## 2025 ANNUAL ENROLLMENT WHAT YOU NEED TO KNOW



### IT'S TIME TO TAKE A LOOK AT YOUR BENEFITS AND THE CHANGES AND ELECTIONS YOU MAY WANT TO MAKE FOR 2025.

Whether you are new to HISD or returning to the district, we have resources, information, and useful tools to guide you through your benefits information. Even if you are not enrolling in some of the benefit options, as an employee of the district you have access to benefits such as the Employee Assistance Program and resources that may be useful.





#### **HISD ENROLLMENT DATES: OCTOBER 28 - NOVEMBER 15, 2024**

### LET'S START BY LOOKING AT WHAT'S NEW FOR 2025.

To improve services and better manage plan costs, HISD Benefits reviews our various benefit plans each year to determine the plans and programs. For 2025, we are bringing more programs, better access to care, and more support services to our benefit plans and how to use them to maximize care for you and your family. HISD Benefits welcomes UnitedHealthcare (UHC) to the benefits portfolio for our employees, effective January 1, 2025. Additionally, we welcome Optum Rx Pharmacy benefits, a partner of UnitedHealthcare to help manage our pharmacy benefit program.

With the change to UnitedHealthcare, there will be important changes to the medical and pharmacy plans for 2025. We want to urge all employees to review the information we will provide to you very carefully.

#### **NEW MEDICAL PROVIDER NETWORKS THROUGH UNITEDHEALTHCARE:**

Charter Network: Includes Kelsey-Seybold providers with no outof-area coverage for dependents. The Charter Network and plans are similar to this year's Kelsey ACO Network.

Nexus Network: Offers access to Memorial Hermann providers with out-of-area coverage for dependents. This network covers most Memorial Hermann facilities, urgent care centers and physicians. The Nexus Network is similar to this year's Memorial ACO Network. This network does have a larger Tier II provider network available, but with significantly increased member cost share.

Choice Network: The Choice Network option provides the broadest provider access, including both Kelsey-Seybold and Memorial Hermann providers. This network is similar to this year's Texas Medical Neighborhood network. The Choice network will not have a Basic plan option. Instead HISD will be offering a new High Deductible Health Plan (HDHP) option, which will allow enrolled employees to contribute to a Health Savings Account.

If you would like to start reviewing the networks and searching for your current providers, please visit www.uhc.com. You can use the following networks to look for your providers. Click on Find a Doctor, click on Search as a guest, select the Medical Directory. Finally, select Employer and Individual Plans and select from our new networks below.

- Charter Charter HMO/Charter Balanced HMO/ **Charter Plus HMO**
- NexusACO OA
- Choice Choice

Beginning with the new medical plan year employee contributions will be increasing by 10%. The increase is necessary to address rising costs of medical and especially pharmacy costs. In addition, there is high usage of the emergency room to treat minor medical issues which is a costly and time-consuming way to get medical care. To help with this, HISD is partnering with Next Level to provide expanded support for all covered employees and dependents through Next Level Prime in 2025.

Pharmacy benefits will move from Express Scripts to Optum Rx, a UnitedHealthcare partner. Your pharmacy benefits will update to the most recent drug coverages as well as to align high-cost drugs in various tiers to more accurately give you what you need when you need it. Each drug tier will have a different cost share.

Please review the comparison charts carefully for the plans and coverage choices available to you. You may view the medical and pharmacy charts in this brochure. We will be sending more detailed information in the coming weeks.

#### **OTHER BENEFITS UNDER** UNITEDHEALTHCARE AND OPTUM RX

#### Transition of Care

If you are in the middle of treatment as we transition to UnitedHealthcare, you may be able to continue your course of treatment while you search for a provider in the UnitedHealthcare network. This process is called Transition of Care and requires you to submit a form within 30 days of your enrollment in UnitedHealthcare. If approved, you will have up to 90 days to continue your care under the current provider while looking for a provider under the UnitedHealthcare networks available to you. Visit hisdbenefits.org for the Transition of Care form. You can read more information and determine if you need to request this continuation benefit.

#### Advanced Clinical Engagement Support (ACES)

Combines advocacy and clinical resources to achieve better health choices and health outcomes. Visit hisdbenefits.org to see the clinical programs that are available.

#### Maven Maternity Program

Covers 12 months of care that includes 9 months of prenatal care and 3 months after delivery care. This is an excellent program for new mothers and will also benefit any expectant moms.

#### **OnePass Select**

If gym membership is your goal, we have a plan for you. You may pick from several different levels of membership. As you go up the ladder, most preceding gyms are available to you. You will need to create an account to access this benefit at

www.OnePassSelect.com. When you set up your account and log in, you can see the plans and the gyms you would have access to. Whatever level you choose, you will have access to multiple gyms anytime you want. You have choices so pick what is best for you!

#### **Medicare Estimation**

This is a process that determines how your claims will be paid. If you are Medicare eligible and enrolled because of a disability, your Medicare could pay primary (first). There are specific conditions under which this can occur. Otherwise, if dependents are on the plan, the HISD medical coverage automatically pays first. You will get a letter from Medicare indicating if this occurs. You will need to share that correspondence with us by sending the letter to the benefits office at: BenefitsOffice@houstonisd.org.

#### Coordination of Benefits (COB)

Will apply to dependent coverage under the medical and pharmacy plans. For any claims over \$400, UHC could be the secondary payer and the following will occur:

- UHC will pend the claim and send a letter to the member requesting updated COB information.
- UHC will send correspondence to you for this dependent member via phone, email, UHC portal and mailed letters
- Please respond to these inquiries immediately so benefits will be paid as applicable

#### Teladoc (formerly known as the Livongo program)

Provides a glucose meter and supplies for diabetics. This program has a member limit of 500 employees. As employees drop out, others can join. The program offers coaching support to employees diagnosed with diabetes by assisting you in monitoring your diabetes and medication compliance. Meal plans and other tools are available to participants in this program.

#### Pharmacy benefits under Optum

Optum Rx Home Delivery is a convenient way to schedule your medications that you take on a regular basis. You can also elect automatic refills so you don't have to remember when to fill your prescriptions. It's as easy as 1-2-3. For most maintenance medications, you are able to fill with a 3-month supply, this will keep you compliant with your medication schedule. Just send your doctor's script to OptumRx or call the number on the back of your member ID card. You also have flexible payment options when paying for your maintenance medications. You will need to set up a UnitedHealthcare account before your first order. Your medication will deliver 2-5 business days after the pharmacy receives completed new and refill orders.

#### **VOLUNTARY BENEFITS**

#### Flexible Spending Account

Healthcare Flexible Spending account – Contributions are taken out of your paycheck on a pre-tax basis, and you can use these funds to pay for medical, dental, and vision expenses as well as pharmacy expenses. You may contribute up to \$3,200 that you can choose and the money is available on January 1, 2025. These funds can be used for you and your dependents even if the dependents are not covered under your medical plan.

#### Dependent Care Flexible Spending Account

Contributions are taken out of your paycheck on a pre-tax basis, and you can only use the amount that is in your flexible spending account. You can use these funds for daycare, camps, elder care where your dependents need care or have after school activities. You cannot use these funds for your dependents' medical, dental, vision, and pharmacy expenses. You can choose an amount up to \$5,000. The deductions are taken out over the calendar year.

#### Health Savings Account

Contributions are taken out of your paycheck on a pre-tax basis, and you can use only what is in your account. But you can also enroll in the Limited Purpose FSA plan if you are trying to save your HSA money. You can choose an amount up to \$4,300 if you have individual coverage or \$8,550 if you have dependent coverage. You can always take your HSA account with you if you leave the district.

#### Limited Purpose Flexible Spending Account

This type of account can be used to supplement an HSA plan only. This account can be used to pay for dental and vision expenses and your HSA account would be used to pay for medical and pharmacy expenses. This account works just like the healthcare flexible spending account.



**NOTE:** For the Flexible Spending accounts, you must choose the amount carefully. If you do not use it, you will forfeit those funds. We do have a

two-and-a-half-month extension for these accounts which will allow any balance at the end of the year to move to the next calendar year but those funds need to be exhausted by March 15, 2025. Please visit hisdbenefits.org for additional information

#### Dental HMO

You must select a Primary Care Dentist who will oversee your dental care. There is also a copay schedule for covered treatment under this option and there are no annual limits. If you need specialist care, your Primary Care Dentist will need to make the referral. There is no coverage for services out of the network unless it is an emergency. You are able to change your Primary Care Dentist.

#### Dental PPO/PPO Buyup

You are able to select any dentist in the network for your dental care. You must pay a deductible before any treatment begins, even for preventive treatment. If you use a provider outside of the network, you may be responsible for any additional charges that may exceed usual and customary. There is an annual maximum of \$1,350 but you can earn an extra \$100 each year for three years taking your maximum up to \$1,650 if you have at least one preventive visit a year. The Buyup plan does not have a deductible for preventive care and your annual maximum is \$2,000. Otherwise, all other benefits are the same.

#### **Discount Dental**

This plan is not insurance, but it does provide some discounts when you seek dental care. There is a network of providers to choose from to direct your dental care.

#### Vision Basic and Plus options

This plan covers your vision care and provides you with an exam copay and materials copay if you need contact lenses or if you choose eyeglasses. If you choose both there are additional discounts available. The only difference between basic and plus is that the plus plan allows for eyeglass frames every year.

#### Life Insurance, Basic and Supplemental

HISD provides all benefits-eligible employees with \$15,000 in basic life and AD&D insurance. Employees can add additional life insurance for themselves, spouse, or children. For supplemental insurance, an employee can add up to 5x their annual salary. Any increment over that when first hired or over \$600,000 requires evidence of insurability which is a short questionnaire. Child life can be elected in flat amounts of \$5,000, \$10,000, \$15,000, and \$20,000. Child life insurance covers any child dependents up to ages 26, 25 for grandchildren.

#### Disability

This is a voluntary program you can select that comes with a variety of options for salary replacement. Evidence of Insurability is not required but pre-existing exclusions apply. You must also be actively at work for the benefit to begin.

MetLife Legal covers personal legal matters. This plan provides personal legal guidance on a variety of issues and services such as will preparation, traffic ticket defense, and consumer matters. Issues related to your employment are excluded.

#### Accident, Critical Illness, Cancer and Specified Diseases, and Hospital Indemnity

These benefits pay you and covered dependents cash in the event you are in an accident, you suffer a critical illness, are diagnosed with cancer or one of the specified disease, or if you are admitted to the hospital. These are excellent additions to your benefits portfolio and are cost-friendly.

#### For New Employees

If you're a new employee, look for your benefits enrollment email from the HISD Benefits Office following the date that you are entered in the HISD HR system. You must enroll within 30 days of your hire date or you will need to wait until the next Annual Enrollment period or until you experience a qualifying life event. After you successfully enroll, you will receive a confirmation notice.

If you are a new hire in August, you may need to enroll for Benefits as new hire and then also participate in annual enrollment and enroll again to ensure that you have the benefits you want for the new year whether you want to change anything or not. This is required since you will have two concurrent events happening at the same time.

#### **Dependent Verification**

It's important you understand who can and can't be considered a dependent on your plan. Documentation is required to support the eligibility status of each of your dependents. If you don't provide it, your dependents will not be covered, regardless of their eligibility, and you won't be able to add them until the next enrollment period or in the case of a life event. For more information about dependent eligibility, see HISDBenefits.org.

#### When do benefits begin?

If you are a new employee, a rehire outside of 31 days or newly eligible, your benefits coverage begins on your benefits effective date, which is the first of the month following 30 days after your new employee date of hire or transfer date for the newly eligible, as long as you select benefits before your benefits effective date or the date you become eligible for benefits. For example, if you start work or become benefits eligible on February 12, your benefits begin April 1, as long as you select your benefits before April 1. For benefits selected during the annual enrollment period, coverage begins January 1 of the following year. For benefits requiring evidence of insurability, coverage begins the beginning of the month following carrier approval of your application. If you are in an Affordable Care Act stability period, your benefits effective date could start sooner.

## **EMPLOYEE ASSISTANCE PROGRAM**

You and your household members have access to free benefits available through our Employee Assistance Program (EAP). Our EAP provider is ComPsych, and their GuidanceResources® program is a network of services that can help you improve your emotional, mental, physical and financial health, achieve more at work and home, and handle many personal or professional challenges you face. The program is an award-winning, comprehensive, interactive service that provides unique tools to assist you in every aspect of your life.

The EAP is provided free of charge and offers someone to talk to when you need them, as well as resources to consult for a variety of expert content. These services are strictly confidential, and they are available to you and your household members 24 hours a day, seven days a week.

#### TAKE ADVANTAGE OF THESE VALUABLE RESOURCES, WHICH INCLUDE:

- Confidential emotional support with eight (8) free counseling sessions per member, per issue, per year
- Financial resources
- Legal guidance

The EAP's GuidanceConnect feature allows you to schedule an appointment with a network therapist through the online portal. Log on to guidanceresources.com (new users can register using the company Web ID, HISD) At the top of the page, click on the "Find a Therapist" menu. After answering a few simple questions, you will be matched to a pool of therapists who meet your clinical needs and preferences. Whether you're looking for in-person, telephone, video or chat counseling, you can select your preferred therapist right in the portal.

#### KOA CARE 360: DIGITAL SELF-CARE TOOLS, AVAILABLE ANYTIME, ANYWHERE

Your Employee Assistance Program offers an app-based platform of digital self-care tools which enable you and your household members to take care of their mental well-being on their own terms, in the time and place that works for them, by simply using a smartphone.

This new platform, called Koa Care 360, is a powerful, self-contained wellness solution that is both engaging and user-friendly. The dynamic, digital content is grounded in evidence-based techniques, such as cognitive behavioral therapy, mindfulness and positive psychology, and is curated by skilled psychologists. It's also clinically proven to enhance mental health and well-being.

#### How It Works

To get started, Koa Care 360 asks you about your goals. Maybe it's wanting to sleep better, or to be less stressed or to have more confidence in yourself. Using your answers, the platform creates individualized experiences through interactive programs, skill-building tools and inspirational resources you access right from your smartphone or tablet.

#### Koa Care 360 features:

- Content curated by skilled psychologists
- · Activities based on techniques that are NICE (National Institute of Clinical Evidence) approved
- Holistic approach combining different therapies
- Stress measured with perceived stress scale
- Specialized modules designed to help sleep, manage anxious thoughts and unwind
- A personalized experience to help pursue your well-being goals

All the while, the program tracks your progress and keeps you motivated on your journey to a better you.

#### LOG ON TO GUIDANCERESOURCES.COM AND CLICK THE ICON FOR DIGITAL SELF-CARE TOOLS TO **GET STARTED TODAY!**

- Unlimited work-life solutions
- Well-being Coaching
- Online support and digital self-care tools

• Diverse activities for mental well-being based on Cognitive Behavioral Therapy (CBT), positive psychology and mindfulness



# Take your healthcare to the Next Level.

Houston Independent School District has partnered with Next Level to be your first stop for employee healthcare needs. Starting Janurary 1, 2025, for employees and their covered dependents on the HISD medical plans, HISD will provide an unlimited Next Level PRIME healthcare membership. HISD is offering this benefit at no additional cost to you, the employee.

## Included in your membership:

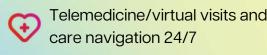
Access to 45+ Next Level clinic Ŧ locations



Direct primary, preventive and chronic care, 7 days a week, 9a-9p



Urgent care 7 days a week from 9a-9p



Health and wellness coaching and emotional wellness counselling

No co-pays at the time of service and no additional expenses

Good news! You're a Prime member.



# The best way to get care with Next Level

Download our app and make getting care faster.

**next** level



## HISD Employee HEALTH & WELLNESS CENTERS by **NEXt** evel

### HISD Health and Wellness Centers operated by Next Level Urgent Care.

care close to where they work. Walk-in patients are welcome, but we recommend booking an appointment on the

#### **CONVENIENT MEDICAL CARE** FOR EMPLOYEES AND **COVERED DEPENDENTS**

- URGENT CARE
- SPORTS PHYSICALS
- HEADACHES
- RASHES
- SPRAINS & STRAINS
- LACERATIONS
- URINARY TRACT INFECTIONS
- LABS
- FLU SHOTS

HISD

**Benefits** 

Office BRINGING BENEFITS TO LIFE

- WELLNESS PHYSICALS
- INTERIM CARE

NEED TO SEARCH FOR A DOCTOR OR VERIFY MEDICATIONS ARE COVERED IN THE PHARMACY PLAN? VISIT: WWW.WHYUHC.COM/HISD

#### HATTIE MAE WHITE **EDUCATIONAL SUPPORT CENTER**

4400 West 18th Street, Houston, Texas 77092 281-869-3630

Monday-Friday: 9:00 a.m. to 4:30 p.m. Saturday: 8:00 a.m. to 1:00 p.m.

BOTH CENTERS ARE OPEN DURING THE MIDDAY LUNCH HOUR



#### PERSONAL, HIGH-QUALITY MEDICAL CARE

HISD Employee Health & Wellness Centers are here for most of your day-to-day healthcare and wellness exams. Even better, if you are enrolled in HISD medical plan, you can use these services at no cost to you. That also includes care for your covered dependents, age 5 and older.

If you're eligible for HISD healthcare benefits but not enrolled in the HISD medical plan, you can still use the centers for just \$65-\$125 per visit, plus any additional lab fees.

NOTE: THE CENTERS DO NOT TREAT WORKERS' COMPENSATION INJURIES.

#### TO MAKE AN APPOINTMENT ONLINE:

WWW.NEXTLEVELURGENTCARE.COM/ONSITE-CLINIC CLICK THE LINK WHERE IT SAYS "ONSITE MEMBER? CLICK HERE.' THIS WILL BRING YOU TO THE NEXT LEVEL CLIENT LOGIN PAGE. LOG IN USING THE FOLLOWING: **USERNAME: HISD PASSWORD:** Nextlevel

#### **GET THE NEXT LEVEL APP**

CLICK THE MENU IN UPPER LEFT CORNER CLICK "SCHEDULE APPOINTMENT SELECT HISD CLINIC AND FOLLOW INSTRUCTIONS

#### ATTUCKS MIDDLE SCHOOL

4330 Bellfort Street, Houston, Texas 77051 (located off Ferdinand —SW side of campus) 281-869-3630

Monday-Friday: 9:00 a.m. to 4:30 p.m.

#### WWW.NEXTLEVELURGENTCARE.COM/ONSITE-CLINIC

HISDBENEFITS 🖸 HISDBENEFITS 🛉 HOUSTONISDBENEFITS

| 2025<br>Medical Pla   | N COMPARISON   | <b>Charter Select</b><br>Earn \$35,000 or less | Charter Basic   | Nexus Basic   |
|---|--|--|---|---|
| RATES   |  |  |   | l   |
| Based on 24 pay periods   | Employee only  | \$2.75   | \$21.18   | \$23.30   |
|   | Employee + spouse  | \$106.92                                       | \$119.03  | \$130.93  |
|   | Employee + child(ren)                                    | \$97.24  | \$110.24  | \$121.28  |
|   | Employee + family  | \$176.55                                       | \$203.93  | \$224.33  |
| PLAN LIMITS   |  |  |   |   |
| Annual deductible   | Individual   | \$500  | \$2,500   | \$2,500   |
|   | Family   | \$1,000  | \$5,000   | \$5,000   |
| Annual out-of-pocket max<br>(includes all medical and pharmac<br>deductibles, copays, and coinsurat | Individual   | \$4,900  | \$7,900   | \$7,900   |
|   |  | \$9,800  | \$15,800  | \$15,800  |
| Preventive care exams <sup>6</sup>  |  | Free   | Free  | Free  |
| COST FOR COVERED  | SERVICES AFTER YOUR DEDUCTIBLE                           | HAS BEEN MET                                   |   |   |
| Office visits   | Primary care (PCP)                                       | \$30 copay <sup>1</sup>                        | \$30 copay <sup>1</sup>                                       | 25%/45%4  |
|   | Specialists  | \$65 copay <sup>1</sup>                        | \$65 copay <sup>1</sup>                                       | 25%/45%4  |
|   | HISD Onsite Clinics & PRIME                              | <sup>2</sup> Free                              | Free  | Free  |
| Inpatient—hospital <sup>3</sup>   |  | 30%  | 25%   | 25%/45%4  |
| Outpatient—hospital <sup>3</sup>  | * *  |  | 25%   | 25%/45%4  |
| Outpatient—freestanding a   | Dutpatient—freestanding and surgical center <sup>3</sup> |  | 25%   | 25%/45%4  |
| Emergency Room  |  | 30% + \$750 Copay                              | 25% + \$750 Copay   | 25% + \$750 Copay   |
| Urgent care facility  |  | \$100 copay <sup>1</sup>                       | \$100 copay <sup>1</sup>                                      | \$100 copay <sup>1</sup>                                      |
| Lab, X-ray, diagnostic mammogram  |  | 30%  | 25%   | 25%   |
| Diagnostic scans (MRI, MRA, CAT, PET)   |  | 30%  | 25%   | 25%   |
| Maternity - Delivery (Hospital)   |  | 30%  | 25%   | 25%/45%4  |
| Mental health and substance abuse—inpatient   |  | 30%  | 25%   | 25%   |
| Mental health and substance abuse—outpatient  |  | \$65 copay <sup>1</sup>                        | \$65 copay <sup>1</sup>                                       | 25%   |
| PRESCRIPTION DRUG C   | OMPARISON  |  |   |   |
| Annual pharmacy deductibl   |  | \$50 per person                                | \$100 per person  | \$100 per person  |
| Prescription drugs<br>(30-day retail) <sup>5</sup>  | Tier 1 Generally Generic                                 | \$20   | \$20  | \$20  |
|   | Tier 2 Generally Preferred brand                         | \$60   | \$75  | \$75  |
|   | Tier 3 Generally Non-preferred brand generic             | \$100  | 25% (Minimum \$100<br>copayment / Maximum \$250<br>copayment) | 25% (Minimum \$100<br>copayment / Maximum \$250<br>copayment) |
|   | Specialty Drugs  | \$150  | 25% (Minimum \$100<br>copayment / Maximum \$250<br>copayment) | 25% (Minimum \$100<br>copayment / Maximum \$250<br>copayment) |
| Prescription drugs<br>(90-day mail or retail) <sup>5</sup>  | Tier 1 Generally Generic                                 | \$50   | \$50  | \$50  |
|   | Tier 2 Generally Preferred brand                         | \$150  | \$187.50  | \$187.50  |
|   | Tier 3 Generally Non-preferred brand generic             | \$250  | 25% (Minimum \$250<br>copayment / Maximum \$500<br>copayment) | 25% (Minimum \$250<br>copayment / Maximum \$500<br>copayment) |

Charter PCP and specialist copays do not count towards the annual deductible; but, do apply towards the annual out-of-pocket maximum.
Free if you are enrolled in an HISD medical plan (not available to Choice HDHP members).
Pre-certification may be required.

| Choice HDHP             | Charter Plus  | Nexus Plus  | Choice   |
|-------------------------|---|---|--|
|                         | A.0. (5   |   | 454.00   |
| \$36.95                 | \$42.67   | \$46.94   | \$74.39  |
| \$207.52                | \$160.68  | \$176.75  | \$267.69   |
| \$192.25                | \$148.83  | \$163.71  | \$248.79   |
| \$355.60                | \$275.30  | \$302.84  | \$430.11   |
| ****                    | A1 550  | AL 570  | ad 550   |
| \$3,300                 | \$1,750   | \$1,750   | \$1,750  |
| \$6,600                 | \$3,500   | \$3,500   | \$3,500  |
| \$7,900                 | \$6,150   | \$6,150   | \$6,150  |
| \$15,800                | \$12,300  | \$12,300  | \$12,300   |
| Free                    | Free  | Free  | Free   |
|                         |   |   |  |
| 20%                     | \$30 copay <sup>1</sup>                                       | 20%/40%4  | 20%  |
| 20%                     | \$65 copay <sup>1</sup>                                       | 20%/40%4  | 20%  |
| Not Available           | Free  | Free  | Free   |
| 20%                     | 20%   | 20%/40%4  | 20%  |
| 20%                     | 20%   | 20%/40%4  | 20%  |
| 20%                     | 20%   | 20%/40%4  | 20%  |
| 20% + \$750 Copay       | 20% + \$750 Copay   | 20% + \$750 Copay   | 20% + \$750 Copay  |
| 20%                     | \$100 copay <sup>1</sup>                                      | \$100 copay <sup>1</sup>                                      | \$100 copay <sup>1</sup>                                   |
| 20%                     | 20%   | 20%   | 20%  |
| 20%                     | 20%   | 20%   | 20%  |
| 20%                     | 20%   | 25%/45%4  | 20%  |
| 20%                     | 20%   | 20%   | 20%  |
| 20%                     | \$65 copay <sup>1</sup>                                       | 20%   | 20%  |
|                         | \$100   | ¢100  | ¢100   |
| Integrated with medical | \$100 per person  | \$100 per person  | \$100 per person   |
| 20%                     | \$20  | \$20  | \$20   |
| 20%                     | \$75  | \$75  | \$75   |
| 20%                     | 25% (Minimum \$100<br>copayment / Maximum \$250<br>copayment) | 25% (Minimum \$100<br>copayment / Maximum \$250<br>copayment) | 25% (Minimum \$100<br>copayment / Maximum \$<br>copayment) |
| 20%                     | 25% (Minimum \$100<br>copayment / Maximum \$250<br>copayment) | 25% (Minimum \$100<br>copayment / Maximum \$250<br>copayment) | 25% (Minimum \$100<br>copayment / Maximum \$<br>copayment) |
| 20%                     | \$50  | \$50  | \$50   |
| 20%                     | \$187.50  | \$187.50  | \$187.50   |
| 20%                     | 25% (Minimum \$250<br>copayment / Maximum \$500<br>copayment) | 25% (Minimum \$250<br>copayment / Maximum \$500<br>copayment) | 25% (Minimum \$250<br>copayment / Maximum \$<br>copayment) |

4. Services are tiered under Nexus Basic and Nexus Plus.

5. 5 Separate pharmacy copay applies after separate pharmacy deductible has been met (except Choice HDHP).





# Lleve su atención médica al Next Level.

El Distrito Escolar Independiente de Houston se ha asociado con Next Level para ser su primera parada para las necesidades de atención médica de los empleados. A partir del 1 de Enero de 2025, HISD brindará una membresía de atención médica ilimitada con Next Level PRIME para los empleados y sus dependientes con planes médicos de HISD. HISD ofrece este beneficio sin costo adicional para usted, el

### empleado. Incluido en su membresía:

(+)

Acceso a más de 45 ubicaciones de clínicas



Atención primaria directa, atención preventiva y crónica, los 7 días de la semana, de 9 a.m. a 9 p.m.



Atención de urgencia los 7 días de la semana de 9 a.m. a 9 p.m.

Telemedicina/visitas virtuales y Ŧ navegación asistencial 24 horas al día, 7 días a la semana

Entrenamiento de salud y bienestar y asesoramiento sobre bienestar emocional

Sin copagos al momento del servicio v sin gastos adicionales

La mejor manera de recibir

atención con Next Level

Buenas noticias! Eres un miembro de Prime.





Descarga nuestra aplicación y

facilite su cuidado medico



## CLINICAS DE SALUD

### Los Centros de Salud y Bienestar de HISD operados por Next Level Urgent Care.

atención médica de urgencia muy cerca de donde trabajan. Así mismo los pacientes sin cita son bienvenidos, aunque es recomendable hacer sus citas por medio de la aplicación en su celular llamada Next Level o bien llamando al teléfono 281-869-3630.

#### **SERVICIOS DE SALUD CONVENIENTES PARA LOS EMPLEADOS Y DEPENDIENTES CUBIERTOS EN EL PLAN DE ATENCIÓN MÉDICA**

ATENCIÓN MÉDICA PERSONAL DE ALTA CALIDAD Los Centros de Salud y Bienestar para Empleados de HISD están disponibles para la mayoría de sus exámenes de bienestar y atención de salud rutinaria. Y lo que es mejor, si está inscrito en un plan médico de HISD, puede usar estos servicios sin costo alguno para usted. Esto también incluye a sus dependientes cubiertos a partir de los 5 años de edad.

- ATENCIÓN MÉDICA DE URGENCIA
- EXÁMENES FÍSICOS PARA DEPORTISTAS
- DOLOR DE CABEZA
- ERUPCIONES EN LA PIEL
- ESGUINCES, TORCEDURAS
- LACERACIONES O CORTADAS
- INFECCIONES DEL TRACTO URINARIO
- SERVICIO DE LABORATORIO
- VACUNAS CONTRA LA GRIPE
- EXÁMENES FÍSICOS
- CUIDADO PROVISIONAL

HISD

**Benefits** 

Office

BRINGING BENEFITS TO LIFE

Si es elegible para recibir beneficios de atención médica de HISD, pero no está inscrito en el plan médico de HISD, igualmente puede usar los centros por solo \$65-\$125 por consulta, más costos de laboratorio si es necesario.

HATTIE MAE WHITE EDUCATIONAL SUPPORT CENTER

4400 West 18th Street, Houston, Texas 77092 281-869-3630

Lunes - Viernes: 9:00 a.m. - 4:30 p.m. **Sabado:** 8:00 a.m. – 1:00 a.m.

AMBOS CENTROS ESTAN ABIERTOS DURANTE LA HORA DE LONCHE DEL MEDIODIA.

**HISDBENEFICIOS** 

#### AVISO: LOS CENTROS NO TRATAN LESIONES RELACIONADAS CON ACCIDENTES LABORALES.

#### TO MAKE AN APPOINTMENT ONLINE:

#### WWW.NEXTLEVELURGENTCARE.COM/ONSITE-CLINIC

HAGA CLIC EN EL ENLACE DONDE DICE "¿MIEMBRO EN EL SITIO? HAGA CLIC AOUÍ"

ESTO LO LLEVARÁ A LA PÁGINA DE INICIO DE SESIÓN DEL CLIENTE DE SIGUIENTE NIVEL.

INICIE SESIÓN USANDO LO SIGUIENTE:

USERNAME: HISD

**PASSWORD:** Nextlevel

#### **DESCARGUE LA APLICACIÓN NEXT LEVEL**

· HAGA CLICK EN EL MENU EN LA PARTE SUPERIOR IZQUIERDA DE SU PANTALLA.

HAGA CLICK SCHEDULE APPOINTMENT.

SELECCIONE HISD CLINIC Y SIGA LAS INSTRUCCIONES

#### ATTUCKS MIDDLE SCHOOL

4330 Bellfort Street, Houston, Texas 77051 (ubicado frente a Ferdinand-lado suroeste del campus) 281-869-3630

Lunes - Viernes: 9:00 a.m. - 4:30 p.m.

#### WWW.NEXTLEVELURGENTCARE.COM/ONSITE-CLINIC

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