

# Six Core Services

## Communities In Schools of Houston



### Supportive Guidance & Counseling

Providing students with individual supportive guidance and counseling and facilitating support groups to help them manage their emotions and interactions with peers; addressing issues such as grief and loss, depression, low self-esteem, anger management, anxiety, and suspected drug/alcohol use.



### Academic Support

Providing tutoring sessions for students requiring personalized attention in test-taking, study skills, or specific subject areas.



### Health & Human Services

Linking students via referrals to local service agencies to meet basic needs involving food, clothing, housing, transportation, employment, rent and utility assistance, as well as referrals for crisis intervention, medical, dental, and mental health issues.



### College & Career Readiness

Building students' skills to prepare them for post-secondary education and careers beyond high school by providing workshops on essay-writing, college applications, resume-building, job applications, successful interviewing and hosting college tours & career days.



### Parent & Family Engagement

Providing parent workshops to engage parents and coordinate volunteer opportunities for parents at the school to involve the family in their child's education.



### Enrichment Activities

Organizing field trips for students to visit local museums, cultural events, and college campuses, as well as planning large group events such as guest speaker presentations and health fairs.