“There were tens of thousands of pilgrims, from all over the world. They were of all colors, from blue-eyed blondes to black-skinned Africans. But we were all participating in the same ritual, displaying a spirit of unity and brotherhood that my experiences in America had led me to believe never could exist between the white and non-white. . . . I have never before seen sincere and true brotherhood practiced by all colors together, irrespective of their color.” So said Malcolm X, the American black radical leader and convert to Islam, following his participation in 1964 in the hajj, or pilgrimage, to Mecca. That experience persuaded him to abandon his earlier commitment to militant black separatism, for he was now convinced that racial barriers could indeed be overcome within the context of Islam.

As the twenty-first century dawned, Islam had acquired a noticeable presence in the United States, with more than 1,200 mosques and an estimated 8 million Muslims, of whom some 2 million were African Americans. Here was but one sign of the growing international influence of the Islamic world. Independence from colonial rule, the Iranian Revolution of 1979, repeated wars between Israel and its Arab neighbors, the rising price of oil—all of this focused global attention on the Islamic world in the second half of the twentieth century. Osama bin Laden and the September 11, 2001, attacks on the United States, U.S. military action in Afghanistan and Iraq, and the increasing assertiveness of Muslims in Europe likewise signaled the growing role of Islam in world affairs in the first decade of the new millennium.
Prominence on the world stage, of course, was nothing new for Muslim societies. For a thousand years (roughly 600–1600), peoples claiming allegiance to Islam represented a highly successful, prosperous, and expansive civilization, encompassing parts of Africa, Europe, the Middle East, and Asia. While Chinese culture and Buddhism provided the cultural anchor for East Asia during the postclassical millennium and Christianity did the same for western Eurasia, the realm of Islam touched on both of them and decisively shaped the history of the entire Afro-Eurasian world.

The significance of a burgeoning Islamic world was enormous. It thrust the previously marginal and largely nomadic Arabs into a central role in world history, for it was among them and in their language that the newest of the world’s major religions was born. The sudden emergence and rapid spread of that religion in the seventh century C.E. was accompanied by the creation of a huge empire that stretched from Spain to India. Both within that empire and beyond it, a new and innovative civilization took shape, drawing on Arab, Persian, Turkish, Greco-Roman, South Asian, and African cultures. It was clearly the largest and most influential of the new third-wave civilizations. Finally, the broad reach of Islam generated many of the great cultural encounters of this age of accelerating connections, as Islamic civilization challenged and provoked Christendom, penetrated and was transformed by African cultures, and also took root in India, Central Asia, and Southeast Asia. The spread of Islam continued in the modern era so that by the beginning of the twenty-first century, perhaps 1.2 billion people, or 22 percent of the world’s population, identified as Muslims. It was second only to Christianity as the world’s most widely practiced religion, and it extended far beyond the Arab lands where it had originated.

The Birth of a New Religion

Most of the major religious or cultural traditions of the classical era had emerged from the core of established civilizations—Confucianism and Daoism from China, Hinduism and Buddhism from India, Greek philosophy from the Mediterranean world, and Zoroastrianism from Persia. Christianity and Islam, by contrast, emerged more from the margins of Mediterranean and Middle Eastern civilizations. The former, of course, appeared among a small Middle Eastern people, the Jews, in a remote province of the Roman Empire, while Islam took hold in the cities and deserts of the Arabian Peninsula.

The Homeland of Islam

The central region of the Arabian Peninsula had long been inhabited by nomadic Arabs, known as Bedouins, who herded their sheep and camels in seasonal migrations. These peoples lived in fiercely independent clans and tribes, which often engaged in bitter blood feuds with one another. They recognized a variety of gods, ancestors, and nature spirits; valued personal bravery, group loyalty, and hospitality; and greatly treasured their highly expressive oral poetry. But there was more to Arabia than camel-herding nomads. Scattered oases, the highlands of Yemen, and interior mountains supported sedentary village-based agriculture, and in the northern and southern regions of Arabia, small kingdoms had flourished in earlier times. Arabia also sat astride increasingly important trade routes that connected the Indian Ocean world with that of the Mediterranean Sea and gave rise to more cosmopolitan commercial cities, whose values and practices were often in conflict with those of traditional Arab tribes.

One of those cities, Mecca, came to occupy a distinctive role in Arabia. Though somewhat off the major long-distance trade routes, Mecca was the site of the Kaaba, the most prominent religious shrine in
Arabia, which housed representations of some 360 deities and was the destination for many pilgrims. Mecca’s dominant tribe, the Quraysh, had come to control access to the Kaaba and grew wealthy by taxing the local trade that accompanied the annual pilgrimage season. By the sixth century C.E., Mecca was home to people from various tribes and clans as well as an assortment of individual outlaws, exiles, refugees, and foreign merchants, but much of its growing wealth was concentrated in the hands of a few ruling Quraysh families.

Furthermore, Arabia was located on the periphery of two established and rival civilizations of that time — the Byzantine Empire, heir to the Roman world, and the Sassanid Empire, heir to the imperial traditions of old Persia. This location, coupled with long-distance trade, ensured some familiarity with the larger world, particularly in the cities and settled farming regions of the peninsula. Many Jews and Christians as well as some Zoroastrians lived among the Arabs, and their monotheistic ideas became widely known. By the time of Muhammad, most of the settled Arabs had acknowledged the preeminent position of Allah, the supreme god of the Arab pantheon, although they usually found the lesser gods, including the three daughters of Allah, far more accessible. Moreover, they increasingly identified Allah with Yahweh, the Jewish High God, and regarded themselves too as “children of Abraham.” A few Arabs were beginning to explore the possibility that Allah/Yahweh was the only God and that the many others, residing in the Kaaba and in shrines across the peninsula, were nothing more than “helpless and harmless idols.”

To an outside observer around 600, it might well have seemed that Arabs were moving toward Judaism religiously or that Christianity, the most rapidly growing religion in western Asia, would encompass Arabia as well. Any such expectations, however, were thoroughly confounded by the dramatic events of the seventh century.

The Messenger and the Message

The catalyst for those events and for the birth of this new religion was a single individual, Muhammad Ibn Abdullah (570–632 C.E.), who was born in Mecca to a Quraysh family. As a young boy, Muhammad lost his parents, came under the care of an uncle, and worked as a shepherd to pay his keep. Later he became a trader and traveled as far north as Syria. At the age of twenty-five, he married a wealthy widow, Khadija, herself a prosperous merchant, with whom he fathered six children. A highly reflective man deeply troubled by the religious corruption and social inequalities of Mecca, he often undertook periods of withdrawal and meditation in the arid mountains outside the city. There, like the Buddha and Jesus, Muhammad had a powerful, overwhelming religious experience that left him convinced, albeit reluctantly, that he was Allah’s messenger to the Arabs, commissioned to bring to them a scripture in their own language.

According to Muslim tradition, the revelations began in 610 and continued periodically over the next twenty-two years. Those revelations, recorded in the Quran, became the sacred scriptures of Islam, which to this day Muslims everywhere regard as the very words of God and the core of their faith. Intended to be recited rather than simply read for information, the Quran, Muslims claim, when heard in its original Arabic, conveys nothing less than the very presence of the divine. Its unmatched poetic beauty, miraculous to Muslims, convinced many that it was indeed a revelation from God. One of the earliest converts testified to its power: “When I heard the Quran, my heart was softened and I wept and Islam entered into me.” (See Document 11.1, pp. 502–04 for selections from the Quran.)
In its Arabian setting, the Quran’s message, delivered through Muhammad, was revolutionary. Religiously, it was radically monotheistic, presenting Allah as the only God, the all-powerful Creator, good, just, and merciful. It rejected as utterly false and useless the many gods housed in the Kaaba and scorned the Christian notion of the Trinity. Allah was the “Lord sustainer of the worlds, the Compassionate, the Caring, master of the day of reckoning.” Here was an exalted conception of the Deity that drew heavily on traditions of Jewish and Christian monotheism. As “the Messenger of God,” Muhammad presented himself in the line of earlier prophets—Abraham, Moses, Jesus, and many others. He was the last, “the seal of the prophets,” bearing God’s final revelation to humankind. It was not so much a call to a new faith as an invitation to return to the old and pure religion of Abraham from which Arabs, Jews, and Christians alike had deviated.

Submission to Allah (“Muslim” means “one who submits”) was the primary obligation of believers and the means of achieving a place in paradise after death. According to the Quran, however, submission was not merely an individual or spiritual act, for it involved the creation of a whole new society. Over and again, the Quran denounced the prevailing social practices of an increasingly prosperous Mecca: the hoarding of wealth, the exploitation of the poor, the charging of high rates of interest on loans, corrupt business deals, the abuse of women, and the neglect of the widows and orphans. Like the Jewish prophets of the Old Testament, the Quran demanded social justice and laid out a prescription for its implementation. It sought a return to the older values of Arab tribal life—solidarity, equality, concern for the poor—which had been undermined, particularly in Mecca, by growing wealth and commercialism.

The message of the Quran challenged not only the ancient polytheism of Arab religion and the social injustices of Mecca but also the entire tribal and clan structure of Arab society, which was so prone to war, feuding, and violence. The just and moral society of Islam was the Uma, the community of all believers, replacing tribal, ethnic, or racial identities. Such a society would be a “witness over the nations,” for according to the Quran, “You are the best community evolved for mankind, enjoining what is right and forbidding what is wrong.” In this community, women too had an honored and spiritually equal place. “The believers, men and women, are protectors of one another,” declared the Quran. The Uma, then, was to be a new and just community, bound by a common belief, rather than by territory, language, or tribe.

The core message of the Quran—surrendering to the divine—was effectively summarized as a set of five requirements for believers, known as the Pillars of Islam. The first pillar expressed the heart of the Islamic message: “There is no god but Allah, and Muhammad is the messenger of God. “The second pillar was prayer, to be performed five times a day while facing in the direction of Mecca. The accompanying rituals, including cleansing, bowing, kneeling, and prostration, expressed believers’ submission to Allah and provided a frequent reminder, amid the busyness of daily life, that they were living in the presence of the divine. The third pillar, almsgiving, reflected the Quran’s repeated demands for social justice by requiring believers to give generously to support the poor and needy of the community. The fourth pillar established a month of fasting during Ramadan, which meant abstaining from food, drink, and sexual relations from the first light of dawn to sundown. It provided an occasion for self-purification and a reminder of the needs of the hungry. The fifth pillar encouraged a pilgrimage to Mecca, known as the hajj, where believers from all over the Islamic world assembled once a year and put on identical simple white clothing as they performed together rituals reminding them of key events in Islamic history. For at least the few days of the hajj, the many worlds of Islam must surely have seemed a single realm.
Muslims, Jews, and Christians  The close relationship of three Middle Eastern monotheistic traditions is illustrated in this fifteenth-century Persian painting, which portrays Muhammad leading Moses, Abraham, and Jesus in prayer. The fire surrounding the prophet’s head represents his religious fervor. The painting reflects the Islamic belief that the revelations granted to Muhammad built upon and completed those given earlier to Jews and Christians. (Bibliothèque nationale de France)

A further requirement for believers, sometimes called the sixth pillar, was “struggle,” or jihad in Arabic. Its more general meaning, which Muhammad referred to as the “greater jihad,” was an interior personal effort of each Muslim against greed and selfishness, a spiritual striving toward living a God-conscious life. In its “lesser” form, the “jihad of the sword,” the Quran authorized armed struggle against the forces of unbelief and evil as a means of establishing Muslim rule and of defending the umma from the threats of infidel aggressors. The understanding and use of the jihad concept has varied widely over the many centuries of Islamic history and remains a matter of controversy among Muslims in the twenty-first century.

**The Transformation of Arabia**

As the revelations granted to Muhammad became known in Mecca, they attracted a small following of some close relatives, a few prominent Meccan leaders, and an assortment of lower-class dependents, freed slaves, and members of poorer clans. Those teachings also soon attracted the vociferous opposition of Mecca’s elite families, particularly those of Muhammad’s own tribe, the Quraysh. Muhammad’s claim to be a “messenger of Allah,” his unyielding monotheism, his call for social reform, his condemnation of Mecca’s business practices, and his apparent disloyalty to his own tribe enraged the wealthy and ruling families of Mecca. So great had this opposition become that in 622 Muhammad and his small band of followers emigrated to the more welcoming town of Yathrib, soon to be called Medina, the city of the
Prophet. This agricultural settlement of mixed Arab and Jewish population had invited Muhammad to serve as an arbitrator of their intractable conflicts. The emigration to Yathrib, known in Arabic as the hijra, was a momentous turning point in the early history of Islam and thereafter marked the beginning of a new Islamic calendar.

The Islamic community, or umma, that took shape in Medina was a kind of “supertribe,” but very different from the traditional tribes of Arab society. Membership was a matter of belief rather than birth, allowing the community to expand rapidly. Furthermore, all authority, both political and religious, was concentrated in the hands of Muhammad, who proceeded to introduce radical changes. Usury was outlawed, tax-free marketplaces were established, and a mandatory payment to support the poor was imposed.

In Medina, Muhammad not only began to create a new society but also declared Islam’s independence from its earlier affiliation with Judaism. In the early years, he had anticipated a warm response from Jews and Christians, based on a common monotheism and prophetic tradition, and had directed his followers to pray facing Jerusalem. But when some Jewish groups allied with his enemies, Muhammad acted harshly to suppress them, exiling some and enslaving or killing others. This was not, however, a general suppression of Jews, since others among them remained loyal to Muhammad’s new state. But the prophet now redirected Muslims’ prayer toward Mecca, essentially declaring Islam an Arab religion, though one with a universal message.

From its base in Medina, the Islamic community rapidly extended its reach throughout Arabia. Early military successes against Muhammad’s Meccan opponents convinced other Arab tribes that the Muslims and their God were on the rise, and they sought to negotiate alliances with the new power. Growing numbers, though not all, converted. The religious appeal of the new faith, its promise of material gain, the end of incessant warfare among feuding tribes, periodic military actions skillfully led by Muhammad, and the Prophet’s willingness to enter into marriage alliances with leading tribes—all of this contributed to the consolidation of Islamic control throughout Arabia. In 630, Muhammad triumphantly and peacefully entered Mecca itself, purging the Kaaba of its idols and declaring it a shrine to the one God, Allah. By the time Muhammad died in 632, most of Arabia had come under the control of this new Islamic state, and many had embraced the new faith.

Thus the birth of Islam differed sharply from that of Christianity. Jesus’ teaching about “giving to Caesar what is Caesar’s and to God what is God’s” reflected the minority and subordinate status of the Jews within the Roman Empire. Early Christians found themselves periodically persecuted by Roman authorities for more than three centuries, requiring them to work out some means of dealing with an often hostile state. The answer lay in the development of a separate church hierarchy and the concept of two coexisting authorities, one religious and one political, an arrangement that persisted even after the state became Christian.

The young Islamic community, by contrast, found itself constituted as a state, and soon a huge empire, at the very beginning of its history. Muhammad was not only a religious figure but also, unlike Jesus or the Buddha, a political and military leader able to implement his vision of an ideal Islamic society. Nor did Islam give rise to a separate religious organization, although tension between religious and political goals frequently generated conflict. No professional clergy mediating between God and humankind emerged within Islam. Teachers, religious scholars, prayer leaders, and judges within an Islamic legal system did not have the religious role that priests held within Christianity. No distinction between religious law and
civil law, so important in the Christian world, existed within the realm of Islam. One law, known as the *sharia*, regulated every aspect of life. The *sharia* (literally, a path to water, which is the source of life) evolved over the several centuries following the birth of this new religion and found expression in a number of separate schools of Islamic legal practice.

In little more than twenty years (610–632), a profound transformation had occurred in the Arabian Peninsula. A new religion had been born, though one that had roots in earlier Jewish, Christian, and Zoroastrian traditions. A new and vigorous state had emerged, bringing peace to the warring tribes of Arabia. Within that state, a distinctive society had begun to take shape, one that served ever after as a model for Islamic communities everywhere. In his farewell sermon, Muhammad described the outlines of this community:

> All mankind is from Adam and Eve, an Arab has no superiority over a non-Arab nor a non-Arab has any superiority over an Arab; also a white has no superiority over a black nor a black has any superiority over a white—except by piety and good action. Learn that every Muslim is a brother to every Muslim and that the Muslims constitute one brotherhood. 

### The Making of an Arab Empire

It did not take long for the immense transformations occurring in Arabia to have an impact beyond the peninsula. In the centuries that followed, the energies born of those vast changes profoundly transformed much of the Afro-Eurasian world. The new Arab state became a huge empire, encompassing all or part of Egyptian, Roman/Byzantine, Persian, Mesopotamian, and Indian civilizations. The Islamic faith spread widely within and outside that empire. So too did the culture and language of Arabia, as many Arabs migrated far beyond their original homeland and many others found it advantageous to learn Arabic. From the mixing and blending of these many peoples emerged the new and distinctive third-wave civilization of Islam, bound by the ties of a common faith but divided by differences of culture, class, politics, gender, and religious understanding. These enormously consequential processes—the making of a new religion, a new empire, and a new civilization—were central to world history during the postclassical millennium.

### War and Conquest

Within a few years of Muhammad’s death in 632, Arab armies engaged the Byzantine and Persian Sassanid empires, the great powers of the region. It was the beginning of a process that rapidly gave rise to an Islamic/Arab empire that stretched from Spain to India, penetrating both Europe and China and governing most of the lands between them (see Map 11.1). In creating that empire, Arabs were continuing a long pattern of tribal raids into surrounding civilizations, but now the Arabs were newly organized in a state of their own with a central command able to mobilize the military potential of the entire Arab population. The Byzantine and Persian empires, weakened by decades of war with each other and by internal revolts, continued to view the Arabs as a mere nuisance rather than a serious threat. But the Sassanid Empire was defeated by Arab forces during the 650s, while Byzantium soon lost the southern half of its territories. Beyond these victories, Arab forces, operating on both land and sea, swept westward across North Africa, conquered Spain in the early 700s, and attacked southern France. To the east, Arab forces reached the Indus River and seized some of the major oases towns of Central Asia. In 751, Arab armies inflicted a crushing defeat on Chinese forces in the Battle of Talas River, which had lasting consequences for the cultural evolution of Asia, for it checked the further expansion of China to the west and made possible the conversion to Islam of Central Asia’s Turkic-speaking people.
The motives driving the creation of the Arab Empire were in many ways similar to those of other empires. The merchant leaders of the new Islamic community wanted to capture profitable trade routes and wealthy agricultural regions. Individual Arabs found in military expansion a route to wealth and social promotion. The need to harness the immense energies of the Arabian transformation was also important. The fragile unity of the umma threatened to come apart after Muhammad’s death, and external expansion provided a common task for the community.

Also apparent in the making of the Arab Empire was a distinctly religious dimension. To the Arabs themselves, the only possible explanation for their amazing, indeed miraculous, success was that “God gave us the victory over them, allowing us to take their countries and to settle in their lands, their homes, and their property, we having no strength or force other than the truth.”

Many viewed the mission of empire in terms of jihad, bringing righteous government to the peoples they conquered, but this did not mean imposing Islam on individuals at the point of a sword. Initially, Arabs regarded Islam as a revelation uniquely their own and discouraged conversion. By the middle of the eighth century, however, they had come to view it as a universal religion actively seeking converts, but even then they recognized Jews, Christians, and Zoroastrians as “people of the book,” giving them the status of shimmies (protected subjects). Such people were permitted to freely practice their own religion, so long as they paid a special tax known as the jizya. Theoretically the tax was a substitute for military service, supposedly forbidden to non-Muslims. In practice, many dhimmis served in the highest offices within Muslim kingdoms and in their armies as well.

In other ways too, the Arab rulers of an expanding empire sought to limit the disruptive impact of conquest. To prevent indiscriminate destruction and exploitation of conquered peoples, occupying Arab armies were restricted to garrison towns, segregated from the native population. Local elites and bureaucratic structures were incorporated into the new Arab Empire. Nonetheless, the empire worked many changes on its subjects, the most enduring of which was the mass conversion of Middle Eastern peoples to Islam.

**Conversion to Islam**

For some people, no doubt, converting to Islam was or subsequently became a matter of profound spiritual or psychological transformation, but far more often, at least initially, it was “social conversion,” defined as “movement from one religiously defined social community to another.” It happened at various rates and in different ways, but in the four centuries or so after the death of Muhammad, millions of individuals and many whole societies within the Arab Empire found their cultural identity bound up with a belief in Allah and the message of his prophet. They had become Muslims. How had this immense cultural change occurred?

In some ways, perhaps, the change was not so dramatic, as major elements of Islam — monotheism; ritual prayer and cleansing ceremonies; fasting; divine revelation; the ideas of heaven, hell, and final judgment—were quite familiar to Jews, Christians, and Zoroastrians. Furthermore, Islam was from the beginning associated with the sponsorship of a powerful state,
quite unlike the experience of early Buddhism or Christianity. Conquest called into question the power of old gods, while the growing prestige of the Arab Empire attracted many to Allah. Although deliberately forced conversion was rare, living in an Islamic-governed state provided a variety of incentives for claiming Muslim identity. Slaves and prisoners of war were among the early converts, particularly in Persia. Converts could also avoid the jizya, the tax imposed on non-Muslims. In Islam, merchants found a religion friendly to commerce, and in the Arab Empire they enjoyed a huge and secure arena for trade. People aspiring to official positions found conversion to Islam an aid to social mobility.

Conversion was not an automatic or easy process. Vigorous resistance delayed conversion for centuries among the Berbers of North Africa; a small group of zealous Spanish Christians in the ninth century provoked their own martyrdom by publicly insulting the Prophet; and some Persian Zoroastrians fled to avoid Muslim rule. More generally, though, a remarkable and lasting religious transformation occurred throughout the Arab Empire. In Persia, for example, between 750 and 900, about 80 percent of the population had made the transition to a Muslim religious identity, while retaining their own ancient language. In places where large-scale Arab migration had occurred, such as Egypt, North Africa, and Iraq, Arabic culture and language, as well as the religion of Islam, took hold. Such areas are today both Muslim and Arab, while Iran, Turkey, and Pakistan, for example, have “Islamized” without “Arabizing.”

**Divisions and Controversies**

The ideal of a unified Muslim community, so important to Muhammad, proved difficult to realize as conquest and conversion vastly enlarged the Islamic umma. A central problem was that of leadership and authority in the absence of Muhammad’s towering presence. Who should hold the role of caliph, the successor to Muhammad as the political leader of the umma, the protector and defender of the faith? That issue crystallized a variety of emerging conflicts within the Islamic world—between early and later converts, among various Arab tribes and factions, between Arabs and non-Arabs, between privileged and wealthy rulers and their far less fortunate subjects. Many of these political and social conflicts found expression in religious terms as various understandings of the Quran and of Muhammad’s life and teachings took shape within the growing Islamic community.

The first four caliphs, known among most Muslims as the Rightly Guided Caliphs (632–661), were close “companions of the Prophet,” selected by the Muslim elders of Medina. Division surfaced almost immediately as a series of Arab tribal rebellions and new “prophets” persuaded the first caliph, Abu Bakr, to suppress them forcibly. The third and fourth caliphs, Uthman and Ali, were both assassinated, and by 656, less than twenty-five years after Muhammad’s death, civil war pitted Muslim against Muslim.

Out of that conflict emerged one of the deepest and most enduring rifts within the Islamic world. On one side were the Sunni Muslims, who held that the caliphs were rightful political and military leaders, selected by the Islamic community. On the other side of this sharp divide was the Shia (an
Arabic word meaning “party” or “faction”) branch of Islam. Its adherents felt strongly that leadership in the Islamic world should derive from the line of Ali and his son Husayn, blood relatives of Muhammad, both of whom died at the hands of their political or religious enemies.

In the beginning, therefore, this divide was simply a political conflict without serious theological or religious meaning, but over time the Sunni/Shia split acquired deeper significance. For Sunni Muslims, religious authority in general emerged from the larger community, particularly from the religious scholars known as ulama. Shia Muslims, on the other hand, invested their leaders, known as imams, with a religious authority that the caliphs lacked, allowing them to infallibly interpret divine revelation and law. For much of early Islamic history, Shia Muslims saw themselves as the minority opposition within Islam. They felt that history had taken a wrong turn and that they were “the defenders of the oppressed, the critics and opponents of privilege and power,” while the Sunnis were the advocates of the established order. Various armed revolts by Shias over the centuries, most of which failed, led to a distinctive conception of martyrdom and to the expectation that their defeated leaders were merely in hiding and not really dead and that they would return in the fullness of time. Thus a messianic element entered Shia Islam. The Sunni/Shia schism was a lasting division in the Islamic world, reflected in conflicts among various Islamic states, and was exacerbated by further splits among the Shia. Those divisions echo still in the twenty-first century.
Located in Mecca, this stone structure covered with a black cloth and known as the Kaaba was originally home to the numerous deities of pre-Islamic Arabia. Cleansed by Muhammad, it became the sacred shrine of Islam and the destination of countless pilgrims undertaking the hajj. Part of that ritual involves circling the Kaaba seven times, as shown here in a photograph from 2004. (Dan Mohiuddin, photographer)

As the Arab Empire grew, its caliphs were transformed from modest Arab chiefs into absolute monarchs of the Byzantine or Persian variety, complete with elaborate court rituals, a complex bureaucracy, a standing army, and centralized systems of taxation and coinage. They were also subject to the dynastic rivalries and succession disputes common to other empires. The first dynasty, following the era of the Rightly Guided Caliphs, came from the Umayyad family (ruled 661–750). Under its rule, the Arab Empire expanded greatly, caliphs became hereditary rulers, and the capital moved from Medina to the cosmopolitan Roman/Byzantine city of Damascus in Syria. Its ruling class was an Arab military aristocracy, drawn from various tribes. But Umayyad rule provoked growing criticism and unrest. The Shia viewed the Umayyad caliphs as illegitimate usurpers, and non-Arab Muslims resented their second-class citizenship in the empire. Many Arabs protested the luxurious living and impiety of their rulers. The Umayyads, they charged, “made God’s servants slaves, God’s property something to be taken by turns among the rich, and God’s religion a cause of corruption.”13
Such grievances lay behind the overthrow of the Umayyads in 750 and their replacement by a new Arab dynasty, the Abbasids. With a splendid new capital in Baghdad, the Abbasid caliphs presided over a flourishing and prosperous Islamic civilization in which non-Arabs, especially Persians, now played a prominent role. Persian influence was reflected in a new title for the caliph, “the shadow of God on earth.” Persian became the language of elite culture in the eastern Islamic lands; Persian poetry, painting, architecture, and court rituals were widely imitated. (See Visual Sources: Islamic Civilization in Persian Miniature Paintings, pp. 512–19, for examples of Persian miniature painting.) But the political unity of the Abbasid Empire did not last long. Beginning in the mid-ninth century, many local governors or military commanders effectively asserted the autonomy of their regions, while still giving formal allegiance to the caliph in Baghdad. Long before Mongol conquest put an official end to the Abbasid Empire in 1258, the Islamic world had fractured politically into a series of “sultanates,” many ruled by Persian or Turkish military dynasties.

A further tension within the world of Islam, though seldom a violent conflict, lay in different answers to the central question: What does it mean to be a Muslim, to submit wholly to Allah? That question took on added urgency as the expanding Arab Empire incorporated various peoples and cultures that had been unknown during Muhammad’s lifetime. One answer lay in the development of the sharia (see Document 11.3, pp. 506–09), the body of Islamic law developed by religious scholars, the ulama, primarily in the eighth and ninth centuries.

Based on the Quran, the life and teachings of Muhammad, deductive reasoning, and the consensus of scholars, the emerging sharia addressed in great detail practically every aspect of religious and social life. It was a blueprint for an authentic Islamic society, providing detailed guidance for prayer and ritual cleansing; marriage, divorce, and inheritance; business and commercial relationships; the treatment of slaves; political life; and much more. Debates among the ulama led to the creation of four schools of law among Sunni Muslims and still others in the lands of Shia Islam. To the ulama and their followers, living as a Muslim meant following the sharia and thus participating in the creation of an Islamic society.

A second and quite different understanding of the faith emerged among those who saw the worldly success of Islamic civilization as a distraction and deviation from the purer spirituality of Muhammad’s time. Known as Sufis, they represented Islam’s mystical dimension, in that they sought a direct and personal experience of the divine. Through renunciation of the material world, meditation on the words of the Quran, chanting the names of God, the use of music and dance, the veneration of Muhammad and various “saints,” Sufis pursued the taming of the ego and spiritual union with Allah. To describe that inexpressible experience, they often resorted to metaphors of drunkenness or the embrace of lovers. “Stain your prayer rug with wine,” urged the famous Sufi poet Hafiz, referring to the intoxication of the believer with the divine presence. Rabia, an eighth-century woman and Sufi master, conveyed something of the fervor of early Sufi devotion in her famous prayer:

O my Lord, if I worship Thee from fear of Hell, burn me in Hell; and if I worship Thee from hope of Paradise, exclude me thence; but if I worship Thee for Thine own sake, then withhold not from me Thine Eternal Beauty.  

This mystical tendency in Islamic practice, which became widely popular by the ninth and tenth centuries, was sharply critical of the more scholarly and legalistic practitioners of the sharia. To Sufis, establishment teachings about the law and correct behavior, while useful for daily living, did little to bring the believer into the presence of God. For some, even the Quran had its limits. Why spend time reading a love letter
(the Quran), asked one Sufi master, when one might be in the very presence of the Beloved who wrote it? Furthermore, they felt that many of the ulama had been compromised by their association with worldly and corrupt governments. Sufis therefore often charted their own course to God, implicitly challenging the religious authority of the ulama. For these orthodox religious scholars, Sufi ideas and practice verged on heresy, as Sufis claimed to be one with God, to receive new revelations, or to incorporate religious practices from outside the Islamic world.

Despite their differences, the legalistic emphasis of the ulama and Sufi spirituality never became irreconcilable versions of Islam. A major Islamic thinker, al-Ghazali (1058–1111), himself both a legal scholar and a Sufi practitioner, in fact worked out an intellectual accommodation among different strands of Islamic thought. Rational philosophy alone could never enable believers to know Allah, he argued. Nor were revelation and the law sufficient, for Muslims must know God in their hearts, through direct personal encounter with Allah. Thus al-Ghazali incorporated Sufism into mainstream Islamic thinking. Nonetheless, differences in emphasis remained an element of tension and sometimes discord within the world of Islam.

**Women and Men in Early Islam**

What did the rise of Islam and the making of the Arab Empire mean for the daily lives of women and their relationship with men? Virtually every aspect of this question has been and remains highly controversial. The debates begin with the Quran itself. Did its teachings release women from earlier restrictions, or did they impose new limitations? At the level of spiritual life, the Quran was quite clear and explicit: men and women were equal.

Those who surrender themselves to Allah and accept the true faith; who are devout, sincere, patient, humble, charitable, and chaste; who fast and are ever mindful of Allah — on these, both men and women, Allah will bestow forgiveness and rich reward.

But in social terms, and especially within marriage, the Quran, like the written texts of almost all civilizations, viewed women as inferior and subordinate:

Men have authority over women because Allah has made the one superior to the other, and because they spend their wealth to maintain them. Good women are obedient. They guard their unseen parts because Allah has guarded them. As for those from whom you fear disobedience, admonish them and send them to beds apart and beat them. Then if they obey you, take no further action against them.

More specifically, the Quran provided a mix of rights, restrictions, and protections for women. The earlier Arab practice of female infanticide, for example, was forbidden. Women were given control over their own property, particularly their dowries, and were granted rights of inheritance, but at half the rate of their male counterparts. Marriage was considered a contract between consenting parties, thus making marriage by capture illegitimate. Within marriage, women were expected to enjoy sexual satisfaction and could sue for divorce if they had not had sexual relations for more than four months. Divorce was thus possible for both parties, although it was far more readily available for men. The practice of taking multiple husbands, which operated in some pre-Islamic Arab tribes, was prohibited, while polygyny (the practice of having multiple wives) was permitted, though more clearly regulated than before. Men were limited to four wives and required to treat each of them equally. The difficulty of doing so has been interpreted by some
as virtually requiring monogamy. Men were, however, permitted to have sexual relations with female slaves, but any children born of those unions were free, as was the mother once her owner died. Furthermore, men were strongly encouraged to marry orphans, widows, and slaves.

Such Quranic prescriptions were but one factor shaping the lives of women and men. At least as important were the long-established practices of the societies into which Islam spread and the growing sophistication, prosperity, and urbanization of Islamic civilization. As had been the case in Athens and China during their “golden ages,” women, particularly in the upper classes, experienced growing restrictions as Islamic civilization flourished culturally and economically in the Abbasid era. In early Islamic times, a number of women played visible public roles, particularly Muhammad’s youngest wife, Aisha. Women prayed in the mosques, although separately, standing beside the men. Nor were women generally veiled or secluded. As the Arab empire grew in size and splendor, however, the position of women became more limited. The second caliph, Umar, asked women to offer prayers at home. Now veiling and the seclusion of women became standard practice among the upper and ruling classes, removing them from public life. Separate quarters within the homes of the wealthy were the domain of women, from which they could emerge only completely veiled. The caliph Mansur (ruled 754–775) carried this separation of the sexes even further when he ordered a separate bridge for women to be built over the Euphrates in the new capital of Baghdad. Such seclusion was less possible for lower-class women, who lacked the servants of the rich and had to leave the home for shopping or work.

Such practices derived far more from established traditions of Middle Eastern cultures than from the Quran itself, but they soon gained an Islamic rationale in the writings of Muslim thinkers. The famous philosopher and religious scholar al-Ghazali clearly saw a relationship between Muslim piety and the separation of the sexes:
It is not permissible for a stranger to hear the sound of a pestle being pounded by a woman he does not know. If he knocks at the door, it is not proper for the woman to answer him softly and easily because men’s hearts can be drawn to [women] for the most trifling [reason]....However, if the woman has to answer the knock, she should stick her finger in her mouth so that her voice sounds like that of an old woman.18

Other signs of a tightening patriarchy—such as “honor killing” of women by their male relatives for violating sexual taboos and, in some places, clitorectomy (female genital cutting)—likewise derived from local cultures, with no sanction in the Quran or Islamic law. Where they were practiced, such customs often came to be seen as Islamic, but they were certainly not limited to the Islamic world. In many cultures, concern with family honor, linked to women’s sexuality, dictated harsh punishments for women who violated sexual taboos.

Negative views of women, presenting them variously as weak, deficient, and a sexually charged threat to men and social stability, emerged in the hadiths, traditions about the sayings or actions of Muhammad, which became an important source of Islamic law. (See Document 11.2, pp. 505–06, for examples of hadiths.) A changing interpretation of the Adam and Eve story illustrates the point. In the Quran, equal blame attaches to both of them for yielding to the temptation of Satan, and both alike ask for and receive God’s forgiveness. Nothing suggests that Eve tempted or seduced Adam into sin. In later centuries, however, several hadiths and other writings took up Judeo-Christian versions of the story that blamed Eve, and thus women in general, for Adam’s sin and for the punishment that followed, including expulsion from the garden and pain in childbirth.19

Even as women faced growing restrictions in society generally, Islam, like Buddhism and Christianity, also offered new outlets for them in religious life. The Sufi practice of mystical union with Allah allowed a greater role for women than did mainstream Islam. Some Sufi orders had parallel groups for women, and a few welcomed women as equal members. Within the world of Shia Islam, women teachers of the faith were termed mullahs, the same as their male counterparts. Islamic education, either in the home or in Quranic schools, allowed some to become literate and a few to achieve higher levels of learning. Visits to the tombs of major Islamic figures as well as the ritual of the public bath provided some opportunity for women to interact with other women beyond their own family circle.

**Islam and Cultural Encounter: A Four-Way Comparison**

In its earliest centuries, the rapid spread of Islam had been accompanied by the creation of an immense Arab Empire, very much in the tradition of earlier Mediterranean and Middle Eastern empires. By the eleventh century, however, little political unity remained, and in 1258 even the powerless symbol of that earlier unity vanished as Mongol forces sacked Baghdad and killed the last Abbasid caliph. But even as the empire disintegrated, the civilization that was born within it grew and flourished. Perhaps the most significant sign of a flourishing Islamic civilization was the continued spread of the religion both within and beyond the boundaries of a vanishing Arab Empire (see Map 11.2), although that process differed considerably from place to place. The examples of India, Anatolia, West Africa, and Spain illustrate the various ways that Islam penetrated these societies as well as the rather different outcomes of these epic cultural encounters.
The Case of India

In South Asia, Islam found a permanent place in a long-established civilization as invasions by Turkic-speaking warrior groups from Central Asia, recently converted to Islam, brought the faith to India. Thus the Turks became the third major carrier of Islam, after the Arabs and Persians, as their conquests initiated an enduring encounter between Islam and a Hindu-based Indian civilization. Beginning around 1000, those conquests gave rise to a series of Turkic and Muslim regimes that governed much of India until the British takeover in the eighteenth and nineteenth centuries. The early centuries of this encounter were violent indeed, as the invaders smashed Hindu and Buddhist temples and carried off vast quantities of Indian treasure. With the establishment of the Sultanate of Delhi in 1206, Turkic rule became more systematic, although their small numbers and internal conflicts allowed only a very modest penetration of Indian society.

In the centuries that followed, substantial Muslim communities emerged in India, particularly in regions less tightly integrated into the dominant Hindu culture. Disillusioned Buddhists as well as low-caste Hindus and untouchables found the more egalitarian Islam attractive. So did peoples just beginning to make the transition to settled agriculture. Others benefited from converting to Islam by avoiding the tax imposed on non-Muslims. Sufis were particularly important in facilitating conversion, for India had always valued “god-filled men” who were detached from worldly affairs. Sufi missionaries, willing to accommodate local gods and religious festivals, helped to develop a “popular Islam” that was not always so sharply distinguished from Hinduism.

Unlike the earlier experience of Islam in the Middle East, North Africa, and Persia, where it rapidly became the dominant faith, in India it was never able to claim more than 20 to 25 percent of the total population. Furthermore, Muslim communities were especially concentrated in the Punjab and Sind regions of northwestern India and in Bengal to the east. The core regions of Hindu culture in the northern Indian plain were not seriously challenged by the new faith, despite centuries of Muslim rule. One reason perhaps lay in the sharpness of the cultural divide between Islam and Hinduism. Islam was the most radically monotheistic of the world’s religions, forbidding any representation of Allah, while Hinduism was surely among the most prolifically polytheistic, generating endless statues and images of the divine in many forms. The Muslim notion of the equality of all believers contrasted sharply with the hierarchical assumptions of the caste system. The sexual modesty of Muslims was deeply offended by the open eroticism of some Hindu religious art.

Although such differences may have limited the appeal of Islam in India, they also may have prevented it from being absorbed into the tolerant and inclusive embrace of Hinduism as had so many other religious ideas, practices, and communities. The religious exclusivity of Islam, born of its firm monotheistic belief and the idea of a unique revelation, set a boundary that the great sponge of Hinduism could not completely absorb.

Certainly not all was conflict across that boundary. Many prominent Hindus willingly served in the political and military structures of a Muslim-ruled India. Mystical seekers after the divine blurred the distinction between Hindu and Muslim, suggesting that God was to be found “neither in temple nor in mosque.” “Look within your heart,” wrote the great fifteenth-century mystic poet Kabir, “for there you will find both [Allah] and Ram [a famous Hindu deity].” In fact, during the early sixteenth century, a new and distinct religious tradition emerged in India, known as Sikhism, which blended elements of Islam, such as devotion to one universal God, with Hindu concepts, such as karma and rebirth. “There is
no Hindu and no Muslim. All are children of God,” declared Guru Nanak (1469–1539), the founder of Sikhism.

Nonetheless, Muslims usually lived quite separately, remaining a distinctive minority within an ancient Indian civilization, which they now largely governed but which they proved unable to completely transform.

**The Case of Anatolia**

At the same time that India was being subjected to Turkic invasion, so too was Anatolia (now modern Turkey), where the largely Christian and Greek-speaking population was then governed by the Byzantine Empire (see Maps 11.1 and 11.3). Here, as in India, the invaders initially wreaked havoc as Byzantine authority melted away in the eleventh century. Sufi missionaries likewise played a major role in the process of conversion. The outcome, however, was a far more profound cultural transformation than in India. By 1500, the population was 90 percent Muslim and largely Turkic-speaking, and Anatolia was the heartland of the powerful Turkish Ottoman Empire that had overrun Christian Byzantium. Why did the Turkic intrusion into Anatolia generate a much more thorough Islamization than in India?

One factor clearly lies in a very different demographic balance. The population of Anatolia—perhaps 8 million—was far smaller than India’s roughly 48 million people, but far more Turkic-speaking peoples settled in Anatolia, giving them a much greater cultural weight than the smaller colonizing force in India. Furthermore, the disruption of Anatolian society was much more extensive. Massacres, enslavement, famine, and flight led to a sharp drop in the native population. The Byzantine state had been fatally weakened. Church properties were confiscated, and monasteries were destroyed or deserted. Priests and bishops were sometimes unable to serve their congregations. Christians, though seldom forced to convert, suffered many discriminations. They had to wear special clothing and pay special taxes, and they were forbidden to ride saddled horses or carry swords. Not a few Christians came to believe that these disasters represented proof that Islam was the true religion. Thus Byzantine civilization in Anatolia, focused on the centralized institutions of church and state, was rendered leaderless and dispirited, whereas India’s decentralized civilization, lacking a unified political or religious establishment, was better able to absorb the shock of external invasion while retaining its core values and identity.

The Turkish rulers of Anatolia built a new society that welcomed converts and granted them material rewards and opportunity for high office. Moreover, the cultural barriers to conversion were arguably less severe than in India. The common monotheism of Islam and Christianity, and Muslim respect for Jesus and the Christian scriptures, made conversion easier than crossing the great gulf between Islam and Hinduism. Such similarities lent support to the suggestion of some Sufi teachers that the two religions were but different versions of the same faith. Sufis also established schools, mills, orchards, hospices, and rest places for travelers and thus replaced the destroyed or decaying institutions of Christian Anatolia. All of this contributed to the thorough religious transformation of Anatolia and laid a foundation for the Ottoman Empire, which by 1500 became the most impressive and powerful state within the Islamic world (see Map 11.3).

But the Islamization of Anatolia occurred within a distinctly Turkish context. A Turkish language, not Arabic, pre-dominated. Some Sufi religious practices, such as ecstatic turning dances, derived from Central Asian Turkic shamanism (see Visual Source 8.5,p.376). And Turkic traditions offering a freer,
more gender-equal life for women, common among pastoral people, persisted well after conversion to Islam, much to the distress of the Arab Moroccan visitor Ibn Battuta during his travels among them in the fourteenth century: “A remarkable thing that I saw...was the respect shown to women by the Turks, for they hold a more dignified position than the men....The windows of the tent are open and her face is visible, for the Turkish women do not veil themselves.” 23 He was not pleased.

The Case of West Africa

Still another pattern prevailed in West Africa. Here Islam accompanied Muslim traders across the Sahara rather than being brought by invading Arab or Turkic armies. Its acceptance in the emerging civilization of West African states in the centuries after 1000 was largely peaceful and voluntary, lacking the incentives associated elsewhere with foreign conquest. Introduced by Muslim merchants from an already Islamized North Africa, the new faith was accepted primarily in the urban centers of the West African empires—Ghana, Mali, Songhay, Kanem-Bornu, and others (see Map 11.4). For African merchant communities, Islam provided an important link to Muslim trading partners, much as Buddhism had done in Southeast Asia. For the monarchs and their courts, it offered a source of literate officials to assist in state administration as well as religious legitimacy, particularly for those who gained the prestige conferred by a pilgrimage to Mecca. Islam was a world religion with a single Creator-God, able to comfort and protect people whose political and economic horizons had expanded well beyond the local realm where ancestral spirits and traditional deities might be effective. It had a religious appeal for societies that were now participating in a wider world.

By the sixteenth century, a number of West African cities had become major centers of Islamic religious and intellectual life, attracting scholars from throughout the Muslim world. Timbuktu boasted more than 150 lower-level Quranic schools and several major centers of higher education with thousands of students from all over West Africa and beyond. Libraries held tens of thousands of books and scholarly manuscripts. Monarchs subsidized the construction of mosques as West Africa became an integral part of a larger Islamic world. Arabic became an important language of religion, education, administration, and trade, but it did not become the dominant language of daily life. Nor did West Africa experience the massive migration of Arab peoples that had promoted the Arabization of North Africa and the Middle East. Moreover, in contrast to India and Anatolia, Sufi holy men played little role until at least the eighteenth century. Scholars, merchants, and rulers, rather than mystic preachers, initially established Islam in West Africa.

Islam remained the culture of urban elites and spread little into the rural areas of West Africa until the nineteenth century. No thorough religious transformation occurred in West Africa as it had in Anatolia. Although many rulers adopted Islam
This mosque in the city of Jenne, initially constructed in the thirteenth century, illustrates the assimilation of Islam into West African civilization. 

(Pictured Images)

they governed people who steadfastly practiced African religions and whose sensibilities they had to respect if social peace were to prevail. Thus they made few efforts to impose the new religion on their rural subjects or to govern in strict accordance with Islamic law. The fourteenth-century Arab visitor Ibn Battuta was appalled that practicing Muslims in Mali permitted their women to appear in public almost naked and to mingle freely with unrelated men. “The association of women with men is agreeable to us,” he was told, “and a part of good conduct to which no suspicion attaches. They are not like the women of your country.”

Ibn Battuta also noted with disapproval a “dance of the masks” on the occasion of an Islamic festival and the traditional practice of sprinkling dust on their heads as a sign of respect for the king. (See Document 8.3, pp. 362–65, for a fuller account of Ibn Battuta’s travels in West Africa.) Sonni Ali, a fifteenth-century ruler of Songhay, observed Ramadan and built mosques, but he also consulted traditional diviners and performed customary sacrifices. In such ways, Islam became Africanized even as parts of Africa became Islamized.

**The Case of Spain**

The chief site of Islamic encounter with Catholic Europe occurred in Spain (called al-Andalus by Muslims), which was conquered by Arab and Berber forces in the early eighth century during the first
wave of Islamic expansion. But there, Islam did not overwhelm Christianity as it did later in Anatolia. In fact, Muslim Spain in the several centuries that followed conquest has often been portrayed as a vibrant civilization characterized by harmony and tolerance between its Muslim rulers and its Christian and Jewish subjects.

Certainly Spain’s agricultural economy was the most prosperous in Europe during the ninth and tenth centuries, and at that time its capital of Córdoba was among the largest and most splendid cities in the world. Muslims, Christians, and Jews alike contributed to a brilliant high culture in which astronomy, medicine, the arts, architecture, and literature flourished. It was largely from Spain that the rich heritage of Islamic learning became available to Christian Europe.

Furthermore, social relationships among upper-class members of different faiths were easy and frequent. More than a few Christians converted to Islam, and many others, known as Mozarabs (would-be Arabs), learned Arabic, veiled their women, stopped eating pork, appreciated Arabic music and poetry, and sometimes married Muslims. One Christian bishop complained that Spanish Christians knew the rules of Arabic grammar better than those of Latin. During the reign of Abd al-Rahman III (912–961), freedom of worship was declared as well as the opportunity for all to rise in the bureaucracy of the state.

Even assimilated or Arabized Christians, however, remained infidels in the eyes of their Muslim counterparts, and by the late tenth century the era of toleration began to erode. Warfare with the remaining Christian states in northern Spain picked up in the tenth and eleventh centuries, and more puritanical and rigid forms of Islam entered Spain from North Africa. In these circumstances, the golden age of religious harmony faded. Under the rule of Abu Amir al-Mansur (981–1002), an official policy of tolerance turned to one of overt persecution against Christians, which now included the plundering of churches. Social life also changed. Devout Muslims avoided contact with Christians; Christian homes had to be built lower than those of Muslims; priests were forbidden to carry a cross or a Bible, lest they offend Muslim sensibilities; and Mozarabs were permitted to live only in particular places. Thus, writes one scholar, “the era of harmonious interaction between Muslim and Christian in Spain came to an end, replaced by intolerance, prejudice, and mutual suspicion.”

That intolerance was perpetuated as the Christian reconquest of Spain gained ground after 1200. Many Muslims were then forced out of Spain, while those who remained could no longer give the call to prayer, go on pilgrimage, or publicly practice their faith. When the reconquest was completed in 1492, all Jews, some 200,000 of them, were likewise expelled from the country. Thus, as Christianity was displaced by Islam in Anatolia, the opposite process was taking place in Spain, though with far less tolerance for other religions.

The World of Islam as a New Civilization

As the religion spread and the Abbasid dynasty declined, the civilization of Islam, like Western Christendom and the Hindu world, operated without a single political center, bound more by a shared religious culture than by a shared state. Unlike the other civilizations, however, the Islamic world by 1500 embraced at least parts of virtually every other civilization in the Afro-Eurasian hemisphere. It was in that sense “history’s first truly global civilization,” although the Americas, of course, were not involved. What held the Islamic world together? What enabled many people to feel themselves part of a single civilization despite its political fragmentation, religious controversies, and cultural and regional diversity?
Networks of Faith

At the core of that vast civilization was a common commitment to Islam. No group was more important in the transmission of those beliefs and practices than the ulama. These learned scholars were not “priests” in the Christian sense, for in Islam, at least theoretically, no person could stand between the believer and Allah. Rather they served as judges, interpreters, administrators, prayer leaders, and reciters of the Quran, but especially as preservers and teachers of the sharia. Supported mostly by their local communities, some also received the patronage of sultans, or rulers, and were therefore subject to criticism for corruption and undue submission to state authority. In their homes, mosques, shrines, and Quranic schools, the ulama passed on the core teachings of the faith. Beginning in the eleventh century, formal colleges called madrassas offered more advanced instruction in the Quran and the sayings of Muhammad; grammar and rhetoric; sometimes philosophy, theology, mathematics, and medicine; and, above all else, law. Teaching was informal, mostly oral, and involved much memorization of texts. It was also largely conservative, seeking to preserve an established body of Islamic learning.

The ulama were an “international elite,” and the system of education they created served to bind together an immense and diverse civilization. Common texts were shared widely across the world of Islam. Students and teachers alike traveled great distances in search of the most learned scholars. From Indonesia to West Africa, educated Muslims inhabited a “shared world of debate and reference.”

Paralleling the educational network of the ulama were the emerging religious orders of the Sufis. By the tenth century, particular Sufi shaykhs, or teachers, began to attract groups of disciples who were eager to learn their unique devotional practices and ways of achieving union with Allah. The disciples usually swore eternal allegiance to their teacher and valued highly the chain of transmission by which those teachings and practices had come down from earlier masters. In the twelfth and thirteenth centuries, Sufis began to organize in a variety of larger associations, some limited to particular regions and others with chapters throughout the Islamic world. The Qadiriya order, for example, began in Baghdad but spread widely throughout the Arab world and into sub-Saharan Africa. Sufi orders were especially significant in the frontier regions of Islam because they followed conquering armies or traders into Central and Southeast Asia, India, Anatolia, West Africa, and elsewhere. Their devotional teachings, modest ways of living, and reputation for supernatural powers gained a hearing for the new faith. Their emphasis on personal experience of the divine, rather than on the law, allowed the Sufis to accommodate elements of local belief and practice and encouraged the growth of a popular or blended Islam. But that flexibility also often earned them the enmity of the ulama, who were sharply critical of such deviations from the sharia.

Like the madrassas and the sharia, Sufi religious ideas and institutions spanned the Islamic world and were yet another thread in the cosmopolitan web of Islamic civilization. Particular devotional teachings and practices spread widely, as did the writings of such famous Sufi poets as Hafiz and Rumi. (For the poetry of Rumi, see Document 11.4, pp. 509–10.) Devotees made pilgrimages to the distant tombs of famous teachers, who, they often believed, might intercede with God on their behalf. Wandering Sufis, in search of the wisdom of renowned shaykhs, found fellow seekers and welcome shelter in the compounds of these religious orders.

In addition to the networks of the Sufis and the ulama, many thousands of people, from kings to peasants, made the grand pilgrimage to Mecca—the hajj—each year, no doubt gaining some sense of the umma. There men and women together, hailing from all over the Islamic world, joined as one people to rehearse the central elements of their faith. The claims of local identities based on family, clan, tribe, ethnicity, or
state never disappeared, but now overarching them all was the inclusive unity of the Muslim community.

**Networks of Exchange**

The world of Islamic civilization cohered not only as a network of faith but also as an immense arena of exchange in which goods, technologies, food products, and ideas circulated widely. It rapidly became a vast trading zone of hemispheric dimensions. In part, this was due to its central location in the Afro-Eurasian world and the breaking down of earlier political barriers between the Byzantine and Persian empires. Furthermore, commerce was valued positively within Islamic teaching, for Muhammad himself had been a trader, and the pilgrimage to Mecca likewise fostered commerce. The extraordinary spurt of urbanization that accompanied the growth of Islamic civilization also promoted trade. (See Visual Source 11.2, p. 516, for a sixteenth-century image of an Islamic city.) Baghdad, established in 756 as the capital of the Abbasid Empire, soon grew into a magnificent city of half a million people. The appetite of urban elites for luxury goods stimulated both craft production and the desire for foreign products.

Thus Muslim merchants, Arabs and Persians in particular, quickly became prominent and sometimes dominant players in all of the major Afro-Eurasian trade routes of the postclassical era—in the Mediterranean Sea, along the revived Silk Roads, across the Sahara, and throughout the Indian Ocean basin (see Chapter 8). By the eighth century, Arab and Persian traders had established a commercial colony in Canton in southern China, thus linking the Islamic heartland with Asia’s other giant and flourishing economy. Various forms of banking, partnerships, business contracts, and instruments for granting credit facilitated these long-distance economic relationships and generated a prosperous, sophisticated, and highly commercialized economy that spanned the Old World.²⁸

The vast expanses of Islamic civilization also contributed to the diffusion of agricultural products and practices from one region to another, a process already under way in the earlier Roman and Persian empires. The Muslim conquest of northwestern India opened the Middle East to a veritable treasure trove of crops that had been domesticated long before in South and Southeast Asia, including rice, sugarcane, new strains of sorghum, hard wheat, bananas, lemons, limes, watermelons, coconut palms, spinach, artichokes, and cotton. Some of these subsequently found their way into the Middle East and Africa and by the thirteenth century to Europe as well.²⁹ Both cotton and sugarcane, associated with complex production processes and slave labor, came to play central roles in the formation of the modern global system after 1500. These new crops and the development of the intensified agricultural techniques that often accompanied them contributed to increased food production, population growth, urbanization, and industrial development characteristic of the Muslim Middle East in early Abbasid times.

Technology too diffused widely within the Islamic world. Ancient Persian techniques for obtaining water by drilling into the sides of hills now spread across North Africa as far west as Morocco. Muslim technicians made improvements on rockets, first developed in China, by developing one that carried a
small warhead and another used to attack ships.\textsuperscript{30} Papermaking techniques entered the Abbasid Empire from China in the eighth century, with paper mills soon operating in Persia, Iraq, and Egypt. This revolutionary technology, which everywhere served to strengthen bureaucratic governments, spread from the Middle East into India and Europe over the following centuries.

Ideas likewise circulated across the Islamic world. The religion itself drew heavily and quite openly on Jewish and Christian precedents. Persia also contributed much in the way of bureaucratic practice, court ritual, and poetry, with Persian becoming a major literary language in elite circles. Scientific, medical, and philosophical texts, especially from ancient Greece, the Hellenistic world, and India, were systematically translated into Arabic, for several centuries providing an enormous boost to Islamic scholarship and science. In 830, the Abbasid caliph al-Mamun, himself a poet and scholar with a passion for foreign learning, established the House of Wisdom in Baghdad as an academic center for this research and translation. Stimulated by Greek texts, a school of Islamic thinkers known as Mutazalites (“those who stand apart”) argued that reason, rather than revelation, was the “surest way to truth.”\textsuperscript{31} In the long run, however, the philosophers’ emphasis on logic, rationality, and the laws of nature was subject to increasing criticism by those who held that only the Quran, the sayings of the Prophet, or mystical experience represented a genuine path to God.

But the realm of Islam was much more than a museum of ancient achievements from the civilizations that it encompassed. Those traditions mixed and blended to generate a distinctive Islamic civilization with many new contributions to the world of learning.\textsuperscript{32} (See the Snapshot on p. 499.) Using Indian numerical notation, for example, Arab scholars developed algebra as a novel mathematical discipline. They also undertook much original work in astronomy and optics. They built upon earlier Greek and Indian practice to create a remarkable tradition in medicine and pharmacology. Arab physicians such as al-Raze and In Sine accurately diagnosed many diseases, such as hay fever, measles, smallpox, diphtheria, rabies, and diabetes. In addition, treatments such as using a mercury ointment for scabies, cataract and hernia operations, and filling teeth with gold emerged from Arab doctors. The first hospitals, traveling clinics, and examinations for physicians and pharmacologists also were developed within the Islamic world. In the eleventh and twelfth centuries, this enormous body of Arab medical scholarship entered Europe via Spain, and it remained at the core of European medical practice for many centuries.\textsuperscript{33}
Reflections: Past and Present: Choosing Our History

Prominent among the many uses of history is the perspective it provides on the present. Although historians sometimes worry that an excessive “present-mindedness” may distort our perception of the past, all of us look to history, almost instinctively, to comprehend the world we now inhabit. Given the obvious importance of the Islamic world in the international arena of the twenty-first century, how might some grasp of the early development of Islamic civilization assist us in understanding our present circumstances?

First, that history reminds us of the central role that Islam played in the Afro-Eurasian world for a thousand years or more. From 600 to 1600 or later, it was a proud, cosmopolitan, often prosperous, and frequently powerful civilization that spanned Africa, Europe, the Middle East, and Asia. What followed were several centuries of European or Western imperialism that many Muslims found humiliating, even if some were attracted by elements of modern Western culture. In their recent efforts to overcome those centuries of subordination and exploitation, Muslims have found encouragement and inspiration in reflecting on the more distant and perhaps more glorious past. But they have not all chosen to emphasize the same past. Those labeled as “fundamentalists” have often viewed the early Islamic community associated with Medina, Mecca, and Muhammad as a model for Islamic renewal in the present. Others, often known as Islamic modernizers, have looked to some of what later achievements of Islamic science and scholarship as a foundation for a more open engagement with the West and the modern world.

The history of Islam also reveals to us a world of great diversity and debate. Sharp religious differences between Sunni and Shia understandings of the faith; differences in emphasis between advocates of the sharia and of Sufi spirituality; political conflicts among various groups and regions within the larger Islamic world; different postures toward women in Arab lands and in West Africa—all of this and more divided the umma and divide it still. Recalling that diversity is a useful reminder for any who would tag all Muslims with a single label.

A further dimension of that diversity lies in the many cultural encounters that the spread of Islam has spawned. Sometimes great conflict and violence have accompanied those encounters as in the Crusades and in Turkic invasions of India and Anatolia. At other times and places, Muslims and non-Muslims have lived together in relative tranquility and tolerance—in Spain, in West Africa, in India, and in the Ottoman Empire. Some commentaries on the current interaction of Islam and the West seem to assume an eternal hostility or an inevitable clash of civilizations. The record of the past, however, shows considerable variation in the interaction of Muslims and others. While the past certainly shapes and conditions what happens next, the future, as always, remains open. Within limits, we can choose the history on which we seek to build.

Second Thoughts

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1. What distinguished the first centuries of Islamic history from the early history of Christianity and
1. Buddhism? What similarities and differences characterized their religious outlooks?
2. How might you account for the immense religious and political/military success of Islam in its early centuries?
3. In what ways might Islamic civilization be described as cosmopolitan, international, or global?
4. “Islam was simultaneously a single world of shared meaning and interaction and a series of separate and distinct communities, often in conflict with one another.” What evidence could you provide to support both sides of this argument?
5. What changes did Islamic expansion generate in those societies that encountered it, and how was Islam itself transformed by those encounters?