Millard House II
Superintendent of Schools
Houston Independent School District
Board of Education

Patricia Allen, President District IV
Holly Maria Flynn Villaseca, First Vice-President District VI
Judith Cruz, Second Vice-President District VIII
Kathy Blueford-Daniels, Secretary District II
Daniela Hernandez, Assistant Secretary District III
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Anne Sung District VII
Myrna Guidry District IX

Millard Housse II, Superintendent of Schools
Rick Cruz, Deputy Superintendent
Candice Castillo, Executive Officer, Student Support

Family and Community Engagement Department
Ryan Professional Development Center
4001 Hardy Street. Houston, Texas 77009
www.HoustonISD.org/face

It is the policy of the Houston Independent School District not to discriminate on the basis of age, color, handicap or disability, ancestry, national origin, marital status, race, religion, sex, veteran status, political affiliation, sexual orientation, gender identity and/or gender expression in its educational or employment programs and activities.
Food Assistance:
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2. Braes Interfaith Ministries
3. Bread of Life Inc.
4. Brighter Bites
5. CAN DO Houston
6. Casa Juan Diego
7. Catholic Charities of the Archdiocese of Galveston-Houston
8. Christian Community Service Center Inc.
9. City of Houston – After School Meal Program
10. City of Houston – Summer Food Service Programs
11. Communities in Schools of Houston Inc.
12. Community Family Centers
13. Emergency Aid Coalition
14. Epiphany Community Health Outreach Services
15. Gano Mission Center
16. Gulf Coast Community Services Association Inc.
17. Harris County Public Health and Environmental Services – WIC Program
18. House of Amos Inc.
19. Houston Food Bank
20. Interfaith Ministries for Greater Houston
21. Kids Meals Houston
22. Local Infant Formula for Emergencies – Houston
23. Lutheran Inter-City Network Collaboration Houston
24. North Channel Assistance Ministries
25. Northwest Assistance Ministries
26. Saint John Vianney Social Services
27. Society of Saint Vincent de Paul – Food Pantries
28. Southeast Area Ministries
29. Texas Department of Health and Human Services – SNAP Offices
30. Texas Department of State Health Services – WIC State Program
31. The Salvation Army Greater Houston Area Command – Social Services Department
32. United Way of Greater Houston – Helpline 211
33. Vietnamese American Community Center
34. Wesley Community Center
35. We Care Inc.
36. West Houston Assistance Ministries
37. Windsor Village Social Services

<table>
<thead>
<tr>
<th>Phone</th>
<th>Ages/Grades Served</th>
<th>Costs</th>
<th>Onsite at Schools</th>
<th>Languages</th>
</tr>
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<tbody>
<tr>
<td>713-729-6477</td>
<td>All ages</td>
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<td>No</td>
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<td>713-227-9981</td>
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<td>Arabic, English, French, Haitian Creole, Hindi, Persian, Spanish, Swahili, Thai, Vietnamese</td>
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<td>Phone</td>
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<td>Costs</td>
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<td>9 713-676-6832 832-395-7284</td>
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<tr>
<td>11 713-923-2314</td>
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<td>23 713-864-9993 713-528-6044 713-270-0369</td>
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<td>34 713-821-8900</td>
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<td>36 713-977-9942 713-795-2727 Ext. 300</td>
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</tr>
<tr>
<td>37 713-551-8792</td>
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<td>No</td>
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</tbody>
</table>
Bethel’s Heavenly Hands

Address: 12660 Sandpiper Drive, Houston, TX 77035
Area Served: Greater Houston
Days/Hours: Monday-Tuesday, 9am-3pm, Wednesday, 9am-2pm, Thursday, 9am-3pm, Friday, 9am-2pm
Contact: Christopher Samuels, Manager
Phone: 713-729-6477
Fax: Not available
Email: info@bethelsheavenlyhands.org
Website: http://www.bethelsheavenlyhands.org
Local Bus Routes: 7, 63
Ages/Grades Served: All ages
Eligibility: No area restrictions.
Costs: Free
Onsite at Schools: No
Languages: English
Direct Services: Conducts weekly food distributions. • Offers help with clothing, food, and shelter. • Supports back-to-school community drives for school clothing and supplies.

Braes Interfaith Ministries

Area Served: Houston ZIP Codes: 77025, 77035, 77045, 77051, 77053, 77054, 77071, 77085, and 77096.

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Hours</th>
<th>Bus Routes</th>
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<tbody>
<tr>
<td>Food Pantry</td>
<td>4300 West Bellfort Boulevard, Houston, TX 77096</td>
<td>713-723-2671</td>
<td>Monday, 10am-2pm, Wednesday, 10am-2pm, Friday, 10am-2pm</td>
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<tr>
<td>Resale/Consignment Shop</td>
<td>10814-B South Post Oak Road, Houston, TX 77035</td>
<td>713-723-3841</td>
<td>Monday-Saturday, 10am-4pm</td>
<td>10, 49</td>
</tr>
</tbody>
</table>

Contact: Eloy Montez, Executive Director
Fax: 713-723-3872
Email: Not available
Website: http://braesinterfaithministries.com
Ages/Grades Served: All ages
Eligibility: Must be an existing food pantry client to be eligible for vouchers for school supplies. • Must live within the ZIP code service area.
Costs: Costs vary. • School supplies are free. • Clothing is sold at low cost. • Call to ask about specific costs.
Onsite at Schools: No
Languages: English
Direct Services: Offers help with food and clothing. • Provides back-to-school supplies. • Operates a clothing resale and consignment shop.

Bread of Life Inc.

Address: 2019 Crawford Street, Houston, TX 77002
Area Served: Houston
Days/Hours: Distributions: Wednesday, 7am-11am, Thursday, 11am-1pm. • Breakfasts: Saturday, 8am-9am.
Contact: Rev. Dr. Simeon Queen, Executive Director
Phone: 713-659-3237
Fax: Not available
Email: squeen@stjohns downtown.org
Website: http://www.breadoflifeinc.org/programs-and-services
Local Bus Routes: 44, 85, 161, 162
Ages/Grades Served: Adults ages 18+
Eligibility: No area restrictions. • Must be a homeless adult.
Costs: Free
Onsite at Schools: No
Languages: English
Direct Services: Conducts weekly food distributions. • Provides weekly medical services for homeless men and women. • Conducts a therapeutic arts and empowerment program for homeless men and women.

Brighter Bites

Address: 535 Portwall Street, Houston, TX 77029
Area Served: Houston
Days/Hours: Monday-Friday, 8am-5pm
Contact: Katie Degen & Jessica Schauman, Senior Program Managers
Phone: KD (409-201-0711), JS (979-571-7189)
Fax: Not available
Email: katie.degen@brighterbites.org & jessica.schauman@brighterbites.org
Website: https://www.brighterbites.org
Local Bus Routes: 11
Ages/Grades Served: Grades PK-5
Eligibility: Brighter Bites partners with elementary schools and head start facilities during the school year. Middle and High schools are ineligible. Brighter Bites strives to serve at least 150 families at each site. A site qualifies for Brighter Bites if one of the following is true:
1. 80% or more students receive free or reduced lunch
2. the site receives Title 1 funding
3. 75% or more students live below the national poverty line.
Costs: Free
Onsite at Schools: Yes. • Works with 22 HISD elementary schools & 2 head starts.
Languages: English, Spanish
Direct Services: Brighter Bites is an evidence-based, comprehensive, multi-component elementary school, preschool and summer camp program that utilizes reliable access to fruits and vegetables, nutrition education, and consistent exposure to recipes and messages that feature fresh food. Over the course of the program, 16 weeks during the school year and 8 weeks during the summer, Brighter Bites measures the outcomes of the program to determine impact.

CAN DO Houston

Address: 2617 West Holcombe Boulevard, Houston, TX 77025
Area Served: Houston
Days/Hours: Food Fairs: Wednesday, 9am-12:30pm.
Contact: Celia Preble-Gaitz, Outreach Coordinator
Phone: 832-405-5451
Fax: Not available
Email: cellia@candohouston.org
Website: http://www.candohouston.org/community-initiatives.html
Local Bus Routes: 2, 41, 402
Ages/Grades Served: All ages
Eligibility: Must live in one of the five wards served in Houston.
Costs: Free
Onsite at Schools: Yes. • Works with nine HISD elementary schools to start community gardens.
Languages: English, Spanish
Direct Services: Distributes free groceries at monthly neighborhood food fairs. • Offers healthful nutrition classes and leads the Healthy Corner Store Initiative. • Operates mobile produce units in neighborhoods afflicted with food deserts. • Works to create community gardens, educate communities about nutritious and affordable food options, demonstrate healthful cooking practices, and combat childhood obesity.
Casa Juan Diego

Address: 4818 Rose Street, Houston, TX 77007
Area Served: Houston
Days/Hours: Monday-Saturday, 9am-4pm
Contact: Mark Zwick and Louise Zwick
Phone: 713-869-7376
Fax: Not available
Email: info@cj.org
Website: http://cj.org/about/what-is-casa-juan-diego
Local Bus Routes: 27, 71, 85
Ages/Grades Served: All ages
Eligibility: Must be an immigrant, a refugee, or a low-income person.
Costs: Free
Onsite at Schools: No
Languages: English, Spanish
Direct Services: Offers help with food. • Helps immigrant women and children, particularly pregnant and their children. • Helps women whose husbands have been deported.

Catholic Charities of the Archdiocese of Galveston-Houston

Address: 326 South Jensen Drive, Houston, TX 77003
Area Served: Greater Houston
Days/Hours: Office: Monday-Friday, 8am-5pm, • Food: 8am-12pm and 2pm-5pm.
Contact: Natalie Wood, Vice President of Strengthening Families Services
Phone: General questions: 713-227-9981. • Requests for help: 866-649-5862.
Fax: 713-526-1546
Email: info@catholiccharities.org
Website: https://www.catholiccharities.org/our-services/strengthening-families/basic-needs
Local Bus Routes: 6, 20, 30
Ages/Grades Served: Adults ages 18+
Eligibility: Requires proof of age, proof of identity, proof of address, and proof of income. • For help with rent or mortgage, must have a vacate premises notice or an eviction notice. • For help with electrical or gas utilities, must have a utility cut-off notice.
Costs: Free
Onsite at Schools: No
Languages: Arabic, English, French, Haitian Creole, Hindi, Persian, Spanish, Swahili, Thai, Vietnamese
Direct Services: Operates the Guadalupe Center. • Provides help with food and provides help with shelter and transportation. • Offers counseling, and intensive case management. • Also offers education about human immunodeficiency virus (HIV), employment assistance, financial assistance, and referrals to community resources.

Christian Community Service Center Inc.

Area Served: Houston ZIP Codes: 77002, 77003, 77004, 77005, 77006, 77007, 77010, 77011, 77012, 77019, 77020, 77021, 77023, 77025, 77026, 77027, 77028, 77030, 77031, 77036, 77046, 77056, 77057, 77072, 77074, 77081, 77096, 77098 and 77401.

<table>
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<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Days/Hours</th>
<th>Bus Routes</th>
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<tbody>
<tr>
<td>Central</td>
<td>3230 Mercer Street, Houston, TX 77027</td>
<td>713-961-3993</td>
<td>Monday-Friday, 10am-2pm, Saturday, 9am-12pm</td>
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<tr>
<td>Southwest</td>
<td>6856 Bellaire Boulevard, Houston, TX 77074</td>
<td>713-328-0194</td>
<td>Monday-Tuesday, 10am-1pm, Thursday-Friday, 10am-1pm, Saturday, 9am-12pm</td>
<td>2, 9, 47</td>
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HISD FACE 2021 - 2022 Community Resource Guide
Contact: Michelle Shonbeck, Executive Director
Fax: 713-961-1548
Email: ccscc@ccschouston.org
Website: https://www.ccschouston.org/programs
Ages/Grades Served: Food and other basic needs: All ages.
Eligibility: Offers help on a first come, first served basis. • Requires an appointment for help with rent or utilities. • Limits its food pantry help to a five-day supply of food.
Costs: Free
Onsite at Schools: Yes. • Offers a vision care program at several HISD elementary schools.
Languages: English, Spanish
Direct Services: Provides help with food for persons who are hungry or food-insecure. • Provides help with clothing and rent or utility payments. • Also provides back-to-school supplies and vouchers for a new school uniform and/or shoes. • Provides referrals to social services for childcare, healthcare, and housing assistance.

City of Houston – After-School Meal Program

Address: 6200-Wheeler Street, Building 3, Houston, TX 77023
Area Served: Houston
Days/Hours: Office: Monday-Friday, 8am-5pm. • After-school meals: Monday-Friday, 3pm-6pm.
Contact: Rummeke Allen
Phone: General questions: 713-676-6832. • Program: 832-395-7284.
Fax: 713-676-6836
Email: rummek.ellen@houston.gov
Website: http://www.houston.gov/parks/youthsports.html
Local Bus Routes: 40
Ages/Grades Served: Ages 5-18
Eligibility: Must participate in an approved after-school program. • Must meet age requirements.
Costs: Free
Onsite at Schools: Yes. • Program meals are available at participating schools and other places.
Languages: English, Spanish
Direct Services: Provides afternoon snacks and evening suppers for children at schools, learning centers, community centers, and other locations operating an after-school program at an eligible location.

City of Houston – Summer Food Service Programs

Address: 6200-Wheeler Street, Building 3, Houston, TX 77023
Area Served: Houston
Days/Hours: Office: Monday-Friday, 8am-5pm. • Lunches: Monday-Friday, 11am-1pm. • Snacks: Monday-Friday, 3pm-4pm.
Contact: Sheila Pous, Senior Community Liaison
Phone: General questions: 713-676-6832. • Program locations: 211.
Fax: 713-676-6836
Email: sheila.pous@houston.gov
Website: http://www.houston.gov/parks/youthsports.html
Local Bus Routes: 40
Ages/Grades Served: Ages 1-18
Eligibility: Must be experiencing hunger or food insecurity. • Must meet age requirements.
Costs: Free
Onsite at Schools: Yes. • Summer Food Service Program meals are available at schools and other places.
Languages: English, Spanish
Direct Services: Provides summer lunches and afternoon snacks for children at churches, apartment complexes, schools, community centers, learning centers, and other locations.
Communities in Schools of Houston Inc.

Address: 1235 North Loop West, Suite 300, Houston, TX 77006
Area Served: Houston
Days/Hours: Monday-Friday, 8am-5pm
Contact: Cynthia Clay Briggs, Executive Director
Phone: 713-654-1515
Fax: 713-655-1302
Email: ccbriggs@cis-houston.org
Website: http://cishouston.org/programs-services
Local Bus Routes: 26, 27, 30
Ages/Grades Served: Grades K-12
Eligibility: Focuses on families living in poverty. ▪ Requires proof of income and proof of residence.
Costs: Costs vary. ▪ Call to ask about specific costs.
Onsite at Schools: Yes. ▪ Delivers programs at 40 HISD campuses.
Languages: English
Direct Services: Helps families to meet real emergency needs for food, clothing, utility assistance, and eye-care. ▪ Provides information, referrals, support, and counseling.

Community Family Centers

Address: 7524 Avenue E, Houston, TX 77012
Area Served: Houston ZIP Codes: 77011, 77012, 77020, and 77057.
Days/Hours: Monday-Friday, 8am-6pm
Contact: Miguel de la Luna, Director of Programs
Phone: 713-923-2314
Fax: 713-923-4243
Email: mdeluna@communityfamilycenters.org
Website: http://www.communityfamilycenters.org/familysupport.php
Local Bus Routes: 20, 50
Ages/Grades Served: Ages 4-17 and adults ages 18+
Eligibility: Requires proof of identity, proof of residence, and proof of income. ▪ Accepts walk-ins.
Costs: Free
Onsite at Schools: Yes. ▪ Youth programs are at two HISD high schools; school-based services are at 18 HISD schools.
Languages: English, Spanish
Direct Services: Provides emergency help with food. ▪ Offers classes for Adult Basic Education (ABE), and English as a Second Language (ESL), General Education Development (GED), and parent education. ▪ Also offers college readiness, counseling, dropout prevention, and youth/summer programs. ▪ Offers health screenings, immunizations, translation, and referrals.

Emergency Aid Coalition

Area Served: Harris County

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Bus Routes</th>
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<tr>
<td>Fannin Food Pantry</td>
<td>5401 Fannin Street, Houston, TX 77004</td>
<td>713-528-3663, 713-526-5135</td>
<td>713-528-2650</td>
<td>700 (METRO rail), 56</td>
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<tr>
<td>Portwall Food Pantry</td>
<td>535 Portwall Street, Houston, TX 77029</td>
<td>713-528-3663, 713-526-5135</td>
<td>713-528-2650</td>
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</table>

Days/Hours: Office: Monday-Friday, 9am-1pm. ▪ Fannin Food Pantry: Monday-Friday, 11am-1pm, Sunday, 12pm-1pm. ▪ Portwall Food Pantry: Monday-Friday, 3pm-7:30pm, Saturday, 9am-3:30pm.
Contact: Lydia Smyth, Program Director
Email: Ismyth@eachouston.org  
Website: http://www.eachouston.org/clients.html  
Ages/Grades Served: All ages  
Eligibility: Requires proof of identity, proof of income, proof of residence, and an intake interview. • Must also show proof of employment at the Portwall location only. • Food pantries are first come, first served.  
Costs: Free  
Onsite at Schools: No  
Languages: English, Spanish  
Direct Services: Runs a sack lunch program and a food pantry but neither location provides groceries to clients who are homeless. • Distributes clothing to children and families.

Epiphany Community Health Outreach Services

Address: 9600 South Gessner Road, Building E, Houston, TX 77071  
Area Served: Houston  
Days/Hours: Monday-Thursday, 8am-2pm  
Contact: Kathy Eckhardt, Volunteer Coordinator  
Phone: 713-270-0369  
Fax: 713-270-0570  
Email: General questions: echos@echos-houston.org • Programs: keckhardt@echos-houston.org  
Website: http://echos-houston.org/default.asp?pg=services  
Local Bus Routes: 46, 65  
Ages/Grades Served: All ages  
Eligibility: No restrictions about local residence or immigration status  
Costs: Costs vary. • Services delivered at ECHOS are free. • Services obtained from community service providers may require a fee. • Call to ask about specific costs.  
Onsite at Schools: Yes. • Participates in weekend health fairs at schools and other locations.  
Languages: English, Spanish  
Direct Services: Offers mammograms through the Rose on the mobile van • Provides immunizations for children (not adults) • Helps families to apply for Medicaid, the Children’s Health Insurance Program (CHIP), and the Supplemental Nutrition Assistance Program (SNAP) by appointment. • Helps families to access health and social services. • Provides dental care on the University of Texas Dental Branch mobile van. • Also offers non-perishable food at an emergency food pantry currently as a drive thru on Tuesday mornings.

Gano Mission Center

Address: 1815 Gano Street, Houston, TX 77009  
Area Served: Houston ZIP Codes: 77008, 77009, 77022, 77026, and 77028.  
Days/Hours: Office: Monday-Thursday, 9am-5pm. • Food distribution: Monday-Thursday, 9am-11:30am and 1pm-3pm.  
Contact: Dora Hernandez, Director  
Phone: General questions: 713-227-0304. • Food pantry: 713-227-1146.  
Fax: 713-224-0611  
Email: dora@missioncenters.org  
Website: http://missioncenters.org/what-we-do/food-clothing  
Local Bus Routes: 700 (METRO rail), 51, 52, 79  
Ages/Grades Served: All ages  
Eligibility: Requires proof of identity, proof of income, and proof of residence.  
Costs: Free  
Onsite at Schools: No  
Languages: English  
Direct Services: Helps inner-city communities with food and clothing.
Address: 9320 Kirby Drive, Houston, TX 77054
Area Served: Harris County
Days/Hours: Office: Monday-Friday, 9am-4pm. • Food pantry: Monday-Friday, 9am-4pm.
Contact: Sue Kriegel, Executive Assistant
Phone: 713-393-4700
Fax: 713-343-8702
Email: info@gccsa.org
Website: http://www.gccsa.org/food-assistance
Local Bus Routes: 700 (METRO rail), 8
Ages/Grades Served: All ages
Eligibility: For food assistance, must express a need for help with food. • Limits help to a three to five day supply of groceries once a year. • May require proof of residence and proof of income for some services. • Accepts walk-ins at food pantry. • No appointment is needed.
Costs: Free
Onsite at Schools: No
Languages: English, Spanish, Vietnamese
Direct Services: Operates a food pantry. • Offers support for basic needs including shelter, rent, utilities, transportation, and medical prescriptions. • Provides classes for Adult Basic Education (ABE), computer literacy, English as a Second Language (ESL), General Education Development (GED), and Spanish as a Second Language (SSL). • Also provides entrepreneurship education, homeownership counseling, and workforce development.

Harris County Public Health and Environmental Services – WIC Centers

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Hours</th>
<th>Bus Routes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Office</td>
<td>2223 West Loop South, Suite 529, Houston, TX 77027</td>
<td>713-407-5800</td>
<td>Monday-Friday, 8am-5pm</td>
<td>33, 82</td>
</tr>
<tr>
<td>Antoine WIC Center</td>
<td>5815 Antoine Drive, Houston, TX 77091</td>
<td>713-407-5800</td>
<td>Monday, 8am-7pm, Tuesday, 10am-7pm, Wednesday, 8am-7pm, Thursday-Friday, 8am-2pm, 3rd Saturday, 8am-5pm</td>
<td>85</td>
</tr>
<tr>
<td>Emerald Plaza WIC Center</td>
<td>11509 Veterans Memorial Drive, Suite 400, Houston, TX 77067</td>
<td>713-407-5800</td>
<td>Monday-Thursday, 8am-7pm, Friday, 8am-2pm, 3rd Saturday, 8am-5pm</td>
<td>85</td>
</tr>
</tbody>
</table>

Contact: Not available
Fax: 713-439-6309
Email: Not available
Website: http://publichealth.harriscountytx.gov/Services-Programs/Services/WIC
Ages/Grades Served: Ages 0-5
Eligibility: Must meet income requirements. • Must be pregnant or a woman who is breastfeeding a baby up to one year old or a woman who has had a baby in the past six months. • Parents, stepparents, guardians, and foster parents of infants and children under five years old can apply for their children. • Always call ahead.
Costs: Free
Onsite at Schools: No
Languages: English, Spanish, and 200+ other languages available through the Language Line
Direct Services: Special Supplemental Nutrition Program for Women Infants and Children (WIC) helps pregnant women, new mothers, and young children eat well, learn about nutrition, and stay healthy. • It provides nutrition education and counseling, nutritious foods, and help accessing health care to low-income women, infants, and children. • Many local organizations offer WIC services, including community action agencies, county and city agencies, hospitals, local health departments, and migrant health centers.

House of Amos Inc.
Address: 8030 Boone Road, Houston, TX 77072  
Area Served: Houston: Southwest  
Days/Hours: Office: Monday-Thursday, 9am-12pm, Saturday, 10am-12pm. • Must arrive by 11:45am to be served.  
Contact: Dianna Sosa or Manny Ibarra  
Phone: 281-495-9061  
Fax: Not available  
Email: houseofamos@houseofamos.org  
Website: http://www.houseofamos.org/new-page-3  
Local Bus Routes: 4, 161  
Ages/Grades Served: Most programs: All ages. • Saturday and summer lunch programs: ages 0-18.  
Eligibility: Requires proof of identity, proof of residence, and completion of an application form. • Limits help with food up to three times a year plus monthly Saturday food distributions. • Limits monthly Saturday food distributions to 75 families and distributes food on a first come, first served basis. • Accepts walk-ins.  
Costs: Free  
Onsite at Schools: No  
Languages: English  
Direct Services: Provides emergency food assistance and Saturday and summer lunch programs for youth. • Also offers classes for Adult Basic Education (ABE), citizenship, computer skills, and English as a Second Language (ESL), and provides child immunizations. • Provides intake and referrals for counseling, financial help, General Education Development (GED) classes, skills training, the Supplemental Nutrition Assistance Program (SNAP), and the Special Supplemental Nutrition Program for Women Infants and Children (WIC).  

Houston Food Bank  

Address: 535 Portwall Street, Houston, TX 77029  
Area Served: Houston  
Days/Hours: Office: Monday-Friday, 8am-8pm, Saturday, 8am-4pm. • Pantry: Monday-Friday, 3pm-8pm, Saturday, 9am-4pm.  
Contact: Brian Greene, President and Chief Executive Officer  
Fax: Not available  
Email: president@houstonfoodbank.org  
Website: http://www.houstonfoodbank.org/services/if-you-need-food  
Local Bus Routes: 11  
Ages/Grades Served: All ages  
Eligibility: Requires proof of employment in the form of a paycheck or paystub. • Focus is on serving working families who cannot access their neighborhood pantry.  
Costs: Free  
Onsite at Schools: No  
Languages: English, Spanish  
Direct Services: Serves working families who cannot access their neighborhood pantry. • Refers non-working clients to food pantries in their neighborhoods. • Provides an online agency locator for finding food pantries.  

Interfaith Ministries for Greater Houston – Meals on Wheels  

Address: 3303 Main Street, Houston, TX 77002  
Area Served: Greater Houston  
Days/Hours: Monday-Friday, 8:30am-5pm  
Contact: Ali Al Sudani, Chief Programs Officer  
Phone: 713-533-4940  
Fax: 713-524-6129  
Email: aalsudani@imgh.org  
Website: https://www.imgh.org/meals-on-wheels
Local Bus Routes: 700 (METRO rail), 9, 82
Ages/Grades Served: Ages 60+
Eligibility: Must meet age and income requirements for food assistance. • Requires at least three weeks of advance notice for requests for speakers. • Provides an online form to request speakers.
Costs: Free
Onsite at Schools: Yes. • Speakers present about food insecurity at schools.
Languages: English/Spanish
Direct Services: Delivers meals to homebound senior citizens with limited food resources. • Also offers speakers to present at schools.

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Kids Meals Houston

Address: 330 Garden Oaks Boulevard, Houston, TX 77018
Area Served: Houston
Days/Hours: Monday-Friday, 9am-3pm
Contact: Beth Harp, Executive Director
Phone: 713-685-5437
Fax: 713-685-7544
Email: bharp@kidsmealshouston.org
Website: http://www.kidsmealshouston.org/about-kids-meals
Local Bus Routes: 27, 36, 40, 44
Ages/Grades Served: Ages 0-5
Eligibility: Must meet age requirements. • Must have limited or unreliable access to enough nutritious and affordable food.
Costs: Free
Onsite at Schools: No
Languages: English
Direct Services: Delivers healthy meals to the doorsteps of the hungriest preschool-aged children in Houston.

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Local Infant Formula for Emergencies – Houston

Area Served: Houston

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Days/Hours</th>
<th>Bus Routes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Office</td>
<td>2002 South Wayside Drive, Suite 113, Houston, TX 77023</td>
<td>713-528-6044</td>
<td>713-528-3802</td>
<td>Monday-Thursday, 9:30am-3pm, Friday, 9:30am-1:30pm</td>
<td>28</td>
</tr>
<tr>
<td>Acres Homes</td>
<td>6719 West Montgomery Road, Houston, TX 77091</td>
<td>713-528-6044</td>
<td>713-528-3802</td>
<td>Tuesday, 9:30am-3pm</td>
<td>30, 44</td>
</tr>
<tr>
<td>Southwest</td>
<td>6400 High Star Drive, Houston, TX 77074</td>
<td>713-528-6044</td>
<td>713-528-3802</td>
<td>Tuesday, 9:30am-2pm, Thursday-Friday, 9:30am-2pm</td>
<td>9, 47</td>
</tr>
<tr>
<td>West End</td>
<td>170 Heights Boulevard, Houston, TX 77007</td>
<td>713-864-9993</td>
<td>713-864-9965</td>
<td>Monday, 9:30am-3pm, Wednesday, 9:30am-3pm, Friday, 9:30am-1:30pm</td>
<td>40, 51</td>
</tr>
</tbody>
</table>

Contact: Leah Roberts, Program Coordinator
Email: foodforbabies@lifehouston.org
Website: http://www.lifehouston.org
Ages/Grades Served: Ages 0-2 (babies)
Eligibility: Requires photographic identification (photo ID) and proof of the birth of the baby.
Costs: Free
Onsite at Schools: No
Languages: English, Spanish
**Direct Services:** Offers infant formula for emergencies through a **Food for Hungry Babies** program.

**Lutheran Inter-City Network Collaboration Houston**

**Area Served:** Greater Houston

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Days/Hours</th>
<th>Bus Routes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Greenspoint</td>
<td>161 West Road, Houston, TX 77037</td>
<td>713-426-2451</td>
<td>Third Saturday of each month, 9am-11am</td>
<td>56, 59, 99</td>
</tr>
<tr>
<td>Magnolia Park</td>
<td>6601 Sherman Street, Houston, TX 77011</td>
<td>713-426-2451</td>
<td>Third Saturday of each month, 9am-11am</td>
<td>800 (METRO rail), 20, 50, 73</td>
</tr>
</tbody>
</table>

**Contact:** Perla Gil de Rodriguez
**Fax:** Not available
**Email:** perla@linchouston.org
**Website:** [http://linchouston.org/food-assistance](http://linchouston.org/food-assistance)

**Ages/Grades Served:** All ages
**Eligibility:** No area restrictions.

**Costs:** Free
**Onsite at Schools:** No
**Languages:** English, Spanish

**Direct Services:** One Saturday each month, distributes bags of perishable and non-perishable foods to persons in need.

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**North Channel Assistance Ministries**

**Address:** 13837½ Bonham Street, Houston, TX 77015
**Area Served:** Houston ZIP Codes: 77013, 77015, 77029, 77044, 77049, 77078, and 77530.
**Days/Hours:** Tuesday-Friday, 8am-1pm
**Contact:** Vanessa Chambers, Emergency Assistance Clerk
**Phone:** 713-453-8028
**Fax:** 713-453-2807
**Email:** ncam08@sbcglobal.net
**Website:** [http://www.woodforestpc.org/mission/ncam](http://www.woodforestpc.org/mission/ncam)
**Local Bus Routes:** 137

**Ages/Grades Served:** Adults ages 18+

**Eligibility:** Requires proof of identity, proof of income, proof of residence, and proof of eligibility for emergency assistance.

**Costs:** Free
**Onsite at Schools:** No

**Direct Services:** Offers short-term emergency help, including food and clothing. • Makes referrals for persons who are temporarily in crisis due to low income, unemployment, homelessness, or other reasons.

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**Northwest Assistance Ministries**

**Address:** 15555 Kuykendahl Road, Houston, TX 77090
**Area Served:** Houston ZIP Codes: 77014, 77032, 77038, 77050, 77060, 77064, 77066, 77067, 77068, 77069, 77070, 77073, 77086, 77090, 77379, 77388, and 77389.
**Days/Hours:** Monday-Friday, 9am-12pm and 1pm-3pm
**Contact:** Becky Landes, Vice President of Program Services
**Phone:** General questions: 281-885-4555. • Appointments: 281-583-5600.
**Fax:** 281-583-5621
**Email:** nam@namonline.org
Saint John Vianney Social Services

Address: 625 Nottingham Oaks Trail, Houston, TX 77079
Area Served: Houston
Days/Hours: Office: Monday-Friday, 8:30am-5pm. • Food pantry: Monday, 9am-12pm, Wednesday, 9am-12pm, Friday, 9am-12pm.
Contact: Glorivel Rivas
Phone: 281-497-4434
Fax: 281-584-2024
Email: sjv@stjohnvianney.org
Website: http://www.stjohnvianney.org/ministries/social-services/food-program
Local Bus Routes: 67, 162
Ages/Grades Served: All ages
Eligibility: Must be in need of emergency assistance. • Walk-ins are welcome. • Accepts appointments.
Costs: Free
Onsite at Schools: No
Languages: English, Spanish
Direct Services: Provides a food pantry fully stocked as a small grocery store. • Conducts monthly food drives. • Also provides clothing assistance. • Offers classes for English as a Second Language (ESL).

Society of Saint Vincent de Paul – Food Pantries

Area Served: Houston ZIP Codes: 77005, 77008, 77012, 77017, 77018, 77020, 77021, 77022, 77023, 77025, 77026, 77030, 77033, 77035, 77037, 77041, 77043, 77051, 77055, 77061, 77076, 77079, 77080, 77081, 77087, 77088, 77091, 77093, and 77096.

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Days/Hours</th>
<th>Phone</th>
<th>ZIP Codes</th>
<th>Bus Routes</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Saints Catholic</td>
<td>215 East 10th Street, Houston, TX 77008</td>
<td>Monday-Thursday, 9am-10:30am</td>
<td>713-864-2653</td>
<td>77008</td>
<td>40, 56, 66</td>
</tr>
<tr>
<td>Assumption</td>
<td>901 E. Roselane Street, Houston, TX 77037</td>
<td>Not available</td>
<td>281-447-5784</td>
<td>77037, 77076, 77088, 77093</td>
<td>56, 79</td>
</tr>
<tr>
<td>Our Mother of Mercy</td>
<td>4000 Sumpter Street, Houston, TX 77020</td>
<td>Not available</td>
<td>713-672-0026</td>
<td>77020, 77026</td>
<td>11, 29, 48, 66</td>
</tr>
<tr>
<td>St. Anne de Beaupre</td>
<td>2810 Link Road, Houston, TX 77009</td>
<td>Not available</td>
<td>713-869-1319</td>
<td>77009, 77018, 77022</td>
<td>44, 56</td>
</tr>
<tr>
<td>St. Christopher</td>
<td>8150 Park Place Blvd., Houston, TX 77017</td>
<td>Not available</td>
<td>713-645-6614</td>
<td>77012, 77017, 77061, 77087</td>
<td>50, 73</td>
</tr>
<tr>
<td>St. Francis Xavier</td>
<td>4600 Reed Road, Houston, TX 77051</td>
<td>Not available</td>
<td>713-731-2716</td>
<td>77033, 77051</td>
<td>29, 54</td>
</tr>
<tr>
<td>St. Jerome</td>
<td>8825 Kempwood Drive, Houston, TX 77080</td>
<td>Monday-Thursday, 9:30am-12pm</td>
<td>713-468-5910</td>
<td>77041, 77043, 77055, 77079, 77080</td>
<td>36, 58</td>
</tr>
<tr>
<td>Location</td>
<td>Address</td>
<td>Days/Hours</td>
<td>Phone</td>
<td>ZIP Codes</td>
<td>Costs</td>
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<tr>
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</tr>
<tr>
<td>St. Monica</td>
<td>8421 West Montgomery Road, Houston, TX 77088</td>
<td>Monday-Tuesday, 9am-11am, Thursday-Friday, 9am-11am</td>
<td>713-447-3212</td>
<td>77088, 77091</td>
<td>44, 79</td>
</tr>
<tr>
<td>St. Peter the Apostle</td>
<td>6220 LaSalette Drive, Houston, TX 77021</td>
<td>Not available</td>
<td>713-747-6708</td>
<td>77021</td>
<td>54, 28, 29, 60</td>
</tr>
<tr>
<td>St. Rose of Lima</td>
<td>3600 Brinkman Street, Houston, TX 77018</td>
<td>Wednesday, 9:30am-11:30am, Thursday, 9:30am-11:30am, Saturday, 9:30am-11:30am</td>
<td>832-320-4181</td>
<td>77008, 77018</td>
<td>27, 36</td>
</tr>
<tr>
<td>St. Thomas More</td>
<td>10330 Hillcroft Street, Houston, TX 77096</td>
<td>Tuesday and Thursday, 9am-10:45am and 1pm-3pm</td>
<td>713-980-3113</td>
<td>77035, 77096</td>
<td>10, 47</td>
</tr>
<tr>
<td>St. Vincent de Paul</td>
<td>6800 Buffalo Speedway, Houston, TX 77025</td>
<td>Not available</td>
<td>713-664-5350</td>
<td>77005, 77025, 77030, 77081</td>
<td>2, 10</td>
</tr>
<tr>
<td>SVDP Food Pantry</td>
<td>2403 Holcombe Blvd., Houston, TX 77021</td>
<td>Monday-Friday, 9am-5pm</td>
<td>713-862-2605</td>
<td>77017, 77023, 77033, 77061, 77087</td>
<td>11, 87, 297</td>
</tr>
</tbody>
</table>

**Contact:** Not available  
**Fax:** 713-741-3639  
**Email:** svdpwebsite@svdphouston.org  
**Website:** [http://www.svdphouston.org/services/food-network](http://www.svdphouston.org/services/food-network)

**Ages/Grades Served:** All ages  
**Eligibility:** Must call the main office for assistance. • Makes referrals to food pantries based on ZIP codes.  
**Costs:** Free  
**Onsite at Schools:** No  
**Languages:** English, Spanish  
**Direct Services:** Operates a regional network of 34 food pantries and two food depots in local neighborhoods. • Provides help with food, clothing, furniture, rent, utilities, and transportation. • Also provides medical, emotional, and spiritual support.

**Southeast Area Ministries**

**Address:** 2102 Houston Boulevard, South Houston, TX 77587  
**Area Served:** Houston ZIP Codes: 77017, 77034, 77061, 77075, 77087, 77089, and South Houston ZIP Code: 77587.  
**Days/Hours:** Monday-Thursday, 9:30am-1:30pm  
**Contact:** Daer Platt, Director of Operations  
**Phone:** 713-944-0093  
**Fax:** 713-944-2157  
**Email:** southerministries@sbcglobal.net  
**Website:** [http://southeastareaministries.com/programs](http://southeastareaministries.com/programs)

**Local Bus Routes:** 76  
**Ages/Grades Served:** All ages  
**Eligibility:** Requires an initial interview, proof of identity, and proof of address. • Also requires a cut-off notice or an eviction notice for help with rent or utilities.  
**Costs:** Free  
**Onsite at Schools:** No  
**Languages:** English, Spanish  
**Direct Services:** Helps with food, personal, and household items including school clothing and supplies, financial assistance for rent, utilities, and prescriptions, and limited gas vouchers. • Makes referrals to a cooperative network.
Area Served: Harris County

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Days/Hours</th>
<th>Bus Routes</th>
</tr>
</thead>
<tbody>
<tr>
<td>State Office</td>
<td>PO Box 14600, Midland, TX 79711</td>
<td>877-541-7905</td>
<td>877-447-2839</td>
<td>Monday-Friday, 8am-5pm</td>
<td>Not available</td>
</tr>
<tr>
<td></td>
<td></td>
<td>877-777-7328</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Central Southwest</td>
<td>13838 Buffalo Speedway, Houston, TX 77045</td>
<td>713-433-3145</td>
<td>713-434-3024</td>
<td>Monday-Friday, 8am-5pm</td>
<td>11, 14</td>
</tr>
<tr>
<td>Chinatown</td>
<td>9450 Harwin Drive, Houston, TX 77036</td>
<td>713-266-5535</td>
<td>713-268-1448</td>
<td>Monday-Friday, 8am-5pm</td>
<td>46, 152, 153</td>
</tr>
<tr>
<td>East</td>
<td>10202 East Freeway, Houston, TX 77029</td>
<td>713-673-6347</td>
<td>713-691-8980</td>
<td>Monday-Friday, 8am-5pm</td>
<td>137</td>
</tr>
<tr>
<td>North</td>
<td>8511 North Houston-Rosslyn Road, Houston, TX 77028</td>
<td>713-895-6800</td>
<td>713-895-6880</td>
<td>Monday-Friday, 8am-5pm</td>
<td>79, 85</td>
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<tr>
<td>Northwest</td>
<td>1421 Little York Road, Houston, TX 77023</td>
<td>281-372-2540</td>
<td>281-372-2598</td>
<td>Monday-Friday, 8am-5pm</td>
<td>79</td>
</tr>
<tr>
<td>South Central</td>
<td>2110 Telephone Road, Houston, TX 77023</td>
<td>713-921-5108</td>
<td>713-967-7590</td>
<td>Monday-Friday, 8am-5pm</td>
<td>40</td>
</tr>
<tr>
<td>Southeast</td>
<td>10060 Fuqua Street, Houston, TX 77079</td>
<td>713-946-6861</td>
<td>713-948-3880</td>
<td>Monday-Friday, 8am-5pm</td>
<td>88, 244, 249</td>
</tr>
<tr>
<td>West</td>
<td>2133 South Texas 6, Suite 100, Houston, TX 77077</td>
<td>281-597-5200</td>
<td>281-509-6749</td>
<td>Monday-Friday, 7:45am-5pm</td>
<td>82</td>
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</table>

Contacts: Not available
Email: Not available
Website: [http://yournotexasebenefits.hhsc.texas.gov/programs/snap](http://yournotexasebenefits.hhsc.texas.gov/programs/snap)

Ages/Grades Served: Ages 65+
Eligibility: Requires proof of residence and proof of income. • Must receive social security insurance (SSI).
Costs: Free
Onsite at Schools: No
Languages: English, Spanish

Direct Services: Helps persons with low incomes and severely limited resources to get Supplemental Nutrition Assistance Program (SNAP) benefits and buy food needed for good health. • Available non-English languages vary among the local offices.

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Texas Department of State Health Services – WIC State Program

Area Served: Harris County

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Days/Hours</th>
<th>Bus Routes</th>
</tr>
</thead>
<tbody>
<tr>
<td>State Office</td>
<td>1100 West 49th Street, Austin, TX 78756</td>
<td>800-942-3678</td>
<td>Not available</td>
<td>Monday-Friday, 8am-5pm</td>
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</tr>
<tr>
<td></td>
<td></td>
<td>512-341-4400</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Acres Homes</td>
<td>6719 West Montgomery Road, Houston, TX 77091</td>
<td>832-393-5427</td>
<td>832-393-4128</td>
<td>Monday-Thursday, 8am-6pm, Friday, 8am-12pm</td>
<td>30, 44</td>
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<tr>
<td>Airline</td>
<td>5990 Airline Drive, Suite 200, Houston, TX 77076</td>
<td>832-393-5427</td>
<td>713-742-4897</td>
<td>Monday, 9am-6pm, Tuesday-Friday, 8am-5pm</td>
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<tr>
<td>Denver Harbor</td>
<td>6402 Market Street, Houston, TX 77020</td>
<td>832-393-5427</td>
<td>713-676-6815</td>
<td>Monday, 9am-6pm, Tuesday-Friday, 8am-5pm</td>
<td>11, 66, 80</td>
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<tr>
<td>Hobby</td>
<td>8221 Gulf Freeway, Suite 200, Houston, TX 77017</td>
<td>713-500-2800</td>
<td>713-641-5269</td>
<td>Monday, 7:30-4pm, Tuesday, 9am-6pm, Wednesday-Friday, 7:30-4pm</td>
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<tr>
<td>Location</td>
<td>Address</td>
<td>Phone</td>
<td>Fax</td>
<td>Days/Hours</td>
<td>Bus Routes</td>
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<tr>
<td>La Nueva Casa</td>
<td>1809 North Main Street, Houston, TX 77009</td>
<td>832-393-5427</td>
<td>713-547-8033</td>
<td>Monday, 9am-6pm, Tuesday-Friday, 8am-5pm</td>
<td>700 (METRO rail), 66, 79</td>
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<tr>
<td>Magnolia</td>
<td>7037 Capitol Street, Suite 201, Houston, TX 77011</td>
<td>832-393-5427</td>
<td>713-928-9545</td>
<td>Monday-Thursday, 8am-6pm, Friday-Saturday, 8am-12pm</td>
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<td>Northeast</td>
<td>9720 Spaulding Street, Houston, TX 77016</td>
<td>832-393-5427</td>
<td>713-636-8230</td>
<td>Monday, 9am-6pm, Tuesday-Friday, 8am-5pm</td>
<td>3, 45, 80</td>
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<tr>
<td>Northside</td>
<td>8504 Schuller Road, Houston, TX 77093</td>
<td>832-393-5427</td>
<td>713-742-1310</td>
<td>Monday, 9am-6pm, Tuesday-Thurday, 8am-5pm, Friday, 8am-3pm</td>
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<tr>
<td>Southwest</td>
<td>6400 High Star Drive, Houston, TX 77074</td>
<td>832-393-5427</td>
<td>713-778-6529</td>
<td>Monday, 8am-6pm, Tuesday, 8am-8pm, Wednesday-Thursday, 8am-5pm, Friday-Saturday, 8am-12pm</td>
<td>9, 47, 402</td>
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<tr>
<td>Sunnyside</td>
<td>9314 Cullen Boulevard, Houston, TX 77051</td>
<td>832-393-5427</td>
<td>713-732-5052</td>
<td>Monday, 9am-6pm, Tuesday-Friday, 8am-5pm</td>
<td>29, 87</td>
</tr>
</tbody>
</table>

**Contact:** Linda Brumble  
**Email:** [Linda.Brumble@dshs.state.tx.us](mailto:Linda.Brumble@dshs.state.tx.us)  
**Website:** [http://txhealth.ziplocator.com](http://txhealth.ziplocator.com)  
**Ages/Grades Served:** Ages 0-4  
**Eligibility:** Must meet income requirements. • Must be pregnant or a woman who is breastfeeding a baby up to one year old or a woman who has had a baby in the past six months. • Parents, stepparents, guardians, and foster parents of infants and children ages 0-4 can apply for their children. • Always call ahead.  
**Costs:** Free  
**Onsite at Schools:** No  
**Languages:** English, Spanish, and 200+ other languages available through the Language Line  
**Direct Services:** Special Supplemental Nutrition Program for Women Infants and Children (WIC) helps pregnant women, new mothers, and young children eat well, learn about nutrition, and stay healthy. • It provides nutrition education and counseling, nutritious foods, and help accessing health care to low-income women, infants, and children. • Many local organizations offer WIC services, including local health departments, county and city agencies, migrant health centers, community action agencies, and hospitals.

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**The Salvation Army Greater Houston Area Command – Social Services Department**

**Address:** 2208 Main Street, Houston, TX 77002  
**Area Served:** Harris County  
**Days/Hours:** Monday-Thursday, 8:30am-3pm  
**Contact:** Gerald Eckert, Social Services Director  
**Phone:** 713-658-9205  
**Fax:** 713-752-0078  
**Email:** General questions: [TSA_Houston@uss.salvationarmy.org](mailto:TSA_Houston@uss.salvationarmy.org), • Programs: [Gerald_Eckert@uss.salvationarmy.org](mailto:Gerald_Eckert@uss.salvationarmy.org)  
**Website:** [http://salvationarmyhouston.org/ways-we-help](http://salvationarmyhouston.org/ways-we-help)  
**Local Bus Routes:** 700 (METRO rail), 82, 85  
**Ages/Grades Served:** All ages  
**Eligibility:** Must demonstrate immediate need. • Requires a proof of identity and proof of income. • For shelter assistance, also requires evidence of an eviction or a utility disconnection notice.  
**Costs:** Free  
**Onsite at Schools:** No
Languages: English, Spanish
Direct Services: Helps families who face homelessness or who are already homeless. • Provides emergency help with food, furniture, rent or mortgage, water bills (service disconnections), and clothing.

United Way of Greater Houston – Helpline 211

Address: 50 Waugh Drive, Houston, TX 77007
Area Served: Gulf Coast area including Fort Bend, Harris, Montgomery, Waller and surrounding counties
Days/Hours: Every day of the year, 24 hours (always open)
Contact: David Jobe, Assistant Vice President
Phone: 211 or 713-957-4357
Fax: Not available
Email: djobe@unitedwayhouston.org
Website: https://www.unitedwayhouston.org/our-211-helpline
Local Bus Routes: 40, 71, 85
Ages/Grades Served: All ages
Eligibility: Open to anyone who wants information on resources for assistance
Costs: Free
Onsite at Schools: No
Languages: English, Spanish, 200+ other languages available through the Language Line
Direct Services: Provides resources for assistance with food, utilities, rent, medical care, housing, mental health, disaster recovery, substance abuse, transportation, legal services, aging/caregiving, employment, children, and adolescents.

Vietnamese American Community Center

Address: 9530 Antoine Drive, Houston, TX 77086
Area Served: Greater Houston
Days/Hours: Monday-Friday, 8am-5pm
Contact: Joseph Do, Executive Director
Phone: 713-320-7555
Fax: 281-448-0500
Email: annamcdc@hotmail.com
Website: http://www.annamcdc.org/index1-pro.html
Local Bus Routes: 85
Ages/Grades Served: All ages
Eligibility: Requires proof of income, proof of identity, and proof of residence.
Costs: Free
Onsite at Schools: No
Languages: English, Vietnamese
Direct Services: Distributes food and provides daily meals on weekdays to eligible families and elderly persons. • Conducts a monthly food fair. • Offers classes for computer literacy, English as a Second Language (ESL), first aid and cardiopulmonary resuscitation (CPR), and photography. • Provides information and referral to community resources.

Wesley Community Center

Area Served: Greater Houston

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Days/Hours</th>
<th>Bus Routes</th>
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<tbody>
<tr>
<td>Food Cooperative</td>
<td>1235 Lorraine Street, Houston, TX 77009</td>
<td>713-821-8900</td>
<td>Monday-Friday, 9am-4pm</td>
<td>700 (METRO rail), 51, 52, 66</td>
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<tr>
<td>Community Center</td>
<td>1410 Lee Street, Houston, TX 77009</td>
<td>713-223-8131</td>
<td>Monday-Friday, 9am-5pm</td>
<td>700 (METRO rail), 51, 52, 66</td>
</tr>
</tbody>
</table>
**Contact:** Victor Hernandez, Food Cooperative Coordinator  
Fax: 713-225-3449  
**Email:** vhernandez@wesleyhousehouston.org  
**Website:** http://www.wesleyhousehouston.org/our-agency/food-programs  
**Ages/Grades Served:** Adults ages 18+  
**Eligibility:** Requires proof of identity, proof of residence, proof of income, and proficiency in English. • Call for an appointment. • Accepts walk-ins.  
**Costs:** Costs vary. • Annual enrollment fee is $10. • Charges families $30 for $60-worth of groceries.  
**Onsite at Schools:** No  
**Languages:** English, Spanish  
**Direct Services:** Distributes healthful and nutritious groceries to families once every two weeks. • Also provides financial education and job readiness skills training. • Also helps with enrolling in college or technical school or in classes for General Education Development (GED).

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**Address:** 6220 Westpark Drive, Houston, TX 77057  
**Area Served:** Houston  
**Days/Hours:** Office: Monday-Friday, 9am-5pm. • Food assistance: 4th Saturday each month.  
**Contact:** Albertha Lewis, Chief Executive Officer  
**Phone:** 713-664-2273  
**Fax:** 713-664-1836  
**Email:** wecareinc@sbcglobal.net  
**Website:** http://www.wecareinc.org  
**Local Bus Routes:** 9, 47  
**Ages/Grades Served:** All ages  
**Eligibility:** Requires proof of identity. • May also require proof of emergency, proof of income, proof of homelessness, or proof of unemployment. • Requires an application for assistance.  
**Costs:** Free  
**Onsite at Schools:** No  
**Languages:** English  
**Direct Services:** Provides emergency food assistance to persons in need. • Provides nutrition education and outreach to childcare providers. • Also provides home safety courses in first aid and cardiopulmonary resuscitation (CPR).

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**Address:** 10501 Meadowglen Lane, Houston, TX 77042  
**Area Served:** Houston ZIP Codes: 77042, 77057, 77063, 77077, 77082, and 77083.  
**Days/Hours:** Office: Monday-Friday, 10am-1pm. • Food pantry: Monday-Friday, 10am-1pm, Saturday, 10am-1pm.  
**Contact:** Verita Duncan, Food Pantry  
**Phone:** Office: 713-977-9942. • Food pantry: 713-795-2727 Ext. 300.  
**Fax:** 713-783-0761  
**Email:** General questions: wham@whamministries.org. • Programs: verita.duncan@whamministries.org.  
**Website:** http://whamministries.org/food-pantry  
**Local Bus Routes:** 25, 82, 161  
**Ages/Grades Served:** All ages  
**Eligibility:** Requires proof of identity, proof of income, proof of residence, and documentation of crisis. • Must live in the service area and must pre-register for assistance. • Accepts walk-ins for clothing vouchers, food pantry, and job search assistance.  
**Costs:** Free  
**Onsite at Schools:** No  
**Languages:** English, Spanish
Direct Services: Operates a food pantry. • Helps with clothing, household items, mortgages, prescriptions, rent, transportation, and utilities. • Operates a job lab. • Provides students with back-to-school supplies they need to return to the classroom. • Offers classes for English as a Second Language (ESL) and adult literacy.

Windsor Village Social Services

Address: 6011 West Orem Drive, Houston, TX 77085
Area Served: Harris County
Days/Hours: Assistance: Tuesday-Thursday, 9am-12pm. • Calls for appointments: Monday, 8am-11am.
Contact: Not available
Phone: Office: 713-723-8187. • Appointments: 713-551-8792.
Fax: 713-728-9923
Email: info@wvumc.com
Website: http://www.kingdombuilders.com/health-social-services
Local Bus Routes: 49
Ages/Grades Served: All ages
Eligibility: Must call on a Monday for an appointment for emergency help. • Requires proof of identity and proof of income for help with food. • Also requires proof of having a lease or a mortgage and proof of eviction or late notices. • Limits help with mortgage, rent, and utilities payments to one time each calendar year.
Costs: Free
Onsite at Schools: No
Languages: English
Direct Services: Provides emergency help with food. • Also provides emergency help with mortgage, rent, and utilities payments.