



MentalHealthTX.org



Do you need help finding mental health resources near you?

Go to **MentalHealthTX.org** for easy access to the information that you need.



MentalHealthTX has information on mental health conditions, hotline numbers, social services, resources, and much more.

MentalHealthTX also has resources to help you get through the COVID-19 pandemic.

Information is also available *en español*.



TEXAS
Health and Human
Services



Visit **MentalHealthTX.org**