

A large, light blue, stylized graphic of an eagle's head in profile, facing left. The eagle has a sharp beak and a detailed eye. The graphic is semi-transparent and serves as a background for the text.

Nurse Riley

COVID Updates

- COVID vaccine **is not required**.
- Masks are not mandated at this time. Your child may choose to wear a mask.
- Nursing judgement when determining probable case.
- Suspected cases of COVID will be waiting in the isolation room. If suspected, you must come and pick them up from school.
- Last year, testing on campus (with parental consent) was an option. We do not know if that will be available at this time.
- For TEA guidelines:

<https://tea.texas.gov/sites/default/files/covid/SY-20-21-Public-Health-Guidance.pdf>



Immunizations

- You must be up to date on all immunizations required by the state of Texas or have the appropriate exemption paperwork. To learn which immunizations are required, see the following website:

<https://www.dshs.texas.gov/immunize/school/pdf/6-14-2021-2022-Minimum-Requirement-K-12.pdf>

- If I do not have this, you can be excluded from school. I will be going over all immunization records next week before the start of school. If your child is deficient with an immunization, I will contact you. If you know you are lacking a necessary immunization, please get it now to avoid delays.

Most common reasons for clinic visits

- Headache
- Stomach pain nausea
- Menstrual cramps
- Sore throat/cold/cough
- Mental health (panic attack, suicidal ideation, depression)
- Fatigue
- Injuries (cuts, abrasions, falls, head injury, sprains, artificial nail trauma)

Medications

- **You cannot bring over the counter medications to school.** Examples- allergy meds, ibuprofen, cold/cough medicine, aspirin, etc.
- If you have prescription meds you need to take at school, I will need a) a doctor's order that is signed by doctor and a parent, b) med that is labeled by a pharmacy. The med must be stored in the clinic under lock and key and administered by me.
- **All medications require the appropriate paperwork from the doctor.**
- If your child is going to have a procedure (wisdom teeth removal for example), get physician order forms from me prior to appointment.

Medications

- The **only self-carry medications** are asthma inhalers and Epi-Pens. Again, to carry these, I must have orders signed by doctor and parent.
- Common meds students often need: ADHD/ADD meds, insulin or diabetic meds, ibuprofen, Epi-Pens and/or antihistamine, anxiety meds, migraine meds.
- Please address this now if you know you need medications. Please see me for required forms/paperwork.
- Medication orders must be renewed each new school year.
- You may come to campus to administer a medication.

Sending students home

- As much as possible, we want students to be in class. I am not frivolous in calling a parent to pick up their child. I only do it if I have to (exclusion criteria is met) or I believe the student should be taken to the doctor.
- Please do not send your child to school if they are sick.
- You have the right to come pick up your child from school when you want. For it to be excused as a medical issue, I must be the one who sends them home.

Exclusion Criteria

Determined by Texas Department of State Health Services

- Covid
- Diarrhea
- A temperature of 100° Fahrenheit, (37.8° Celsius) or higher. (may not return for 24 hours without fever-reducing medicine)
- Vomiting
- Streptococcal Sore Throat and Scarlet Fever
- Communicable diseases (Covid, Flu, Meningitis, Measles, etc.)
- Conjunctivitis, Bacterial or Viral (Pink eye)
- Live head lice (they may return with nits)

What I Do Not Have:

- OTC meds- No cough drops, cough syrup, pain meds, eye drops, allergy meds
- Food
- Bottled water
- Pregnancy tests
- Condoms
- Oxygen
- Extra inhalers
- Extra Epi-pens

What I Do Have:

- Ice Packs
- Heat Packs
- Nail clippers
- Bandages , ACE wraps, first aid supplies
- AED
- Crutches, wheelchairs
- Uniforms
- Toiletries

Menstrual Cramps

- Girls often come for menstrual cramping. I do NOT have meds that I can give without previously discussed criteria.
- I do not have a heating pad though I do have heat packs I can heat and reheat for you. All packs must be returned to me.
- If your child has painful cramps, you may want to get medication orders.
- **I do not send students home for cramping.**

Feminine Hygiene Products

- Feminine hygiene products are available in the girls' restrooms. There is a charge of 25 cents.
- I have some donated products but the supply is very limited.
- Please encourage your student to bring extra supplies just in case.