



## HISD SAY SOMETHING WEEK

**March 30–April 1, 2021**

**Who:**

- **Targeted Secondary Campus Participation**
  - Targeted schools selected by school office
  - Targeted schools selected by Sandy Hook Data
    - Campuses with Low Number of Tips (students not actively using the reporting system)
    - Campuses with High Number of Tips (students are very active)

**What:** Participating campuses will be provided with a list of suggested activities to complete in the classroom or virtual (**TEAMS**).

- Resources provided includes social media post suggestions, parent letter template, Morning announcement suggestions, posters for campus promotion.
- Sample week Activities include: **Point of View PSA, Identifying trusted adults on campus, researching historical upstanders, Social media posting, Pledges, and classroom lessons provided.**
- **Say Something** Educator's Guide: [SSARS Educators Guide](#)

**When:** March 30- April 1, 2021

**Why:** Empower students to “know the signs” and learn how to prevent violence in schools. Celebrate “upstander” culture and prevent school violence.



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Registration links: [online training website](#); [www.sandyhookpromise.org/savepromiseclub](http://www.sandyhookpromise.org/savepromiseclub)

	Lesson Activities	Learning Objectives
<b>Activity</b> (Option 1)	<p><b>What is an Upstander?</b> Lesson #1 pgs. 19-23 Circle Discussion Guide: Point of View PSA: Look at Me!</p> <p>Circle discussion: Prepare for effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.</p>	<ul style="list-style-type: none"> <li>Students will accurately identify the warning signs shown in Point of View.</li> <li>Students will take the perspective of others while engaging in a discussion with peers.</li> <li>Students will communicate clearly and actively listen during community circle.</li> </ul>
<b>Activity</b> (Option 2)	<p><b>Youth make History as Upstanders</b> Lesson #4 pgs. 36- 41 The Upstander Fishbowl: A Convening of Greatness- Pg. 39</p> <p>Fishbowl discussion on: Upstanders in relations to behaviors and social interactions based on ethical standards, safety concerns, and social norms.</p>	<ul style="list-style-type: none"> <li>Students will compare the perspective of different youth upstanders by participating in and observing a fishbowl discussion.</li> <li>Students will examine how a <b>culture of connection</b> is built when more students engage in upstander actions.</li> </ul>
<b>Activity</b> (Option 3)	<p><b>Trusted Adults</b> Lesson # 5 pgs. 42-47 Qualities Trusted Adults Share- Pg. 43</p> <p>Brainstorm the qualities of Trusted adults using the first letter of the word T-R-U-S-T.</p>	<ul style="list-style-type: none"> <li>Students will define the term Trusted adults.</li> <li>Students will identify trusted adults in the school community and home.</li> <li>Students will create and distribute trusted adult signs to the trusted adults in their school community and home.</li> </ul>
<b>Activity</b> (Option 4)	<p><b>It's Not a Joke!</b> Lesson # 7 pgs. 52-54 Circle Discussion: Asked students if they have heard other jokes made about serious issues and to share if comfortable.</p>	<ul style="list-style-type: none"> <li>Students will learn the serious consequences of making jokes about serious warning signs and threats.</li> <li>Student will develop strategies for combating the joke culture.</li> </ul>
<b>Activity</b> (Option 5)	<p><b>Difficult Conversations</b> Lesson #6 Pgs. 48- 51 Set-up a simulation activity</p> <p>Students will practice having those difficult conversations using simulations and role plays.</p>	<ul style="list-style-type: none"> <li>Students will assess warning signs and treats to be reported to trusted adults.</li> <li>Students will practice saying something to a trusted adult by role playing the use of a three-step model for having difficult conversations.</li> </ul>



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Say Something is a program for students in grades 6-12. Youth-led clubs can implement and sustain Say Something's message throughout their campus.

If you haven't already registered, please visit [www.sandyhookpromise.org/savepromiseclub](http://www.sandyhookpromise.org/savepromiseclub) and complete the [online training](#) for great resources and materials for your youth-led club.

Thank you for participating, and keep looking for great information and resources! For more information, please contact Keyana Williams, Senior SEL Program Manager @ [kwilli65@houstonisd.org](mailto:kwilli65@houstonisd.org) or Kevin Jackson, SEL Program Manager @ [Kevin.Jackson@houstonisd.org](mailto:Kevin.Jackson@houstonisd.org).