**Request for Counseling Services through MPVA Counselors**

We will continue to use the same platform as before. *Parents and staff*, please utilize the electronic referral [here](#). Please complete the information on the form and the assigned counselor will reach out to you.

*Students*, please scan the QR Code for your Counselor or [Request for Mrs. Alexander here](#) and [Request for Mrs. Bolden here](#). Complete the information on the form and the assigned counselor will reach out to you. You may also contact your counselor during office hours through Teams or by phone for immediate assistance.

**Request for Counseling Services Districtwide**

While this is a difficult time, it is important for us all to continue to focus on the physical, mental and social emotional health of our students and work on strategies for helping them build resilience.

Direct counseling services are available for students in HISD grades 3-12. HISD will provide a central location for students, parents, guardians, and teachers to access the student referral form on any of the following platforms. Once the referral is submitted, it will be routed to the Counselors at MPVA, who will then reach out to the student and/or family.

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Please note the following:

- MPVA Counselors will respond to all SEL counseling requests within 24 hours and all academic counseling requests within 48 hours.
- If an SEL counseling request expresses suicidal ideation, self-harm/injury, abuse, or any other situation that suggests a harmful act or intent, HISD Crisis Intervention may be contacted for further assistance.
**Connecting with MPVA Counselors**

The counselors have created Teams by Grade Level. Through this platform, the counselors will post videos, lessons, discussions, coping strategies, etc. to keep your mind at ease and continue our mission in restorative practices.

If you have not already signed up, please check your HISD email account for instructions, or use the following codes to sign up for your grade level. Once logged into Microsoft Teams, choose *Join a Team with a Code.*

- **6th Grade**  
  - Code: z65i33s

- **7th Grade**  
  - Code: 8vja0z0

- **8th Grade**  
  - Code: scc8gep