



Lovett Elementary School

Love It at Lovett

Notes from the Nurse

September 2021

Lovett Nurse:
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HEALTHY INTERVENTIONS

IMMUNIZATIONS

State law and HISD require that all students have updated, compliant immunization records on file.

I am in the process of reviewing all student immunization records. If you have missing or incomplete immunizations, I will be contacting you to provide updates in order to remain in school.

SCREENINGS

State mandated screenings on all PK, K, 1, 3, and 5 graders will begin next week.

FOOD ALLERGIES – PROTECT OUR STUDENTS

Lovett has a number of friends that have severe, life-threatening food allergies – the most common of which is peanuts/nuts.

Classrooms that have students with severe food allergies, can be identified by a red ALLERGY ALERT sign on their door. While Lovett / HISD is not a peanut-free school, please consider not sending nut products for lunch if your child is in one of these classrooms.

Check with your child's teacher before sending any party food or snacks to school. HISD requires that all food items for celebrations be fully labeled with all ingredients.....better yet, consider non-food items for celebrations.

If your child has food allergies and you have not communicated those to the nurse, please contact her immediately. Specific forms are required for any allergy medication and dietary accommodations that may be necessary.

NO SHARING OF FOOD & ALWAYS WASH YOUR HANDS AFTER EATING

MASK UP

Our kiddos are doing a great job with their masks.

Mask should cover your nose and mouth, be well fitting, but not tight, with no gaps on the side. Think about attaching a lanyard to the mask to prevent dropping your mask. Cloth masks should be washed daily. Paper masks may be needed to be changed several times during the day.

FLU SEASON IS COMING

Flu Season is just around the corner and we recommend everyone get a flu shot this year.

HISD will not be offering flu shots at Lovett this year, but most local pharmacies are offering free or low cost flu shots for everyone. The Lovett Nurse has a list of flu shot providers

HELPING CHILDREN COPE WITH CHANGES DURING COVID-19

Emotional, physical, and behavioral changes in children are to be expected during a pandemic, as everyone adjusts to a new sense of normal. Help our students deal with stress and anxiety by:

- Being aware of child's anxiety and mental health
- Stay calm, listen, and offer reassurances
- Monitor TV viewing and social media
- Take time to talk – be honest & accurate
- Keep explanations age-appropriate
- Know your support team

If your child's anxiety and stress level are impeding their daily activity, let your teacher and Lovett nurse know, as well as your health care provider. Help and resources are available