

HISD MEDIA ADVISORY

HISD offering free EKGs to student-athletes during inaugural outreach program

WHAT: Thousands of Houston Independent School District middle and high school student-athletes will be offered free electrocardiograms (EKGs) during a first-time HISD event aimed at detecting heart defects in young people, possibly preventing a fatal cardiac event.

The test will also be offered to cheerleaders, band, drill team, and dance team members, as well as any other students involved in similar extracurricular activities.

EKGs can detect diseases such as Hypertrophic Cardiomyopathy (HCM), a condition which causes the walls of the heart muscle to thicken. The disease can be fatal.

At the event, student-athletes will undergo the non-invasive medical test at no charge at HISD's Delmar Fieldhouse. EKGs normally cost about \$50. The test takes about 10 minutes. Results will be available on the day of the event and resources and referrals will be provided to students who may need them.

Students should bring their ID. To sign up, click [here](#).

WHO: HISD Director of Health and Medical Services **Gwendolyn Johnson**; Athletic Director **Andre' Walker**; Various medical personnel; HISD middle and high school student-athletes, parents, coaches and staff

WHEN: Saturday, August 3
8 a.m. – 1 p.m.

WHERE: Delmar Fieldhouse
2020 Mangum Road, 77092

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The Houston Independent School District is the largest school district in Texas and the seventh-largest in the United States, with 284 schools and more than 214,000 students. The 333-square-mile district is one of the largest employers in the Houston metropolitan area, with more than 27,000 employees.

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