



## Sanford Harmony Remote Learning Kit for Parents

**Harmony at Home** SEL Online Resources to support parents/caregivers as they begin to school their children at home. The online resources include recommended SEL lessons, activities and resources, a parent letter, recorded webinar training, and partner resources targeted for at-home support.

**Harmony at Home-** <https://www.sanfordharmony.org/harmony-at-home/>

The [Harmony at Home](https://www.sanfordharmony.org/harmony-at-home/) online toolkit equips parents and caretakers with resources and support to navigate the new role of homeschool teachers.

### Getting Started Guide for Parents

<https://www.sanfordharmony.org/wp-content/uploads/2020/03/Sanford-Harmony-Getting-Started-Guide.pdf>

### SEL for Parents Video

<https://youtu.be/y2d0da6BZWA>

An informational video by CASEL and Chicago Public Schools for parents on social and emotional learning (SEL). The video aims to inform parents on SEL in schools and provide them with insights on SEL in their own parenting practices in order to support their children's social and emotional know-how.

