



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Packing List for a YMCA Camp Cullen Retreat

Required

- **All bedding – rooms consist of bare bunk beds – rooms are shared – you may disagree over the temperature at which your room is kept – come prepared to adapt**
- **Toiletries – we will provide the toilets and the showers, also sinks**
- **Clothing – ALL will appreciate if you are clothed entirely, YOU will appreciate if you are clothed **WARMLY** – activities will be outdoors, and while this is Texas, that doesn't mean it's going to be warm - and bring extra**
- **Sturdy shoes – for those who haven't been here before, there is a fair degree of walking involved – closed toes shoes are **REQUIRED** for high ropes activities**
- **You may get dirty, smoky, wet, sweaty – plan accordingly**
- **Flashlight – it gets dark at night...this isn't the city - you may also want to bring some extra batteries**
- **Bugspray & Sunscreen - enough said**

Optional

- **Ear plugs (this is under optional... but really... recommended)**
- **Snacks – we will feed you, but you may find that we don't feed you **EXACTLY** what you want, and no-one wants to be left without a backup snack**
- **Puppy treats – there may be a puppy, and if you want her to love you, you're gonna have to bribe her.**

Please direct any questions to our friendly Conference Director, Jeremy Hickman.