



# December

## School Counseling Newsletter

From the Counseling Office  
**Greetings JHC Family:**  
 December is here! This is a very fun and joyous time of the year for most. Let's just remember to celebrate this time with family and friends through the simple gift of togetherness. Be there for someone that may need you in some of way.

In the Classroom  
 What is **PBIS**?  
**(POSITIVE BEHAVIOR INTERVENTION SYSTEMS)**  
 For JHC this is the *Falcon Behavior Matrix* where school wide, we implement the designated expectations through modeling and positive reinforcement. Please continue helping by providing students the Falcon Pride Tickets.

### Study Skill of the Month

- **GOAL SETTING**
- **RESILIENCE**
- **FAIRNESS**
- **RESPECT**

### Social Skill of the Month

**Trustworthiness**  
**Honesty**  
**Reliability**  
**Punctuality**  
**Loyalty**

### How to Reach Me

**Mr. Williams**  
 Rm. E102  
 Ph. Ext. 395221  
 Submit a SAF for Help:  
[www.HoustonisdSAF.com](http://www.HoustonisdSAF.com)



### Fun Times

*Let's get ready for the Holidays by doing small gestures of Kindness to cultivate togetherness. Use the QR code below to write a nice note for a someone at JHC and it will be delivered sometime before the holiday break as a card.*



(Deadline: 12/16/22)

<https://tinyurl.com/JHCHoliday>

### Looking Ahead

#### **Counselor's 200 Board**

- New Tickets Nov. 30<sup>th</sup> (Teachers discard old Tickets)
- Final Fall Celebration (Dec. 9)
- International Volunteer Day (Dec. 5)