

GROWTH

MINDSET

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WHAT YOU SAY
IN HERE...
STAYS IN HERE
Unless:

1. Someone is Hurting You

You Want to Hurt Someone
 You Want to Hurt Yourself
 You Chan Population to

4. You Give Permission to Share With Another Trusting Adult Welcome to MPVA's Virtual Counseling Office

Click around this virtual room to explore online support from your counselors.

DEAR STUDENTS:

I BELIEVE IN YOU
I AM HERE FOR YOU
you are capable of great things
YOU ARE RESPECTED
YOU ARE LISTENED TO

YOU ARE LISTENED TO
YOU ARE UNIQUE
YOU ARE WORTH IT

I CARE ABOUT YOU
YOUR SUCCESS IS MY SUCCESS
WE ARE IN THIS TOGETHER

You Are The Reason Why I Am Her

Coping With Covid-19 Survey

SEL Resources

Counseling

Request to see

Mrs. Alexander

Request to see

Mrs. Bolden

Referral

MPVA Website

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