



Houston Independent School District
High School & Middle School
Girls & Boys Cross Country Schedule
Fall 2022

DAY	DATE	TIME	EVENT	LOCATION
Saturday	October 1, 2022	8:30 AM	HISD Middle School Invitational	North Forest High School
Saturday	October 8, 2022	8:00 AM	HISD F, JV, & Varsity District Meet	North Forest High School
Saturday	October 15, 2022	8:30 AM	HISD Middle School District Meet	North Forest High School
Saturday	October 15, 2022		District Certification Deadline	
Monday & Tuesday	October 24 & 25, 2022	TBA	Regional Meet	Sam Houston State U. Kate Barr Ross Park Huntsville, TX
Friday & Saturday	November 4 & 5, 2022	TBA	State Meet	Old Settlers Park Round Rock, TX