

FFS Parent Webinars 2020-2021

LEARNING OPPORTUNITIES FOR HISD PARENTS

THE COURSES BELOW ARE DESIGNED FOR HOUSTON ISD PARENTS, FAMILIES, AND CAREGIVERS

## Building Relationships

- ✦ **2 Way Communication Best Practices for Campuses:** *Participants will be able to strengthen their overall communication skills by learning two-way communication best practices to foster positive relationships in their interactions.*
- ✦ **3 Tips to Raising Happy and Successful Kids:** *Participants will identify how to teach their kids accountability, empowerment and effective decision-making skills by using research-based techniques, including the agile programming for family's model, learning how to run successful family meetings, and using constructive conversation to make positive life decisions.*
- ✦ **NEW Connection Before Correction:** *When children feel a connection, they feel belonging and significance. Participants will learn how to use strategies and positive reinforcement tools to improve their child's learning and overall academic success.*
- ✦ **Life Happens: Understanding Teen Changes:** *Participants will become aware of the four developmental changes students face throughout the school years and learn how to help students during these changes.*
- ✦ **NEW Plugged in Parents: Grades K-8 Keeping kids safe, happy, and healthy, in the digital world:** *Working together with CommonSense.org to provide parents the knowledge to make educational decisions on when to get their kids a phone, keeping them safe online and guiding them to have healthy online independence.*
- ✦ **NEW Setting Limits: Encouraging Positive Behaviors:** *This is a webinar that will give parents an outline on how to set limits for behaviors that may have been caused by the pandemic. The webinar will also provide strategies on how to manage the limits and the problematic behaviors.*

## Parent Advocacy & Sharing Power

- ✦ **Bullying: What You Should Know:** *Participants will identify signs of bullying behavior, learn about myths surrounding bullying, and learn what steps to take if a child is being bullied at school.*
- ✦ **NEW Coping with Daily Stress & Frustration:** *Participants will learn the different types of stress and its factors. Strategies will be applied in helping children deal with stress, and how to identify responses to frustrating situations*
- ✦ **NEW Cyber Safety:** *As technology evolves, so does the threat to our children. Participants will learn how to exercise proper Cyber Safety strategies that can protect our kids from threats that we may not be able to see.*
- ✦ **NEW Family Financial Wellness:** *Family financial wellness is about helping create a happy, healthy financial future for you and your children. Participants will learn how to manage family finances in a way that suits your family needs.*
- ✦ **Nutrition Basics:** *Participants will learn the basics of nutrition by understanding the importance of eating healthy, reading nutrition facts labels, nutrients, and promoting healthy eating habits within their families.*
- ✦ **Plugged-In Parents-Cyberbullying & Digital Conflict:** *Participants will learn to identify what cyberbullying and online harassment is while learning tools and strategies to keep their kids safe when interacting online.*
- ✦ **Vaping: E-Cigarettes and JUUL-What You Should Know:** *As part of our Health Awareness Series. Participants will become aware of the surge in usage of e-cigarettes and JUUL among youth and what can they do to combat and prevent this dangerous practice.*

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**Linked to Learning**

- ✚ **A Parent Lens: Parent Teacher Conferences:** *Participants will be able maximize parent-teacher conferences by learning the benefits and how to prepare for a Parent Teacher Conference. In addition, families will learn methods and strategies for staying connected during remote learning.*
- ✚ **Back to the Future: Music & Movement:** *Families will take a trip down memory lane and learn strategies and activities that will promote hand-eye coordination, problem-solving skills, both gross and fine motor development, coordination, and health awareness while having fun!*
- ✚ **NEW Staying in the Loop: The Value of Parental Involvement** *With this transition to higher grades, parents often face new challenges including figuring out ways to best support student success at home. Participants will be provided with basic communication support to assists their kids in Middle School, High School, and College and Career Readiness.*
- ✚ **HISD 101: HISD @HOME:** *Families will get an overview of HISD's key resources and programs available for to support remote learning.*
- ✚ **Literacy at Home:** *Learn strategies to help support reading and writing at home using activities that promote developing understanding reading, writing, and comprehension skills to start mastering literacy concepts.*
- ✚ **Math 1, 2, 3: Understanding Today's Math:** *Participants will be guided through the current math strategies their child is learning. By using everyday activities, participants will learn how to support academic success at home*
- ✚ **FUNDAMENTAL NEW Supporting Online Learning:** *Participants will get an overview of strategies to support remote learning at home. Families will learn how to establish a daily schedule and learn new approaches to online learning.*

**Honoring Families**

- ✚ **Affirmations! Our Words & Actions:** *Families learn fun and intentional strategies from Love & Logic, PBIS, and Logical Consequences models to help build students' self-esteem while encouraging desired behavior and promoting a strong positive parent-child/adolescent relationship. Parents will leave with activities to implement right away.*
- ✚ **NEW Balancing Work and Family:** *It is not easy balancing work and home, but how well you manage this can make a significant difference to your relationship with your family. For this PD, we will discuss best practices in managing a healthy lifestyle by providing parents examples and ideas on how to balance work and family during unprecedented times.*
- ✚ **Positive Parent Partnerships:** *Participants will learn strategies and to identify solutions to enhance positive communication and parent involvement in their children's lives.*
- ✚ **People & Places: Sharing Our Culture:** *Participants will learn about strategies and techniques to share with their children about culture. These activities will not only promote unity among the community, but it will encourage cultural awareness and sensitivity to others via fun and engaging traditions.*