



# Spring into SEL

## SEL Live Lesson Topics

**9**

Problem solving and perseverance

**16**

Problem solving and perseverance

**23**

Coping with test-taking anxiety

**30**

Coping with test-taking anxiety

## Fridays in April

Elementary

9:00-9:30

1:00-1:30

Secondary

10:00-10:30

2:00-2:30

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