of civilization, generating discontent, rebellion, and sometimes the urge to escape. This ambiguity about the character of civilizations has led some historians to avoid the word, referring to early Egypt, Mesopotamia, and other regions instead as complex societies, urban-based societies, state-organized societies, or some more neutral term.

A second reservation about using the term “civilization” derives from its implication of solidity—the idea that civilizations represent distinct and widely shared identities with clear boundaries that mark them off from other such
units. It is unlikely, however, that many people living in Mesopotamia, Norte Chico, or ancient China felt themselves part of a shared culture. Local identities defined by occupation, clan affiliation, village, city, or region were surely more important for most people than those of some larger civilization. At best, members of an educated upper class who shared a common literary tradition may have felt themselves part of some more inclusive civilization, but that left out most of the population.

Moreover, unlike modern nations, none of the earlier civilizations had definite borders. Any identification with that civilization surely faded as distance from its core region increased. Finally, the line between civilizations and other kinds of societies is not always clear. Just when does a village or town become a city? At what point does a chiefdom become a state? Scholars continue to argue about these distinctions.

Given these reservations, should historians discard the notion of civilization? Maybe so, but this book continues to use it both because it is so deeply embedded in our way of thinking about the world and because no alternative concept has achieved widespread usage for making distinctions among different kinds of human communities. When the term appears in the text, try to keep in mind two points. First, as used by historians, “civilization” is a purely descriptive term, designating a particular type of human society—one with cities and states—and does not imply any judgment or assessment, any sense of superiority or inferiority. Second, it is used to define broad cultural patterns in particular geographic regions—Mesopotamia, the Peruvian coast, or China, for example—even though many people living in those regions may have been more aware of differences and conflicts than of those commonalities.

**Big Picture Questions**

1. What distinguished civilizations from other forms of human community?
2. How does the use of the term “civilization” by historians differ from that of popular usage? How do you use the term?
3. “Civilizations were held together largely by force.” Do you agree with this assessment, or were there other mechanisms of integration as well?
4. In the development of the First Civilizations, what was gained for humankind, and what was lost?