



Social & Emotional Learning

PERSONAL ATTENTION. UNIVERSAL SUCCESS.

Middle School Scope & Sequence



HISD
@H.O.M.E.
HOME-BASED ONGOING
MOBILE EDUCATION

Week	Lesson	Learning Objectives	Lesson	Learning Objectives
Week of 3/23	Ignition: Module 1, Connections & Community	Differentiate the negative and positive aspects of an online community; Identify methods to engage with others online in a respectful manner; Describe the potential consequences of spending a lot of time online	FutureSmart: Module 1, Welcome Mayor!	Identify and reflect on their personal values, habits, and mindsets; Students take a "personality test" regarding their goal-setting and time-management
Week of 3/30	Character Playbook: Module 1, Analyzing Influences	Assess external influences; Identify personal qualities, strengths, and goals	Mental Wellness Basics, Modules 1 & 2	List behaviors and factors that maintain and contribute to positive mental health; Describe how stress contributes to mental health; Explain how the brain is connected to the emotional, intellectual, and behavioral actions of a person; Identify when mental health is out of balance and steps to take to achieve balance
Week of 4/6	FutureSmart: Module 2, Smart Shopping	Describe and prioritize the components of a budget and between needs and wants.	Honor Code: Module 1, Relationships	Define bullying; Describe the potential consequences of bullying; Differentiate negative and positive social behaviors
Week of 4/13	Character Playbook: Module 2, Understanding & Managing Emotions	Identify and label emotions; Understand the role emotions play in gaining greater self-awareness; Demonstrate effective strategies for managing and expressing emotions	Mental Wellness Basics, Modules 3 & 4	Explain how coping strategies can impact mental health; Identify how negative self-talk can impact mental health; Identify appropriate coping strategies to use to best enhance mental health; Increase awareness of coping strategies and ability to apply them effectively
Week of 4/20	Character Playbook: Module 3, Communicating Effectively	Identify barriers to communication; Understand how nonverbal cues can impact messages sent and received; Understand appropriate digital communication channels; Build active listening skills	Honor Code: Module 2, Leadership	Describe methods to prevent bullying from being the norm; Explain risk factors that can lead to bullying; Explain how school members can contribute (together and individually) to a positive school climate



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Week of 4/27	Ignition: Module 2, Safety & Privacy	Explain what a digital footprint is and how it's created; Identify when to seek help from a trusted adult; List steps to protect digital data from compromise	Keys To Your Future: Module 1, My Life Goals	Define and differentiate between short-term and long-term goals; Identify personal skills, interests, and abilities and relate them to career choices; Identify resources for assistance in career exploration; Define career; Describe how short-term goals lead to career goals
Week of 5/4	Character Playbook: Module 4, Resolving Conflicts	Recognize the value of diverse perspectives; Recognize different types of conflict and why they occur; Identify types of resolutions and resolution strategies	Honor Code: Module 3, Resilience	Identify emotional management techniques to handle underlying issues that can lead to being targeted by or perpetrating bullying; Understand ways to improve the way students treat themselves and others
Week of 5/11	Character Playbook: Module 5, Stepping In	Determine the qualities of a healthy relationship; Understand the role that boundaries play in healthy relationships; Identify the ways in which power and control affect relationships; Demonstrate effective bystander intervention techniques when healthy boundaries are crossed	Keys To Your Future: Module 2, Preparing in High School	Describe the relationship between acquiring skills and academic performance; Explain how goal setting and time management contribute to academic and career success; Explain how connections with others can increase one's own ability to reach goals
Week of 5/18	Character Playbook: Module 6, Making Decisions	Identify which decisions will significantly impact relationships; Make decisions based on moral, personal, and ethical standards; Apply decision-making skills to deal responsibly with academic and social factors; Recognize the effect of daily decisions on personal success and well-being	Keys To Your Future: Module 3, Choosing a Path	Identify personal skills, interests, & abilities and relate them to academic & career choices; Identify resources for assistance in choosing and preparing for a college and/or career; Explain how self-motivation, self-efficacy, and teamwork contribute to academic and career success; Describe how connections with others can increase one's own ability to reach goals