About The Harris Center

The Harris Center is the largest mental health and developmental disability care center in Texas. We have an inherent passion for helping those with mental illness and/or intellectual and developmental disabilities live to their fullest potential. We never lose sight of the vast importance of a person's self-worth. As advocates of respect and acceptance for all, we remain committed to making individuals the central focus of our work.

We partner with hundreds of community advocacy organizations, hospitals, foundations, governmental entities, non-profit groups, and others to connect consumers with the best available care. We are working hard to reduce the stigmas that surround mental illness and intellectual & developmental disabilities through the provision of high-quality services that include community outreach and education.

Harris County's population of more than four million is represented by at least 90 different languages and cultures. Our team is comprised of skilled physicians, clinicians and support staff fluent in several languages to meet the needs of Harris County residents.

As the state-designated Local Mental Health Authority and Local Intellectual and Developmental Authority for Harris County, The Harris Center provides services and supports that are as high quality, efficient, and cost effective as possible such that persons with mental disabilities may live with dignity as fully functioning, participating and contributing members of our community, regardless of their ability to pay.

Revision 6.11.19

Rights Protection Offices

If you feel you have been unfairly treated, have been denied needed services or accommodation by The Harris Center for Mental Health and IDD (The Harris Center), or if you are unable to resolve a complaint regarding services with an employee of The Harris Center or their supervisor, you may contact the following Rights Protection Offices:

The Harris Center for Mental Health and IDD
Rights Protection Officer
9401 Southwest Freeway
Houston, Texas 77074
713-970-7742
Accessible 24/7

Texas Health and Human Services
Civil Rights Office
701 W. 51st Street
Mail Code W206
Austin, Texas 78751
1-888-388-6332
HHSCivilRightsOffice@hhsc.state.tx.us

Disability Rights Texas
1500 McGowen St.
Houston, Texas 77004
713-974-7691
1-800-252-9108

Individuals with hearing impairment or loss may call any of the offices above using the free service of Relay Texas at 1-800-735-2989.

All complaints are handled confidentially.

The HARRIS CENTER for Mental Health and IDD

Transforming Lives

Contact

Main Phone Number: 713-970-7000
24-hour Crisis Line: Press 1
Information on programs and services: Press 2

www.TheHarrisCenter.org

The HARRIS CENTER for Mental Health and IDD

Mobile Crisis Outreach Team - MCOT -

We come to you.

Who Are We?

The Mobile Crisis Outreach Team (MCOT) is an interdisciplinary mobile team comprised of Psychiatrists, Registered Nurses, Licensed Master's Level Clinicians, Bachelor Level Clinicians, and Psychiatric Technicians specializing in crisis intervention.

Community-based in Harris County, MCOT provides services to Children and Adults who are experiencing a mental health crisis.

How Do I Get Help?

If you or someone you know is experiencing a mental health crisis, please contact The Harris Center Crisis Line. Crisis Line Specialists will determine if a MCOT referral can benefit you.

Please Call: 713.970.7000 and press #1 for the Crisis Line.

In the event of imminent risk of danger, please call 911.

Hours of Operation

MCOT Services are provided 24 hours a day, seven days a week.

The Mission of MCOT

- *Crisis*
- *Response &*
- *Interventions for*
- *Stabilization*
- *Improvement of lives &*
- *Successful linkage to long term care*

Who is Eligible for Services?

All Residents of Harris County willing to voluntarily accept MCOT services are eligible.

MCOT services are targeted for people who are:

- In a mental health crisis but are unable and/or initially unwilling to access services through a traditional psychiatric outpatient setting
- At risk for hospitalization without immediate intervention.
- Not in acute crisis but in need of outreach services to prevent further deterioration and to ensure and to ensure linkage to appropriate outpatient psychiatric services and community services.

What Services are Available?

- ***Crisis Intervention***
- ***Psychiatric Assessment***
- ***Brief Therapy***
- ***Nursing Services***
- ***Nutrition Education***
- ***Substance Abuse Assessment***
- ***Intensive Case Management***
- ***Medication management to include initiation, restart or adjustment, as warranted***
- ***Linkages & Referrals to ongoing services:***
  - ***Psychiatric***
  - ***Primary Healthcare***
  - ***Substance Abuse***
  - ***Treatment***
  - ***Residential***
  - ***Psychosocial***
  - ***Rehabilitation***
  - ***Financial***
  - ***Vocational***
  - ***Legal***