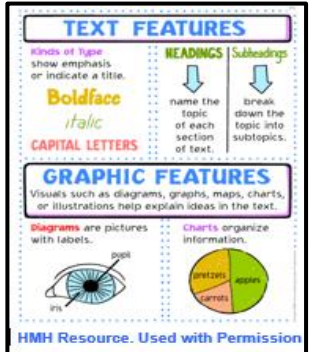


<b>Monday</b>	
HOLIDAY	Chávez/Huerta Day

**Tuesday – 30 minutes**

Activity / Task

- Informational Text: Text and Graphic Features**
- When reading informational text, use the title, genre, and illustration to determine what you might learn from the text.
  - Click the link and read the text titled [To Your Health](#) or you can choose your own informational text with graphic features.
  - Use the text and the **Text Features** anchor chart to help you complete the graphic organizer below.



Type of Feature	What does this feature help me understand?	Central Idea
<b>1. Heading</b>	<i>This feature helps me understand...</i>	→ <i>The central idea of this section is...</i>
<b>2. Diagram</b>	<i>This feature helps me understand...</i>	→ <i>The central idea of this section is...</i>
<b>3. Picture</b>	<i>This feature helps me understand...</i>	→ <i>The central idea of this section is...</i>
<div style="background-color: #ffff00; display: inline-block; border-radius: 50%; padding: 5px; margin-right: 5px;"></div> <b>Explain</b> what would happen if the author didn't include text or graphic features.		

- Resources
- [www.myon.com](http://www.myon.com)
  - [Houston Public Library KIDS Reading Lists](#)
  - Titles from the Literacy by 3 Scholastic Leveled Book Room and Classroom Library Sets
  - [www.imaginelearning.com](http://www.imaginelearning.com)



## Wednesday – 30 minutes

Activity / Task

### Vocabulary: Context Clues

- Click the link and read the text titled [To Your Health](#) to complete the graphic organizer below.



- Discuss your new understanding of the word with someone at home.

### Context Clues

Good readers use clues in the text and visuals to find the meanings of unfamiliar words.

**LOOK FOR**

**Word Parts** Lumin = light. We stared at the luminous stars in the sky.

**Examples** Crustaceans, such as shrimp, lobster, and crabs, live in salt water.

**Definitions** The calyx, the leaf-like parts that cover a flower bud, are green.

**Visuals with Labels** Visuals show pictures of the word's meaning. calyx stem leaves

**Synonyms** = same Luke wanted to rectify his mistake. If he could correct it, he would.

**Antonyms** = opposite Ana would rather be indolent than lazy.

### Vocabulary: Context Clues

HMH Images / Resource. Used with Permission

**My Sentence:** Some foods, like meats and cheese take longer to **digest** than others.

**Meaning:** I think this word means...

**New Sentence:**

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## digest



**Discuss:**

What are some foods that are hard to **digest**?

**My Sentence:** Good nutrition includes eating fresh fruits, vegetables, and proteins that help you grow.

**Meaning:** I think this word means...

**New Sentence:**

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## nutrition



**Discuss:**

What is the difference between good nutrition and bad nutrition?

Resources

- [www.myon.com](http://www.myon.com)
- [Houston Public Library KIDS Reading Lists](#)
- Titles from the Literacy by 3 Scholastic Leveled Book Room and Classroom Library Sets
- [www.imaginelearning.com](http://www.imaginelearning.com)



Thursday – 30 minutes

Activity / Task

**It's Writing Time!**

**Look** at the image. Explain what you think is happening. *I think...*



**Think** about the quote below and explain the meaning: *I think the meaning of the quote is...*

HMH Resource.  
Used with Permission

“You are what you eat.”

**Discuss** if you agree or disagree with the quote. *I agree/disagree with the quote because...*

**Write** about the importance of making healthy food choices. **Explain** how you can make healthier choices. **Share** your writing with someone at home.

**Written Composition: Informational Text**

**Brainstorm/Prewriting:**

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Resources

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- [www.imaginelearning.com](http://www.imaginelearning.com) 



Friday – 30 minutes

Activity / Task

**Informational Text: Central Idea**

1. Today you will use **clues**, such as the **section heading** and **details to find the central idea** in *Bugs Do A Body Good* using the **anchor chart below**.
2. Read the section titled “*Bugs Do a Body Good*” and answer the questions below in the chart.
3. Present the central idea and details of the text to someone at home.

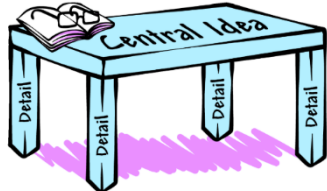
Which is more nutritious—ground beef or grasshoppers?

## BUGS DO A BODY GOOD

- 7 Dinner is served: on one plate, a big, juicy hamburger, and on the other, a heaping pile of cooked grasshoppers. Ground beef or bugs? Which one do you think is better for your body?
- 8 Both have lots of protein, which is what your body uses to build muscle. But in other ways, grasshoppers clearly come out ahead. A pound of grasshoppers has less fat than a pound of beef, and the insects are higher in calcium and iron. Other bugs are good for you, too. Says biologist David George Gordon, author of the *Eat-a-Bug Cookbook*, “I tell kids, if your bones are still growing, eat more crickets and termites.”
- 9 Still wouldn’t pick the grasshoppers? Gordon says they also taste delicious, a lot like green peppers.

[HMH Resource. Used with Permission](#)

Friday – 30 minutes

	<p style="text-align: center;"><b>Central Idea</b></p> <p>The <b>Central Idea</b> is what the text is mostly about.</p> <p>Look for <b>text clues</b>.</p> <ul style="list-style-type: none"> <li>● Headings</li> <li>● Visuals</li> <li>● First or Last Sentence</li> <li>● Repeated Words</li> </ul>  <p>Evaluate <b>details</b> to determine <b>key ideas</b> that support the central idea.</p> <ul style="list-style-type: none"> <li>● Examples</li> <li>● Facts</li> <li>● Evidence</li> <li>● Description</li> </ul> <p style="text-align: center;"><b>HMH Resource. Used with Permission</b></p>	<p style="text-align: center;"><b>Central Idea</b></p> <ol style="list-style-type: none"> <li>What is the central idea of this section? _____</li> <li>What are two details that support the central idea? _____</li> <li>How does the author organize the details in this section? _____</li> </ol>
<p>Resources</p>	<ul style="list-style-type: none"> <li>• <a href="http://www.myon.com">www.myon.com</a></li> <li>• <a href="#">Houston Public Library KIDS Reading Lists</a></li> <li>• Titles from the Literacy by 3 Scholastic Leveled Book Room and Classroom Library Sets</li> <li>• <a href="http://www.imaginelearning.com">www.imaginelearning.com</a></li> </ul>	