# **Carnegie Vanguard High School**



Student Handbook 2021 – 2022

This agenda belongs to:

NAME			
PHONE			

The mission of Carnegie Vanguard High School is to provide a unique and challenging learning environment to prepare the diverse gifted & talented population of Houston Independent School District for leadership in a global society.

### **Student and Parent Acknowledgment Forms**

This handbook has been written to help our students gain the greatest possible benefit from Carnegie Vanguard High school. We seek your help and cooperation in reviewing the information contained within the handbook for better understanding of CVHS and its rules and regulations. Signatures on the student acknowledgement form of both the parent(s) and student will acknowledge receipt of the handbook and certify that they have read and discussed its contents.

The following documents must be returned or completed online by the end of the first week of school:

- Code of Student Conduct Acknowledgment Form
- Health Inventory
- HISD Bus Rider's Responsibilities
- Military Connected Families Survey
- Privacy Code: Student Records, Rights, and Responsibilities
- Socioeconomic Information Form
- Student Assistance Questionnaire
- Student Change of Address
- Student Handbook Acknowledgment Form

# Contents

CVHS Faculty and PTO Executive Board	4-5
Vanguard Expectations	6
Off-Site Courses	6
CVHS Honor Code	8
Student Code of Conduct	9
Eating Areas	10
Student Visitors	10
Courtyard and Green Roof Use	10
ID Badge	10
Dress Code (clothing, jewelry, shoes)	11 - 12
Personal Items	12
Library Use	12
Attendance (Texas and Compulsory Attendance, VOE, Daily Attendance Reporting)	13
Tardiness	13
Absences	14 - 15
College Visits	15
Make-up Work	15
Retake Policy	16
Parent Volunteers & Other Visitors	16
Parents Retrieving Students Early	16
Student Parking	17
Bus Transportation	17
Dismissal Procedures	18
Change of Address	18
Credit & Enrollment	19
Pass/Fail Option	19
Whole Course Credit	19
APEX Grad Lab	19
Academic Four-Year Plan	20
Community Service Hours	21
Summer School	21
HISD Connect / PowerSchool	21
Naviance	21
Health Records	22
Bell Schedules	24
HISD Calendar	25
Flinn Safety Contract	26 - 27
CVHS Campus Maps	28 - 29
Personal Graduation Plan (PGP)	30
Strategies for Achieving Student Success	31

# **Houston Independent School District Board of Education**

Dr. Patricia Allen Kendall Baker Katherine Blueford-Daniela Judith Cruz Sue Deigaard Myrna Guidry Dani Hernandez Elizabeth Santos Bridget Wade

# **Houston Independent School District Administration**

Millard House II, Superintendent of Schools Geovany Ponce, Assistant Superintendent of High Schools Nirmol Lim, School Support Officer

# **Carnegie Vanguard High School Administration**

Ramon Moss, Principal Juan Garner, Assistant Principal Melissa Matsu, Dean of Instruction Lamia Moumni, Magnet Coordinator Veronica Chapman, Counselor (last names M-Z) Marcello Frau, Counselor (last names A-L) Kylaa Griffin, Counselor Beverly Wilson, School Business Manager Ellen Maxey, Registrar

# Staff

Christina Hernandez, Administrative Assistant Claudia Alvarenga, Student Information Representative Michelle Martinez, Magnet Clerk Betty Guidry, Clerk Beverly Buchanan, Clerk Ruben Hermosillo, Receptionist Cindy Schulze, Librarian Kara Nguyen, Nurse Jose Ceja Lara, Campus Instructional Technologist Karla Sanchez, Wraparound Specialist Donavan Rosa, College and Career Readiness Advisor Terry Williams, Campus Officer Booker Jones, Plant Operator Custodians: Christian Balderas, Maria Sagredo, Mariana Sanchez It is the policy of the Houston Independent School District not to discriminate based on age, color, handicap or disability, ancestry, national

origin, marital status, race, religion, sex, veteran status, or political affiliation in its educational or employment programs and activities.

# Faculty

English	Rachel Bohenick Erica Harris	Robert Houghton Kris Kenna	Josephine Lee Maxim Ostrovsky James Parker
Mathematics	James Barnes Julea Brode Stephanie Chen	Miguel Inchaurregui Sanjog Kulkarni	Jennifer Ramon Armand Ramones
Science	Tony Arredondo Jamie Ford	Joshua Garcia Amy Masiglat	Marina Rodriguez Anne Marie Wakefield
Social Studies	Kristen Davis-Owen Juan Garner Charlotte Haney	Colleen Schmidt Jane Schulz	Quang Tran Nathan Wendt
Foreign Language	Luisa Jimenez Lamia Moumni	Juan Pablo Peña Patricia Savala	
Fine Arts	Raymond Rodriguez	Steward Savage	
Physical Education	Abderahman Lamane	Miyuki Scott	
AP Capstone / TPSP	Heather Hill	Colleen Schmidt	SaMantha Shields

# **PTO Executive Board**

Susan Hawes, President Joya Shukla, 1<sup>st</sup> Vice President, Fundraising and Development Maria C. Calzada, 2<sup>nd</sup> Vice President, Communications and Information Technology Georgi Silverman, 3<sup>rd</sup> Vice President, Volunteers and Membership Jaymie Turner, 4<sup>th</sup> Vice President, Programs and Special Events Aparna Jotwani, Secretary Mala Gupta, Treasurer Michelle Ferrell, Parliamentarian Cindy Schulze, Teacher Representative

#### **Carnegie Vanguard Expectations**

CVHS students must sign a Magnet Entrance Agreement and are expected to abide by the terms of the Agreement or face non-renewal. Carnegie Vanguard provides a rigorous academic program, and we desire that each student graduates having taken the most challenging array of courses possible. HISD requires 4 years of high school credit in math, science, English, and social studies. In addition, all CVHS students must complete the Texas Performance Standard Project (TPSP) or the AP Capstone program. CVHS encourages 3 years of credit in a single foreign language.

#### **Off Site Courses**

Students must take any course offered at CVHS on the campus of CVHS during the school year. Any original credit course that is not offered at CVHS, may be taken at another accredited location, but the grade earned will not be calculated in the student's Grade Point Average (GPA) and will not be considered as one of the student's course requirements for graduation from CVHS.

#### **Growth Plan**

It is required that a student is placed on a growth plan due to academic or behavioral difficulties. The student, parents, counselors, administrators, and teachers will meet to discuss the identified problems, what the student can do to improve, and how parents and teachers can assist. A future date will be set to review the student's progress. Students will be placed on a Growth Plan for the following reasons:

- Report card grades below 70
- Three discipline referrals for similar offenses
- Any single level 4 discipline offense

#### **Renewal of Magnet Transfer**

At the end of the year, a decision will be made regarding renewal or non-renewal of the magnet transfer for the next academic year. Students who fail (below 70) three or more classes will not receive a magnet transfer for the following school year.

#### **Carnegie Vanguard Distinction Program**

Students who meet the criteria for the Carnegie Vanguard Distinction Program receive the Vanguard medallion prior to graduation if the following requirements are met:

Completion of TPSP or AP Research

Completion of four credits in each of the following courses:

• English, Math, Science, Social Studies

100 documented community service hours - completed by April 1 of Senior Year

One of the following options must be fulfilled prior to senior year:

- AP Scholar Recognition (score of 3 or higher on 3 or more AP exams)
- Minimum SAT score of 1250 or ACT score of 26 AND scores of 3 or higher on 2 AP exams

#### HISD's Global Graduate Profile

CVHS subscribes to HISD's emphasis on ensuring our students graduate ready for the world — possessing the characteristics they need to be successful in college and to compete in today's global workforce. HISD's **Global Graduate** profile contains the following six characteristics or qualities we want all students to develop and grow during their time in elementary, middle, and high school:

- A Leader. Works collaboratively and leads by example, embraces new ideas and technologies and motivates others to be open to change.
- A Skilled Communicator. Reads, writes, speaks, and listens effectively and adapts to diverse audiences and settings.
- A Responsible Decision Maker. Sets goals, develops action plans, and works hard. When faced with challenges and obstacles, is able to persist to achieve goals.
- Adaptable & Productive. Industrious member of a global society. Demonstrates flexibility and cross-cultural skills when fulfilling personal, professional, and community experiences.
- A Critical Thinker. Identifies and dissects issues, seeks multiple opinions, and critically evaluates various solutions. Understands when additional information is needed and effectively uses technology (21<sup>st</sup> century literacies) to research.
- A College-Ready Learner. Proficient in the core disciplines, as evidenced by successful performance on state and national assessments. Works hard and persists to achieve academic and career goals.

#### **CVHS Honor Code**

As part of the preparation of our students for academic success, Carnegie Vanguard High School (CVHS) promotes the highest academic standards. To clarify the school's expectation of ethical conduct, honesty, accuracy and integrity in academic activities, the following Code of Academic Conduct has been adopted.

I have read the Honor Code and will undertake my academic work with honesty and integrity. In order to promote honesty, fairness, and academic integrity within the CVHS community, I hereby pledge to abide by the standards of academics and conduct outlined below:

I will fully participate in the academic life of the school by understanding course requirements, and by setting forth my best efforts in completing all assignments and exams according to the guidelines and procedures established by faculty and administration.

I will dedicate adequate time to my studies by effectively managing conflicts between my academic responsibilities and other commitments. I will communicate responsibly with faculty and administrative staff about matters that affect my ability to participate as expected in my classes and other school activities.

I will recognize the diversity of CVHS and understand that civil conduct is expected to guide interactions between all constituents of the school: students, faculty, and administrative staff. CVHS students are ambassadors for the school and should behave accordingly in professional and academic settings.

I will read and abide by the Honor Code and will undertake my academic work with honesty and integrity. I will submit original work and will properly attribute any and all ideas that are not my own according to established academic procedures. If I am unsure about what constitutes proper academic procedure in a particular instance, it is my responsibility to consult with the faculty or administrative staff.

I will not give or receive unauthorized aid on any assignment or exam. I will not cheat or plagiarize while enrolled at CVHS, nor will I cheat or plagiarize while representing CVHS in extracurricular activities, such as UIL events.

I understand that cheating comprises the giving or receiving of unauthorized and / or unfair aid in academic work. This may occur by, but is not limited to: lying, deceiving, stealing, talking, signaling, copying from other students, and unauthorized use of books, data (both in hardcopy and electronic formats), study aids, or other sources in a manner inconsistent with the expectations established by CVHS and my classroom instructors.

Academic work includes all graded assignments such as papers, essays, speeches, exhibits, examinations, tests, labs, problem sets, and other graded homework assignments. If graded together with other students in study groups, I pledge to contribute to my fullest capacity. I will not seek unauthorized help outside my study group, unless specifically authorized by the faculty member. Academic dishonest is a Level II infraction and will be treated as such. Please refer to the HISD Code of Student Conduct.

#### **Building Hours**

The Carnegie Vanguard building is open 7:30 a.m. -4:30 p.m. The building must be vacated by 4:30 p.m. Exceptions include students involved in authorized activities under the direct supervision of a CVHS employee or sponsor. Ensure that transportation is arranged, and students are picked-up by 4:30 p.m. when the main office closes. Back-up plans should be considered. Students are not authorized to admit anyone to the building.

#### Student Code of Conduct - <u>www.houstonisd.org/codeofconduct</u>

The HISD *Code of Student Conduct* is available online. Students will receive an acknowledgement form to return to school. The code details district policy to which all HISD students must comply. There are five levels of offense with increasing degrees of consequences. Students and parents should read the code carefully in order to fully understand the rights and responsibilities explained therein.

If you have questions, concerns, or need advice, seek assistance from a faculty or staff member. We expect students to exhibit exemplary behavior at all times. Students are expected to use social media responsibly. Misbehavior at any time including bullying, cyberbullying, etc. that interferes with a student's education or substantially disrupts school operation is prohibited. If you have a conflict with another student, seek immediate assistance from a teacher, counselor, or administrator. In order to preserve our unique culture and climate, CVHS adopts a no tolerance policy for misbehavior and will pursue disciplinary action to the full extent in accordance with HISD's Code of Student Conduct.

#### **Suspensions**

It is expected that our students abide by school and district rules at all times. However, consequences for level II and III infractions of HISD's *Code of Student Conduct* can include in-school suspension (ISS) or outof-school suspension up to three days per event. Students who are assigned ISS will be isolated from the general student population for a minimum of one school day. Suspensions may be reported to colleges and universities. Suspensions may also lead to disciplinary probation and possible exit from CVHS.

#### **Telephone Use**

For emergency purposes, see an administrator or front office staff member for use of school phones.

#### **Student Advertisements / Flyers**

Students who wish to display flyers must obtain authorization from an administrator. A signed sticker must be placed on the original flyer before copies are made. Authorized posting areas include the white tiled areas above the water fountains and recycling areas and the large white board in the cafeteria, no more than one flyer for each event/club per area. Flyers must be taken down when they are out of date.

#### Meals at Carnegie Vanguard

CVHS provides breakfast and lunch on campus. HISD publishes menus on a monthly basis. Information regarding breakfast and lunch prices is provided at the beginning of the school year. All students are expected to complete and submit a Socioeconomic Information Form by the end of the first week of school.

#### **Eating Areas**

Students are allowed to eat in common spaces throughout the campus. This privilege is dependent upon the continued cooperation of all students in keeping eating areas free of trash. All trash must be disposed in the appropriate containers. Pride in the Carnegie Vanguard campus begins with each student assuming the responsibility for his or her own actions. Eating in the classroom is at the teacher's discretion. Sports are prohibited in the cafeteria/gym during breakfast and lunch. During AP testing, eating locations may be limited.

#### **Closed Campus Policy**

Students may not leave school for any reason (other than for an approved school-sponsored activity) without checking out through the attendance office. These checkout procedures must be followed, even if parents know the student is leaving. Any and all exceptions must include written permission submitted in advance by the parent or guardian. Students who leave campus without following these procedures will be subject to disciplinary action. Only eligible seniors are allowed the privilege of off-campus lunch.

#### **Student Visitors**

Individuals may not visit students on campus without prior approval both a parent/guardian, as well as, school administration. A request must be submitted at least 24 hours in advance. Visitors are subject to all school rules and regulations.

#### **No Deliveries**

Deliveries are not allowed for food, flowers, balloons, or other specialty items. Such deliveries will be confiscated or returned to the business. Deliveries by parents will be accepted, but instruction will not be interrupted.

#### **Courtyard and Green Roof Use**

Students are allowed to use the courtyard and green roof during lunch time as well as before and after school. Students are asked to conduct themselves respectfully and maintain a reasonable volume level as not to interrupt tutorials and meetings that occur in classrooms. Use of the courtyard or green roof during instructional periods is limited and allowed only with teacher supervision. Sports are not permitted in the courtyard, green roof, or amphitheater.

#### **Dress Code**

The primary reason for the dress code is to foster an atmosphere conducive to learning for all students. CVHS students are being prepared for college and professional life after college. Students should dress for success. The student dress code applies to students on campus, whether during the school day or after hours. Additional requirements for science labs are listed on the science safety contract.

If it is determined by an administrator that a student is dressed inappropriately, the student may not attend classes until dressed appropriately. Repeated infractions will result in placement in ISS. Any exceptions to this policy due to religious or medical requirements must be approved by the Carnegie Vanguard administration in advance.

#### **ID Badges**

Because there is no school uniform, ID badges and lanyards will be provided at the start of the school year and must be worn and visible at all times. The first replacement ID badge is \$1 and subsequent replacements are \$5. Badges are requested in room 132.

#### Clothing

Students are required to wear standard, conventional clothes. Clothing should be clean and in generally good repair. Clothing must fit (neither too tight nor excessively baggy or loosely fitting). Clothing that makes it difficult or awkward for one to move freely, sit, bend, or reach is not acceptable. Other items that are not permitted:

- Clothing that is too tight and those showing too much skin are prohibited. This includes muscle shirts, halter tops, tube tops, net or sheer tops, spandex tops, low cut tops, racerback tops and bare midriffs. Shirts and blouses must be buttoned to a level even with one's armpits and shirts and blouses must cover one's midriff and back.
- Dresses and blouses may not be backless or off the shoulder, and they must have straps that are at least one inch wide. Students must maintain a modest appearance appropriate to the school environment.
- Pants of all types must be worn with the waistband above one's hips. Undergarments or anything resembling undergarments must not be visible.
- Shorts, skirts, and dresses must extend to at least three inches above the knee when one is standing up straight; and they must be sufficient in length to maintain modesty when standing, sitting, or bending. Students should keep these requirements in mind as they shop for or select school clothes.
- Outfits for PE and athletics classes may only be worn in the area(s) where those classes are taking place (i.e., the gym or practice field).
- Items depicting or making reference to drugs, alcohol, tobacco, vulgar or obscene language, sexual promiscuity, the occult, violence, or gang-related activities may not be worn.
- A student's face must be visible at all times including when wearing a costume.
- No pajamas, trench coats, or sunglasses may be worn in the school.

#### Shoes

Flip-flops, slides, house slippers, and heels greater than 3 inches are not acceptable footwear as they present a safety risk. Acceptable sandals are ones that are secured to the foot with a strap around the heel. Due to safety considerations, teachers may require non-skid, closed shoes in some labs during experiments or project work.

#### Head coverings and hair

Sunglasses, wave caps, hoods, and bandanas are not to be worn. Hair should be clean and groomed prior to arrival.

#### **Personal Items**

Substantial amounts of cash should not be brought to school. Expensive or irreplaceable jewelry should not be worn to school. The use of skateboards, skates, and roller blades is prohibited. The use of electronic equipment is prohibited in the classroom unless authorized by the teacher. If the unauthorized use of these items occurs, the items may be confiscated. If the item is not retrieved within thirty days by a parent or guardian, it will be submitted to the HISD Property Management Department. HISD policy requires a fee for the return of these items. The CVHS retrieval fee is **\$15.00. (Texas Education Code 37.082)** 

#### **Lost Items**

If you have lost a textbook or personal item, report it to the HISD Police Officer on campus. This will serve as proof of the theft. If you find an item that does not belong to you, give it to a member of the office staff.

#### Library Use

#### Hours: 8:00 AM – 4:00 PM

The library may be used before school and during the lunch period. No eating or drinking is permitted in the library. Students who are in the library are under the direct supervision of the librarian and must follow the librarian's rules and regulations. All students must present a pass with time and date to enter the library during class periods. Printing and copying are 10 cents per sheet.

#### **Compulsory Attendance**

Texas law requires students who have not yet completed the academic year in which their 18th birthday falls to be enrolled in (and attend) school each school day. Students with excessive absences may be referred to the district attendance officer for further action. Extensions of holidays/breaks are considered unexcused absences. The Texas Department of Public Safety requires a Verification of Enrollment (VOE) form from the school of record to indicate good attendance. Students who are receiving or renewing a driver license must obtain the VOE during the school year (first through the last day of school). Please also see the section entitled "Denial of Course Credit." Refer to the section Absences and Denial of Course Credit. Adhere to HISD's calendar which is included in this handbook.

#### **Daily Attendance Reporting**

State law requires Carnegie Vanguard High School to accurately record the number of students in attendance daily in each class period and report that figure to the state. The official state attendance, Average Daily Attendance (ADA), is taken every school day at Carnegie Vanguard at 10:10 a.m. During PSAT, SAT, STAAR, and AP testing, students may be in an alternate location and may be counted absent. You may receive notification of this absence. Please allow 24 hours for this to be corrected.

#### Tardies

Students are expected to arrive to class on time and be seated prior to the sound of the bell. Tardiness is defined as arriving late to class without an approved permit after the tardy bell rings. It is imperative that students be prompt and prepared for each class. Students who arrive on a late HISD bus must sign in at the front office. This does not apply to Metro buses.

#### **Penalties for Tardiness**

Each unexcused tardy will be counted. Tardiness is a Level One offense according to the Student Code of Conduct and each teacher establishes the rules for tardiness in their class. The teacher may use any of the following disciplinary options regarding tardiness: oral correction, teacher-student conference, parent contact, and/or lunch detention. An accumulation of ten (10) tardies among any and all classes in a grading cycle will result in disciplinary action assigned by an administrator. If the behavior does not improve, further actions will be taken.

#### Absences

Signed documentation from a parent or physician must be submitted **within three (3) days** of your return from being absent. Absences are considered unexcused until proper documentation is submitted. Parent/guardian notes should be clearly legible and should include the following:

•	Absent student's name and HISD ID number	•	Reason(s) for the absence
•	Date(s) of the absence	•	Parent's name and phone number(s)

#### **Acceptable Reasons for Excused Absences**

- Personal illness
- Death in the family
- Quarantine
- Weather making travel dangerous (traffic is NOT an acceptable reason for tardiness or absences)
- Participation in school activities w/ permission on the principal
- Court appearance
- Approved college visitation
- Any other cause acceptable to principal or superintendent

An absence for any reason other than those listed above shall be classified as unexcused. A student may be denied credit for a class if the student accumulates more than five unexcused absences in a class during the semester.

If you **need to leave a classroom**, obtain a pass from your teacher. No students are allowed out of class without proof of the teacher's permission.

If you **need to leave school early due to illness**, obtain a permit from the classroom teacher to visit the clinic. A parent will be contacted from the clinic regarding student's illness. Under no circumstance are students to leave school without proper authorization from the nurse. A student leaving school early for any reason must sign out in the attendance office.

If you **need to leave school early**, submit a signed note from your parent/guardian to the attendance office upon arrival to campus. Notes should indicate the type of appointment for which the student is being released, parent or guardian name and telephone number, date, and student ID number. Students returning from any medical or government appointments should submit official documentation within three days. We attempt to avoid interruptions to classroom instruction. Students must attend at least two thirds of a classroom period to be counted as present.

#### **Absences and Denial of Course Credit**

The Texas Education Code requires that a student be in attendance for 90% of the days a class is offered during a semester in order to be awarded credit for that class (TEC 25.092). A student who has had class credit denied may appeal for the credit if the student has earned a passing semester grade in the class. Students requesting course credit should secure appeal forms in the attendance office. Completed appeal forms must be submitted to the principal within seven days of receiving the semester report card.

#### Truancy

Truancy is a pattern of unexcused absences. Any unauthorized absence from school will be unexcused. Disciplinary action will be taken, and/or a police citation may be issued.

#### **Religious Holy Days and Major Activities**

A student's absence will be excused if it is for the expressed purpose of observing a religious holy day. Parent's written request should be submitted to the attendance office prior to the absence. The student is counted as present in school according to state statute.

#### **Authorized School-Sponsored Activities**

Students must be in good standing in academics, behavior, and attendance to participate in school sponsored activities. This applies to participation in all types of clubs, sports, and field trips. A student may be excused for absences resulting from participation in off-campus school related activities. A student may not participate in after school or extra-curricular activities if absent from school that day.

#### Withdrawal from School

Students are allowed only one magnet transfer each year. Students who wish to withdraw from CVHS during the school year must enroll at his or her zoned school. Prior to withdrawing from Carnegie Vanguard to enroll in another school, visit the magnet coordinator and counselor who can offer assistance. The withdrawal process begins with an administrator.

#### **College Visits**

Two days for college visits prior to May 1 are allowed during the junior and senior years. These absences do not negatively impact final exam exemptions. Upon return to campus, submit to the attendance clerk <u>documentation on the official letterhead</u> of the college or university within three days. Travel time to/from the college or university can be excused but can negatively affect your exemption from a final exam. The "three days per day absent" make-up work policy does not apply to college visits. If the student will be absent on the day that work is scheduled to be submitted, the student must submit the work prior to the absence or receive approval by the teacher for an alternate submission date.

#### **Make-Up Work**

A student will be given the opportunity to make up work missed due to an absence. It is the responsibility of the student to request and complete any missed assignments promptly. If a student will be absent more than three (3) days in a row, a parent or guardian should contact the teachers for assignments. Students have 3 school days for every one day of absence, excluding college visits, to make up work.

#### **CVHS Retake Policy**

Carnegie Vanguard abides by the following retake policy with respect to failed assignments:

- 2 retakes per grading cycle
- Maximum retake score is 70, (score of 70 to 100 = 70)
- The highest grade between the original and the retake is counted.
- The student, not the parent, must request the retake in writing (per teacher procedure in class syllabus)
- Student must request the retake within 24 hours and complete the retake within one week of grade posted
- Retakes are for in-class assessments, such as quizzes and/or tests only. A reading quiz (reading check) is an extension of homework and is not eligible for a retake.
- Student must fill out a retake form and complete the required remediation as listed on the form.
- If there are multiple retakes in the same day, it is the student's responsibility to reschedule with the teacher in advance
- No-shows count as a taken retake
- Final exams are not eligible
- Missing assignments fall under teacher's late policy not campus retake policy.

#### **Spring Final Exam Exemptions**

See school website for current guidelines regarding spring final exam exemptions.

#### **Off-Campus Permits**

Seniors meeting credit requirements for graduation may have a maximum of three "off campus" periods at the end of the day, provided their parents have signed an approval. The only other students who have permission to leave campus early are those participating in a business internship or a co-op work program. Students who have been granted off-campus privileges must carry an early-release permit which should be available for review by law enforcement. Students with off-campus permits are expected to leave school grounds at the assigned period. If transportation is delayed, students must remain in room 132. Once students leave for their off-campus activities, they are not permitted to return until dismissal to participate in extracurricular activities.

#### **Parents Retrieving Students Early**

The parent/legal guardian must report to the attendance office and present legal identification before being permitted to retrieve a student. Please abide by the rules on page 14. CVHS faculty and administration attempt to protect instructional time for all students throughout the school year up to and including the final exams. All students are expected to remain in the classroom until the designated final exam end time.

#### Parent Volunteers & Other Visitors

Parent volunteers are expected to register with the VIPS program before their initial visit and sign in at each visit. Visitors to CVHS must check in at the front desk and obtain a "Visitor's Pass." Students are not permitted to admit anyone into the building without authorization.

#### **Student Parking**

Limited parking is available for students on the upper deck of the garage, so carpooling is encouraged. A yearly \$10 parking fee is to be paid prior to parking. To purchase a parking permit, a student must furnish:

- a valid driver's license
- current proof of liability insurance for vehicle(s) and coverage for student driver
- the license plate number of the vehicle(s) that the student will be driving.

Parking permits must be displayed on the rearview mirror with the permit number visible. Drivers must park in their assigned space. While every reasonable attempt is made to ensure security, parking on campus is at the vehicle operator's own risk. CVHS assumes no responsibility for accidents or the loss of property in the school parking lot. Security efforts demand that students leave their vehicles immediately upon arrival in the parking lot. Students are not allowed to access their vehicles during the instructional day without administrative or officer approval. The speed limit in the parking lot is 10 mph. No vehicle should remain on the garage's second floor after dismissal.

#### **Parking Violations**

Failure to comply with CVHS parking regulations can result in a number of actions including ticketing, the towing of the vehicle at the owner's expense, and disciplinary action. In addition, violations of CVHS parking regulations can result in the revocation of campus parking privileges with no refund of the permit fee.

#### **Bus Transportation**

The transport time of students is considered an extension of the school day and all school rules apply. \* A student who misbehaves on the bus or at a waiting area may lose bus riding privileges. Metro bus riders will be held to the same standards. Students riding the bus should remember the following:

- If your HISD bus arrives late to campus in the morning, immediately report to the front office to sign in.
- After school, report to your designated waiting area by 4:15 PM. A student who misses his/her assigned bus must find alternate transportation.
- Board / exit the bus only at your assigned stop. For liability purposes, bus drivers may only transport students who are assigned to that bus driver's roster. **CVHS only issues a temporary bus pass when a change of residence has occurred. Requests must be made 24 hours in advance.**
- Obey the HISD driver responsible for your safety. If a driver experiences any disciplinary problems, he or she will inform the CVHS administration.
- Know your bus driver's name and your bus route number.
- When crossing the street from the bus stop, use approved crosswalks. Do not distract the driver w/ unnecessary conversation or noise disturbances.
- Keep belongings and legs out of the aisles.
- Do not throw objects nor extend arms, legs, or heads out the window.
- Keep bus clean and litter-free.

\* Bus riders will receive a "Bus Rider's Agreement" to complete and return to school.

#### **School Dismissal and Transportation**

Advantages of the following dismissal system include an orderly dismissal, shelter from inclement weather and extreme temperatures, supervision in a safe environment, and assistance so students do not miss a bus or ride.

Upon dismissal, all students should gather belongings /materials as soon as possible. Student drivers and carpools should then vacate the campus in an orderly manner.

Students awaiting buses and private transportation should proceed to the gym. When HISD buses arrive, route numbers are displayed on the monitors. It is the individual student's responsibility to monitor the arrival of his/her bus. Do not leave the gym until your bus has been highlighted. Buses will not be called to return to campus for a student's failure to board the bus on time. Students awaiting private transportation should arrange to meet drivers at the front of the campus on Taft Street. It is imperative that students are in the proper location within seven minutes of dismissal in order to assist a timely report to the vehicles. Ensure that transportation is arranged, and students are picked up by 4:30 p.m. when the main office closes. Back-up plans should be considered. Please consult www.ridemetro.org for routes and scheduling.

Bus routes may change within the first few weeks of the school year, so please allow enough time for schedules to solidify. As the Transportation Department analyzes and consolidates routes, it is important that students who request assignment to HISD transportation utilize the service to avoid losing the seat.

#### Student Drop-Off / Pick-Up

The entrance near the corner of Taft and West Gray serves as the student drop-off and pick-up area. The parking garage is not a pick-up and/or drop-off location.

#### **Change of Address or Phone Number**

Report any change in address or telephone immediately to the attendance office and provide new proof of residence (utility bill). It is the responsibility of the parent or guardian to document the names of emergency contacts on the official enrollment card. Only persons listed on this information card are permitted to retrieve or have contact with the student. A valid form of identification will be required by any person visiting the campus. Be aware, to maintain your seat in CVHS, students must live in the HISD attendance zone with parent(s) or legal guardian.

#### **Course Enrollment**

Students must enroll in seven classes each semester. The selection of courses and progress toward graduation are the collaborative responsibility of the student, parents/guardian, and counselor. College admissions requirements vary; therefore, students are encouraged to plan accordingly by checking with the college of their choice when updating their four-year plans. Schedule change requests are allowed within fifteen days of the beginning of each semester. Students who wish to be eligible for U.I.L. activities must be enrolled in at least five classes. Students are scheduled electronically into classes needed to graduate without regard to class period or instructor. Instructors and class periods may change mid-year.

#### **Courses of Study**

Students can select from a variety of courses to best match individual goals, interests, abilities, and needs. Students must complete all HISD requirements to qualify for a diploma. In addition, students are required to demonstrate competency skills by passing the State of Texas Assessment of Academic Readiness (STAAR). All freshmen will be scheduled for two semesters of physical education or athletics and one semester of health. Students transferring after the 9<sup>th</sup> grade will be scheduled for these courses the first year they enter Carnegie if they do not have credit from a previous school. Physical education and health courses must be taken prior to the junior year. Students are required to take either Texas Performance Standards Project (TPSP) or the AP Capstone program.

#### Endorsements

Each CVHS student will graduate with one or more of the following endorsements: STEM, Business and Industry, Arts and Humanities, and Multi-Disciplinary.

#### **Pass/Fail Option**

The pass/fail grade option allows students to pursue their interests in extracurricular or multiyear programs, including their interests in physical fitness, sports, and Physical Education (PE) related courses, without having their GPA negatively affected. Some elective 4.0 courses (including PE) beyond the first year can be offered with a pass/fail grading option. The request must be made within the first 15 days of each semester and the grade earned must be at least 85 for up to four (4) courses. Once converted, the grade cannot be changed back. HISD School Guidelines will be followed regarding any Pass/Fail grade conversions.

#### Whole Course Credit (Composite Grading)

Whole course credit applies to all HISD two-semester sequential courses (designated "A" and "B") and not to one semester courses. Should a student fail one semester and pass the other semester of a two-semester course, the student will earn one whole credit if the average is a 70 for both semesters combined. These rules apply to courses taken and completed in HISD only and may not be combined with courses taken out of district. Credit by Exam (CBE) will not be considered for composite grading.

#### **APEX Grad Lab**

APEX Grad lab is intended primarily for credit recovery purposes (meaning the course was not passed at the end of a semester). Completion of grad lab must occur approximately one month before the end of the semester.

# Carnegie Vanguard High School Suggested Four Year Plan

Fall Semester	Spring Semester
Grade 9	
English 1	English 1
Algebra 1 or Geometry	Algebra 1 or Geometry
Biology	Biology
AP Human Geography	AP Human Geography
Foreign Language	Foreign Language
PE / Health	PE
Fine Art or elective	Fine Art or elective

#### Grade 10

English 2	English 2
Geometry or Algebra 2	Geometry or Algebra 2
Chemistry	Chemistry
AP World History	AP World History
Foreign Language	Foreign Language
AP Seminar or elective	AP Seminar or elective
Fine Art or elective	Fine Art or elective

### Grade 11

AP English Language	AP English Language
Algebra 2 or other advanced level math	Algebra 2 or other advanced level math
AP Physics 1	AP Physics 1
AP US History	AP US History
AP Research or TPSP	AP Research or TPSP
Elective	Elective
Elective	Elective

#### Grade 12

AP English Literature	AP English Literature
AP Economics	AP Government
Math Elective	Math Elective
Science Elective	Science Elective
Elective	Elective
Elective	Elective
Elective	Elective

Graduation requirements depend on the year student entered high school.

#### **Community Service Requirement**

Graduation is not all about the glory of finishing high school, but also about the commitment that one has to the community as you progress into your adult life. Carnegie requires that each student complete 100 hours of community service and document them in the appropriate forms found in the counselor's office or website. Any service that a student has performed between 9th and 12th grade (including service completed during the summer before 9th grade) can be counted towards their hours. The activities are not limited to school-organized service events. The 100 hours can come from any activity that benefits the community. Only hours submitted prior to April 1 of the student's senior year will be tabulated.

#### Graduation

A student may not receive a diploma or participate in graduation ceremonies (commencement exercises) until that student has completed all academic course and credit requirements and has met the STAAR requirements.

#### **Summer School**

Summer School courses are only for credit recovery and not original credit. There will be high school tuition summer school sites. Tuition costs are determined based on the financial costs of providing the summer school program. Students taking summer school courses must have prior approval from the current school courselor. This is to ensure that the student has not previously taken and been awarded credit for the course. If a student does take a summer school course without prior approval, the principal has the option of accepting the credit or refusing to accept the credit.

#### HISD Connect / PowerSchool

HISD allows registered users (i.e., parents and students) access to student grades and attendance. Users can also choose to receive an email or text message if a child's grades drop below a selected average or is absent or tardy to class. In order to remain abreast of the student's academic performance and progress, it is imperative that both student and parent access HISD Connect / PowerSchool regularly. If you or your child thinks an error was made in grades or attendance, please contact the teacher directly for verification or a correction. Register at <u>www.houstonisd.org</u>

#### Naviance

Naviance is a web-based service designed especially for students and parents. Naviance is a comprehensive web site that you can use to help in making decisions about colleges and careers. Naviance is a service that is used to track and analyze data about students' college and career plans. Naviance will allow you to:

- Get involved in the planning and advising process build a resume, complete on-line surveys, and manage timelines and deadlines for making decisions about colleges and careers.
- Research colleges compare GPA, standardized test scores, and other statistics to actual historical data from students who have already applied from our high school.
- Sign up for college visits find out which colleges are visiting our school and sign up to attend those sessions.

#### **Health Records**

A student must meet all immunization requirements before being permitted to enroll. Acceptable immunization documents are limited to official health records from the previous school(s) attended and/or records verified by a licensed physician or public health personnel.

Effective June 1, 2001, state law no longer requires the Tuberculin Skin Test (TB) in order to enter school. The nurse will assess high risk or suspected cases to determine the need for a referral.

Diphtheria/Tetanus (DPT/DT): At least three doses of DPT with at least one dose received since the fourth birthday and within the last ten years.

Polio: At least three doses of oral vaccine with at least one dose received since the fourth birthday. (Not required for student age eighteen or older.)

Measles (Rubella): One dose of vaccine since January 1, 1968 or a history of measles illness that must be verified by a written statement from a physician licensed to practice in the U.S. Includes all students through age 16. Measles (Rubella) has the same requirement as for Rubella, except that students born after Sept. 1, 1978 will need a second immunization.

Mumps: One dose of vaccine or a history of mumps illness that must be verified by a written statement from a physician licensed to practice in the U. S. This includes all students through age 16.

If you become ill or injured during school, obtain a permit from your teacher and go to the clinic.

If you need to take medication during school that your doctor has prescribed, make arrangements with the nurse to store and administer your medication. The nurse will also need a written permission form from your doctor on file in the clinic office. You must strictly adhere to these policies adopted by the HISD school board as these guidelines apply to ALL medications (both prescription and over-the-counter).

A student may not carry medication with him/her unless specific documentation is on file. All medications are kept locked in the clinic. A written medication permission form with the original signatures of both a parent and the prescribing physician must accompany all medication. Each medication must be in its original container with an affixed prescription label listing the patient's name for whom the medication was prescribed, the name of the medication, and the proper dosage and administration information.

#### **Bacterial Meningitis Information**

Meningitis is an inflammation of the covering of the brain and spinal cord. It can be caused by viruses, parasites, fungi, and bacteria. Viral meningitis is most common and the least serious. Bacterial meningitis is the most common form of serious bacterial infection with the potential for serious, long-term complications. It is an uncommon disease but requires urgent treatment with antibiotics to prevent permanent damage or death.

Someone with meningitis will become very ill. The illness may develop over one or two days, but it can also rapidly progress in a matter of hours. Not everyone with meningitis will have the same symptoms. Children over 1 year old and adults with meningitis may have a severe headache, high temperature, vomiting, sensitivity to bright lights, neck stiffness or joint pains and drowsiness or confusion. In both children and adults, there may be a rash or tiny, red-purple spot. These can occur anywhere on the body. The diagnosis of bacterial meningitis is based on a combination of symptoms and laboratory results. If it is diagnosed early and treated promptly, most people make a complete recovery. It can also be very serious. In some cases, it can be fatal, or a person may be left with a permanent disability.

Fortunately, none of the bacteria that cause meningitis are as contagious as diseases like the common cold or the flu, and they are not spread by casual contact or by simply breathing the air where a person with meningitis has been. The germs live naturally in the back of the nose and throat, but do not live long outside the body. They are spread when people exchange saliva (such as by kissing, sharing drinking containers, utensils or cigarettes). The germ does not cause meningitis in most people. Instead, most people become carriers of the germ for days, weeks, or even months. The bacteria rarely overcome the body's immune system and causes meningitis.

Bacterial Meningitis can be prevented by not sharing food, drinks, utensils, toothbrushes, or cigarettes. Limit the number of persons you kiss. While there are vaccines for some other strains of bacterial meningitis, they are used only in special circumstances. These include when there is a disease outbreak in a community or for people traveling to a country where there is a high risk of getting the disease. Also, a vaccine is recommended by some groups for college students, particularly freshmen living in dorms or residence halls. The vaccine is safe and effective (85-90%). It can cause mild side effects, such as redness and pain at the injection site lasting up to two days. Immunity develops within 7 - 10 days after the vaccine is given and lasts for up to 5 years.

If You Think You or Friend Might Have Bacterial Meningitis, seek prompt medical attention. Your family doctor and the staff at your local or regional health department office are excellent sources for information on all communicable diseases. You may also call your local health department or Regional Texas Department of Health office to ask about meningococcal vaccine. Additional information may also be found at the web site for the Centers for disease Control and Prevention www.cdc.gov and the Texas Department of Health: dshs.texas.gov

# **Bell Schedules**

Monday/Tuesday/Friday 45-min. class time, 5-min. passing time, 80-min. lunch

Class Period	Time
10 min warning	8:20
SSEP	8:30 - 9:00
1	9:05 - 9:50
2	9:55 - 10:40
3	10:45 - 11:30
4	11:35 - 12:20
Lunch	12:20 - 1:40
5	1:45 - 2:30
6	2:35 - 3:20
7	3:25 - 4:10

Wednesday Block "even day" 90-min. class time, 5-min. passing time, 80-min. lunch

Class Period	Time
10 min warning	8:20
announce $+2$	8:30 - 10:05
SSEP	10:10 - 11:40
Lunch	11:40 - 1:00
4	1:05 - 2:35
6	2:40 - 4:10

# **Thursday Block "odd day"** (updated 10/21) 90-min. class time, 5-min. passing time, 80-min. lunch

Class Period	Time
10 min warning	8:20
announce + 1	8:30 - 10:00
Advocacy	10:05 - 10:15
3	10:20 - 11:50
Lunch	11:50 - 1:00
5	1:05 - 2:35
7	2:40 - 4:10

#### **Assembly Schedule**

40-min. class time, 5-min. passing time, 75-min. lunch

Class Period	Time
10 min warning	8:20
announce + 1	8:30 - 9:15
2	9:20 - 10:00
3	10:05 - 10:45
Assembly	10:50 - 11:50
Lunch	11:50 - 1:10
4	1:15 - 1:55
5	2:00 - 2:40
6	2:45 - 3:25
7	3:30 - 4:10

### **Semester Finals**

Class Period	Time					
10 min warning	8:20					
EXAM	8:30 - 10:30					
EXAM	10:40 - 12:40					
Lunch	12:40 - 1:10					

#### 2021-2022 Academic Calendar Houston Independent School District

Sa

S

S

S

		Ju	ly 202	21						Aug	gust 2	.021		
S	Μ	Т	W	Т	F	S	-	Su	Мо	Tu	We	Th	Fr	
				1	2	3		1	2	3	4	5	6	
4	5	6	7	8	9	10		8	9	10	11	12	13	
11	12	13	14	15	16	17		15	(16)	(17)	18	(19)	20	
18	19	20	21	22	23	24		22	23	24	25	26	27	
25	26	27	28	29	30	31		29	30	31				
		Octo	ber 2	2021			-		ı	Nove	mber	2021	1	
S	Μ	Т	W	Т	F	S		S	Μ	Т	W	Т	F	
					1	2			1	2	3	4	5	
3	(4)	5	6	7	8	9		7	8	9	10	11	12	
10	11	12	13	14	15	16		14	15	16	17	18	19	
17	18	19	20	21	22	23		21	22	23	24	25	26	
24	25	26	27	28	29	30		28	29	30				
31														
		Janu	uary 2	022				February 2022						
S	Μ	Т	W	Т	F	S		S	м	Т	W	Т	F	
						1				1	2	3	4	
2	3	4	5	6	7	8		6	7	8	9	10	11	
9	10	11	12	13	14	15		13	14	15	16	17	18	
16	17	18	19	20	21	22		20	21	22	23	24	25	
23	24	25	26	27	28	29		27	28					
30	31													
		Ad	ril 20	22			- •			M	av 20	22		
S	Μ	Т	W	Т	F	S		S	Μ	Т	W	Т	F	
					1	2		1	2	3	4	5	6	
3	4	5	6	7	8	9		8	9	10	11	12	13	
10	11	12	13	14	15	16		15	16	17	18	19	20	
17	18	19	20	21	22	23		22	23	24	25	26	27	
24	25	26	27	28	29	30		29	30	31				
Key										Holid	lavs			-
,	Holid	avs									ember	6.20	21	
			eparat	ion D	avs (r	no stu	den	ts)			ember			
$\frown$			rvice D					,		-			26,20	2
$\smile$						uuent	5)						1,202	
	EIIIICI	men	t Oppo	Jitun	nies						any 17			•
										Inder		2112	/	

September 2021											
S	Μ	Т	W	Т	F	S					
			1	2	3	4					
5	6	7	8	9	10	11					
12	13	14	15	16	17	18					
19	20	21	22	23	24	25					
26	27	28	29	30							

December 2021											
Μ	Т	W	Т	F	S						
		1	2	3	4						
6	7	8	9	10	11						
13	14	15	16	17	18						
20	21	22	23	24	25						
27	28	29	30	31							
	20	M T 6 7 13 14 20 21	M T W 1 6 7 8 13 14 15 20 21 22	M         T         W         T           1         2         2           6         7         8         9           13         14         15         16           20         21         22         23	M         T         W         T         F           1         2         3         3           6         7         8         9         10           13         14         15         16         17           20         21         22         23         24						

March 2022												
S	Μ	Т	W	Т	F	S						
		1	2	3	4	5						
6	7	8	9	10	11	12						
13	14	15	16	17	18	19						
20	21	22	23	24	25	26						
27	28	29	30	31								

	June 2022											
S	Μ	Т	W	Т	F	S						
			1	2	3	4						
5	6	7	8	9	10	11						
12	13	14	15	16	17	18						
19	20	21	22	23	24	25						
26	27	28	29	30								

Кеу		Holidays	Holidays					
Holidays		September 6, 2	2021	Labor Day	Labor Day			
Teacher Preparat	ion Days (no students)	September 16	, 2021	Fall Holida	Fall Holiday			
Teacher Service D	Days (no students)	November 22	- 26, 2021	Thanksgivi	ng Break			
Enrichment Opp	ortunities	December 20-	31,2021	Winter Bre	eak			
		January 17, 20	)22	MLK Day				
School Day Start and E	nd Times	February 21, 2	022	Presidents	' Day (students only)			
7:30-3:00 Elementary		March 14 - 18	, 2022	Spring Bre	ak			
8:30-4:00 K-8 and M	iddle School	March 28, 202	22	Chavez-Hu	Chavez-Huerta Day			
8:30-4:10 High Schoo	bl	April 15, 2022		Spring Hol	Spring Holiday			
		May 30, 2022		Memorial	Memorial Day			
Significant Dates			<b>Grading Periods</b>		Report Card Dates			
August 16, 2021	Teachers report to work		Aug 23-Oct 1	27 days	October 8, 2021			
August 23, 2021	First day of school		Oct 5-Nov 12	29 days	November 19, 2021			
January 14, 2022	Last day of first semeste	r	Nov 15-Jan 14	30 days	January 21, 2022			
January 19, 2022	First day of second seme	ester	Jan 19-Feb 25	27 days	March 4, 2022			
June 7, 2022	Last day of school for st	udents	Feb 28-April 22	33 days	April 29, 2021			
June 8, 2022	Last day for teachers		April 25-June 7	31 days	June 7, 2022 (ES/MS)			
Julie 8, 2022								

# Flinn Scientific's Student Safety Contract

#### PURPOSE

Science is a hands-on laboratory class. You will be doing many laboratory activities which require the use of hazardous chemicals. Safety in the science classroom is the #1 priority for students, teachers, and parents. To ensure a safe science classroom, a list of rules has been developed and provided to you in this student safety contract. These rules must be followed at all times. Two copies of the contract are provided. One copy must be signed by both you and a parent or guardian before you can participate in the laboratory. The second copy is to be kept in your science notebook as a constant reminder of the safety rules.

#### GENERAL RULES

- 1. Conduct yourself in a responsible manner at all times in the laboratory.
- Follow all written and verbal instructions carefully. If you do not understand a direction or part of a procedure, ask the instructor before proceeding.
- Never work alone. No student may work in the laboratory without an instructor present.
- 4. When first entering a science room, do not touch any equipment, chemicals, or other materials in the laboratory area until you are instructed to do so.
- Do not eat food, drink beverages, or chew gum in the laboratory. Do not use laboratory glassware as containers for food or beverages.
- 6. Perform only those experiments authorized by the instructor. Never do anything in the laboratory that is not called for in the laboratory procedures or by your instructor. Carefully follow all instructions, both written and oral. Unauthorized experiments are prohibited.
- Be prepared for your work in the laboratory. Read all procedures thoroughly before entering the laboratory.
- Never fool around in the laboratory. Horseplay, practical jokes, and pranks are dangerous and prohibited.
- 9. Observe good housekeeping practices. Work areas should be kept clean and tidy at all times. Bring only your laboratory instructions, worksheets, and/or reports to the work area. Other materials (books, purses, backpacks, etc.) should be stored in the classroom area.
- 10. Keep aisles clear. Push your chair under the desk when not in use.

- 11. Know the locations and operating procedures of all safety equipment including the first aid kit, eyewash station, safety shower, fire extinguisher, and fire blanket. Know where the fire alarm and the exits are located.
- 12. Always work in a well-ventilated area. Use the fume hood when working with volatile substances or poisonous vapors. Neverplace your head into the fume hood.
- 13. Be alert and proceed with caution at all times in the laboratory. Notify the instructor immediately of any unsafe conditions you observe.
- 14. Dispose of all chemical waste properly. Never mix chemicals in sink drains. Sinks are to be used only for water and those solutions designated by the instructor. Solid chemicals, metals, matches, filter paper, and all other insoluble materials are to be disposed of in the proper waste containers, not in the sink. Check the label of all waste containers twice before adding your chemical waste to the container.
- 15. Labels and equipment instructions must be read carefully before use. Set up and use the prescribed apparatus as directed in the laboratory instructions or by your instructor.
- 16. Keep hands away from face, eyes, mouth and body while using chemicals or preserved specimens. Wash your hands with soap and water after performing all experiments. Clean all work surfaces and apparatus at the end of the experiment. Return all equipment clean and in working order to the proper storage area.
- 17. Experiments must be personally monitored at all times. You will be assigned a laboratory station at which to work. Do not wander around the room, distract other students, or interfere with the laboratory experiments of others.
- 18. Students are never permitted in the science storage rooms or preparation areas unless given specific permission by their instructor.
- 19. Know what to do if there is a fire drill during a laboratory period; containers must be closed, gas valves turned off, fume hoods turned off, and any electrical equipment turned off.
- Handle all living organisms used in a laboratory activity in a humane manner. Preserved biological materials are to be treated with respect and disposed of properly.

- 21. When using knives and other sharp instruments, always carry with tips and points pointing down and away. Always cut away from your body. Never try to catch falling sharp instruments. Grasp sharp instruments only by the handles.
- 22. If you have a medical condition (e.g., allergies, pregnancy, etc.), check with your physician prior to working in lab.

#### CLOTHING

- 23. Any time chemicals, heat, or glassware are used, students will wear laboratory goggles. There will be no exceptions to this rule!
- 24. Contact lenses should not be worn in the laboratory unless you have permission from your instructor.
- 25. Dress properly during a laboratory activity. Long hair, dangling jewelry, and loose or baggy clothing are a hazard in the laboratory. Long hair must be tied back and dangling jewelry and loose or baggy clothing must be secured. Shoes must completely cover the foot. No sandals allowed.
- Lab aprons have been provided for your use and should be worn during laboratory activities.

#### ACCIDENTS AND INJURIES

- 27. Report any accident (spill, breakage, etc.) or injury (cut, burn, etc.) to the instructor immediately, no matter how trivial it may appear.
- 28. If you or your lab partner are hurt, immediately yell out "Code one, Code one" to get the instructor's attention.
- 29. If a chemical splashes in your eye(s) or on your skin, immediately flush with running water from the eyewash station or safety shower for at least 20 minutes. Notify the instructor immediately.
- When mercury thermometers are broken, mercury must not be touched. Notify the instructor immediately.

#### HANDLING CHEMICALS

- 31. All chemicals in the laboratory are to be considered dangerous. Do not touch, taste, or smell any chemicals unless specifically instructed to do so. The proper technique for smelling chemical fumes will be demonstrated to you.
- 32. Check the label on chemical bottles twice before removing any of the contents. Take only as much chemical as you need.
- 33. Never return unused chemicals to their original containers.

# FLINN SCIENTIFIC INC.

"Your Safer Source for Science Supplies" P.O. Box 219, Batavia, IL 60510 1-800-452-1261 • Fax: (866) 452-1436 flinn@flinnsci.com • www.flinnsci.com

© 2004, Finn Scientific, Inc. All Rights Reserved. Reproduction permission is granted to science teachers who are customers of Finn Scientific, Inc. Batavia, Illinois, U.S.A. No part of this material may be reproduced or transmitted in any form or by any means, electronic or mechanical, including, but not limited to photocopy, recording, or any information storage and retrieval system, without permission in writing from Finn Scientific, Inc.

# Flinn Scientific's Student Safety Contract

- 34. Never use mouth suction to fill a pipet. Use a rubber bulb or pipet pump.
- 35. When transferring reagents from one container to another, hold the containers away from your body.
- 36. Acids must be handled with extreme care. You will be shown the proper method for diluting strongacids. Always add acid to water, swirl or stir the solution and be careful of the heat produced, particularly with sulfuric acid.
- 37. Handle flammable hazardous liquids over a pan to contain spills. Never dispense flammable liquids anywhere near an open flame or source of heat.
- 38. Never remove chemicals or other materials from the laboratory area.
- 39. Take great care when transporting acids and other chemicals from one part of the laboratory to another. Hold them securely and walk carefully.

#### HANDLING GLASSWARE AND EQUIPMENT

- 40. Carry glass tubing, especially long pieces, in a vertical position to minimize the likelihood of breakage and injury.
- 41. Never handle broken glass with your bare hands. Use a brush and dustpan to clean up broken glass. Place broken or waste glassware in the designated glass disposal container.
- 42. Inserting and removing glass tubing from rubber stoppers can be dangerous. Always lubricate glassware (tubing, thistle tubes, thermometers, etc.) before attempting to insert it in a stopper. Always protect your hands with towels or cotton gloves when inserting glass tubing into, or removing it from, a rubber stopper. If a piece of glassware becomes "frozen" in a stopper, take it to your instructor for removal.
- 43. Fill wash bottles only with distilled water and use only as intended, e.g., rinsing glassware and equipment, or adding water to a container.
- 44. When removing an electrical plug from its socket, grasp the plug, not the electrical cord. Hands must be completely dry before touching an electrical switch, plug, or outlet.
- 45. Examine glassware before each use. Never use chipped or cracked glassware. Never use dirty glassware.
- 46. Report damaged electrical equipment immediately. Look for things such as frayed cords, exposed wires, and loose

# FLINN SCIENTIFIC INC.

connections. Do not use damaged electrical equipment.

- 47. If you do not understand how to use a piece of equipment, ask the instructor for help.
- 48. Do not immerse hot glassware in cold water; it may shatter.

#### HEATING SUBSTANCES

- 49. Exercise extreme caution when using a gas burner. Take care that hair, clothing and hands are a safe distance from the flame at all times. Do not put any substance into the flame unless specifically instructed to do so. Never reach over an exposed flame. Light gas (or alcohol) burners only as instructed by the teacher.
- 50. Never leave a lit burner unattended. Never leave anything that is being heated or is visibly reacting unattended. Always turn the burner or hot plate off when not in use.
- 51. You will be instructed in the proper method of heating and boiling liquids in test tubes. Do not point the open end of a test tube being heated at yourself or anyone else.
- 52. Heated metals and glass remain very hot for a long time. They should be set aside to cool and picked up with caution. Use tongs or heat-protective gloves if necessary.
- 53. Never look into a container that is being heated.
- 54. Do not place hot apparatus directly on the laboratory desk. Always use an insulating pad. Allow plenty of time for hot apparatus to cool before touching it.
- 55. When bending glass, allow time for the glass to cool before further handling. Hot and cold glass have the same visual appearance. Determine if an object is hot by bringing the back of your hand close to it prior to grasping it.

#### QUESTIONS

- 56. Do you wear contact lenses?
- 57. Are you color blind?

58. Do you have allergies?

If so, list specific allergies \_\_\_\_\_

"Your Safer Source

for Science Supplies

#### AGREEMENT

Ι...

(student's name) have read and agree to follow all of the safety rules set forth in this contract. I realize that I must obey these rules to ensure my own safety, and that of my fellow students and instructors. I will cooperate to the fullest extent with my instructor and fellow students to maintain a safe lab environment. I will also closely follow the oral and written instructions provided by the instructor. I am aware that any violation of this safety contract that results in unsafe conduct in the laboratory or misbehavior on my part, may result in being removed from the laboratory, detention, receiving a failing grade, and/or dismissal from the course.

#### Student Signature

#### Date

Dear Parent or Guardian:

We feel that you should be informed regarding the school's effort to create and maintain a safe science classroom/laboratory environment.

With the cooperation of the instructors, parents, and students, a safety instruction program can eliminate, prevent, and correct possible hazards.

You should be aware of the safety instructions your son/daughter will receive before engaging in any laboratory work. Please read the list of safety rules above. No student will be permitted to perform laboratory activities unless this contract is signed by both the student and parent/guardian and is on file with the teacher.

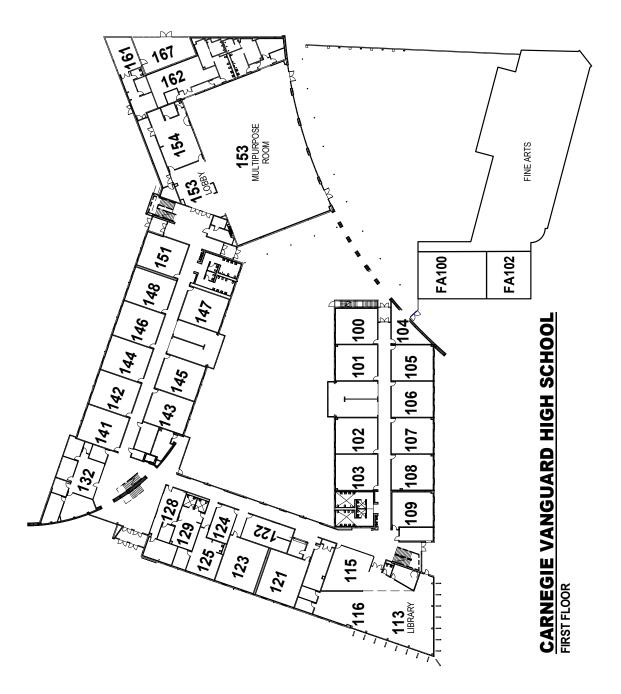
Your signature on this contract indicates that you have read this Student Safety Contract, are aware of the measures taken to ensure the safety of your son/daughter in the science laboratory, and will instruct your son/ daughter to uphold his/her agreement to follow these rules and procedures in the laboratory.

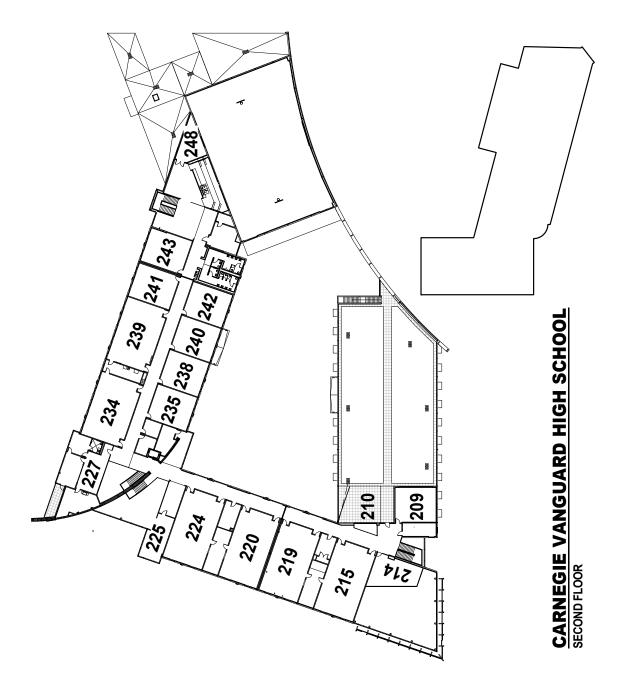
Parent/Guardian Signature

Date

#### P.O. Box 219, Batavia, IL 60510 1-800-452-1261 • Fax: (866) 452-1436 flinn@flinnscl.com • www.flinnscl.com

© 2004, Flinn Scientific, Inc. All Rights Reserved. Reproduction permission is granted to science teachers who are customers of Flinn Scientific, Inc. Batavia, Illinois, U.S.A. No part of this material may be reproduced or transmitted in any form or by any means, electronic or mechanical, including, but not limited to photocopy, recording, or any information storage and retrieval system, without permission in writing from Flinn Scientific, Inc.





# HISD Distinguished Level of Achievement (DLA) Requirements for Personal Graduation Plan (PGP)

For Students Entering 9th Grade in or after 2014-2015

Cancegie Vanguard MS       9 <sup>h</sup> Grade Entry Year       Date Initiated       Date Amended         Date concent selections include: Multi-Disciplinary Staties (MD). Arts & Humatities (AID, Business & Industry (MD), STEM (S), and Public Service (PS).         Selections       Date initiated       Imitation of the Part of the	Student ID			First Name					Last N	lame					
<form></form>	Campus <u>Carnegi</u>	Campus <u>Carnegie Vanguard HS</u> 9th Grade Entry Year						Date Initiated Date Amended							
Biologin       Involue       Image: Involue <td>Endorsement select</td> <td>ions inclu</td> <td>de: Mi</td> <td>ulti-Disciplinary Studies</td> <td>(MD)</td> <td>), Arts &amp;</td> <td>&amp; Humanities (AH),</td> <td>Busin</td> <td>ess &amp; Indu</td> <td>stry (<b>BI</b>),</td> <td>STEM (S), and</td> <td>Public Serv</td> <td>ice (<b>PS</b></td> <td>).</td>	Endorsement select	ions inclu	de: Mi	ulti-Disciplinary Studies	(MD)	), Arts &	& Humanities (AH),	Busin	ess & Indu	stry ( <b>BI</b> ),	STEM (S), and	Public Serv	ice ( <b>PS</b>	).	
Engloh 1	Fnglish: 4 Whole (	redits		IOTE: 2 Whole Cre	dits		My Grad	•••••••••••••••••••••••••••••••••••••••							
English 2						Fo	undati	on 22	X Distin	guished 26	See IEI	þ			
English 3 English 4   English 4 English 4   English 4 English 4   Aigebra 1 English 4   Aigebra 2 English 4   Aigebra 1 English 4   Aigebra 2 English 4   Aigebra 1 English 4   Aigebra 2 English 4   Math 4 English 4   Math 4 English 4   Biology Solances 4   World History English 2   Biology English 1   Math 4 Bi S   Pic 1 credit / Health:   Science 4 Fine Arts: 1 Whole Credits   Math 4 Bi S   Pic 1 credit / Health:   Science 4 Fine Arts: 1 Whole Credits   Math 4 Bi S   Pic 1 credit / Health:   Science 4 Fine Arts: 1 Whole Credits   Math 4 Bi S   Pic 1 credit / Health:   Science 4 Fine Arts: 1 Whole Credits   Math 4 Bi S   Pic 1 credit / Health:	_		_												
Engitsh 4								-		ns are to:		•	•		
Math: 4 Whole Credits   Algebra 1   Geometry   Algebra 2   Math: 4 Whole Credits   Geometry   Algebra 2   Math: 4 Whole Credits   Science: 4 Whole Credits   Biology   Linema Geography   With Mark 100 History   US Biology   Die Telenty Health:   US Biology   US Biology   US Biology   US Biology   Die Telenty Health:   Die Telenty Health: <td< td=""><td></td><td></td><td>_</td><td colspan="3"></td><td>•</td><td></td><td></td><td></td><td>•</td><td></td><td colspan="3"></td></td<>			_				•				•				
Algebra 1   Geometry   Algebra 2   Biology   Chemistry   Biology   US Government   Human Geography   World History   Discovernment   Mathoe Credits   Select one: MD _ AH Bl SPS   Aldvanced Science, PC can NOT   betaken after Chemistry.   PE   PE    CTE AND /OR Other Electives: S. 5 Total Credits Combined   Career & Technical Education   Ctre wB Icchnical Education   Other Electives:   Studen has ARD/IEP to support exit.   yspeed by parent of guardin.   Studen thas submitted an Opt-Out of Endorsement form   yspeed by parent of guardin.   Alt be B <td colspan="2"></td> <td></td> <td></td> <td>rodite</td> <td></td> <td>X Fo</td> <td>ur Yea</td> <td>r College</td> <td></td> <td>TSI</td> <td>I</td> <td></td> <td></td>					rodite		X Fo	ur Yea	r College		TSI	I			
Geometry I   Algebra 2 I   Alg. Reasoning I   Biology I   Index I   Biology I   Index I   Alg. Reasoning I   Biology I   Index I   In			7		leuit	<b>,</b>		• •							
Algebra 2 Alg. Reasoning   Math 4 Algebra 2   No Math Models or Algebraic Reasoning after Algebra 2.   Science: 4 Whole Credits   Biology Human Geography   Chemistry   Physics   Science 4   Word History   US Bovernment   US Government   Verd History   US Government   Verd History <							Ot	her			Othe	er			
Addr.4   Adgebra 2   No Math Models or Algebra 2.   Science: 4 Whole Credits   Biology   Chemistry   Biology   Chemistry   Biology   Chemistry   Biology   Chemistry   Biology   Chemistry   Biology   Biology   Chemistry   Biology   Chemistry   Biology   Chemistry   Biology   US History   US History   US Government   Matroeconomics   Matroeconomics   PE:   Credit   Health   Ctf AND /DR Oher Electives: 5.5 Total Credits Combined   Career & Technical Education   Other Electives:   Sudent has ARD/IEP to support ext.   Yes   No Math has ARD/IEP to support ext.   Yes   Student has submitted an Opt-Out of Endorsement form   Signed by parent of guardian   Student has submitted an Opt-Out of Endorsement form   Yes   No      A B B B  Career & Technical Education Pathway Sequence should be listed: A B B     Career & Technical Education Pathway Sequence should be listed: Career & Technical Education Pathway Sequence should be listed: Career & Technical Education Pathway Sequence should be listed: Career & Technical Education Pathway Sequence should be listed: Career & Technical Education Pathway Sequence should be listed: Career & Technical Education Pathway Sequence sho							My Care	er Int	erest:						
No Math Models or Algebraic Reasoning after Algebra 2.     Science: 4 Whole Credits     Biology     Chemistry     Physics     Science: 4 Whole Credits     Biology     Chemistry     Pixiss     Science: 4 Whole Credits     Biology     Chemistry     Pixiss     Science: 4 Whole Credits     Biology     Use does NOT count as     Advanced Science: IPC Caes NOT   be taken after Chemistry.     PE   Cere AND /OR Other Electives: 5.5 Total Credits Combined   Career & Technical Education     Other Electives     Student has ARD/IEP to support exit.        Yes   Student has submitted an Opt-Out of Endorsement form   Student has submitted an Opt-Out of Endorsement form   Student has submitted an Opt-Out of Endorsement form   Yes   No <td></td> <td></td> <td>-</td> <td></td>			-												
Science: 4 Whole Credits       Social Studies: 4 Whole Credits         Biology		ls or Alge	hraic F	5	2		Select of	ne.					PS		
Social Studies: 4 Whole Credits         Biology         Chemistry         Physics         Science 4         US downment         US downment         Wordd History         US downment         Macroeconomics         Advanced Science. IPC can NOT be taken after Chemistry.         PE         Image: Chemistry         Image: Chemistry	No math moue		braic i		2.								<u> </u>		
Biology   Chemistry   Physics   Science 4   US Government   US Government   Macroeconomics   Macroeconomics   Macroeconomics   Macroeconomics   PE: 1 Credit / Health: 0.5 Credit   PE: 1 Credit / Health: 0.5 Credit   Fine Arts: 1 Whole Credit   PE: 1 Credit / Health: 0.5 Credit   Fine Arts: 1 Whole Credit   Select one:   Macroeconomics	Science: 4 Whole Cr	edits	-	Social Studies: 4 Who	le Cre	edits									
Chemistry   Physics   Science 4   US Government   Macroeconomics   Advanced Science. IPC can NOT be taken after Chemistry.   PE: 1 Credit / Health: 0.5 Credit   PE   IEdorsement 3: 4 Whole Credits   Select one:   Macroeconomics   Advanced Science. IPC can NOT be taken after Chemistry.   PE: 1 Credit / Health: 0.5 Credit   Fine Arts: 1 Whole Credit   PE   CTE AND /OR Other Electives: 5.5 Total Credits Combined Career & Technical Education   CTE AND /OR Other Electives: 5.5 Total Credits Combined 	Biology		_	Human Geography				TTC				.5			
Privises   Science 4   US Government   Macroeconomics   Pic 1 Credit / Health: 0.5 Credit Fine Arts: 1 Whole Credit Pic 1 Credit / Health: 0.5 Credit Fine Arts: 1 Whole Credit Select one: MDAHBISPS Image: A model of the selectives Endorsement 3: 4 Whole Credits Select one: MDAHBISPS Image: A model of the selectives Endorsement 3: 4 Whole Credits Select one: MDAHBISPS Image: A model of the selectives Image: A model of the selectives CTE AND /OR Other Electives: 5.5 Total Credits Combined Career & Technical Education Other Electives Select one: MDAHBISPS Image: A model of the selectives Select one: MDAHBISPS Image: A model of the selectives Select one: MDAHBISPS Image: A model of the selectives Image: A model of the selectives Select one: MDAHBISPS Image: A model of the selectives <	Chemistry	Chemistry		World History							Ire				
IPC does NOT count as       Macroeconomics         Advanced Science. IPC can NOT       be taken after Chemistry.         PE: 1 Credit / Health: 0.5 Credit       Fine Arts: 1 Whole Credit         PE       Image: Completion of the state of	Physics			US History											
Include NOT Control   Advanced Science. IPC can NOT   be taken after Chemistry.   PE: 1 Credit / Health: 0.5 Credit   Fine Arts: 1 Whole Credit   Imach detection   Imach detection <td< td=""><td colspan="2">Science 4 US Government</td><td>Select o</td><td>ne:</td><td></td><td></td><td></td><td></td><td>PS</td><td></td></td<>	Science 4 US Government		Select o	ne:					PS						
be taken after Chemistry.  PE: 1 Credit / Health: 0.5 Credit  Fine Arts: 1 Whole Credit Fine Arts:				Macroeconomics											
PE   Health      Health   Health      CTE AND /OR Other Electives: 5.5 Total Credits Combined   Career & Technical Education   Other Electives   Other Electives      CTE AND /OR Other Electives: 5.5 Total Credits Combined   Career & Technical Education <td< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></td<>															
PE   Health      Health   Health      CTE AND /OR Other Electives: 5.5 Total Credits Combined   Career & Technical Education   Other Electives   Other Electives      CTE AND /OR Other Electives: 5.5 Total Credits Combined   Career & Technical Education <td< td=""><td>PF: 1 Credit / Health: 0</td><td>5 Crodit</td><td></td><td>Fine Arts: 1 Whole</td><td>Crad</td><td>i+</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></td<>	PF: 1 Credit / Health: 0	5 Crodit		Fine Arts: 1 Whole	Crad	i+									
Health   CTE AND /OR Other Electives: 5.5 Total Credits Combined   Career & Technical Education   Other Electives: 5.5 Total Credits Combined   Career & Technical Education   Other Electives: 5.5 Total Credits Combined   Career & Technical Education   Other Electives: 5.5 Total Credits Combined   Career & Technical Education   Other Electives: 5.5 Total Credits Combined   Career & Technical Education   Student has submitted an Opt-Out of Endorsement form Student has submitted an Opt-Out of Endorsement form Yes No Student has submitted an Opt-Out of Endorsement form Yes No Student has submitted an Opt-Out of Endorsement form Yes No Student has submitted an Opt-Out of Endorsement form Yes No Student has submitted an Opt-Out of Endorsement form Yes No The importance of a High School graduation plan that includes one or more endorsements and the distinguished level of achievement and the importance of Post-Secondary Education, automatic college admission and eligibility for financial aid have been explained to me.		.5 creat	1		cieu		1								
Health       Select one:       MDAHBISPS         CTE AND /OR Other Electives:       5.5 Total Credits Combined         Career & Technical Education       Other Electives         Image: Select one:       MDAHBISPS			_				]		_						
CTE AND /OR Other Electives: 5.5 Total Credits Combined         Career & Technical Education       Other Electives         Other Electives       Image: Completion         Image: Completion       Image: Completion         Student has ARD/IEP to support exit.       Yes         Image: Completion       Image: Completion         Image: Completion       Image: Com	Health						Select o	ne:					PS		
Career & Technical Education Other Electives															
Image: state of the importance of a High School graduation plan that includes one or more endorsements and the distinguished level of achievement and the importance of Post-Secondary Education, automatic college admission and eligibility for financial aid have been explained to me.	•		ives: 5												
Grade Pathway Courses     Grade Pathway Courses     Grade Pathway Courses     MS A     MS A     9th A     10th A        10th A   <		uucation	7	Other Liettives	,		1								
Grade Pathway Courses     Grade Pathway Courses     Grade Pathway Courses     MS A     MS A     9th A     10th A        10th A   <			-												
Grade Pathway Courses     Grade Pathway Courses     Grade Pathway Courses     MS A     MS A     9th A     10th A        10th A   <			_				<u>L</u>	C	areer & Te	chnical Ed	ucation Pathw	av Sequence			
MS   Student has ARD/IEP to support exit.   Yes   No   Student has submitted an Opt-Out of Endorsement form   Yes   No   Inth   Inth <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>Grade</td> <td></td> <td></td> <td></td> <td></td> <td>r</td> <td></td> <td></td>							Grade					r			
Student has ARD/IEP to support exit.     Yes   No   Student has submitted an Opt-Out of Endorsement form signed by parent of guardian.     Yes   No     10 <sup>th</sup> 10 <sup>th</sup> A     B     11 <sup>th</sup> A     B     12 <sup>th</sup> A     B        10 <sup>th</sup> A     B        A     B        A     B        A     B        A     B        A   B         A   B    12 <sup>th</sup> B               A    B <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>,</td> <td></td> <td></td> <td></td> <td>-</td> <td></td>									,				-		
Student has ARD/IEP to support exit.       Yes       No       10 <sup>th</sup> A       B         Student has submitted an Opt-Out of Endorsement form       Yes       No       11 <sup>th</sup> A       B         Student has submitted an Opt-Out of Endorsement form       Yes       No       12 <sup>th</sup> A       B         Ith       A       B       Ith       Ith       Ith       Ith       Ith         Student has submitted an Opt-Out of Endorsement form       Yes       No       Ith       Ith       Ith       Ith       Ith         Student has submitted an Opt-Out of guardian.       Ith       Ith <td< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td>-</td><td></td></td<>													-		
Student has submitted an Opt-Out of Endorsement form signed by parent of guardian.       Yes       No       11 <sup>th</sup> A       B         Student has submitted an Opt-Out of Endorsement form signed by parent of guardian.       Yes       No       12 <sup>th</sup> A       B         Student has submitted an Opt-Out of Endorsement form signed by parent of guardian.       Yes       No       12 <sup>th</sup> A       B         Student has submitted an Opt-Out of Endorsement form signed by parent of guardian.       Yes       No       12 <sup>th</sup> A       B       D         ALL courses in the CTE pathway sequence should be listed.       A       D       B       D         The importance of a High School graduation plan that includes one or more endorsements and the distinguished level of achievement and the importance of Post-Secondary Education, automatic college admission and eligibility for financial aid have been explained to me.	Student has ARD/IEP to su	upport ex	it.	Yes		No									
Student has submitted an Opt-Out of Endorsement form       Yes       No         signed by parent of guardian.       Image: Comparison of the com	,,				[								-		
ALL courses in the CTE pathway sequence should be listed. The importance of a High School graduation plan that includes one or more endorsements and the distinguished level of achievement and the importance of Post-Secondary Education, automatic college admission and eligibility for financial aid have been explained to me.	Student has submitted an	Opt-Out	of End	lorsement form Yes	_	No									
The importance of a High School graduation plan that includes one or more endorsements and the distinguished level of achievement and the importance of Post-Secondary Education, automatic college admission and eligibility for financial aid have been explained to me.	signed by parent of guard	lian.			[								_		
the importance of Post-Secondary Education, automatic college admission and eligibility for financial aid have been explained to me.								ALL CO	urses in th	e CTE path	way sequence	should be l	isted.		
	Student Signature			Parent Signatu	ıre			Co	unselor/ A	dministrate	or Signature				

It is the policy of the Houston Independent School District not to discriminate on the basis of age, color, handicap or disability, ancestry, national origin, marital status, race, religion, sex, veteran status, political affiliation, sexual orientation, gender identity and/ or gender expression in its educational or employment programs and activities.

#### Strategies for Achieving Student Success!

At Carnegie, students have so many ways that they can actively build a solid foundation to ensure their own successful learning. And, to help them stay fully involved in the learning process, here's a list of suggested strategies that they can use to seek out help and stay organized.

Best Practices for Successful Students:

- 1. Use your student planner, as you receive assignments and due dates, so that you can always see what is coming up and you can prioritize your study time accordingly. (If you prefer seek out a "digital planner" that you can use with your phone or laptop.)
- 2. At the start of each course, reach out to several classmates in order to create a buddy-system to help you (as needed) with managing the classroom expectations and assignments. [Suggestions: use the "Homework Hotline" page template, or use the "ask 3 then me" rule that many teachers encourage meaning that you ask several classmates for clarification/help prior to emailing/approaching your teacher.]
- 3. For any general questions or questions about CVHS policies, you should speak to your homeroom Advocate. The advocate is meant to be a helpful (non-academic) guide for you as you make your way through high school.
- 4. If you are experiencing heightened stress, sadness, or anxiety, please remember that you may always reach out to one of the counselors: Mr. Frau, Ms. Chapman, or Ms. Griffin. Your counselors are an excellent resource for you in times of emotional adversity. Please email them to schedule an appointment so that they can make time to speak with you.
- 5. Seek out additional resources and make note of any suggested outside (supplemental) resources that can assist you with your courses. Often, these resources are suggested by your teacher, but your classmates can often share helpful websites and resources with you as well. And, if you conduct a search for resources on your own, you will likely find materials that can assist you. Example: *Khan Academy* is an excellent resource for additional studying and it covers much of the content from our CVHS courses. Additionally, there are many helpful *YouTube* video resources can be extremely helpful as well, like the "*CrashCourse*" videos. If you do a search for your subject area, or a specific concept, you will likely find a wide variety of helpful resources.

#### Need more help??

- 1. Seek out peer-tutoring. Academic honor societies have set up drop-in tutoring on different days of the week during lunch and advocacy. Take advantage of these tutoring sessions for each content area. The student tutors have been where you are and are an exceptional peer resource for assisting you in your classes.
- 2. **Request retakes**. As per our campus retake policy, you may request up to two retakes per grading cycle. And, those retakes can apply to tests or quizzes (with the exception of reading quizzes). Please follow your teacher's policy for how to submit a retake request. [And, please be aware that if you schedule a retake and fail to complete it during the arranged time that opportunity still counts as one of your retakes.]
- 3. Email your teacher directly with any concerns about a specific classroom situation or assignment. It is an excellent practice to reach out to your teachers whenever you have concerns about your performance or specific assignments. Make sure that you have made excellent use of the "best practices" listed above, prior to asking your teacher for additional content. This will help you to build a strong foundation for your own learning and give you greater confidence for tackling any challenges that you encounter.