



Lovett Elementary School

Love It at Lovett

Health & Wellness Warriors

MARCH 2021

Lovett Nurse:
sschaffe@houstonisd.org

COVID TESTING

The Lovett nurse can now test symptomatic students who get sick at Lovett.

Parents must sign a consent for the rapid test to be performed.

The school nurse will contact you if your child becomes ill at school with any Covid-type symptoms.

This is just a screening test, so a follow-up with your health care provider and a PCR test will still be required.

SPRING BREAK TRAVEL

HISD follows the CDC and TEA guidelines for quarantine and testing as it relates to travel.

If you are anticipating travelling over Spring Break, please take a moment to review the CDC guidelines at

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

Please contact the school nurse with any questions.

IMMUNIZATON BOOSTERS

If your child has recently received their 11y-12y boosters-TD/Tdap or the Meningitis or HPV vaccine, please send a copy of those immunizations to the school nurse so your school records can be updated.

VISION-HEARING-SPINAL SCREENING

Vision and Hearing Screenings are required by the state on all K, 1, 3, and 5 graders. Additionally, spinal screening is required for all 5th grade girls.

If your child is virtual, please contact the school nurse to make an appointment to come in and be screened. If you have been recently screened by your healthcare provider, please email the results to the nurse.

MASK RASH

Long time, consistent wearing of a mask, can result in facial irritation that we call "mask rash". Some tips to avoid this are:

1. Wash your cloth masks daily in gentle soap and water
2. Change fiber type masks daily
3. Apply a hypoallergic lotion to face daily
4. Stay hydrated
5. Avoid touching your mask

TALKING TO KIDS ABOUT COVID

Kids need age-appropriate information to overcome stress and anxiety during this pandemic. Resources can be found at:

[CDC.gov/coronavirus](https://www.cdc.gov/coronavirus)
[AACAP.org](https://www.aacap.org)
[Childmind.org](https://www.childmind.org) [kidshealth.org](https://www.kidshealth.org)

IF YOU ARE SICK – STAY HOME

If your child is not feeling well, with any cold/flu/covid related symptoms, please do not send them to school.

EVERYTHING IS CONSIDERED COVID UNTIL PROVEN OTHERWISE.

Notify the school nurse/teacher when your child is ill