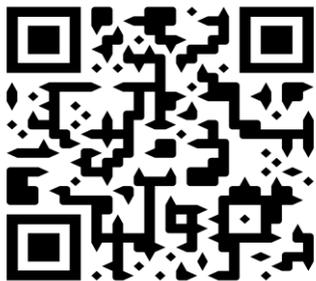


# MPVA Student Counseling Request

If you need to speak with your Counselor, follow the instructions below and we will contact you within 24-48 hours.

Outside of school hours, if you are not in danger, but need someone to talk to, you can contact the HISD Mental Health Hotline at 713-556-1340, 24 hours a day, 7 days a week.



Donna Bolden  
8<sup>th</sup> Grade  
7<sup>th</sup> Grade A-L

Click [here](#) to request to speak with Mrs. Bolden or open the camera on your phone to scan the QR code.



Renikki Alexander  
6<sup>th</sup> Grade  
7<sup>th</sup> Grade M-Z

Click [here](#) to request to speak with Mrs. Alexander or open the camera on your phone to scan the QR code.