



Dear Parents and Guardians,

I would like to take this opportunity to introduce myself. My name is Mrs. Brandi Greer and I am so excited to be your child's Health Education teacher. I will be teaching your children Health Education for one semester.

Health is a course that will guide students through the many dimensions of wellness. The Health Education Course is designed to enhance the awareness and knowledge of healthy lifestyle choices. Several adolescent risk behaviors (tobacco use, dietary patterns that contribute to disease, sedentary lifestyles, sexual behaviors, alcohol and drug use will be addressed while advocating for the students to make healthy choices for their overall health. We will also cover mental and emotional health, and nutrition.

This is my third year teaching at James Madison High School. Before my time teaching, I was the school secretary at James Madison High School. I earned my bachelor's degree in Business Administration Management from University of Houston Downtown. I am certified in K-12 Health Education. Outside of teaching I enjoy shopping, supporting my sons in AAU basketball, and football. I also enjoy trying a different restaurant once a week with my husband, and family!

Throughout the year, it is important to have a strong parent-teacher relationship. If at any time you have any questions or concerns, please contact me. You can email me at brandi.greer@houstonisd.org or call me at 281-306-3961. Also, please check the HUB and Remind often for assignments as well as important updates. I update Remind as much as possible with reminders, news, and other information that might be helpful.

I am thrilled to be starting on this year's journey with your children! I look forward to watching them learn, grow and have a fantastic time in Health Education.

Sincerely,
Mrs. Brandi Greer