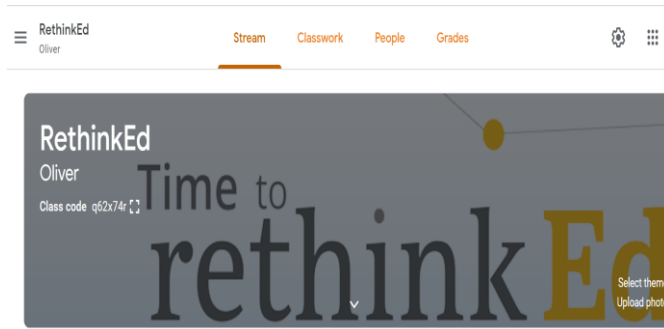


## Log on to RethinkEd.com and open your Google Classroom



In RethinkEd find the lesson you would like to teach in the Lesson Library. Assign video and Quiz to student and then click Prep.

rethinkEd School Closure Preparedness Support Content Print student usernames and passwords Cindy Oliver

Dashboard Lesson Library

Lessons Activities My Playlist

Search

CCSS - Common Core Learning Standards  
 NYSEL - New York State Learning Standards & Core Curriculum

LESSON TYPE  
 SEL

TIER LEVEL  
 All Tiers

GRADES  
 All Grades

DOMAINS  
 All Domains

PROGRAM NAME	TIER LEVEL	GRADE	ACTIONS
<b>SEL</b>			
Get What You Need	Tiers 1 and 2	Grade 8	...
My Mindful Body	Tiers 1 and 2	Grade 2	...
Look for the Good	Tiers 1 and 2	Grade 8	...
THINK and Be Honest	Tiers 1 and 2	Grade 4	...
Weathering the Whirlwind	Tiers 1 and 2	Grade 9	...
Actions and Consequences	Tiers 1 and 2	Grade 1	...
Find the Funny	Tiers 1 and 2	Grade 8	...

Prep  
 Assign Lesson  
 Assign Video  
 Assign Activity  
 Assign Quiz  
 Teach  
 Remove

## In Prep, download your materials

The screenshot shows the rethinkEd interface with a lesson overview for "Self-Care : Get What You Need". The overview includes:

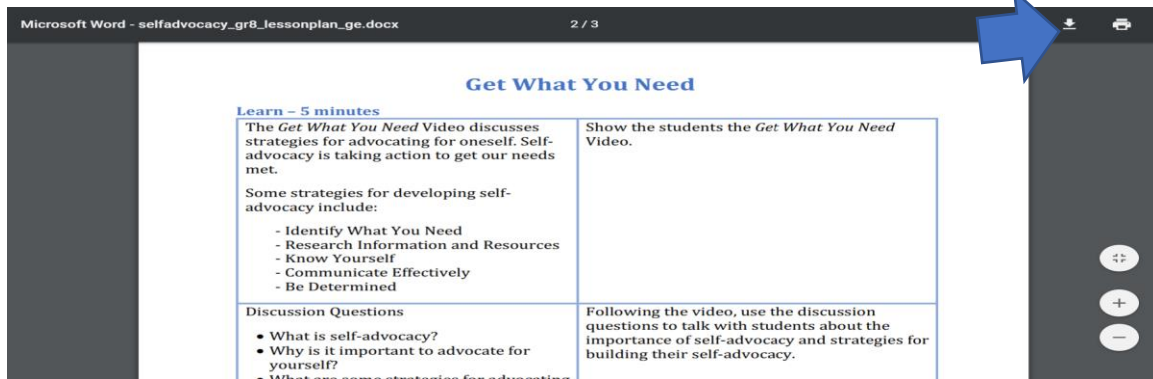
- Objectives:** Students will learn strategies for self-advocacy to get their wants and needs met.
- Vocabulary:** advice, advocate, determination, self-advocacy.
- Helpful Hints:** Make a copy of the *Advocate for Your Needs Student Resource* for each student and one set of *When/Then Cards* for each group of 5 students for the Practice part of the lesson. Make a copy of the *Advocating for Myself Activity* and the *Advocate for Your Needs Student Resource* for each student for the Dive Deeper part of the lesson.
- Student Goals:** I can advocate for myself to get what I need.
- Materials:** [Advocate for Your Needs Student Resource](#), [When/Then Cards](#), [Advocating for Myself Activity](#), [Tier 1 Materials](#), [Academic Connections](#), [Home Connections](#).

A blue arrow points from the Materials section to a "PrintResources" bar at the bottom. The bar shows "1 / 3" and a download icon. Below this bar are two sample cards titled "ADVOCATE FOR YOUR NEEDS". Each card has three sections: "IDENTIFY WHAT YOU NEED" (What do you need or want? Take responsibility for getting your needs met.), "RESEARCH INFORMATION" (What resources are available to help you meet your need? Ask others. Search the Internet.), and "KNOW YOURSELF" (What are your strengths and weaknesses?).

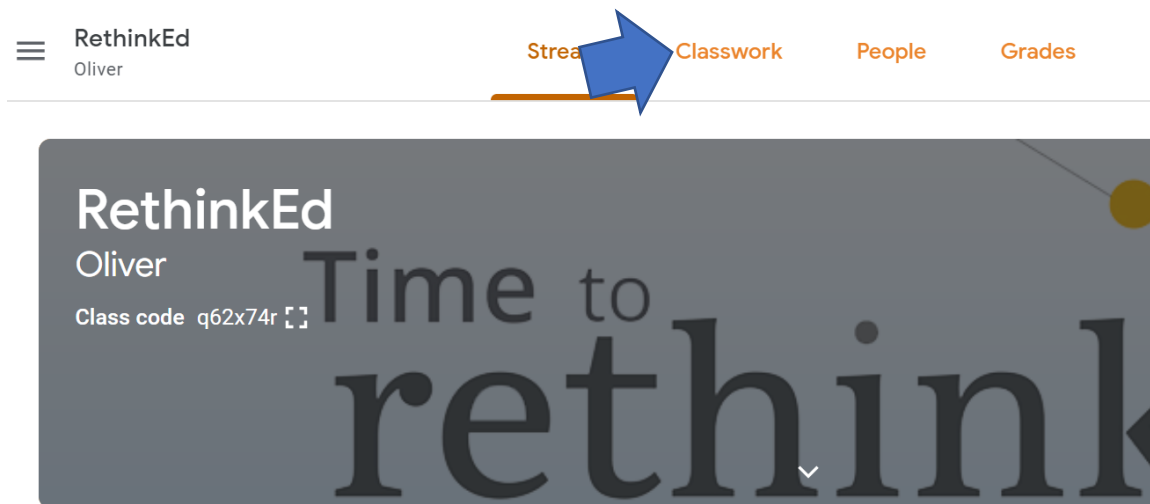
## In Prep, click View Lesson Plan

The screenshot shows the rethinkEd interface with the same lesson overview as above. At the bottom of the overview, there are three buttons: "View Lesson Plan", "Teacher Training", and "Teach Lesson". A blue arrow points from the "View Lesson Plan" button to the right.

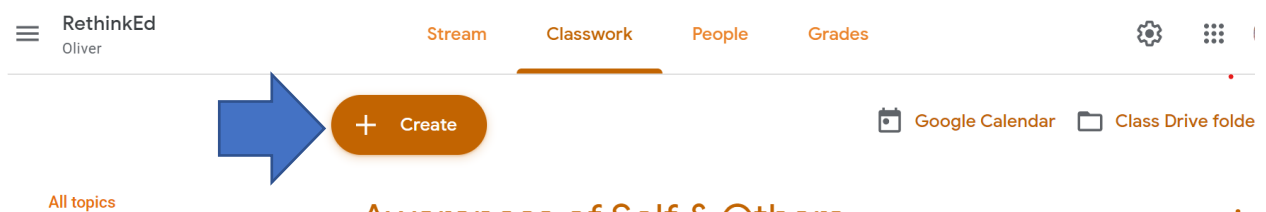
Download/cut and paste the lesson plan and decide how you will use the lesson.



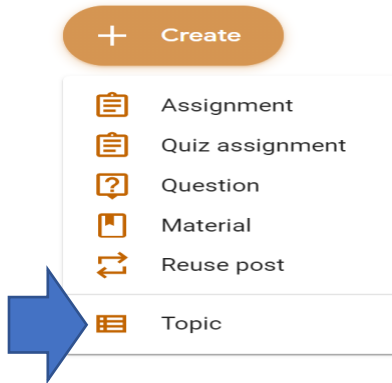
In Google Classroom, click Classwork



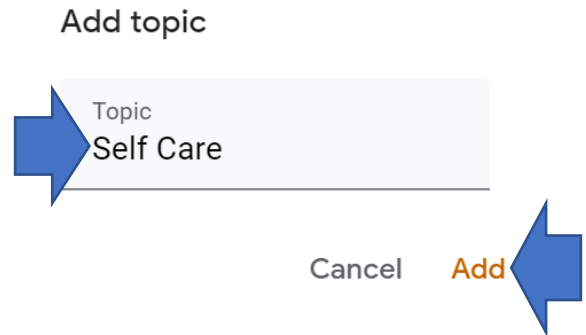
In Google Classroom, click Create



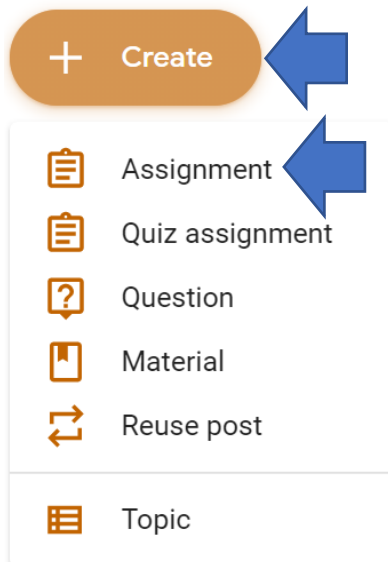
In Google Classroom, click Topic



Then type Topic name then click add



In Google Classroom, click Create then Assignment



In RethinkEd, review the lesson plan and decide how you will utilize it then cut/past into Google Classroom.

**Get What You Need**

**Learn - 5 minutes**

The *Get What You Need* Video discusses strategies for advocating for oneself. Self-advocacy is taking action to get our needs met.

Some strategies for developing self-advocacy include:

- Identify What You Need
- Research Information and Resources
- Know Yourself
- Communicate Effectively
- Be Determined

**Discussion Questions**

- What is self-advocacy?
- Why is it important to advocate for yourself?
- What are some strategies for advocating for yourself?
- Tell about a time that you advocated for yourself.

Show the students the *Get What You Need* Video.

---

building their self-advocacy.

Assignment

---

Title  
**Get What You Need**

---

Instructions (optional)  
**Directions:**

- 1) Watch *Get What You Need* Video in Student Center
- 2) In the attached Doc Respond to the following discussion questions:

What is self-advocacy?

- Why is it important to advocate for yourself?
- What are some strategies for advocating for yourself?
- Tell about a time that you advocated for yourself.

Add Create

In Google Classroom, click add then cut/past Student Center link and select the corresponding Topic

Assignment Saved **Assign**

Title  
**Get What You Need**

---

Instructions (optional)  
**Directions:**

- 1) Watch *Get What You Need* Video in Student Center
- 2) In the attached Doc Respond to the following discussion questions:

What is self-advocacy?

- Why is it important to advocate for yourself?
- What are some strategies for advocating for yourself?
- Tell about a time that you advocated for yourself.

**For**

RethinkEd OI... All students

---

**Grade category** Points

No category 100

---

**Due**

No due date

---

**Topic**

No topic

---

**Rubric**

**In Google Classroom, attach materials/student assignment previously downloaded from RethinkEd**

Assignment

Title  
Get What You Need


Instructions (optional)  
Directions:  
1) Watch Get What You Need Video in Student Center  
2) In the attached Doc Respond to the following discussion questions:  
What is self-advocacy?  
• Why is it important to advocate for yourself?  
• What are some strategies for advocating for yourself?  
• Tell about a time that you advocated for yourself.

Materials:

Advocate for Your Needs Student Resource  
When/Then Cards  
Advocating for Myself Activity

Tier 1 Materials  
Academic Connections  
Home Connections

Google Drive  
Link  
File  
YouTube



**In Google Classroom, click Assign - it will post to the student to be completed**

Assignment Saved Assign

Title  
Get What You Need

Instructions (optional)  
Directions:  
1) Watch Get What You Need Video in Student Center  
2) In the attached Doc Respond to the following discussion questions:  
What is self-advocacy?  
• Why is it important to advocate for yourself?  
• What are some strategies for advocating for yourself?  
• Tell about a time that you advocated for yourself.

Add Create

Rethink  
https://www.rethinked.com/core/curriculum-library/sel?lessonId=91352

AdvocatingforM self Activity.pdf  
PDF Students can view file

For  
RethinkEd Ol... All students

Grade category  
No category

Points  
100

Due  
No due date

Topic  
Self-Care

Rubric  
+ Rubric