

NUTRITION EDUCATION

Food and Agriculture Literacy Department

Led by Registered Dietitians Nathan Raska and Gabriela Villarreal, the Houston ISD Nutrition Services Food & Agriculture Literacy (FAL) Department offers a variety of outreach resources and opportunities centered around nutrition, health, and wellness. Lessons are available to students at all HISD schools throughout the district, as well as staff and parents.



NUTRITION EDUCATION TOPICS

Presentations can be catered to any age and grade. Have a specific subject you'd like covered? We're happy to accommodate custom requests.

- Balanced Eating
- Nutrition Equity
- Food Inclusivity
- Seasonal Eating
- Food Science
- Careers in Food Service, Nutrition & Dietetics

DEMONSTRATIONS AND INTERACTIVE DISPLAYS

Hosting an event for scholars, parents, or staff? The FAL Department is available to host display tables, conduct educational demonstrations, and accommodate your specific needs.

- Health Fairs
- Staff Meetings & Trainings
- STEM Nights
- Parent Events



NUTRITION SERVICES
EVENT REQUEST FORM

CONTACT INFORMATION

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CULINARY EDUCATION

Food and Agriculture Literacy Department

Chef Brittany Jones from the Houston ISD Nutrition Services Food & Agriculture (FAL) Department travels throughout the district bringing culinary education and chef demonstrations to Pre-K through 12th grade. Classes and events are available to staff and community members as well.

The Food & Agriculture Literacy Department inspires students to have more than a consumer relationship with food throughout the development of critical thinking and experiential learning.



CULINARY EDUCATION OPPORTUNITIES

- Chef Demonstrations
- Culinary Events
- Hands-on Culinary Classes
- Health Fairs
- Chef-led Food Tastings
- School Events

HISD CAFE

Culinary videos with nutrition facts featuring Chef Brittany and the FAL Dietitians are available on HISD TV or use the link below.

<https://www.houstonisd.org/Page/197530>



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CONTACT INFORMATION

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