

# KeepSafe Connections

**Harris Center for Mental Health and IDD**  
Mental Health Support Services  
713-970-7000

**Child Protective Services**  
Child Abuse Hotline  
1-800-252-5400

**The Council on Recovery**  
Substance Abuse Counseling  
713-914-0556

**National Suicide Prevention Life Line**  
Mental Health Support Services  
1-800-273-8255

**Covenant House**  
Youth Shelter  
713-523-2231

**Alcoholics Anonymous**  
Support Groups  
713-942-4100

**Crisis Intervention of Houston (CIH)**  
Mental Health Support Services  
832-416-1177 or 832-416-1199 (Teen)

**ESCAPE**  
Children's Services  
713-942-9500

**GLBTQ Switchboard**  
Gender/Sexual Identity  
713-529-3211

**Mental Health America**  
Mental Health Support Services  
713-523-8963

**Community Youth Services**  
School Student Services  
713-295-2500

**Montrose Counseling Center**  
Gender/Sexual Identity  
713-529-0037

**National Alliance on Mental Illness**  
Mental Health Support Services  
713-970-4419/namimetro.org

**Planned Parenthood**  
Family Planning  
713-522-6363

**Catholic Charities**  
Faith Based Support  
713-526-4611

**Depression & Bipolar Support Alliance**  
Mental Health Support Services  
713-600-1131/dbsahouston.org

**Family Services of Houston**  
Family Support Services  
713-861-4849

**Northwest Assistance Ministry**  
Faith Based Support  
281-885-4555

**Bay Area Turning Point**  
Rape/Sexual Assault Center  
281-286-2525

**Ben Taub General Hospital**  
Hospital Emergency Services  
713-873-2000

**The Gathering Place**  
Social/Vocational Support  
713-729-3499

**National Human Trafficking Hotline**  
Rape/Sexual Assault Center  
1-888-373-7888

**Harris Health System**  
713-634-1000

**Star of Hope**  
Emergency Shelters  
713-227-8900

**Fort Bend Women's Center**  
Domestic Violence/Sexual Abuse Hotline  
281-342-4357

**The Trevor Project**  
LGBTQ+ Hotline  
1-866-488-7386

**Houston Area Women's Center**  
Domestic Violence/Sexual Abuse Hotline  
713-528-2121

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**The Harris Center for Mental Health and IDD—Community Outreach Department**

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