

Parents, have questions about mental health?

Free virtual lunchtime series features experts from The Menninger Clinic

The Menninger Clinic, a nationally recognized mental health leader, joins with The Health Museum to offer parents and caregivers helpful mental health information through a free, virtual bi-monthly series, 12 noon-1pm, through March, 2022. For details and to register: thehealthmuseum.org/events

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| Thurs., May 13, 2021 | Coping with Reentry into the Community
Angela Koreth, LPC-S |
| Thurs., May 20, 2021 | The Brain and Mental Health
Jon Stevens, MD, MPH |
| Thurs., July 22, 2021 | Championing Minority Mental Health
Mychal Riley, LCSW |
| Thurs., Sep 23, 2021 | New Solutions for Overcoming Substance Abuse
Vaughan Gilmore, LCSW, LCDC |
| Thurs, Nov 4, 2021 | Parenting in a Digital World
John O'Neill, EdD, LCSW, LCDC,CAS |
| Thurs., Jan. 20, 2022 | A Better Night's Sleep Cures More than Fatigue
Chester Wu, MD |
| Thurs., March 3, 2022 | Understanding Guilt and Shame
Cynthia Mulder, LCSW-S |

Series is moderated by Jon Stevens, MD, MPH, vice president of Growth and Innovation at The Menninger Clinic and board certified in Adult and Child and Adolescent Psychiatry. The May 20th program is moderated by Becky Seabrook, senior director of Guest Engagement, The Health Museum.

For more information on The Menninger Clinic, visit menningerclinic.org and for The Health Museum, visit thehealthmuseum.org

**PARENTS,
LET'S TALK
MENTAL HEALTH!**

WITH MENNINGER



Menninger
Where healing comes to mind

The Health Museum

JOHN P. MCGOVERN MUSEUM OF HEALTH & MEDICAL SCIENCE