



**Mykawa Farm is a 6.5- acre farm managed by the Food and Agriculture Literacy Department at Houston ISD Nutrition Services. This team consists of professional chefs, dietitians, educators, and growers dedicated to facilitating experiences that inspire students to have more than a consumer relationship with food.**

### 2023-24 FIELD TRIP PROGRAM

The Food and Agriculture Literacy Center at Mykawa Farm supplements campus-based nutrition and agriculture learning. The 2023-24 school year's program showcases careers in food as they relate to the child nutrition food system. Because of the emphasis on career pathways, field trips to the farm are a great complement to career advising programs. Farm visits are most impactful if scheduled after guest speakers from the food and agriculture sectors and before visits to institutions of higher learning that offer degrees in these fields.

3<sup>rd</sup> through 12<sup>th</sup> grade students who visit Mykawa Farm during the 2023-2024 will experience food careers as they work alongside our professional growers, chefs, and dietitians. Visiting students will see what it takes to get a new dish on the school lunch menu as they complete a series of challenges. In the Grower's Garden, students will choose an appropriate crop for the current growing season. Then they will care for it through its entire life cycle from seed to harvest. In the Test Kitchen students will develop and taste their own recipes. In the Foodie Studio, they will create a multi-media campaign to convince their peers to eat a specific vegetable.

This year's field trip program will also provide hands-on career exploration in conservation, ecology, entomology, food systems, forestry, horticulture, and landscape design.

**FALL FIELD TRIP DATES: October 3<sup>rd</sup> – November 16<sup>th</sup>**

**SPRING FIELD TRIP DATES: January 23<sup>rd</sup> - March 7<sup>th</sup>**

### **BOOK HERE NOW!**

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### 2022-23 SCHOOL YEAR IMPACT

- 1,572 students visited Mykawa Farm on field trips.
- 2,752 pounds of produce were harvested for tastings and HISD Farmer's Markets.

### COMMUNITY PARTNERS

USDA-Food and Nutrition Services  
USDA-Natural Resource Conservation Service  
Texas Department of Agriculture  
Houston Methodist  
Texas A&M AgriLife  
Organic Horticultural Benefit Alliance  
Whole Kids Foundation

The Mission Continues  
Children's Museum of Houston  
Prairie View A&M University  
Houston Livestock Show & Rodeo-  
Black Heritage Committee  
University of Houston-Downtown

