



Michael E. DeBakey High School *for* Health Professions

F2F GUIDELINES

COVID-19 SYMPTOMS

- Fever
- Chills
- Cough
- Difficulty breathing
- Loss of smell & taste
- Muscle or body aches
- Sore Throat
- Diarrhea

If you feel sick , **STAY HOME**

Students will submit to daily screenings and temperature check before entering the building.

Students exhibiting symptoms will be evaluated and placed in isolation and parents notified for immediate pick-up.

Students who begin to experience COVID19-like symptoms while on campus, should report to the Health Clinic (Room 118) in the Commons Area (cafeteria).

Those students experiencing non-COVID19 Symptoms should report to the Main Office.

Attendance requirement has been waived for 2020-2021

DISINFECTING

- Student desks are sanitized by students upon entrance into classroom.
- Pickup wipe, sanitize all desk surfaces, and dispose of wipe
- Do not touch other surfaces, teacher, or students
- Students must sanitize hands upon re-entering room.
- Classroom doors will be opened to minimize contact
- Students must bring their own school supplies such as paper and writing utensils
- Students must bring their own earbuds, headphone/microphone
- Sharing is discouraged
- Students are encouraged to wash their hands frequently



SOCIAL & PHYSICAL DISTANCING

- Stay 6 feet apart from others
- Only patio doors on Pressler St side will be used as single point of entry/exit.
- Building opens to students 7:00 am to 3:40pm. All students must be off-campus by 4:00pm.
- Students must stay in assigned desk
- Students must raise hand and obtain permission before leaving their desk.
- Elevators are not accessible to students unless they have been issued an elevator permit from Nurse Ali.
- Obey signage indicating one way traffic in hallways & maintain 6 feet distance from others.
- Unofficial measure: two arms length distance from other people (see diagram)

FACE MASKS

- Must be worn at all times
- Face mask will be provided. One mask per student per day (see Nurse Ali if need more).
- No gaiters, scarves or valves.
- Students may wear their own mask. Must be at least 2 layers.
- Masks must cover nose, mouth, and chin with no gaps on sides.
- Face shields may be worn over the **required** face mask.
- Students may not take off mask to cough, sneeze, or blow noses, or eat.
- No eating or drinking in classrooms to ensure masks stay on.
- Ear savers may be worn to relieve pressure off ears and ensure masks stay on ALL day.

If you feel sick, *STAY HOME*

SOCIAL ISOLATION DOES NOT MEAN YOU ARE ALONE...

EXPERIENCING SOCIAL OR EMOTIONAL ISSUES?

Reach out to your counselor...

Last name Your counselor
A-L Hayward
Vhayward@houstonisd.org

M-Z Arizmendi
carizmen@houstonisd.org

Students must set up virtual appointments with their counselor via email or TEAMS chat.

No students will be allowed into the counseling suite. They may also call their counselor by phone 713-741-2410.

For more information on any of our guidelines visit our website to review the DeBakey High School Continuity Plan.

www.houstonisd.org/debakey

TECHNOLOGY

- Students must bring a fully charged laptop to school daily.
- Students may charge their laptop before school, during office hours, or lunch.
- Bring headphone or earbuds with microphone for participation in virtual instruction.
- Camera's must be on at all times.
- Microphone must be off unless allowed by the teacher.
- Students needing tech assistance must complete the Tech Help Desk form on the HUB
- Do no share charging cable, earbuds, etc.

DRESS CODE POLICY

- NO uniform required, but allowed.
- Appropriate length of dresses, skirts, shorts (no shorter than knee length)
- Appropriate shirts (no midriff or shoulders exposed)
- No muscle shirts or clear tops
- No jeans with rips, holes, or cuts
- No flip flops
- No pajamas or slippers
- No inappropriate writings, slangs, pictures on clothing
- Seniors and Juniors may wear the designated scrubs and lab coats.
- Students should wear a light jacket to adjust to the varying classroom temperatures.
- Students may purchase polo shirts, t-shirts, or jackets from PTO during lunch. Dates to be announced.
- PE students must wear comfortable shoes (no changing to gym clothes in lockers)

FOR PARENTS

- Parents are not allowed on campus, even to drop off food. All students are provided with sack lunch.
- Communication with teachers and school administration must be via email, telephone, or virtual meeting.
- Parents wishing to pickup students from school must email Patricia Perez, attendance clerk at pperez6@houstonisd.org . She will verify via telephone and student will be released to be picked up from the front entrance.
- Please review Drop-off/Pick-up Protocol on our website: www.houstonisd.org/Page/163992

LUNCH TIME & OTHER NOURISHMENT

- Students may eat in the cafeteria and in open air patios only.
- Students may not eat in hallways, classrooms, lockers, carpeted areas.
- Breakfast, lunch and afternoon snack will be sacked.
- Bring your own drink containers.
- Bottle fillers are accessible, but water fountains are not.
- No outside food deliveries are allowed/accepted, even from parents.
- HISD will provide weekend meals to take home on Fridays. Students must sign-up for this service on Thursdays on the HUB.