

URIZEAGLES 2021 OPEN TRAINING FOR ALL SPORTS

Starts August 2nd

Football-Volleyball-Basketball Soccer-Cross Country-Track

11:00-11:30- lunch provided

11:30-1:30-Strength and Conditioning

1:30-2:30-Sport 1 skill instruction 2:30-3:00- Sport 2 skill instruction

UPCOMING DATES

PHYSICALS: AUGUST 24 \$20.00

LOCATION: GYM