

AHMS Fun Flex Clubs

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| <p>6th Justice League website</p> | <p>Build and maintain a website for the 6th grade Justice League.</p> |
| <p>Beginning Origami</p> | <p>This class is for the creative student that is on a beginner level in Origami. We will start off with easy activities and progress in difficulty throughout the year. Some of the beginning pieces will include animals and flowers. By the end of the year we will be creating pieces like the modular origami cube and firecrackers. We will also be creating holiday inspired pieces.</p> |
| <p>Board Game Research and Development</p> | <p>Unbox them. Set them up. Play them. Play them again. And again and again. What makes these board games fun to play? Who invented them and when? What is the method used to win the game? What skills are involved? What are the challenges and obstacles to winning the game? What are the rules? What is the recommended age group? Is Math involved in the creation of the game? Science? Reading Comprehension? Writing? Creativity in the design of the game? YES! All of these area of learning. During this Fun Flex, Board Games will be deconstructed, investigated, researched, analyzed and REDESIGNED by YOU! Students will be expected to upgrade or create a game with new/improved challenges, instructions and packaging. All components will consist of recycled materials. Let's see where your creativity leads YOU!</p> |
| <p>Board Games</p> | <p>Do you want to have unlimited fun? You will be treated to an array of games including scrabble, connect 4, uno, monopoly, checkers, chess etc and will have lots of fun along with multiple learning opportunities in relation to math, vocabulary and problem solving setting you up for an outstanding and bright future!!.</p> |
| <p>Careers in Entertainment</p> | <p>We will be viewing multimedia presentations that explore jobs in the entertainment industry. Our Fun Flex will cover everything cast and crew on set and behind the scenes. Weather you are a dancer, director, set designer, actor, stuntman, sound tech or light designer, there are thousands of jobs in the entertainment industry and you will learn about all of them. We may have special guests who work in the industry to come give a first hand account of their particular job. Perhaps you'll even discover your future career!</p> |
| <p>Cheerleading</p> | <p>Do you have school spirit?? Learn cheers, chants, jumps, dances, and stunts alongside the Hamilton Cheer squad. Cheer flex can prepare you for upcoming tryouts for the next school year. Opportunities to perform with team throughout the year at games and talent show.</p> |
| <p>Coding Club</p> | <p>Hey, do you like to play games? Are you a Minecraft Freak! Are you Happy about Flappy? Do you want to learn how to make games? Do you see yourself becoming the next creator at EA, Havoc, or Rockstar! Then come to room 232 during flex to make some games and have some FUN!</p> |
| <p>Comic Book Club</p> | <p>Have a story to tell? Love to create? Have you a longing to create your own animated stories? Well, search no more! We will be creating amazing stories using comic book life, and printing them out for you to have. Come join the comic book club to make some amazing comics!!!!</p> |

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| Fall Athletics for 7th and 8th grade boys | This class is designed for the 7th and 8th Grade boys who are playing football, basketball, and running Cross-Country for Hamilton Middle School. This class is only for serious student-athletes who want to achieve in the classroom and on the field. Good school-wide behavior, leadership, team work, sportsmanship, school spirit, and positive attitude is required. |
| Fall Athletics for 7th and 8th grade girls | This class is designed for the 7th and 8th Grade girls who are playing football, basketball, and running Cross-Country for Hamilton Middle School. This class is only for serious student-athletes who want to achieve in the classroom and on the field. Good school-wide behavior, leadership, team work, sportsmanship, school spirit, and a positive attitude is required. |
| Cowboy's Fan Club | Are you a Dallas Cowboy's Fan living in the midst of Texans Country? Then this club is for you! We will watch plays and look at great players past and present through the season! |
| Dance Team | Now watch me "Whip!" Now watch me "Nae Nae." Then watch me kick, spin, and move! The AHMS Sapphires Dance Team Flex is for Dance Team Members to perfect their high energy competitive Hip-Hop & Pom-Pom choreography. The Flex class is also open to students who want to push themselves to grow as dancers and have fun while doing so. Other styles that we will learn are: Lyrical, Kick, and Military. If you are looking to show off your moves to some of the most popular music on the radio, this is the Flex for you! The only requirements are a positive attitude and full out effort. Now let |
| Demo Team | Become part of the most skilled athletes this campus has in karate. Practice and learn team work to be able to perform in front of crowds of people. Also be ready to travel and compete against other Martial Artist from all over the world. |
| Dog Shelter Club | Do you like to help rescue dogs and make art? Then get ready to saw wood, hammer nails and paint! The Hamilton Dog Shelter Club will help the organization "Pets for Vets" by designing and creating themed wooden "doggie essential" boxes. These boxes will be given to the armed service veterans who are adopting a rescue dog by Pets for Vets. The club will also showcase artwork in the community that supports dog rescue efforts. |
| Embroidery and Simple Hand Sewing | Decorate your jeans and t-shirts with needle and thread designs. Learn several hand-made stitches to put flowers, Pokemon, lightning bolts, kitties, or basically any design you can draw, you can embroider. In addition, we will learn how to sew on a button, hem your pants or fix a ripped seam. In the spring we will start needlepoint if there is any interest. (Materials needed: sewing needles with large eyes, embroidery floss in multicolors, regular needle and thread, your jeans, shirts purses etc. to embroidery.) |
| Environmental Club | Do you care about the environment? Then this is the club for you! Our club is focused on environmental causes such as recycling, gardening, and more! We will also raise money for t-shirts and other activities by collecting and selling aluminum. |

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| Performance Prep. Class | Dancers, this class will prepare you for upcoming folklorico performances and learn additional tips and routines. You will also learn how to make costume accessories, arts & crafts and how to use them for performances. |
| Environmental Club | Do you care about the environment? Then this is the club for you! Our club is focused on environmental causes such as recycling, gardening, and more! We will also raise money for t-shirts and other activities by collecting and selling aluminum. |
| Fantasy Sports | Play in fantasy football, basketball and baseball leagues throughout the year. Watch fantasy analyst and sports highlights, create teams, manage rosters, discuss draft and trade strategies. Learn to analyze statistical data to predict future performance. |
| Fashion University | Are you interested in fashion and personal style? Do you want to become a designer, magazine editor, or stylist? Discover the history of clothing and fashion throughout the years and around the world. Learn about art and graphic design related to fashion. Design and style outfits and create mood boards with Polyvore and other social media sites. |
| Foodie Club | Dragon Fruit! Blue Cheese! Squid! Come experience diverse cultures by sampling new and exciting flavors. We will try unique cuisine as we read articles, watch videos and hear stories about how people from all over the world experience food. Not an ideal club for picky students. |
| Gardening Club | Want to get your hands dirty? Like working outside? This flex time is for you!!! Gardening and planting our own veggies then using them in delicious recipes will be just a few of the activities. We will also create a butterfly garden. Come be a part of this team to have fun, learn to eat homegrown and make a beautiful place for Hamilton Middle School! |
| Girl Power | Do you want to become a better you? Curious about how to build your self-confidence? Want to learn the keys to success? Want to learn how to be great everyday? Come and join Girl Power and find out how you can be great every day. This club seeks to enhance the lives of serious 7th and 8th grade females by positively impacting them to create social change that impacts and impedes them to become positive ambitious 21st century leaders of our campus. |
| Hamilton Blue Zone | Environmental/Bike & Skate/Mural Club - Become a campus Blue Zone Hero by spreading the word about the importance and fun of riding, caring for the environment, and creatively expressing your ideas. We will spend time: investigating and developing thoughts about growing the Hamilton Blue Zone; drawing and painting posters large and small to be posted around the campus; and engaging in Blue Zone actions inside and outside our building. (Extra points if you ride to school!!) |
| Harry Potter Book Club | If you like all things Harry Potter, then this is the place for you! We will read (of course!), get sorted into our HP houses, compare the books to the movies and many other fun Harry Potter related activities. |
| Henna | Ever seen the red designs on women's hands and wonder how they get those patterns to look so amazing? Come and learn the ancient art of Henna! \$10 to cover supplies like henna powder and cones. |

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| History through Movies | Do you love movies? What kind of movie do you usually go to see? Do you like action, suspense, adventure, comedy, inspirational stories? Well, then you'd love some of the best movies about history. Most people know that Remember the Titans is a great inspirational football film. But did you also know it's about the civil rights movement and touches on the civil war? The Book Thief is about a brave young girl learning to read while hiding from the Nazis during World War Two. Another is National Treasure, a story about a treasure map on the back of the Declaration of Independence. We'll watch some of these films and discuss the history behind the movies. |
| Huskies love COLORING | Using color pencils or pens, students will color different type of coloring books or paper. |
| Interact Club | In this club you will make friends while making a difference! HMS Interact Club plans events to build better friendships, conducts service projects to help others in the United States and in other countries. I'm excited to announce that this year we will be participating in an international pen pal program through PenPal Schools !! |
| Model UN | Are you passionate about making a difference in the world while you learn of what's affecting us near and far? Join Model UN and get the skills you need to do so while you make friends with people of similar interests. |
| Music Appreciation/ Guitar | Students will explore the inspirations and meanings behind the lyrics and music to popular songs throughout the ages as well as 2 to 3 students in the class receiving guitar instruction in accordance to selected songs from YouTube tutorials. |
| Name That Book | Do you love to read? Do you love to compete? This club will READ to compete in the HISD Name That Book Competition in March. We will also create digital media projects for the Name That Book Media Contest. |
| Opera in the Heights | Did you know that the Heights has an opera company in a converted church on Heights Boulevard? Come explore the 2016 -2017 season of Opera in the heights. Listen to gorgeous music about compelling themes of romance , masquerade balls and obsession. |
| Power in Music | People have always used music as a way to express themselves! We're going to check out different time periods' music and learn more about the backgrounds of the people who make/made it. If you love music and wonder about what fueled some of the best of it, then this is the FLEX for you! |
| Quiet Time | Quiet Time (QT) is a flex that provides students a regular quiet, peaceful, restful period so they can be less stressed, healthier, and ready to learn. Activities include meditation, sustained silent reading, free drawing or coloring, and relaxation to end the school day. |
| Read All About It | We will be exploring how to become journalist. We will look at how to make a newspaper and within a few weeks, become journalistic experts. |
| Retro Game Design | Unbox them. Set them up. Play them. Play them again. And again and again. What makes these board games fun to play? Who invented them and when? What is the method used to win the game? What skills are involved? What are the challenges and obstacles to winning the game? |

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| Retro Gaming | <p>Students will explore the history of gaming and experience gaming on various classic gaming consoles</p> |
| Robotics | <p>Students will explore robotics and engineering challenges for FIRST Lego League. We will also be taking on challenges with 3D printing that involves providing solutions for real-world problems.</p> |
| Salsa and Merengue flex | <p>Learn how to dance salsa and merengue and have a blast doing it.</p> |
| Science Fiction in TV and Film | <p>Do you like Star Wars, Marvel, DC, Doctor Who, etc.? We will be watching all of the greats every single week with Mr. Breslau, a teacher that LOVES it all. All are welcome, but you will be required to keep an open mind, positively respect the opinions of others, and be able to come and enjoy some great TV and movies.</p> |
| Scrapbooking | <p>Scrapbook is simply a decorated photo album that also preserves the stories behind the photos (called journaling). It can also hold memorabilia (tickets, certificates, letters, etc.). You might have a family album as well as smaller theme albums for vacations, home improvement or a baby's first year.</p> |
| Song Smiths | <p>Are you obsessed with music? Do you sing in the shower, or listen to a song over and over until you learn every word? Song Smiths is a place where you can bring your favorite [CLEAN] songs, explore their meanings, and even write your own. Learn about different music genres, their histories, and what makes them unique.</p> |
| Speech and Debate | <p>SDP is back. If you are interested in learning the skills of UIL debate, speech and performance and competing as well, then this club is for you. Open to grades 6 - 8. Students for this flex must be serious about performing in front of others and participating in UIL Saturday competitions.</p> |
| Sports Center | <p>This isn't your ordinary flex period. Think ESPN, Sports Center, Huffington Post mixed with Sole Collector . We are tackling the hottest topics while we learn how to effectively write across genres.</p> |
| Student Government and More | <p>Do you feel like the students at Hamilton should have a voice in what happens at Hamilton? Are there policies you would like to be changed or added? Are there fun activities you would like to have - both on and off campus, like field trips and festivals? This class will be charged with the awesome responsibility of organizing a student government here at Hamilton so that all students have a voice and are represented. But that is not all! In addition to being on the student council, class members will also help to produce the Huskies H.O.W.L.- a "live" T.V. announcements/news show, promote campus activities, and much more!</p> |

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| Study Time | Complete homework in a peaceful environment - Help is available! |
| Tap Dance | Do you want to train your feet to make music? Then the Tap Dance Fun Flex is for you! We will practice a variety of tap dance steps and routines to get you moving and making lots of noise! |
| UIL Academics | UIL Academics gives students a chance to learn, make connections with peers, receive guidance from teachers, and have experience applying their knowledge with students from other schools. Team members participate in competitions in various content areas including Math, Science, Language Arts, Social Studies and Art knowledge. Students win trophies and medals and eventually scholarships!! |
| UIL Science | Join Pigeon in the quest for success as part of the Husky UIL Science Team. Open to 6th - 8th graders. |
| Watercolor Club | |
| Wreck These Journals! | If you are a person who loves to doodle, sketch, color, and create designs, join this flex class. We will wreck our journals with tons of awesome ideas! |
| Yoga Fun Flex | Encourages movement and the flow of blood and oxygen through the body. Balance and awareness are necessary in order to maintain an active lifestyle. Students will focus on breathing, balance, stretching, and releasing tension. |