

An illustration at the top of the page features a stack of three books on the left. The top book has a yellow cover with the text 'HISD' in white. The middle book has a blue cover, and the bottom book has a yellow cover. To the right of the books are three pencils: two yellow pencils and one white pencil with a blue eraser, all pointing downwards.

PARENTS SUPPORTING VIRTUAL LEARNING

Learning at home can be a balancing act. However, supporting your student's virtual learning experience is an essential part of their success while learning from home. Here are some ways to support your student for virtual learning:

Set Academic Expectations and Establish Routines

Establishing a regular routine will support students in taking ownership of their learning and structuring their virtual school day. This can be done by creating a flexible schedule, similar to what they would have experienced on a regular school day, that includes normal bedtime routines and expectations for a school week.

Create a Dedicated Learning Workspace

Provide an appropriate learning space for your student when possible. Select a designated area for learning that will limit distractions and allow your student to focus on school learning activities and assignments.

Keep Up with Communication & Updates

Staying in the loop of communication is another essential component to providing support for your students virtual learning experience. You can do this by consistently monitoring campus and district communication for continuous updates via call-outs and websites. Also, communicate any instructional needs to your student's campus, such as a lack of device or internet connection, and maintain communication with teachers as needed.

Check in Daily

Checking in with your students will support them in processing instructions and communications from their teachers. Connect with your student every day at a time that works well for your household. This might be a quick check-in a few times a day or a longer check-in in the morning or evening. Here are some questions that might help spark a conversation with your student:

- Were you able to complete all the assigned activities?
- What did you learn/practice/read today?
- What was easy or challenging for you?
- Do you have any questions for your teacher?

Encourage Physical Activity and Exercise

Virtual learning at home can have an impact on a student's physical activity. Encourage your student to engage in physical activity and exercise. Also, allow time for them to get up and move around during their virtual school day.

Become Familiar with Tools and Resources

Knowing what tools and resources your student has access to will allow you to better support your student's virtual learning experience. Become familiar with the programs HISD has provided for your students.