

rethink **Ed**

Inspiring Hope. Powering Potential

Social Stories
Wearing a Mask

Because of the Coronavirus, I need to wear a mask when I go outside or visit places.



- Wearing a mask can help to keep me safe from catching germs from others and from spreading my own germs to other people.



It is important to make sure the mask covers my nose and mouth completely.



There are many kinds of masks that I can wear.



I can also wear a scarf or a bandanna as a mask.



When I go out, I will also see other people wearing masks.



I should always wash my hands before I put my mask on and after I take it off!



When I am done with my mask, I need to throw it in the garbage or I can wash it to wear it again.



At first wearing my mask, may feel a little funny.
But soon I will get used to it and it won't
feel so funny anymore.



Wearing my mask will help to protect me, my family
and other people in my community!

