

DISCOVER

15 MINUTES

Find 15 minutes each day to read aloud to your child, because reading aloud, singing and talking – in any language! – helps with brain development, builds vocabulary, and prepares your child for future success in school and life. Below are some ideas to help you **Discover 15** minutes.



Share photos and ideas on Twitter using #Discover15 or email them to [Story@BushHoustonLiteracy.org](mailto:Story@BushHoustonLiteracy.org).

### At Bedtime

Every night, read a book with your child or tell your own story.

### While Cooking

Ask your child to:  
read the recipe to you,  
describe the foods you are using,  
and spell the words.

### Doing Homework

Use homework time as reading time.

Ask your child to read directions, questions and answers out loud.

### At the Library

Take your child to the library and find a quiet place to read.

Check out some books to read at home.

### With a Partner

Partner your child with a sister, brother, or a friend. Let them read to each other.

Ask them questions about what they read.

### At a Free, Public Display

Read the information on public displays and directories.

Discuss what you see and learn.

### At a Restaurant

Read the menu together.

Do the children's activities on the trays or package.

### While Running an Errand

Take a book or magazine to the doctor's office, nail salon or beauty parlor. Your child can read to you while you wait. Or, take paper and pencil so children can write their own story and draw pictures.

### In the Grocery Store

Ask your children to read your grocery list, labels and signs in the store.

Play a game to find things that they see on the list.

### During Bath Time

Sing songs with young children while they are in the bath.

Ask them the first letter of toys in the bathtub.

### While at the Park or Community Center

Enjoy a book at the park or in a community center in your neighborhood.

### While in the Car or Bus

Ask your child to read to you.

Young children can sing songs.

Ask your child to find words they know on billboards and signs.

### With a Pet

Your child can read aloud to your pet or a stuffed animal toy.

### Using Technology

Find games and digital books on tablets or smart phones that are fun and help children learn new words.

### Doing Laundry

While you wait on your laundry, read with your kids or make up your own stories about where you are and things you see.



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