Greetings Frost family,

It is a pleasure to serve as the new school counselor this 2020 - 2021 school year! My name is Mrs. Candice Marshall, M.A in Counseling. As a dedicated educator, my personal and professional goal is to cultivate, empower and promote self-esteem, confidence and growth in students. I have been in education for 13 years and a part of the Frost family for 7 years. In my tenure, I have successfully guided students to realize their full potential by focusing on their accomplishments, building on their past successes, learning from their mistakes and encouraging them to achieve higher goals which, thereby, promoted positive self-assessments.

My involvement will include:

- Implementing whole-school prevention programs, such as, bully prevention education, social and emotional skills, character education, drug and alcohol awareness, and career education
  - These lessons generally take place with the entire class or during school assemblies.

- Development and facilitation of student focus groups based on need
  - Groups usually consist of 3-7 students that meet with the counselor weekly. Groups focus on one topic at a time with solutions and activities to help the student succeed in their area of need, such as, grief, social skills, friendship or coping with family changes.

- Meeting with all students
  - Students are instructed to fill out a form requesting to meet. In collaboration with their teacher, the student will be scheduled to meet with me during non-instructional time.
  - Students who would benefit from (weekly/ bi-weekly) counseling will be given a schedule.

- Meeting with parents
  - Regularly attend IEP meetings and parent-teacher conferences
  - Meet with parents to discuss specific concerns, as requested

- Serving as a community liaison
  - Resources are available upon request to help the student succeed in their academic goals, as well as support social and emotional growth throughout the school year.

Please do not hesitate to contact me if I can be of assistance.

Sincerely,

Mrs. Marshall, M.A.