Millard House II
Superintendent of Schools
Houston Independent School District
Board of Education

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Holly Maria Flynn Villaseca, First Vice-President District VI
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Kathy Blueford-Daniels, Secretary District II
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Anne Sung District VII
Myrna Guidry District IX

Millard Housse II, Superintendent of Schools
Rick Cruz, Deputy Superintendent
Candice Castillo, Executive Officer, Student Support

Family and Community Engagement Department
Ryan Professional Development Center
4001 Hardy Street. Houston, Texas 77009
www.HoustonISD.org/face

It is the policy of the Houston Independent School District not to discriminate on the basis of age, color, handicap or disability, ancestry, national origin, marital status, race, religion, sex, veteran status, political affiliation, sexual orientation, gender identity and/or gender expression in its educational or employment programs and activities.
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4. City of Houston – Multi-Service Centers
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12. Family Services of Greater Houston
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29. Saint Joseph House
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32. The Center for Success and Independence
33. The Council on Recovery
34. The Harris Center for Mental Health and IDD – Children and Adolescent Services
35. The University of Houston – ADAPT Center
36. The University of Houston – Psychology Research and Services Center
37. The University of Texas – Harris County Psychiatric Center
38. West Oaks Hospital Mental Health Services

<table>
<thead>
<tr>
<th>Phone</th>
<th>Ages/Grades Served</th>
<th>Costs</th>
<th>Onsite at Schools</th>
<th>Languages</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 713-798-4857</td>
<td>Adults ages 18+</td>
<td>Costs vary</td>
<td>Yes</td>
<td>English</td>
</tr>
<tr>
<td>2 713-526-4611</td>
<td>All ages</td>
<td>Costs vary</td>
<td>No</td>
<td>English, Spanish</td>
</tr>
<tr>
<td></td>
<td>713-874-6590</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3 713-986-3300</td>
<td>Ages 0-17</td>
<td>Free</td>
<td>No</td>
<td>English, Spanish</td>
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<tr>
<td>4 832-393-3800</td>
<td>Ages 3-17 and Adults ages 18+</td>
<td>Free</td>
<td>No</td>
<td>English, Spanish</td>
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<tr>
<td></td>
<td>832-393-5454</td>
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<td></td>
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<td>832-395-0320</td>
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<td></td>
<td>832-393-5950</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5 713-383-0888</td>
<td>Ages 4-17 and Adults ages 18+</td>
<td>Costs vary</td>
<td>No</td>
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</tr>
<tr>
<td></td>
<td>Phone</td>
<td>Ages/Grades Served</td>
<td>Costs</td>
<td>Onsite at Schools</td>
</tr>
<tr>
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<tr>
<td>6</td>
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<td>7</td>
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<td>8</td>
<td>713-730-2335 713-802-3852</td>
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<td>10</td>
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<td>11</td>
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<tr>
<td>12</td>
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<td>13</td>
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<td>14</td>
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<td>15</td>
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<td>16</td>
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<tr>
<td>17</td>
<td>713-286-6000 713-286-6170</td>
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<td>18</td>
<td>713-526-8390</td>
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<td>19</td>
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<tr>
<td>21</td>
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<td>No</td>
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<tr>
<td>22</td>
<td>281-893-7200 731-333-3771</td>
<td>Ages 6-17 and Adults ages 18+</td>
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<tr>
<td>23</td>
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<td>24</td>
<td>713-351-7350 281-498-6100 832-548-5400 713-779-7200 832-548-5100 832-548-5300</td>
<td>All ages</td>
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<td>No</td>
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<tr>
<td>25</td>
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<td>No</td>
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<tr>
<td>26</td>
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<td>Costs vary</td>
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<td>28</td>
<td>713-970-4419 713-970-4489</td>
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<td>Free</td>
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</tr>
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<td>29</td>
<td>713-839-7111</td>
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<tr>
<td>31</td>
<td>713-486-2700</td>
<td>Ages 0-18</td>
<td>Costs vary</td>
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</tr>
</tbody>
</table>
### Baylor College of Medicine – Baylor Psychiatry Clinic

**Address:** 1977 Butler Boulevard, Houston, TX 77030  
**Area Served:** Greater Houston  
**Days/Hours:** Monday-Sunday, 24 hours/day  
**Contact:** Philip Abraham  
**Phone:** 713-798-4857  
**Fax:** 713-798-3138  
**Email:** psychiatry@bcm.edu  
**Website:** [https://www.bcm.edu/healthcare/care-centers/psychiatry/services](https://www.bcm.edu/healthcare/care-centers/psychiatry/services)  
**Local Bus Routes:** 11, 60  
**Ages/Grades Served:** Adults ages 18+  
**Eligibility:** No area restrictions.  
**Costs:** Costs vary. • Charges fees on a sliding scale based on income. • Accepts major insurance plans. • Call to ask about specific costs.  
**Onsite at Schools:** Yes. • Offers speakers to present about mental health to community groups.  
**Languages:** English  
**Direct Services:** Provides assessments and therapy for adults with disruptive behaviors, mood disorders, anxiety disorders, personality disorders, and eating disorders. • Offers marital and couples therapy and pre-marital counseling. • Offers speakers to present about mental health topics of interest to community groups.

### Catholic Charities of the Archdiocese of Galveston-Houston

**Area Served:** Greater Houston

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Bus Routes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central Office</td>
<td>2900 Louisiana Street, Houston, TX 77006</td>
<td>713-526-4611</td>
<td>700 (METRO rail), 82, 85, 160</td>
</tr>
<tr>
<td></td>
<td></td>
<td>713-874-6590</td>
<td></td>
</tr>
<tr>
<td>Moran Health Center</td>
<td>2615 Fannin Street, Houston, TX 77002</td>
<td>713-526-4611</td>
<td>700 (METRO rail), 54, 85, 160</td>
</tr>
<tr>
<td></td>
<td></td>
<td>713-874-6590</td>
<td></td>
</tr>
<tr>
<td>South Houston</td>
<td>1300 Bay Area Boulevard, Suite 229, Houston, TX 77058</td>
<td>713-526-4611</td>
<td>246, 249</td>
</tr>
<tr>
<td></td>
<td></td>
<td>713-874-6590</td>
<td></td>
</tr>
<tr>
<td>West Houston</td>
<td>625 Nottingham Oaks Trail, Houston, TX 77079</td>
<td>713-526-4611</td>
<td>67, 162</td>
</tr>
<tr>
<td></td>
<td></td>
<td>713-874-6590</td>
<td></td>
</tr>
</tbody>
</table>

**Days/Hours:** Monday-Friday, 7:30am-5:30pm  
**Contact:** Ernesto Lopez, Jr.  
**Fax:** 713-526-1546  
**Email:**  
**Website:** [https://www.catholiccharities.org/our-services/strengthening-families/counseling-services](https://www.catholiccharities.org/our-services/strengthening-families/counseling-services)  
**Ages/Grades Served:** All ages  
**Eligibility:** Requires proof of income, proof of identity, and proof of residency.
**Costs:** Costs vary. • Charges fees on a sliding scale based on family income. • Accepts some insurance plans. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Offers individual, couple, and family counseling, as well as workshops and presentations for men, women, and children. • Helps youth who are dealing with peer pressure or bullying. • Helps parents who need guidance in raising children with behavioral issues. • Helps persons who are struggling with anger or anxiety or who are feeling sad and alone and helps adults and youth who are coping with daily stresses in life.

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**Children's Assessment Center**

**Address:** 2500 Bolsover Street, Houston, TX 77005

**Area Served:** Harris County

**Days/Hours:** Monday-Friday, 8am-5pm

**Contact:** Dr. Anita Jaffer, Manager of Psychological Services

**Phone:** 713-986-3300

**Fax:** 713-986-3553

**Email:** General questions: [info@cac.hctx.net](mailto:info@cac.hctx.net), • Programs: [anita.jaffer@cac.hctx.net](mailto:anita.jaffer@cac.hctx.net)

**Website:** [http://cachouston.org](http://cachouston.org)

**Local Bus Routes:** 27, 84

**Ages/Grades Served:** Ages 0-17

**Eligibility:** Must be a child victim of abuse, a sibling of a child victim of abuse, or a non-offending caregiver of a child victim of abuse.

**Costs:** No cost

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Offers crisis intervention and psychological evaluations to group, family, and individual therapy of child victims, siblings, and non-offending caregivers. • Provides a safe haven for children while awaiting services or during investigations of alleged abuse. • Offers resources about prevention, interventions, and treatments for child sexual abuse.

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**City of Houston – Multi-Service Centers**

**Area Served:** Houston

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Family Mental Health Days/Hours</th>
<th>Bus Routes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fifth Ward</td>
<td>4104 Market Street, Houston, TX 77020</td>
<td>832-393-3800</td>
<td>Monday- Friday, 8am-5pm</td>
<td>29, 48</td>
</tr>
<tr>
<td>Kashmere</td>
<td>4802 Lockwood Drive, Houston, TX 77026</td>
<td>832-393-5454</td>
<td>Monday-Friday, 8am-2pm</td>
<td>26, 80</td>
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<tr>
<td>Magnolia</td>
<td>7037 Capitol Street, Houston, TX 77011</td>
<td>832-395-0320</td>
<td>Monday-Thursday, 8:30am-8:30pm, Friday, 8:30pm-3:30pm</td>
<td>20, 50</td>
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<tr>
<td>Northeast</td>
<td>9720 Spaulding Street, Houston, TX 77016</td>
<td>832-395-0472</td>
<td>Monday-Friday, 8am-3pm</td>
<td>3, 45</td>
</tr>
<tr>
<td>West End</td>
<td>170 Heights Boulevard, Houston, TX 77007</td>
<td>832-393-5950</td>
<td>Thursday-Friday, 8am-5pm</td>
<td>40, 66, 71, 85</td>
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</table>

**Contact:** Fifth Ward: Not available. • Kashmere: Not available. • Magnolia: Ivonne Ledet and Caryn Lira. • Northeast: Rhonda James. • West End: Sophee Pen.

**Fax:** Fifth Ward: 832-393-3805. • Kashmere: 832-393-5494. • Magnolia: 832-395-3437. • Northeast: 832-393-0506. • West End: 832-393-5977.

**Email:** [webadmin@houstontx.gov](mailto:webadmin@houstontx.gov)

**Website:** [http://www.houstonxtx.gov/health/MSC](http://www.houstonxtx.gov/health/MSC)

**Ages/Grades Served:** Ages 3-17 and adults ages 18+

**Eligibility:** Access to services may require proof of identity, proof of residence, and proof of income. • Call to ask the specific multi-service center about its specific programs related to family mental health.
Continuum Integrated Treatment Centers

Address: 3003 South Loop West, Suite 475, Houston, TX 77054  
Area Served: Greater Houston  
Days/Hours: Monday, 9am-8pm, Tuesday-Wednesday, 9am-6pm, Thursday, 9am-8pm, Friday, 9am-6pm, Saturday, 9am-4pm  
Contact: Not available  
Phone: 713-383-0888  
Fax: Not available  
Email: email@continuum-ihs.com  
Website: http://www.continuumintegrated.com  
Local Bus Routes: 14, 84  
Ages/Grades Served: Ages 4-17 and adults ages 18+  
Eligibility: Requires parents to make the first appointments for children ages 4-17.  
Costs: Costs vary. • Accepts major health insurance plans, Medicaid, the Children’s Health Insurance Program (CHIP), and self-pay. • Call to ask about specific costs.  
Onsite at Schools: No  
Languages: English, Spanish  
Direct Services: Provides therapy and treatment for emotional and behavioral problems such as anxiety disorders, attention deficit hyperactivity (ADHD) disorders, impulse control disorders, mood disorders, psychotic disorders, and substance use disorders. • Offers health and nutrition education, physical examinations, and psychiatric evaluations. • Offers therapy to help adolescents to deal with anxiety, behavioral problems, depression, family or relationship issues, mood-related disorders, and stress. • Also offers a full range of behavioral health services for adults.

Covenant House Texas

Address: 1111 Lovett Boulevard, Houston, TX 77006  
Area Served: Harris County  
Days/Hours: Monday-Sunday, 24 hours/day  
Contact: Victor Hay, Director of Community Services  
Phone: 713-523-2231  
Fax: Not available  
Email: vhay@covenanthousetx.org  
Website: https://www.covenanthousetx.org/Programs  
Local Bus Routes: 56, 82  
Ages/Grades Served: Ages 10-17 and adults ages 18-20  
Eligibility: Focuses services on homeless and at-risk youth and on youth who have suffered physical, sexual, and/or emotional abuse from parents or guardians. • Must be a homeless or runaway youth and ages 10-20. • Must live in the service area.  
Costs: Free  
Onsite at Schools: No  
Languages: English  
Direct Services: Provides mental health counseling, psychiatric evaluations, and treatment referrals. • Offers walk-in services, free medical care, comprehensive case management, substance abuse counseling, educational and vocational training, and life skills training. • Provides programs for aftercare, permanent housing, runaway prevention, street outreach, and transitional living. • Also provides a crisis shelter.
DAYA Inc.

Address: 3300 South Gessner Road, Suite 203, Houston, TX 77063
Area Served: Houston
Days/Hours: Monday-Friday, 9am-5pm
Contact: Sesh Bala, President
Phone: Office: 713-842-7222. • Help Line: 713-981-7645.
Fax: 713-583-1822
Email: contact@dayahouston.org
Website: http://www.dayahouston.org/counseling-advocacy
Local Bus Routes: 25, 46
Ages/Grades Served: All ages
Eligibility: No area restrictions. • Focuses on the South Asian community of Houston.
Costs: Free
Onsite at Schools: No
Languages: Assamese, Bengali, English, Gujarati, Hindi, Kannada, Malayalam, Marathi, Nepali, Punjabi, Sindhi, Tamil, Telugu, Tulu, Urdu
Direct Services: Provides confidential and culturally sensitive services to women and children in crisis situations such as domestic violence, sexual assault, and child abuse. • Offers crisis counseling for individuals and offers a support group for survivors of domestic violence. • Provides interpretation in all major South Asian languages.

DePelchin Children’s Center

Address: 4950 Memorial Dr., Houston, TX 77007
Area Served: Harris and surrounding counties
Days/Hours of Operation: M-F, 8-5
Contact: DCCreferral@depelchin.org for inquiry or questions on programs
Phone: General questions: 713-230-2335
Fax: 713-802-6397
Email: dccreferral@depelchin.org
Website: www.depelchin.org
Local Bus Routes: N/A
Ages/Grades Served: Birth to 18, children and families
Eligibility: Varies by program
Costs: No cost for services
Onsite at Schools: School Based Counseling services offered on select campuses in partnership through CIS Mental Health Initiative. Contact DePelchin or your CIS Student Support Manager for more information.
Languages: English and Spanish
Direct Services: Counseling, parenting, fatherhood groups, character development, school and community presentations, Mental Health First Aid, QPR

Depression and Bipolar Support Alliance

Address: PO Box 27607, Houston, TX 77227
Area Served: Greater Houston
Days/Hours: Office: Monday-Friday, 8am-5pm. • Support group meetings: Monday-Friday, 5:30pm-7pm or 7pm-8:30pm or Saturday, 10am-11:30am.
Contact: Megan Gust, Senior Program Manager
Phone: 713-600-1131
Fax: 713-600-1137
Email: General questions: dbsahouston@dbsahouston.org. • Programs: gust@dbsahouston.org.
Website: http://www.dbsahouston.org/list-of-houston-support-groups
Local Bus Routes: Not available
Ages/Grades Served: General support groups and caregivers support groups: Adults ages 18+. • Adolescent support groups: Ages 13-17. • Young adults support groups: Adults ages 18-30. 
Eligibility: No area restrictions. • Call to ask about the weekly meeting times of a specific support group.
Costs: Free
Onsite at Schools: Yes. • Offers depression and bipolar support groups at 11 HISD schools.
Languages: English, Spanish
Direct Services: At 24 locations, offers support groups to help individuals, family members, and friends to understand depression and bipolar disorder. • Also educates the public about depression and bipolar disorder, confronts social stigma, and advocates for the rights of persons who live with mental disorders. • Types of support groups includes the following: general support, adolescent, young adults, and Spanish-speaking persons.

El Centro de Corazón – Behavioral Health Services

Area Served: Houston

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Medical Days/Hours</th>
<th>Dental Days/Hours</th>
<th>Bus Routes</th>
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<tbody>
<tr>
<td>Eastwood</td>
<td>412 Telephone Road, Houston, TX 77023</td>
<td>Monday-Friday, 8am-5pm</td>
<td>Monday-Thursday, 7am-4:30pm</td>
<td>40, 41</td>
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<tr>
<td>John S. Dunn</td>
<td>7635 Canal Street, Houston, TX 77012</td>
<td>Monday-Friday, 8am-8pm,</td>
<td>Monday-Wednesday, 7:30am-6:30pm, Thursday-Saturday, 7:30am-4:30pm</td>
<td>20, 50, 76</td>
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<tr>
<td>Magnolia</td>
<td>7037 Capitol Street, Houston, TX 77011</td>
<td>Monday-Friday, 8am-5pm</td>
<td>Not available</td>
<td>20, 50, 76</td>
</tr>
</tbody>
</table>

Contact: Kavon Young, Medical Director
Phone: 713-660-1880
Fax: 713-926-9105
Email: kyoung@elcentrodecorazon.org
Website: http://www.elcentrodecorazon.org/services/behavioral-health-services
Ages/Grades Served: All ages
Eligibility: Requires proof of identity, proof of income, and proof of residence. • Accepts walk-ins.
Costs: Costs vary. • Accepts Medicaid and the Children’s Health Insurance Program (CHIP). • Charges fees on a sliding scale. • Serves the uninsured and those unable to pay. • Call to ask about specific costs.
Onsite at Schools: No
Languages: English, Spanish
Direct Services: Provides behavioral health services: counseling, support groups, psychiatric evaluations, psychological evaluation and testing, therapy (individual, family, and group), trauma treatment, and management of medications. • Also provides primary healthcare, pediatric, prenatal, nutrition education, and dental services.

Family Enrichment Clinic

Address: 7100 Regency Square, Suite 136, Houston, TX 77036
Area Served: Greater Houston
Days/Hours: Monday-Friday, 9:30am-6pm, Saturday, 9am-2pm
Contact: Minly Sung, Outreach Coordinator
Phone: 713-780-2833
Fax: 713-780-2838
Email: office@familyenrichmentclinic.com
Website: http://www.familyenrichmentclinic.com/Services.html
Local Bus Routes: 152, 153
Ages/Grades Served: All ages
Eligibility: No area restrictions. • Must have a psychological evaluation before diagnosis and treatment.
Costs: Costs vary. • Accepts most major health insurance plans, Medicaid, and self-pay. • Call to ask about specific costs.
Onsite at Schools: Yes. • Offers seminars and workshops to schools.
Family Services of Greater Houston

Area Served: Greater Houston

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Bus Routes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central Office</td>
<td>4625 Lillian Street, Houston, TX 77007</td>
<td>713-861-4849</td>
<td>713-861-4021</td>
<td>25, 27, 41</td>
</tr>
</tbody>
</table>

Days/Hours: Monday-Friday, 8am-5pm
Contact: Tracey Burnett, Vice President of Program Services and Accreditation
Email: family@familyhouston.org
Website: http://www.familyhouston.org/houston-counseling
Ages/Grades Served: Ages 3-18
Eligibility: Requires an appointment.
Costs: Costs vary. • Charges fees on a sliding scale based on income. • Accepts all major insurance plans, Medicaid, and Children's Health Insurance Program (CHIP). • Call to ask about specific costs.
Onsite at Schools: Yes. • Provides onsite counseling to students and families in 14 HISD schools.
Languages: English, Spanish
Direct Services: Helps families and children to develop coping skills to manage mental health issues.

Gateway to Care

Address: 3611 Ennis Street, Houston, TX 77004
Area Served: Greater Houston
Days/Hours: Monday-Friday, 8am-5pm
Contact: Rosaisela Martinez, Outreach and Education Program Coordinator
Phone: 713-738-4616
Fax: 713-738-3077
Email: rmartinez@gatewaytocare.org
Website: http://gatewaytocare.org/programs/navigation-outreach-education
Local Bus Routes: 9, 25, 54
Ages/Grades Served: All ages
Eligibility: No area restrictions.
Costs: Costs vary. • Call to ask about specific costs.
Onsite at Schools: No
Languages: English, Spanish, Vietnamese
Direct Services: Helps families to find, apply for, and enroll in health insurance programs. • Helps families to establish and use a health home with a healthcare provider.
### Harris County Mobile Crisis Outreach Team

**Address:** 9401 Southwest Freeway, Houston, TX 77074  
**Area Served:** Harris County  
**Days/Hours:** Monday-Sunday, 24 hours/day  
**Contact:** Not available  
**Phone:** Office: 713-970-7000. • Referrals Hotline: 713-970-7000.  
**Fax:** 713-970-7555  
**Email:** Not available  
**Website:** [http://www.mhmraharris.org/Mobile-Crisis-Outreach-Team.asp](http://www.mhmraharris.org/Mobile-Crisis-Outreach-Team.asp)  
**Local Bus Routes:** 46, 65, 68  
**Ages/Grades Served:** All ages  
**Eligibility:** Must be in Harris County at the time of crisis. • Must meet admissions criteria.  
**Costs:** Costs vary. • Charges fees based on a sliding scale based on income. • Provides assistance regardless of ability to pay. • Call to ask about specific costs.  
**Onsite at Schools:** Yes. • Responds to referrals from schools among other sources of referrals.  
**Languages:** English, Spanish  
**Direct Services:** Helps persons in need of a crisis assessment. • Links persons in crisis to sources of treatment and other services. • Responds to referrals from schools, law enforcement, community agencies, individuals, and families.

### Harris County Neuropsychiatric Center Hospital

**Address:** 1502 Taub Loop, Houston, TX 77030  
**Area Served:** Harris County  
**Days/Hours:** Monday-Sunday, 24 hours/day  
**Contact:** Not available  
**Phone:** 24-hour helpline: 713-970-7070.  
**Fax:** Not available  
**Email:** publicaffairs@mhmraharris.org  
**Website:** [http://www.mhmraharris.org/neuro-psychiatric-center.asp](http://www.mhmraharris.org/neuro-psychiatric-center.asp)  
**Local Bus Routes:** 700 (METRO rail), 56  
**Ages/Grades Served:** Ages 3-17 and adults ages 18+  
**Eligibility:** No area restrictions.  
**Costs:** Free, but visitor parking is $10 per day. • Accepts patients regardless of ability to pay. • Call to ask about specific costs.  
**Onsite at Schools:** No  
**Languages:** English  
**Direct Services:** Provides crisis and emergency care. • Evaluates persons who have emergent or urgent psychiatric conditions. • Helps persons diagnosed with adjustment disorders, anger, anxiety disorders, bipolar disorder, depression, disruptive behavior disorders, dual diagnoses, paranoia, personality disorders, schizoaffective disorder, and schizophrenia.

### Healthcare for the Homeless Inc.

**Address:** 1934 Caroline Street, Houston, TX 77002  
**Area Served:** Houston  
**Days/Hours:** Monday-Friday, 8am-5pm  
**Contact:** Susan Crawford, Administrative Coordinator  
**Phone:** Office: 713-286-6000. • Behavioral services: 713-286-6170.  
**Fax:** Office: 713-286-6091. • Behavioral services: 713-286-6093.  
**Email:** susan.crawford@bcm.edu  
**Website:** [http://www.homeless-healthcare.org](http://www.homeless-healthcare.org)
Local Bus Routes: 44, 85, 161, 162, 244, 246, 247
Ages/Grades Served: All ages
Eligibility: Must be homeless. • Requires a medical pre-screening.
Costs: Free
Onsite at Schools: No
Languages: English
Direct Services: Provides psychiatry, mental health counseling, and substance abuse counseling. • Also provides health education, pharmacy, primary healthcare, vision assistance, and information and referrals. • Offers full-service, comprehensive dental care. • Provides transportation to essential services such as healthcare, meals, shelter, and social services.

HGI Counseling Center

Address: 2990 Richmond Avenue, Suite 530, Houston, TX 77098
Area Served: Greater Houston
Days/Hours: Monday-Friday, 8:30am-5:30pm
Contact: Sue Levin, Executive Director
Phone: 713-526-8390; 346-291-0969
Fax: 713-526-2618
Email: admin@talkinghgi.com
Website: http://www.talkhgi.org/hgi-in-the-schools
Local Bus Routes: 25, 27, 84
Ages/Grades Served: Grades K-12 and adults ages 18+
Eligibility: Requires appointments.
Costs: Costs vary. • Each regular session is $30-$115. • Charges fees on a sliding scale based on income. • Accepts some insurance plans and self-pay. • Call to ask about specific costs.
Onsite at Schools: Yes. • Offers on-site counseling in schools, homes, and other settings.
Languages: English, Spanish
Direct Services: Provides marital therapy, family therapy, and individual psychotherapy. • Offers counseling related to depression, domestic conflicts, family tensions, grief, parenting, sexual abuse, single parenting, suicide, trauma, and other personal and relational concerns.

Houston Behavioral Healthcare Hospital

Address: 2801 North Gessner Road, Houston, TX 77080
Area Served: Houston
Days/Hours: Monday-Sunday, 24 hours/day
Contact: Unavailable
Phone: 832-834-7710
Fax: Not available
Email: Not available
Website: http://www.houstonbehavioralhealth.com/programs/houston-adolescent-services
Local Bus Routes: 36, 46, 58
Ages/Grades Served: Ages 13-17 and adults ages 18+
Eligibility: Requires proof of insurance, proof of identity, and proof of custody or guardianship, if applicable.
Costs: Costs vary. • Offers free mental health assessments. • Other services charge fees. • Accepts Medicaid, Medicare, the Children’s Health Insurance Program (CHIP), and private insurance plans. • Call to ask about specific costs.
Onsite at Schools: No
Languages: English, Spanish
Direct Services: Offers assessments, referrals, and onsite treatment from specialists who work with adolescents and adults who are dealing with emotional and psychological disorders.

Houston OCD Program
Address: 708 East 19th Street, Houston, TX 77008  
Area Served: Greater Houston  
Days/Hours: Monday-Friday, 8am-6pm  
Contact: Elizabeth Mc Ingvale, Program Director  
Phone: 713-526-5055  
Fax: 713-526-3226  
Email: info@houstonocd.org  
Website: http://houstonocdprogram.org  
Local Bus Routes: 26  
Ages/Grades Served: Ages 12-17 and adults ages 18+  
Eligibility: Requires payment at the time of service.  Requires patients to register.  Costs: Costs vary.  Initial evaluations are $265-$295.  Follow-up sessions are $175-$195.  Offers outpatient services at a reduced fee.  Call to ask about specific costs.  Onsite at Schools: No  
Languages: English  
Direct Services: Provides residential support and intensive outpatient programs and an outpatient clinic.  Offers treatment for generalized anxiety disorder, hypochondriasis, obsessive-compulsive disorder, panic disorder, post-traumatic stress disorder, social anxiety disorder, tic disorders, and trichotillomania.

Houston Police Department – Mental Health Division

Address: 150 North Chenevert Street, Houston, TX 77002  
Area Served: Houston  
Days/Hours: Monday-Friday, 8am-5pm  
Contact: Bryan Bennett, Captain  
Phone: 832-394-4200  
Fax: Not available  
Email: wendy.balmbridge@houstonpolice.org Bryan.Bennett@HoustonPolice.Org  
Website: http://www.huostonpct.org  
Local Bus Routes: 700 (METRO rail), 20, 51  
Ages/Grades Served: All ages, but generally adults ages 18+  
Eligibility: No area restrictions.  Online mental health emergency guide is available to the general public.  Costs: Free  
Onsite at Schools: No  
Languages: English, Spanish  
Direct Services: Responds to individuals in serious mental health crises.  Provides an online mental health emergency guide.

IntraCare Behavioral Health

Area Served: Greater Houston

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<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Bus Routes</th>
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<tbody>
<tr>
<td>IntraCare North Hospital</td>
<td>1120 Cypress Station Drive, Houston, TX 77090</td>
<td>281-893-7200</td>
<td>281-893-7646</td>
<td>99</td>
</tr>
<tr>
<td>IntraCare Clinic/Intensive</td>
<td>5500 Guhn Road, Houston, TX 77040</td>
<td>281-768-7874</td>
<td>281-893-7646</td>
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<tr>
<td>Outpatient Program</td>
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</table>

Days/Hours: Monday-Sunday, 24 hours/day  
Contact: Not available  
Email: Not available  
Website: http://www.intracare.org/pages/programs.htm  
Ages/Grades Served: Ages 6-17 and adults ages 18+  
Eligibility: No area restrictions.
Costs: Costs vary. • Accepts most major insurance plans, Medicaid, Medicare, the Children’s Health Insurance Program (CHIP), and self-pay. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Spanish

Direct Services: For ages 6-12, provides expressive arts, parent education, support groups, therapeutic recreation, and therapy (individual, group, and multifamily group) to address emotional and behavioral problems that interfere with daily life, family, or school. • For ages 13-17, provides psychiatric and substance abuse services such as acute inpatient care, partial hospitalization, and aftercare family services. • Also provides a full range of adult psychiatric care. • Offers inpatient treatment and day treatment options.

Jewish Family Service

Address: 4131 South Braeswood Boulevard, Houston, TX 77025
Area Served: Houston
Days/Hours: Monday, 8:30am-9pm, Tuesday-Thursday, 8:30am-5:30pm, and Friday, 8:30am-4pm
Contact: Ada Cheung - PhD, LCSW-S - Chief Clinical Officer
Fax: 713-667-3619
Email: General questions: info@jfshouston.org. • Programs: acheung@jfshouston.org
Website: http://www.jfshouston.org/counselingservices.php
Local Bus Routes: 4, 68
Ages/Grades Served: All ages
Eligibility: No area restrictions.
Costs: Costs vary. • Charges fees based on a flexible fee scale. • Call to ask about specific costs.
Onsite at Schools: No
Languages: English, Hebrew, Russian
Direct Services: Helps with issues relating to addictive behavior, anxiety or depression, behavioral problems, bereavement, child abuse and family violence, health problems, and interpersonal relationships. • Also helps with issues relating to blended families, marriage and intermarriage, parenting, and personal growth and adjustment.
Legacy Community Health Services

Area Served: Harris County

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<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Days/Hours</th>
<th>Bus Routes</th>
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</thead>
<tbody>
<tr>
<td>Baker-Ripley</td>
<td>6500 Rookin Street, Building B Suite 200,</td>
<td>713-351-7350</td>
<td>713-351-7351</td>
<td>Monday-Friday, 8am-4pm</td>
<td>2, 9, 47</td>
</tr>
<tr>
<td>Clinic</td>
<td>Houston, TX 77074</td>
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<tr>
<td>Bissonnet</td>
<td>12667 Bissonnet Street, Houston, TX 77099</td>
<td>281-498-6100</td>
<td>281-498-6105</td>
<td>Monday, 8am-5pm, Tuesday, 8am-8pm</td>
<td>65, 67</td>
</tr>
<tr>
<td>Clinic</td>
<td>Houston, TX 77099</td>
<td></td>
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<td>Wednesday-Friday, 8am-5pm,</td>
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<td>Saturday, 9am-1pm</td>
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<tr>
<td>Lyons Clinic</td>
<td>5602 Lyons Avenue, Houston, TX 77020</td>
<td>832-548-5400</td>
<td>832-548-5482</td>
<td>Monday-Friday, 8am-5pm</td>
<td>66, 80, 137</td>
</tr>
<tr>
<td>Mapleridge</td>
<td>6550 Mapleridge Street, Suite 106, Houston</td>
<td>713-779-7200</td>
<td>713-665-2266</td>
<td>Monday-Wednesday, 8am-6pm,</td>
<td>33, 49</td>
</tr>
<tr>
<td>Clinic</td>
<td>TX 77081</td>
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<td></td>
<td>Thursday-Friday, 8am-5pm</td>
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<tr>
<td>Montrose</td>
<td>1415 California Street, Houston, TX 77006</td>
<td>832-548-5100</td>
<td>832-548-5092</td>
<td>Monday-Wednesday, 8am-6:30pm,</td>
<td>56, 82</td>
</tr>
<tr>
<td>Clinic</td>
<td>Houston, TX 77006</td>
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<td>Thursday-Friday, 8am-5pm,</td>
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<td></td>
<td>Saturday, 9am-2pm</td>
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<tr>
<td>Southwest</td>
<td>6441 High Star Drive, Houston, TX 77074</td>
<td>832-548-5300</td>
<td>713-779-9872</td>
<td>Monday-Friday, 7:30am-10pm,</td>
<td>9, 47, 402</td>
</tr>
<tr>
<td>Clinic</td>
<td>Houston, TX 77074</td>
<td></td>
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<td>Saturday, 9am-6pm, Sunday, 12pm-7pm</td>
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</table>

Contact: Katy Caldwell, Executive Director
Email: info@legacycommunityhealth.org
Website: http://www.legacycommunityhealth.org

Ages/Grades Served: All ages
Eligibility: Requirements vary. • Call to ask about specific requirements.
Costs: Costs vary. • Charges fees on a sliding scale based on income. • Accepts Medicaid, the Children’s Health Insurance Program (CHIP), and most private insurance plans. • Call to ask about specific costs.
Onsite at Schools: No

Languages: English, Spanish

Direct Services: A network of community clinics offers outpatient behavioral health services including assessment, medication management, testing, and therapy for children and teenagers, as well as adults. • Provides assessment, diagnosis, and treatment of mental conditions such as anxiety, attention deficit disorders (ADD), autism spectrum disorders, bipolar disorder, depression, developmental delay, learning disabilities, and schizophrenia. • Provides therapy for individuals, couples, and families.

Memorial Assistance Ministries

Address: 1625 Blalock Road, Houston, TX 77080
Area Served: Houston ZIP Codes: 77008, 77009, 77018, 77022, 77024, 77037, 77039, 77040, 77041, 77043, 77055, 77076, 77079, 77080, 77088, 77091, and 77092.
Days/Hours: Office: Monday-Friday, 9am-4pm.
Contact: Eduardo Molina, Counselor
Phone: General questions: 713-468-4516. • Programs: 713-468-4516, Ext. 115.
Fax: 713-468-4702
Email: emolina@maministries.org
Website: http://www.maministries.org/mental-health-counseling
Local Bus Routes: 26
Ages/Grades Served: All ages
Eligibility: Requires proof of identity and proof of residence.
Costs: Costs vary. • Call to ask about specific costs.
Onsite at Schools: No
Languages: English, Spanish
Direct Services: Provides counseling for children, adolescents, individuals, and families concerning anxiety, depression, grief and loss, trauma, coping skills, parenting skills, and behavioral issues. • Offers classes for citizenship, English as a Second Language (ESL), and General Education Development (GED). • Offers job search and employment assistance. • Provides temporary support for families to meet basic needs: urgent health care, food, clothing, transportation, and shelter.

**Mental Health America of Greater Houston – Center for School Behavioral Health**

**Address:** 2211 Norfolk Street, Suite 810, Houston, TX 77098  
**Area Served:** Greater Houston  
**Days/Hours:** Monday-Friday, 8:30am-5pm  
**Contact:** Janet Pozmantier, Director  
**Phone:** 713-523-8963  
**Fax:** 713-552-0698  
**Email:** General questions: info@mhhouston.org. Programs: jpozmanter@mhahouston.org.  
**Website:** [http://www.mhahouston.org](http://www.mhahouston.org)  
**Local Bus Routes:** 25, 27  
**Ages/Grades Served:** Grades PK-12  
**Eligibility:** No area restrictions.  
**Costs:** Costs vary. • Membership is $50-$100 per year. • Call to ask about specific costs.  
**Onsite at Schools:** No  
**Languages:** English  
**Direct Services:** Provides advocacy for the behavioral health needs of school-age children with behavioral disorders and the needs of children who have experienced trauma. • Also provides community education, policy analysis, research, and training concerning the prevention, early identification, and treatment of behavioral disorders.

**Montrose Center**

**Address:** 401 Branard Street, Room 101, Houston, TX 77006  
**Area Served:** Greater Houston  
**Days/Hours:** Monday-Friday, 8am-7pm  
**Contact:** Bob Hergenroeder, Operations and Prevention Director  
**Phone:** Office: 713-529-0037. • LGBT Switchboard 24-hour helpline: 713-529-3211.  
**Fax:** 713-526-4367  
**Email:** info@montrosecenter.org  
**Website:** [http://www.montrosecenter.org/hub/services/behavioral-health](http://www.montrosecenter.org/hub/services/behavioral-health)  
**Local Bus Routes:** 700 (METRO rail), 56  
**Ages/Grades Served:** Ages 13-17 and adults ages 18+  
**Eligibility:** Must meet age requirements. • Requires proof of identity and proof of insurance. • Services are available to persons regardless of sexual orientation or gender identity. • Some services focus on persons who are lesbian, gay, bisexual, transgender, questioning, intersex, or allied (LGBTQIA).  
**Costs:** Costs vary. • Accepts all insurance, Medicare, and Medicaid. • Offers discounts and grant subsidies for fees on a sliding scale based on income. • Intake and assessment are $30-$100. • Sessions are $10-$100 per person. • Call to ask about specific costs.  
**Onsite at Schools:** Yes. • Some HATCH support groups meet on HISD high school campuses.  
**Languages:** English, Spanish, Vietnamese  
**Direct Services:** Offers outpatient behavioral health services to all HIV-positive persons. • Provides case management, counseling, group therapy, integrated care, and support groups. • Offers help with anxiety, chronic illness, coming out, depression, gender identity, gender transitions, grief, homophobia, mood disorders, parenting, relationships, religious abuse, self-esteem, stress, suicidal thoughts, and other concerns.
National Alliance on Mental Illness – Greater Houston

Address: 3630 West Dallas Street, Suite 140, Houston, TX 77019
Area Served: Houston ZIP Codes: 77004, 77007, 77011, 77024, 77058, 77074, 77375, 77429, 77450, 77479, and 77502.
Days/Hours: Monday-Friday, 9am-5pm
Contact: Angelina Brown Hudson, Director of Education and Programs
Phone: General questions: 713-970-4419. • Programs: 713-970-4489.
Fax: 713-970-4436
Email: abhudson@namigreaterhouston.org
Website: http://www.namigreaterhouston.org
Local Bus Routes: 27, 85
Ages/Grades Served: All ages
Eligibility: Open to persons with mental illness and their family members, friends, and caregivers.
Costs: Free
Onsite at Schools: No
Languages: Arabic, Chinese, English, Filipino, French, German, Hmong, Italian, Japanese, Korean, Lao, Persian, Punjabi, Russian, Spanish, Thai, Vietnamese
Direct Services: Provides support groups for persons living with mental illness: those living in recovery, those with a recent diagnosis of mental illness, and family members and friends of those living with mental illness. • Offers safe and supportive places for family and friends of persons with mental health issues to share, listen, and learn with mutual support of peers. • Trains school staff on specific, age-related symptoms of mental illness in youth and how best to intervene. • Holds 90-minute weekly or biweekly family support group meetings.

Saint Hope Foundation

Area Served: Greater Houston

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<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Days/Hours</th>
<th>Bus Routes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Office</td>
<td>6200 Savoy Street, Suite 540, Houston, TX 77036</td>
<td>713-778-1300</td>
<td>713-778-0827</td>
<td>Monday-Friday, 8am-6pm</td>
<td>47, 151,</td>
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<td></td>
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<td></td>
<td>152, 153</td>
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<tr>
<td>Bellaire Community Health Center</td>
<td>6800 West Loop South, Suite 560, Bellaire, TX 77401</td>
<td>713-839-7111</td>
<td>713-839-7156</td>
<td>Monday-Friday, 8am-6pm</td>
<td>2, 33</td>
</tr>
<tr>
<td>Greenspoint Community Health</td>
<td>255 Northpoint Drive, Suite 200, Houston, TX 77060</td>
<td>832-300-8040</td>
<td>832-300-8041</td>
<td>Monday-Friday, 8am-6pm</td>
<td>56, 85, 102</td>
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</tbody>
</table>

Contact: Rodney Goodie, Executive Director
Email: rodney@offeringhope.org
Website: http://offeringhope.org
Ages/Grades Served: All ages
Eligibility: No area restrictions.
Costs: Costs vary. • Accepts most major health insurance plans. • Call to ask about specific costs.
Onsite at Schools: No
Languages: English, French, Portuguese, Spanish, Vietnamese
Direct Services: Provides onsite behavioral health and psychiatric services. • Also provides family medicine, pediatric dental care, vision care, nutrition counseling, pharmacy, and community prevention services. • Offers medical transportation.
Saint Joseph House

Address: 3307 Austin Street, Houston, TX 77004
Area Served: Houston
Days/Hours: Monday-Friday, 8am-4pm
Contact: Doug Haase, Director
Phone: 713-523-5958
Fax: Not available
Email: info@stjosephhouse.org
Website: http://www.stjosephhouse.org
Local Bus Routes: 700 (METRO rail), 11
Ages/Grades Served: Adults ages 18+
Eligibility: Must have a mental health diagnosis.
Costs: Free
Onsite at Schools: No
Languages: English, Pilipino, Spanish
Direct Services: Provides psychiatric rehabilitation for persons coping with mental illness. • Helps persons to build self-esteem and self-confidence and to re-enter the job market and live independently.

Texas Medical Center – Child and Adolescent Psychiatry

Address: 1941 East Road, Suite 2100, Houston, TX 77054
Area Served: Greater Houston
Days/Hours: Monday-Friday, 8am-5pm
Contact: Katherine Loveland, or Deborah Pearson, or Cynthia Santos
Phone: 713-486-2700
Fax: 713-486-2553
Email: Not available
Website: https://www.utphysicians.com/clinic/ut-physicians-psychiatry outpatient-clinic-bbsb
Local Bus Routes: 11, 60, 84
Ages/Grades Served: Ages 0-18
Eligibility: Requires proof of age and proof of insurance.
Costs: Costs vary. • Accepts self-pay, private insurance, and Medicaid. • Call to ask about specific costs.
Onsite at Schools: No
Languages: English
Direct Services: Offers comprehensive diagnosis and treatment for developmental, emotional, or behavioral difficulties, including mental illnesses such as bipolar disorder and depression.

The Arc of Greater Houston

Address: 3737 Dacoma Street, Suite E, Houston, TX 77092
Area Served: Greater Houston
Days/Hours: Monday-Friday, 8am-5pm
Contact: Bethanne Franco, Director of Programs
Phone: 713-957-1600
Fax: 713-957-1699
Email: beth@aogh.org
Website: http://www.aogh.org/Support.html
Local Bus Routes: 40
Ages/Grades Served: All ages
Eligibility: Must have an intellectual or developmental disability or autism. • Call before visiting.
Costs: Costs vary. • Charges a flat fee for summer day camps and summer overnight camps and for youth respite care services. • Call to ask about specific costs.
Onsite at Schools: No
Languages: English, Spanish
**Direct Services**: Provides parent support groups, up-to-date information, networking, and other support for families of children and adults with intellectual and developmental disabilities (IDD). • Also provides summer day camps for children and youth.

**The Center for Success and Independence**

**Address**: 3722 Pinemont Drive, Houston, TX 77018  
**Area Served**: Greater Houston  
**Days/Hours**: Monday-Sunday, 24 hours/day  
**Contact**: Robert Woods, Executive Director  
**Phone**: 713-426-4545  
**Fax**: 713-426-4747  
**Email**: care4@tcsi.org  
**Website**: [http://tcsi.org/programs](http://tcsi.org/programs)  
**Local Bus Routes**: 30, 45  
**Ages/Grades Served**: Ages 13-17 and adults ages 18-19  
**Eligibility**: No area restrictions.  
**Costs**: Costs vary. • Accepts most private insurance plans and self-pay. • Call to ask about specific costs.  
**Onsite at Schools**: No  
**Languages**: English  
**Direct Services**: Offers treatment and therapy for teenagers with substance abuse and mental health issues.

**The Council on Recovery**

**Address**: 303 Jackson Hill Street, Houston, TX 77007  
**Area Served**: Houston  
**Days/Hours**: Monday-Friday, 9am-8pm  
**Contact**: Christine Foster  
**Phone**: Office: 281-200-9281. • Appointments: 713-914-0556.  
**Fax**: 281-200-0000  
**Email**: children@councilonrecovery.org  
**Website**: [https://www.councilonrecovery.org/community-programs](https://www.councilonrecovery.org/community-programs)  
**Local Bus Routes**: 40, 71, 85  
**Ages/Grades Served**: Ages 3-18  
**Eligibility**: Requires an initial assessment.  
**Costs**: Costs vary. • Accepts some types of insurance. • Call to ask about specific costs.  
**Onsite at Schools**: No  
**Languages**: English  
**Direct Services**: Provides individual, family, and group therapy and play therapy services for children and families. • Helps children and families in managing mental health symptoms, behavioral issues, family dynamics, interpersonal relationships, and substance abuse prevention. • Also helps children and families with issues related to parenting, personal growth and adjustment, and blended families.

**The Harris Center for Mental Health and IDD – Children and Adolescent Services**

**Area Served**: Harris County

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Days/Hours</th>
<th>Bus Routes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administrative Office</td>
<td>7011 Southwest Freeway, Houston, TX 77074</td>
<td>713-970-7000, 866-970-4770, 713-970-7070</td>
<td>Monday-Friday, 8am-5pm</td>
<td>2, 9, 47</td>
</tr>
<tr>
<td>Burnett-Bayland Home</td>
<td>6500A Chimney Rock Road, Houston, TX 77081</td>
<td>713-852-1900</td>
<td>Monday-Sunday, 24 hours/day</td>
<td>33, 49</td>
</tr>
</tbody>
</table>

HISD FACE 2021 - 2022 Community Resource Guide 222
<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Days/Hours</th>
<th>Bus Routes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Burnett-Bayland Reception Center</td>
<td>6500A Chimney Rock Road, Houston, TX 77081</td>
<td>713-852-1800</td>
<td>Monday-Sunday, 24 hours/day</td>
<td>33, 49</td>
</tr>
<tr>
<td>Children’s Detention Center</td>
<td>3540 West Dallas Street, Houston, TX 77019</td>
<td>713-512-4165</td>
<td>Monday-Sunday, 24 hours/day</td>
<td>27, 85</td>
</tr>
<tr>
<td>Northwest Family Resource Center</td>
<td>3737 Dacoma Street, Houston, TX 77092</td>
<td>713-970-8448</td>
<td>Monday-Friday, 8am-5pm</td>
<td>89</td>
</tr>
<tr>
<td>Ripley Family Resource Center</td>
<td>4414 Navigation Boulevard, Houston, TX 77011</td>
<td>713-970-8188</td>
<td>Monday-Friday, 8am-5pm</td>
<td>20, 29, 80</td>
</tr>
<tr>
<td>Southeast Family Resource Center</td>
<td>5901 Long Drive, Houston, TX 77087</td>
<td>713-970-4555</td>
<td>Monday-Friday, 8am-5pm</td>
<td>900 (METRO rail)</td>
</tr>
<tr>
<td>Southwest Family Resource Center</td>
<td>7011 Southwest Freeway, Houston, TX 77074</td>
<td>713-970-3888</td>
<td>Monday-Friday, 8am-5pm</td>
<td>2, 9, 47</td>
</tr>
</tbody>
</table>

**Contact:** Steven Schnee, Executive Director  
**Fax:** Not available  
**Email:** Not available  
**Ages/Grades Served:** Ages 3-17  
**Eligibility:** Requires proof of age, proof of residency, and proof of insurance (if any). • Also requires proof of serious functional impairment or proof of serious emotional disturbance. • Must enter Eligibility Center at least two hours before closing hour to get a same-day appointment for a child or adolescent. • Always call ahead.  
**Costs:** Costs vary. • Charges fees on a sliding scale based on income. • Accepts Medicaid, the Children’s Health Insurance Program (CHIP), private insurance plans, and self-pay. • Call to ask about specific costs.  
**Onsite at Schools:** No  
**Languages:** English  
**Direct Services:** Provides services to children and adolescents with serious emotional disturbance. • Helps children to be able to live in homes with families, to develop normal relationships with their peers, to attend school, and to remain out of hospitals and juvenile justice facilities.

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**The University of Houston – ADAPT Center**

**Address:** 4505 Cullen Boulevard, Houston, TX 77204  
**Area Served:** Greater Houston  
**Days/Hours:** Monday-Friday, 8am-5pm  
**Contact:** Amanda Palo, Associate Director  
**Phone:** 713-743-0950  
**Fax:** Not available  
**Email:** adapt@times.uh.edu  
**Website:** [http://www.uh.edu/class/adapt](http://www.uh.edu/class/adapt)  
**Local Bus Routes:** 900 (METRO rail), 25, 29  
**Ages/Grades Served:** Ages 12-17  
**Eligibility:** No area restrictions.  
**Costs:** Costs vary. • Charges fees on a sliding scale based on income. • Call to ask about specific costs.  
**Onsite at Schools:** No  
**Languages:** English  
**Direct Services:** Provides individual therapy, group therapy, and treatment for adolescents with emotional and relationship difficulties. • Provides diagnostic and relational assessments.

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**The University of Houston – Psychology Research and Services Center**

**Address:** 3695 Cullen Boulevard, Room 126, Houston, TX 77204  
**Area Served:** Greater Houston  
**Days/Hours:** Monday-Thursday, 9am-8pm, Friday, 9am-5pm  
**Contact:** Robin Weill, Clinical Director  
**Phone:** 713-743-8600
Fax: Not available  
Email: prsc@uh.edu  
Website: http://www.uh.edu/class/psychology/clinics  
Local Bus Routes: 900 (METRO rail), 25, 54  
Ages/Grades Served: All ages  
Eligibility: No area restrictions. • Must call for an appointment.  
Costs: Costs vary. • Charges fees on a sliding scale based on income and family size. • Call to ask about specific costs. 
Onsite at Schools: No  
Languages: English  
Direct Services: Offers therapy for common emotional and behavioral concerns including cognitive and behavioral treatments for anxiety, depression, and being at-risk for suicide. • Also offers psychological testing and evaluation services for children and adults.

The University of Texas – Harris County Psychiatric Center

Address: 2800 South MacGregor Way, Houston, TX 77021  
Area Served: Harris County  
Days/Hours: Office: Monday-Friday, 7am-5pm. • Admissions: Monday-Sunday, 24 hours/day.  
Contact: Jair Soares, Executive Director  
Phone: 713-741-3883  
Fax: 713-741-5939  
Email: Jair.C.Soares@uth.tmc.edu  
Website: https://hcpc.uth.edu/pages/services/imp-child-serv.htm  
Local Bus Routes: 4, 11  
Ages/Grades Served: Ages 3-17  
Eligibility: Patients are eligible for services through court-ordered, involuntary mental health hospitalization, transfer from another hospital or treatment center, private physician referral, or direct self-admit or walk-in.  
Costs: Costs vary. • Accepts private insurance, the Children’s Health Insurance Program (CHIP), Medicare, Medicaid, and self-pay. • Also accepts persons who have no income. • Call to ask about specific costs.  
Onsite at Schools: No  
Languages: English, Spanish  
Direct Services: Treats children and adolescents who have bipolar or manic depression, depression or major depression, schizophrenia, attention deficit hyperactivity disorder (ADHD), anxiety disorders, or disruptive behavior disorders. • Also treats illnesses related to behavioral adjustment, substance abuse, sexual abuse, physical abuse, life-threatening situations, suicide attempts, family relationship issues, or school difficulties.

West Oaks Hospital – Mental Health Services

Address: 6500 Hornwood Drive, Houston, TX 77074  
Area Served: Greater Houston  
Days/Hours: Monday-Sunday, 24 hours/day  
Contact: Kamiah Thomas, Clinic Manager  
Phone: 24-hour Assessment Hotline: 713-995-0909. • Outpatient Clinic: 713-774-0606.  
Fax: Not available  
Email: Kamiah.Thomas@uhsinc.com  
Website: http://www.westoakshospital.com/programs/children-psychiatric-treatment  
Local Bus Routes: 2, 9, 47  
Ages/Grades Served: Ages 6-17  
Eligibility: Requires proof of insurance.  
Costs: Costs vary. • Accepts private insurance, the Children’s Health Insurance Program (CHIP), Medicare, and Medicaid. • Call to ask about specific costs.  
Onsite at Schools: No  
Languages: English
Direct Services: Helps children whose emotional and behavioral problems interfere with daily life, physical health, family, and/or school. • Offers day treatment and comprehensive psychiatric care such as individual therapy, family therapy, group therapy, support groups, and therapeutic recreation. • Treats aggression, anger, anxiety, bipolar disorder, depression, schizophrenia, anorexia, bulimia, and other diseases.