



Lovett Elementary School

Love It at Lovett

Health & Wellness Warriors

October 2020

Lovett Nurse:
sschaffe@houstonisd.org

HEALTH SCREENING

Dental Exams

Lovett 2nd grade only – Free Routine Dental Exams and Cleanings offered for Lovett 2nd graders

Vision Exams – Glasses

All Lovett Students – If you have missing or broken glasses, you can register for a replacement and exam

CONTACT THE SCHOOL NURSE TO SIGN UP FOR THESE PROGRAMS

COMING BACK TO LOVETT F2F

As we get ready to come back to Lovett, there are some key points for everyone to remember:

1. Practice wearing your mask. Everyone will be required to wear a mask while at Lovett. Hook your mask to a Lanyard to prevent it from dropping, etc.
2. Everyone will be screened before entering the building.
3. **DO NOT COME TO SCHOOL IF YOU ARE FEELING ILL**, this means any fever, cough, chills, nausea/vomiting, diarrhea, or any other flu or Covid symptoms
4. If your child takes any medications during school, please email the nurse and provide orders from your health care provider before the first day of school. **NO Medications** are permitted in school without a physician's order.
5. We expect everyone is going to be anxious those first few days coming back. Talk to your kids now about anxiety and how to deal with it.

LOVETT STRONG

CHECK OUT THE NURSE'S WEBSITE PAGE

For the latest information, updates, health forms, etc., check out the Nurse's Page on the Lovett website. Hover over the **ACADEMICS** tab and select **SCHOOL NURSE**. You will find useful information and guidelines that will answer many of your questions.....or you can always contact the nurse.

FLU SEASON IS COMING

Flu Season is just around the corner and we recommend everyone get a flu shot this year.

No Flu Shots at Lovett this Year

FREE FLU SHOTS 9am-2pm
BAYLAND COMMUNITY CENTER – OCT 5
CALL FOR APPOINTMENT – 832-927-7350

HELPING CHILDREN COPE WITH CHANGES DURING COVID-19

Valary Bond, LPC is a Licensed Professional Counselor, associated with Bellaire Family Counseling. She Specializes in working with children and parents and has prepared a webinar titled, *Managing Anxiety in Kids During Uncertainty*, to share with our Lovett Community.

Access the webinar from the link below and follow our newsletter for updates and live webinars from Ms. Bond.

https://drive.google.com/file/d/1ma21u5Y-OjroVgwXWrRp4SJrF_LS03b5/view?usp=sharing