

# HISD is a NO BULLY ZONE!

## February 6–10: Bullying Awareness Week

High School Ahead Academy along with many other schools around the district will engage in activities to help bring awareness to bullying. Our goal at HSAA is to raise awareness about bullying as an issue and recognize that bullying is a behavior and that behavior can change.

### **Tuesday, Feb 7: Anti-Bullying Pledge**

Read the Anti-Bullying Pledge during advocacy and allow the students to recite the pledge with you. Please check your boxes for a copy of the pledge. Post this in your class for the remainder of the week.

**Teacher: "Students repeat the pledge after me. (begin reciting the pledge) THIS IS FOR ME."**

**Students: "THIS IS FOR ME."**

**Teacher: "MY FRIENDS TODAY"**

**Students: "MY FRIENDS TODAY"**

*\*Continue this pattern until the pledge is completed. Having the students all stand up as they say the pledge might help.*

### **Wednesday, Feb 8: Hand to Hand activity**

Students will trace their hand and write an anti-bullying message. Allow the students to cut them out and paste them in your classroom connected "hand to hand." (Use color paper or allow students to color their hands and decorate them) The teacher can ask volunteers to pick a hand and read the message. Allow the class to discuss the message on the hands.



*Anti-Bully Message Examples:*

*\*It's NOT Cool To Be CRUEL!*

*\*Bully Free Zone*

*\*RESPECT Everyone!*

***"Some people won't be happy until they've pushed you to the ground. What you have to do is have the courage to stand your ground and not give them the time of day. Hold on to your power and never give it away."***

***— Donna Schoenrock***

## **Thursday, Feb 9: Bullying is Illegal**

Students will discuss the consequences people can receive from being a bully and the negative lifelong effects the victim may have to deal with.

The teacher can use video links below to help engage the students in conversation.

### **New Bullying Laws Would Be Tough**

*Girl says she has been bullied since second grade.*

<http://www.channelone.com/video/new-bullying-laws-would-be-tough/#oid=AwazVrMTq7jevRAjwlbhz8EhgnxprLB>

### **Bullying Suicides**

*At least five teens have taken their own lives in the past month after being the victims of gay bashing.*

<http://www.channelone.com/video/bullying-suicides/#oid=drd3hxMTgovsyX3-E6h65cACajvWP-gt>

### **Video: Bullies Tell Their Story**

*Two teens explain why they did it.*

[http://www.channelone.com/video/bullies-tell-their-story/#oid=BtYWh4MjrH81c2iKBwowj8W38dM\\_3UXG](http://www.channelone.com/video/bullies-tell-their-story/#oid=BtYWh4MjrH81c2iKBwowj8W38dM_3UXG)

### **Bullying Roundtable**

*Justin Finch sits down with a group of teens to discuss bullying.*

<http://www.channelone.com/video/bullying-roundtable/#oid=xpbWVyMTpuTD8nrZK6MecS4aM1-6MDxF>

## **Friday, Feb 10: Yellow Rage School Rally**

The lion is the most feared cat alive. Its strength and ability to work together in prides keep the lion at the top of the food chain. We all should be proud to call ourselves HSAA Lions. In order to remain at the top of the food chain the lion must work together as a pride to stay ahead of other big cats like tigers and cougars. On this day we are asking all staff and students to wear yellow shirts in support of Bully Awareness Week. We will also have a short assembly in the cafeteria to discuss bully awareness with the students.

If you have any questions please feel free to ask. Have a great week everyone!



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***— Donna Schoenrock***