Supporting Online Learning

HISD Family and Community Engagement EMPOWERING FAMILIES. ADVANCING LEARNING.



Norms

- 1. Stay engaged
- 2. Mute your microphone
- 3. Refrain from mentioning sensitive student and staff information
- 4. Write your comments or questions to the speakers –at any time- in the public chat space

Expected Outcomes

Learn the importance of supporting online learning

Establish a daily schedule and learning space

Identify strategies to manage stress at home

Apply new approaches to online learning

What Research Says...



Overall, improves thinking and memory

Develops positive study habits and skills that will serve children well in the future

Children do not learn to cope with high levels of early stress; it can affect their behavioral and emotional development

If avoided, children have a higher chance for numerous health consequences during adulthood

Challenges for Online Learning

Technology Time
Internet
Cyberbullying
Issues Self-Motivation
Language
Literacy
Adaptability
Resources Struggle
Computer barrier
Technology
Time
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Cyberbullying
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Creating a Daily Schedule & Learning Space













Elementary Sample Schedule

Description Frequency Time Teachers connect with 15-20 minutes per content Digital check-ins with students using online area/course homeroom and/or collaboration tools such as Daily Microsoft Team content-area teachers Independent work in core Students engage in learning 15-20 minutes per content foundation courses (ELA, activities for their area/course Daily math, science, social enrichment courses studies) Independent work core 15-20 minutes per content Students engage in learning Daily enrichment courses (HPE activities for their area/course enrichment courses and Fine Arts) Students engage in safe 30-60 Minutes **Physical activity** Daily physical activity of their choosing (e.g., walk, jog, skip, ride a bike, jump rope, calisthenics, yoga, work out, etc.) Other student choice Students can read, write, As Desired As Desired activities create, plan, connect, or do anything else that is of interest to them

HISD @ H.O.M.E. / Parent Resources (n.d.). Retrieved from https://www.houstonisd.org/HOME



Middle & High Sample Schedule

Activity Description Frequency Teachers connect with 15-20 minutes per content Digital check-ins with students using online area/course homeroom and/or Daily collaboration tools such as content-area teachers Microsoft Team Students engage in learning Independent work in HUB 15-20 minutes per content activities in their HUB master course(s) and/or area/course PBL assignment(s)-core courses and/or projectfoundation courses(ELA, based learning activities for Daily math, science, social their core courses studies) Independent work in HUB Students engage in learning 15-20 minutes per content Daily master course(s)- core activities in their HUB area/course enrichment courses (HPE, courses and/or project-LOTE, fine arts, etc.) based learning activities for their enrichment courses Physical activity Students engage in safe 30-60 Minutes Daily physical activity of their choosing (e.g., walk, jog, skip, ride a bike, jump rope, calisthenics, yoga, work out, etc.) Other student choice Students can read, write, As Desired As desired activities create, plan, connect, or do anything else that is of interest to them

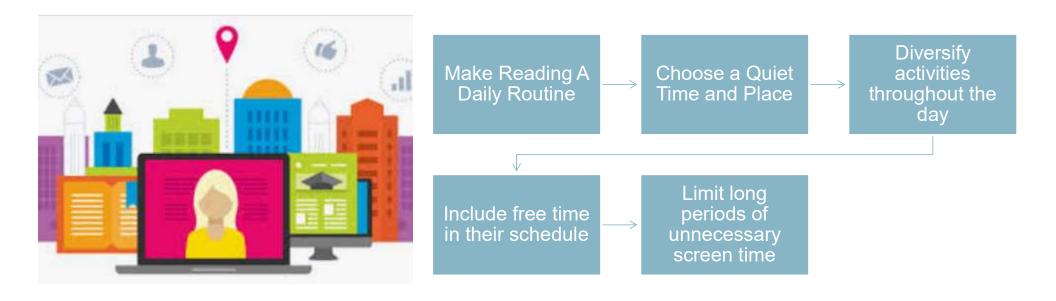
HISD @ H.O.M.E. / Parent Resources (n.d.). Retrieved from https://www.houstonisd.org/HOME

Supporting Online Learning



Reference: https://img.etimg.com/thumb/width-640,height-480,imgsize-63318,resizemode-1,msid-70571877/online-learning-combined-with-games-to-grow-by-38-in-2-4-years.jpg

How To Apply It



HISD @ H.O.M.E. / H.O.M.E. (n.d.). Retrieved from https://www.houstonisd.org/HOME.

Managing Daily Stress During Online Learning



What Can I Do?



Take time to talk with your child or teen



Safety Reassurance



Limit exposure to news coverage of the event, including social media



Try to keep up with regular routines

Holden Nixon, B. (2012, February) Stress Has Lasting Effect on Child's Development. Retrieved from https://Urbanchildinstitute.org

Feeling Overwhelmed?



How to Stay Connected

- Become familiar with virtual communication platforms
 - Zoom zoom
 - Microsoft Teams
 - Class Dojo 🥏 ClassDojo
- Utilize social media platforms for additional communication by school and teachers
 - WhatsApp
 - Google Hangouts
 - GroupMe groupme
 - Remind remind

- Check E-mail and voice messages from teachers and school daily
- Send an email for any work that remains incomplete and needs clarification
 - "I would like clarification on step 3 of the activity so that Jane can turn it in tomorrow by noon"
- Ask for additional resources and enrichment activities

Parent Self-Care



START YOUR DAY WITH A FEW QUIET MOMENTS OF BREATHING AND MEDITATION



CONTROL WHAT YOU CAN, AND STOP STRESSING ABOUT WHAT YOU CANNOT



CALL SOMEONE YOU LOVE EVERYDAY



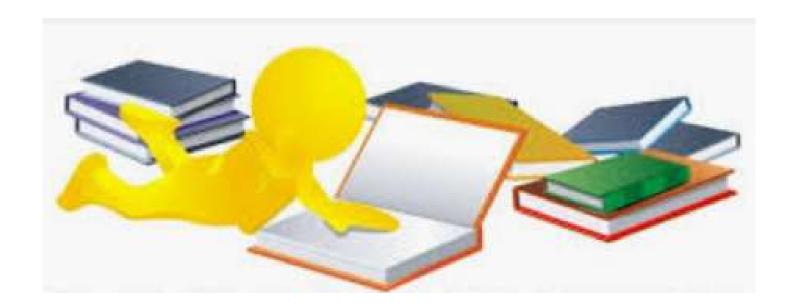
IF YOU WATCH SOMETHING BEFORE BED, MAKE SURE IT IS FUNNY



TODAY HAD ITS UPS AND DOWNS...AND THAT'S OK

I'm a Working Mom Of 3, and These Daily Self-care Practices Are Helping Me Cope. Dana Cohn - https://www.popsugar.com/family/how-parents-can-practice-self-care-during-coronavirus-47342965

New Approaches to Online Learning



Online Learning Spectrum

Face-to-Face Instruction

Takes place in a traditional classroom, and virtual learning is used to facilitate activities, deliver content, and/or assess students

Virtual Learning

All Interaction, curriculum and activities take place online

Face-to-Face Instruction

Elementary: 7:30 a.m.-3 p.m. | K-8 & Middle Schools: 8:30 a.m.-4 p.m. | High Schools: 8:30 a.m.-4:10 p.m.



Certified teacher will provide in-person instruction for students



Students will **follow their daily schedule**, including all courses selected and/or assigned, as well as extracurricular activities, if applicable



Breakfast and lunch will be served in the classroom in elementary schools



The number of students participating in face-to-face instruction will determine the type of schedule a campus will follow, such as a hybrid or rotating schedule.



Physical distancing will be practiced in the classroom, hallways, common areas and throughout the building inside and out.



Transportation will be provided to special education, homeless, elementary and specialty school students. Service may also be provided to some students in middle school or who live along high-risk routes if resources are available.

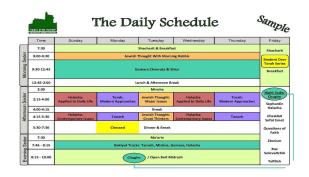
HISD Reopening Plan. Retrieved October 15, 2020 from https://www.houstonisd.org/cms/lib2/TX01001591/Centricity/Domain/52139/HISD-2020-2021-Reopening-Plan.pdf

Virtual Learning Instruction

Elementary: 7:30 a.m.-3 p.m. | K-8 & Middle Schools: 8:30 a.m.-4 p.m. | High Schools: 8:30 a.m.-4:10 p.m.



Certified teacher will provide instruction to **students virtually**



During virtual instruction, **students will maintain a similar schedule** as they would during face-to-face instruction.



Students can interact with their teachers during short live lessons and ask questions/receive feedback from teachers during virtual office hours

Important Questions to Ask

What are the most What academic standards do you use, and what do I What can I do to support common instructional literacy in my home? need to know about strategies you will use this them? year? What kinds of questions Is there technology you'd How will you respond if or do you suggest that I ask recommend that can help when my child struggles my children daily about support my child in selfin class? your class? directed learning? What are the best school What are the most or district resources that important and complex we should consider using (content-related) ideas my as a family to support our child needs to understand child in the classroom This Photo by Unknown author is licensed under CC BY by the end of the year? virtually or face to face?

Heick, T. (2016, August) Parents: 19 Meaningful Questions You Should Ask Your Child's Teacher. Retrieved from https://www.edutopia.org/blog/19-questions-for-parents-terry-heick

HISD Online Resources



HISD Digital Resources

HISD offers a variety of digital resources to all students, teachers, parents, and administrators in HISD. Access to these resources requires a username and password.

You will need your child's student's 7-digit ID # and their birthdate

Example:

Username: student\s1234567

Password: 09102010

Elementary



MyOn



Imagine



I-ready



Summit K12



KMath K-5



Learning Link

Secondary



Summit K-12



Imagine



KMath 6-8



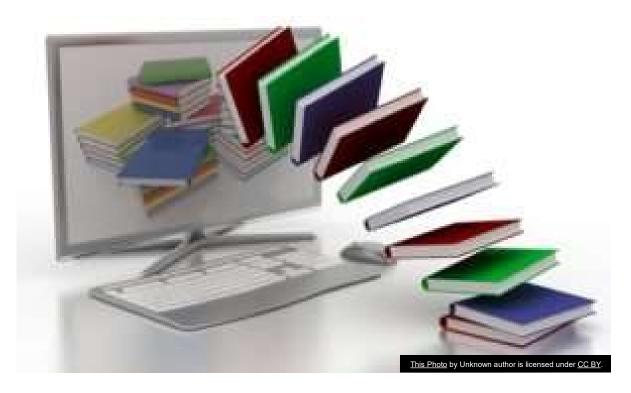
Achieve3000



Learning Link



MackinVIA



External Online Resources

External Sources







Houston Library

Houston library is currently closed but it is providing HPL To Go services were students can check out book using My Link or Learning Link and pick up the books on the curbside

https://houstonlibrary.org/learn-explore/student-resources/elementary-school

Houston Astros

Fun free activities for kids to work on, including a word search and a maze

https://www.mlb.com/astros/fans/activities/

Texans Huddle Home

At home activities for kids, including texans story time, math drills, and more

https://www.houstontexans.com/community/huddle-at-home

External Resources



123 Homeschool 4ME

This will bring the hands-on learning back to your child. It provides you with a wide assortment of different topics and printable activities to do based on those topics. The website is also divided by age level, so it is easy to maneuver when searching for what is age appropriate and cognitively challenging for kiddos.

https://www.123homeschool4me.com/



DOGO News

Does your child love reading and watching the news? Created by a San Francisco mom, this kid-friendly news site is the perfect place for curious minds to catch up on current events, with articles written specifically for a younger audience.

https://www.dogonews.com/



Storyline Online

Online books that are read aloud.

https://www.storylineonline.net/

External Resources



Space Foundation

Offering free downloadable stem lesson plans for students in grades k-8 to help keep kids engaged during the gap in traditional class time

https://www.discoverspace.org/education/for-educators/stem-lesson-plans/



Free Resources

Children's Museum Houston

Has a database for activities and videos to incorporate into your classroom or experience at home

https://www.cmhouston.org/classroom-curriculum?exhibits=%5B%5D&grades=%5B%5D&page=1&subject=%5B%5D&videoActivity=video



Splash Learn

Your Perfect Home Learning Companion for K-5 Math Fun, Curriculum-aligned & Guided Learning

https://www.splashlearn.com/

Resources

Academics

Email: <u>Academics@HoustonISD.org</u>

HISD Service Desk

- Email: ServiceDesk@HoustonISD.org
- Phone: 713-892-7378, 7:30-4:30, M-F

Instructional Technology

- Email: <u>InstTech@HoustonISD.org</u>
- Website: Book an Online Appointment
 School Office
- Email: <u>SchoolOffice@HoustonISD.org</u>
 Social and Emotional Learning Supports and Questions
- Email: hisdsel@HoustonISD.org



References

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HOUSTON INDEPENDENT SCHOOL DISTRICT

Thank You



