

HISD | Social & Emotional Learning

PERSONAL ATTENTION. UNIVERSAL SUCCESS.



Sanford Harmony

Remote Learning Kit for Teachers

Teaching in a virtual classroom? Sanford Inspire's free online toolkit supports educators with resources to improve self-care, online teaching skills, and communication with students, parents, and caregivers.

<https://www.sanfordinspire.org/inspire-at-home/>

Here's How to Get Started

Getting started with Inspire at Home is easy. In this toolkit, you'll find recommendations for Inspire modules, on-demand webinars, articles, and resources from our trusted partners. Modules can be accessed in the Online Learning Portal. Register for free and use our annotated [Getting Started Guide](#) for easy navigation. For the best Portal experience, keep these tips in mind:

- Register for the [Online Learning Portal](#) and log in to access modules. It's free!
- Navigate directly to a selected module from the links provided.
- If the link doesn't take you to the module, don't worry! Go to the Dashboard and search for modules by name.
- When searching for modules, type a keyword from the title or include the full title.
- You can also browse by topic when you want to explore more resources.

Remote Teaching Resources

Below you will find a curated selection of resources that we hope can help guide and support you through this challenging time. We've divided the resources into three sections covering the topics below:

- [Teacher Self Care](#)
- [Student Support](#)
- [Parent and Caregiver Support](#)



Share with Families:

Harmony at Home SEL Online Resources to support parents/caregivers as they begin to school their children at home. The online resources include recommended SEL lessons, activities and resources, a parent letter, recorded webinar training, and partner resources targeted for at-home support.

<https://www.sanfordharmony.org/harmony-at-home/>