



Lamar High School

AN INTERNATIONAL BACCALAUREATE WORLD SCHOOL

Rita Graves
PRINCIPAL

Denetris Jones
COMMUNICATIONS DIRECTOR

Lamar Weekly Newsletter

Principal's Corner



Well, let's get back to learning more about our new facility, shall we?

I have had a few inquiries about the safety features in the design of the new building. I want to share with you the information that was provided by our Bond office. You will notice that creating a secure facility was an important consideration in the design.

- **Clearly Delineated and Fenced School Boundaries**, using vegetation, ornamental fencing, signage, and other measures to discourage trespassers and allow natural surveillance of approaching threats.
- **Electronic Access Control Systems Installed at Parking Garage** to restrict its use to students with permits, school staff, and administrators.
- **Architecturally Distinctive Main Entrance to the School Directing Visitors** through administration check-in and screening area.
- **Security Vestibule with Electronic Access Control Systems** to provide greater control of visitors entering the school. Individuals are encouraged to pass through the Administration area before being granted access to the remainder of the building.
- **Electronic Access Control Systems at Frequently Used Exterior Doors** throughout the campus and **No Re-Entry Hardware at Less Frequently Used Exterior Doors** to limit access to the building by unauthorized individuals.
- **Over 180 High Definition Closed Circuit Television (CCTV) Cameras** strategically distributed throughout the campus to provide continuous surveillance of corridors, common areas, building entrances, gymnasiums, dining spaces, stairwells, and other areas designated by campus administration.

UPCOMING EVENTS

- **Mon. Jan. 21st-MLK Holiday**
- Varsity Swim vs New York Xavier (Lamar) @ 1 pm
- **Tues. Jan. 22nd- A-Day**
- LHS Blood Drive
- Course Selection Explained for 8th/ Rising 9th Graders /Zoned (Cafe) @ 6 pm
- Varsity Boys BB vs Westside (Delmar) @ 7 pm
- **Wed. Jan. 23rd- B-Day**
- Varsity Swim UIL 18-8A District Diving (Lamar) @ 4 pm
- Freshmen Boys BB vs Westside (Lamar) @ 5:30 pm
- Freshmen/JV Girls BB vs Westbury (Westbury) @ 5:30/ 7 pm
- Varsity Girls BB vs Westbury (Butler) @ 5:30 pm
- Athletic Banquet (Cafe) @ 6 pm
- JV Boys BB vs Westside (Lamar) @ 7 pm
- **Thurs. Jan. 24th- A-Day**
- Course Selection

- Learning centers doors, Cohort entries, and Administrative Offices will have **Doors/Entrances that can be Locked from the Interior** in the event of an emergency lockdown.
- **Offices for Assistant Principals, Counselors, and other Administrators are Carefully Distributed Throughout the Building** to monitor and engage students in each Cohort and provide administrative direction in case of an emergency.
- **Compartmentalization of the Building** will help control visitor movement through the building and facilitate identification of individuals in the wrong areas.
- **Comprehensive Intrusion Detection System** that includes door sensors, motion detectors, alarms, and 24-hour central monitoring.

Highlighted Events

- **Tuesday, January 22nd** - Course Selection Explained for 8th/ Rising 9th Graders -Zoned (Cafeteria) @ 6 pm
- **Wednesday, January 23rd** - Athletic Banquet (Cafeteria) @ 6 pm
- **Thursday, January 24th** - District Parent University (Large & small gyms) @ 5:30 pm - 8:00 pm
- **Thursday, January 24th** - Course Selection Explained for 8th/ Rising 9th Graders - Zoned (Cafeteria) @ 6 pm
- **Tuesday, January 29th** - SDMC Meeting (Alumni room) @ 7:30 am
- **Tuesday, January 29th** - Freshmen Roundup Part II (Large/ small gyms & cafeteria) @ 6 pm
- **Thursday, January 31st** - Balfour Senior Parent Night (Cafeteria) @ 6 pm
- **Thursday, January 31st** - All School Musical (Performance Hall) @ 6 pm
- **Friday, February 1st** - All School Musical (Performance Hall) @ 7 pm
- **Saturday, February 2nd** - All School Musical (Performance Hall) @ 7 pm

AFS-Intercultural Programs

AFS has been a leader in international high school student exchange for 70 years. Each year, AFS-USA sends approximately 1,000 US students abroad, provides \$4 million in scholarships and financial aid, and welcomes 2,200 international high school students who come to study in US high schools and live with host families.

AFS works toward creating a more just and peaceful world by providing international and intercultural learning experiences to individuals, families, schools and communities through a global volunteer partnership. It gives students and families an opportunity to broaden our international-mindedness and expand our intercultural understanding.

Lamar High School has sent dozens of students abroad and welcomed more than 75 high school students from other countries over several decades. This year, Lamar has hosted students from Thailand, Italy, Jordan, and Latvia. With AFS, you have an unparalleled opportunity to explore the world and gain life-changing insights. To get involved:

Explained for Current 8th/ rising 9th Graders/Zoned (Cafe) @ 6 pm

- Parent University (large and small gyms) @ 5:30 pm
- **Fri. Jan. 25th- B-Day**
- Debate Tournament
- Varsity Swim-District 18-6A Meet (Lamar) @ 4 pm
- JV Boys Soccer vs Brazoswood (Brazoswood) @ 5 pm

- Freshmen Boys BB vs Chavez (Chavez) @ 5:30 pm
- Freshmen/JV Girls vs Chavez (Delmar) @ 5:30/ 7 pm
- Varsity Boys Soccer vs Brazoswood (Brazoswood) @ 7 pm
- JV Boys BB vs Chavez (Chavez) @ 7 pm
- Varsity Boys BB vs Bellaire (Delmar) @ 8 pm
- **Sat. Jan. 26th**
- Debate Tournament
- TFA State Qualifying Tournament (Lamar) TBA
- Wrestling Team Cy-Ridge Invite (Cy-Ridge HS) @ 9:30 am
- HISD Swim UIL 24-5A District Meet (Lamar) @ 3 pm
- **Mon. Jan. 28th-A-Day**
- Freshmen Boys BB vs Mickey Leland (Lamar) @ 5:30 pm
- JV Boys BB vs Mickey Leland (Lamar) @ 7 pm
- Girls Varsity Golf (Golfcrest) TBA

- **Tues. Jan. 29th- B-Day**
- SDMC Meeting (LHS- Alumni room) @ 7:30 am
- 10-12/ ASVAB Testing (Lamar) TBA

- Apply now to join us in creating a more just and peaceful world through cultural exchange. We offer summer, semester and year-long programs for high school students in 90+ destinations, and scholarships to help you turn your dreams into a reality! <https://www.afsusa.org/study-abroad/> (if you want the link)
- Support our AFS foreign exchange students in Houston. Join the AFS Club at Lamar and welcome new students to our schools. You will meet throughout the year to explore different culture activities, events, and offer peer-to-peer support.
- Volunteer with the AFS. As a volunteer-based organization AFS relies on dedicated volunteers to work with hosted students, host families, and students going abroad. There are opportunities working with students, fundraising, attending events, partnerships with local cultural centers, and more!

(If you want to include hosting a student, but if you think it's too much too soon, please omit)

- Host an AFS foreign exchange student. AFS is always looking for supportive host families. By hosting an AFS Exchange Student, you and your family will help build bridges of intercultural understanding at home and abroad while connecting with an outstanding young person.

To get involved – connect with Kelly Nugent knugent@afsusa.org 832-627-7705 or (insert Lamar AFS Club contact information)

College Corner

Scholarship to the Cullen College of Engineering

Congratulations to Kian Andampour (\$2500) Hannah Boucher (\$4500) Anthony Granados (\$4500) John Parani (\$4500)

Zachary Rouse (\$4500) Mohamad Talje (\$6500) Louis Toumajian (\$6500) were awarded the University of Houston Academic Excellence Scholarship. We are Lamar proud of you!

Texas Department of Agriculture- FFA

Two of our FFA students have been chosen by the Texas Department of Agriculture to become Ambassadors for the HART (Health Ambassadors for a Ready Texas) Program. The application process was very rigorous and we are honored to have them represent the Lamar Agriculture Department in this program. Their names are Lisa Rollinson (10th Grade) and Leana McKenna (11th Grade). The HART program promotes school nutrition and agriculture through hosting events on campus that are coordinated by our student ambassadors. Kudos to our Lamar students! You make us Lamar proud!

NHS

The National Honor Society applications are open!

- JV Boys Soccer vs Kingwood HS (Kingwood HS) @ 4:30 pm
- JV Girls BB vs St. Johns (Lamar) @ 4:30 pm
- Girls Varsity BB vs St. Johns (Lamar) @ 6 pm
- Freshman Round Up Part II (Lamar) @ 6pm
- **Wed. Jan. 30th- A-Day**
- Balfour (Cafe) 11:30 am - 2:30 pm
- Varsity Boys BB vs Westbury (Butler) @ 7pm
- **Thurs. Jan. 31st- B-Day**
- Balfour (Cafe) 11:30 am - 2:30 pm
- All Softball Teams vs Lutheran South (LSHS) @ 5:30 pm
- Balfour Senior Parent Night (Cafe) @ 6 pm
- All School Musical (Performance Hall) @ 6 pm
- **Fri. Feb. 1st- A-Day**
- Varsity Swim Region IV Qualifier (Conroe ISD) @ 10 am
- Varsity Girls Soccer vs Bellaire (Dyer) @ 5 pm
- Varsity Boys Soccer vs Bellaire (Delmar) @ 5 pm
- Freshmen Boys BB vs Heights (Heights) @ 5:30 pm
- Freshmen/ JV Girls BB vs Heights (Lamar) @ 5:30/ 7 pm
- Varsity Girls BB vs Heights (Delmar) @ 6:30 pm
- JV Boys BB vs Heights (Heights) @ 7 pm
- All School Musical (Performance Hall) @ 7 pm
- **Sat. Feb. 2nd**
- Varsity Swim Region IV

The National Honor Society is an organization dedicated to community service, academic excellence, strong character, and leadership. Members of the Lamar NHS chapter are required to complete 12 hours of service per semester (6 of which must be completed through service events provided by Lamar NHS) and attend meetings every other Tuesday. NHS members have the opportunity to demonstrate leadership within the organization by applying to be a Junior Officer as a junior or an Officer as a senior.

Students can find the application on lamarnhs.org and must submit their application by February 24th. If you are already a member, you do need to reapply.

To be considered for admission you must:

- be a current sophomore or junior
- have a GPA of 3.7 or above
- complete the online application including essay submitted to turnitin.com

Regions Riding Forward Scholarship Essay Contest

Regions is proud to celebrate Black History Month and those who inspire the next generation to make history. We believe in tomorrow's leaders and that's why after the 2019 scholarships have been distributed, Regions will have awarded over \$1 million in total scholarships to high school and college students.

Your essay should, in 500 words or less:

- a) address how an African-American has been an inspiration in your life, and
- b) discuss the contributions of the African-American individual who has served to inspire and motivate you.

High School Seniors

Regions will award \$5,000 scholarships to 15 high school seniors who live in states with Regions branches and will attend an accredited college in the U.S. during the 2019-2020 academic school year.

Enter the Regions Riding Forward Scholarship Essay Contest through February 28, 2019, at regions.com/ridingforward.

LHS Girls Varsity Lacrosse

The Lamar High School Varsity Girls' Lacrosse Team won the championship at the Cy-Fair Burning Flower Tournament that was played December 1st-2nd at Zube Park in Hockley. The tournament included 12 of the top teams from across the Houston area. Lamar won its initial game against Gulf Coast 12-0 and then defeated Kinkaid 9-6. On Sunday morning, Lamar suffered its only loss of the tournament in a close match with the Woodlands (6-4). However, the Texans got revenge in the tournament semi-finals with a 7-5 victory. In the finals, Lamar defeated Cy-Fair 10-7 to take home the championship. It was a great team effort by all of the players and coaches.

Qualifier (Conroe ISD) @

10 am

- JV Girls Soccer vs Bellaire (Butler Jr.) @ 12 noon
- JV Boys Soccer vs Bellaire (Butler Sr.) @ 12 noon
- All School Musical (Performance Hall) @ 7 pm

The Cy-Fair Burning Flower Lacrosse Tournament attracts lacrosse teams from across Texas every year. This tournament honors 13-year-old Julia Marie Briggs, a former Cy-Fair Iron Maiden player who suddenly and very unexpectedly passed away from a very rare and aggressive cancer, Mediastinal Lymphoma.

The Texans' roster includes Caleigh Wilbourn, Sophia Chong-Ahmed, Tobey Budzinski, Kassidy Isaacson, Victoria Gray, Mia Sorak, Marina Perez-Krause, Alyssa Gallais, Lindsay Elwood, Kaellin Isaacson, Ashley Lapp, Sasha Arlinghaus, Tori Julian, Mary Leath, Danielle Costa, Sophia Pastore, Chloe Herrera, Charlotte Dale, Miranda Ruiz and Alexis Bernazzani.

The team is coached by Kristin Marchese and Myleka Booze.

2019 Seniors

Important Dates:

- Balfour Senior Parent Night - **January 31st**
- Prom - **April 13th**
- Graduation - **TBA**

LHS Balfour Ring Orders

It's not too late to place your Class of 2019 and 2020 Class Ring orders! Orders can be placed at balfour.com at any time. Extra packets can be found in the front office for any Seniors who may want to order a class ring or if you have misplaced yours.

2019 Senior Packages and Fees

Senior Package:

\$225.00 (From Jan. 15th - March 17th)

Method of payment: School Pay:

<https://www.schoolpay.com/link/SeniorFeesCO2019>

Included in the Senior package fees: Diploma Cover, Senior Breakfast, Senior T-Shirt, Senior Sticker, Senior Gift, 1 prom ticket, and 1 after prom ticket

Regular Senior Fees: \$90.00 (For the rest of the year)

Included in the regular Senior Fees: Senior Breakfast, Senior T-Shirt, Class Sticker, Diploma Cover, and Senior Gift

Yearbook is not included in the Senior Fees

NOTE: ONLY PAY FOR ONE OF THE SENIOR PACKAGES

If you need financial help, please see Mrs. Jones by Monday, February 4th

Prom Tickets

Prom tickets \$85.00 each from March 18th - April 10th

After Prom Tickets

After Prom tickets \$30.00 each from March 18th - April 10th

Yearbooks

The yearbooks are on sale for \$100.00. You can purchase the yearbook on schoolpay:

<https://www.schoolpay.com/pay/for/Lamar-Yearbook-20182019-Price-before-Jan/leiMP?mip=MCHW> or you can purchase adds by using Balfour's link:
<https://www.schoolpay.com/pay/for/Lamar-Yearbook-20182019-Price-before-Jan/leiMP?mip=MCHW>

Senior ads are listed below:

Full-Page Ad is \$480

½ Page Ad is \$250

¼ Page Ad is \$130

1/8 Page Ad is \$75

Businesses can also purchase ads for the same price. For additional information email: csmith41@houstonisd.org

Inspiring Moment

When we do the best we can, we never know what miracle is wrought in our life or in the life of another.

Helen Keller



Lamar High School

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