



# HAIS WEEKLY NEWSLETTER

November 18-22, 2024

## Peek at the Week

### International Education Week/GenTx Week

- Monday, Nov 18, 330-5:** Dance Practice (HAIS Gym)  
**Tuesday, Nov 19, 330-430:** Debate (Rm 113)  
**Tuesday, Nov 19, 330-5:** Cheer Practice (HAIS Gym)  
**Tuesday, Nov 19, 415-6:** Girls Basketball Practice (BCM - Ryan)  
**Wednesday, Nov 20, 3:30-430:** Interact Meeting (Go Center)  
**Wednesday, Nov 20, 330-5:** Dance Practice (HAIS Gym)  
**Thursday, Nov 21, 6-730:** **Study Abroad Night**  
**Thursday, Nov 21, 330-5:** Cheer Practice (HAIS Gym)  
**Friday, Nov 22, 830-130:** Junior Field Trip  
**Friday, Nov 22, 530-830:** Girls and Boys Basketball Games



\*\*\*There are **no after school** activities on Fridays\*\*\*

## Upcoming Events

- 11/25-29: Thanksgiving Break  
12/4: Biology STAAR (Retesters Only)  
12/5: English I & II (Retesters Only)  
12/6: Alg 1 (Retesters Only)  
12/7: AP Saturday Academy  
12/9-13: HCC Finals  
12/16: AVID Final Presentations  
12/17-20: HAIS Final Exams



## INTERNATIONAL EDUCATION & GENTEX SPIRIT WEEK

### 11/18: HAIS DRESS FOR SUCCESS

Kick off international week wearing your best HAIS swag.

### 11/19: COUNTRY COLORS DAY

Wear the brightest colors of your favorite country's flag!

### 11/20: PACK YOUR BAGS DAY

Instead of your backpack, bring your luggage for your next journey.

### 11/21: TACKY TOURIST DAY

Dress like a tacky tourist sporting your camo or animal print.

### 11/22: AIRPLANE ATTIRE DAY

Wear a hat and comfy attire.



HAIS STUDENT DRESS CODE APPLIES TO ALL SPIRIT DAYS



# *Thanksgiving Break*

NOVEMBER 25-29, 2024

## Announcements

ATTENTION  
PLEASE!

THE CUT-OFF TIME TO PICK STUDENTS UP EARLY IS 2:45PM

► **Fri-Yay Treat Donations Needed:** Help show support of HAIS faculty and staff with our Fri-YAY Treat program. Sign up [here](#) to show your appreciation.

► **PSAT Test Scores:** PSAT Scores will be released on November 7th via the Big Futures App. These test scores can help you identify areas to study in preparation for the SAT and other college admissions exams. For more information, check out: [PSAT/NMSQT Scores – SAT Suite | College Board](#).

► **Reminder:** There is no off campus lunch and students should remain on campus all day on Fridays.



► **Student Drop Off & Pick Up:** Please utilize the left-side of Stuart as a drop off/pick up lane between the hours of (730-745; 300-345).

► **Campus Closes:** Campus closes at 4:30 Monday through Thursday and 4:00pm on Friday. Students may wait at the Spark Park or at HCC - Central after campus closes.

► **Transportation Concerns/Requests:** If you have transportation needs (new request, change of address, stop change request due to concerns) click here to [complete our campus transportation tracking form](#)\*. \*Note that there is a minimum 2-week district processing time. Please be sure to arrange for alternative transportation until you received your transportation update from the district and/or me.



## WHAT'S HAPPENING IN OUR CLASSROOMS?

Review the [Homework and Assignment Tracker](#) to check in with your students' academic progress, see their weekly learning objective, and note any important class announcements. Navigate through the tabs at the bottom of the page to view different subject areas. If you have questions about a particular assignment, please contact the teacher.

## Student Services

Please scan for assistance with the campus counselor or campus Wraparound Specialist.

## Reasons to Submit a SAF

		Yes	No
	My mom lost her job	✓	
	Life is wonderful!		✗
	I broke up with my partner	✓	
	Classes are tough and I am struggling with keeping my grades up.	✓	
	I am fine!		✗
	I don't have the resources to feel successful in school	✓	
	I don't know		✗
	I feel sad all the time	✓	
	I have concerns about issues going on with my family	✓	
	My best friend told me that his dad passed away	✓	



**Attention all HAIS Students this is a message from your school nurse**

*Please have your parent or guardian sign you up for Hazel Health Services for our school by scanning the QR code on the Hazel Health attached flyer.*

After completing you will receive a small prize for either parent consent for these services but also even if they choose to opt of and decline these services please see Nurse Ambrosia.

Please help our HAIS school goal of 100% participation

# Hazel Health is here to support your student



With Hazel, your child can get the health care they need, when they need it, at school or at home, via TeleHealth at **no out-of-pocket cost to you.**

## Virtual physical and mental health care for students

Physical health providers address  
student needs within minutes

Cold or flu symptoms

Headache

Stomach ache

Abdominal pain

Minor injuries

and more

Licensed therapists help students  
cope with what they're feeling

Anxiety

Academic stress

Depression

Bullying

Change

and more

Scan to  
learn more



Learn more and consent for services [my.hazel.co/houstonisd](https://my.hazel.co/houstonisd)



# Hazel Health está aquí para ayudar a su estudiante

Con Hazel, su hijo puede obtener la atención médica que necesita, cuando la necesita, en la escuela o en el hogar, a través de tele salud **sin costo de bolsillo para usted.**



## Atención virtual de salud física y mental para estudiantes

Los proveedores de salud física abordan las necesidades de los estudiantes en cuestión de minutos

Los terapeutas autorizados ayudan a los estudiantes a afrontar lo que sienten

Síntomas de resfriado o influenza

Ansiedad

Estrés académico

Dolor de cabeza

Dolor de estómago

Depresión

Acoso escolar

Dolor abdominal

¡y mucho más!

Cambios

¡y mucho más!

Todos los servicios se prestan a través de la telemedicina



Obtenga más información y dé su consentimiento para acceder a los servicios. [my.hazel.co/houstonisd](https://my.hazel.co/houstonisd)

### *Friendly Reminder about the New HISD Hazel Health Services for 2024-2025 school year*

While most school nurse treatments remain the same as last year. We are so excited to announce a new physical telehealth service available with your school nurse and mental health services with our school counselor.

Through our partnership with Hazel Health, all HISD students can access virtual health care at no out-of-pocket cost to you or your family this school year. All it requires is a one-time parental consent for approval of provided health services. With your given permission (consent), it is possible for your child to receive basic over the counter medication(s) for minor illnesses/ receive treatment/or obtain appropriate healthcare referrals through a provided telehealth visit at school or while at home during the school day. 18+ years of age students may consent for themselves to receive these services also. You do not have to have health insurance to sign up. It is not a requirement to have health insurance, but it is just included in application for gathered health information. You will never be billed for these free student health services. Please call Hazel Health with any concerning questions. 1-800-764-2935. Please go to [getstarted.hazel.co](https://getstarted.hazel.co) to consent or opt out of services. We thank you for acknowledging this new HISD free health service to our HISD students and want your feedback. We are here to serve you.

Sincerely,

Scan to  
learn more





Please contact your school nurse with any questions or help with application.

Learn more and sign up today at [www.houstonisd.org/telehealth](http://www.houstonisd.org/telehealth)

## HCC Information

### Helpful HCC Resources

Want to know how to log into your Canvas? What do you do if you have trouble accessing your HCC Email? How do you register for academic services?

Check out our HCC Resources page [here](#).

## Student Opportunities

Follow @HAISstudyabroad on Twitter and Instagram and check out our **updated website** for more information on upcoming deadlines. **Don't miss out on your chance to see the world!**

**2024-2025 Applications are now open!**



### HAIS Annual Study Abroad Night

*The annual HAIS Study Abroad Night is November 21, 2024 from 6-7:30pm in the HAIS Cafeteria! We invite students and families to come learn about the value of study abroad experiences, the wide variety of program options that are available, scholarship opportunities that can make it affordable for any family, and more! Last year, over 10% of the HAIS student body traveled abroad with a partner program or trip, and this year 15% of HAIS students already have an open application for a study abroad program!*

*Come learn about your many options, ask questions about safety, learn how to apply, etc.! Most application/registration deadlines for international summer programs are in November, December, and early January so now is the time to evaluate options for summer 2025 and beyond!*



**Study Abroad with CIEE**



**Study Abroad with CIEE**

## 2 New Information Sessions Available



The flyer features a blue background with three circular images on the left showing diverse groups of young people. The top image shows a group holding various national flags. The middle image shows a group of young women smiling. The bottom image shows a group of young people sitting around a table. The text on the right side of the flyer reads: "Rotary District 5890" with the Rotary International logo, "Explore the world", "Learn a language", "Meet lots of people", and "rotary youth exchange". Below this, it says "REGISTER FOR AN INFORMATION SESSION" and "Students, Teachers, Parents Welcome". The dates "Thursday Nov. 7" and "Tuesday Nov. 12" are listed, along with "All meetings will be 6:30pm to 8:00pm". A section titled "Important Dates:" lists: "Nov. 15, 2024 - \*Preliminary Application Due\*", "Nov. 30, 2024 - Club Interviews Due", "Dec. 6, 2024 - Medical & Dental Forms Due", and "Interviews - Jan. 11-12, 2025". To the right of this text is a QR code and the website "WWW.RYEHOUSTON.COM".

**Rotary**  
District 5890

Explore the world  
Learn a language  
Meet lots of people

rotary  
youth  
exchange

**REGISTER FOR AN  
INFORMATION SESSION**

Students, Teachers, Parents Welcome

Thursday Nov. 7  
Tuesday Nov. 12  
All meetings will be 6:30pm to 8:00pm

Important Dates:

- Nov. 15, 2024 - \*Preliminary Application Due\*
- Nov. 30, 2024 - Club Interviews Due
- Dec. 6, 2024 - Medical & Dental Forms Due
- Interviews - Jan. 11-12, 2025

**REGISTER AT**



**WWW.RYEHOUSTON.COM**

### Congress-Bundestag Youth Exchange

The [Congress-Bundestag Youth Exchange \(CBYX\)](#) program provides scholarships for eligible American high school students and recent graduates to spend an academic year of study and cultural immersion in Germany. Scholarship recipients will serve as “youth ambassadors” as they gain a new perspective on global current affairs and German social, economic, and political life, all while learning the German language through language lessons, day-to-day life, attending a local high school, and living with a host family. **The deadline is November 1, 2024.**



2025-2026-CBYX-Digital-Flyer.pdf

[Download](#)  
1.1 MB

### National Security Language Initiative for Youth (NSLI-Y)

The [National Security Language Initiative for Youth \(NSLI-Y\)](#) program provides scholarships for eligible American high school students and recent graduates to learn critical languages in overseas programs. The program focuses on language instruction, while providing participants with cultural experiences in the host community and sparking a lifetime interest in languages and

cultures. Summer and academic year programs are available for Indonesian, Persian (Tajiki), Turkish, Arabic, Chinese (Mandarin), Korean, and Russian. **The deadline is November 4, 2024.**



**2022 NSLY-I Poster 11x17 - v5.pdf**

[Download](#)

1.4 MB

## **Kennedy-Lugar Youth Exchange and Study (YES) Abroad**

The [Kennedy-Lugar Youth Exchange and Study \(YES\) Abroad](#) program provides scholarships for eligible American high school students and recent graduates to live with host families and attend a local high school for an academic year in Ghana, India, Indonesia, Malaysia, Thailand, Türkiye and more. Through the YES Abroad program students develop leadership skills, international competence, and an understanding of global interests and values shared across cultures. **The deadline is December 4, 2024.**



**YES-Abroad-Virtual-Flyer-Oct-2023-Option-1.pdf**

[Download](#)

2.0 MB

## **The American Association of Teachers of French (AATF)**

The [American Association of Teachers of French \(AATF\)](#) and [AFS-USA](#) have partnered to provide a \$7,500 scholarship for eligible U.S. high school students studying French to experience the beauty of the French language and culture in July 2025 in France. The program focuses on language learning, while students have cultural experiences in the host community sparking a lifetime interest in France and the Francophone culture. AATF Members may nominate up to 3 students. Merit and financial need are taken into consideration for this scholarship. **Nominations are due on November 24, 2024.**



**AATF French Language Scholarship Handout 2025.pdf**

[Download](#)

1.5 MB

**ACE Mentorship Program offers an October-April program that introduces you to local leaders in architecture, engineering and construction!** If you're serious about exploring any of these fields, this is an amazing way to learn more and build your network! They plan hands-on activities to help you develop professional skills in those fields and introduce you to lots of people to learn about career options! The kickoff is October 16th, so register now as spots are filling up! [ACE Mentor Program Houston \(acementorhouston.org\)](#)

**CELEBRATING ALL THINGS HAIS**





## #PhoenixRising

SHOUT OUT GOES TO:

**Ms. Salinas:** Great job for an outstanding Red Ribbon Week celebration and contest.

- HAIS Leadership Team

**Ms. Trostle & Ms Shepard:** I've loved seeing the amazing projects our juniors are doing with their capstones!

- Ms. Alderete

Have you caught a colleague, faculty/staff member, or student doing something above and beyond? Let's recognize it.

[Submit your Shout Out for next week's newsletter.](#)

## GET INVOLVED!

### INNERVIEW: OUR VOLUNTEER HOURS TRACKING SYSTEM

#### Track Your Volunteer Hours

Did you know you can earn graduation regalia by completing 200 hours during your time at HAIS? Use our tracking system on Innerview. If you need assistance on how to get started, see below or Ms. Alderete.

**HAIS FAMILY AND FRIENDS ARE INVITED TO JOIN US!**

# VOLUNTEER OPPORTUNITY



## INSTRUCTIONS

1. Scan this QR Code or visit the site.
2. Choose the 6:15am - 1:00pm - "Mile 20 Refueling Station"
3. Enter the password "HAISInteractClub"
4. Select the 6:15-1pm shift
5. Complete the remaining information as prompted.

Register Now



<https://tinyurl.com/3uk2z2au>

Have a password? Enter it here:

Filter by name:

### Refueling Station: Mile 20 Marathon

Sunday, January 10th

☒ 6:15am - 1:00pm

[view description](#)



59 spots left

#### Refueling Station: Mile 20 Marathon

Course: Refueling Station

Set-up and distribute Gatorade and water for the runners.

Remove used cups from the course to prevent runners from slipping.

Cleanup area, stack tables, stack trash and recycling separately.

Assist with returning equipment and unused supplies back into the supply truck.

#### Shift description:

Set-up and distribute Gatorade and water to the Marathon runners on Memorial Dr at the intersection of Memorial and 610 service road at the western entrance to Memorial Park. Clean up after the last runner passes. Wear weather appropriate clothing and comfortable shoes. Show up at 6:15 AM at the refueling station location. Several days prior to the event, your station captain will contact you by email with final instructions, such as parking suggestions.

[Sign Up To Volunteer](#)



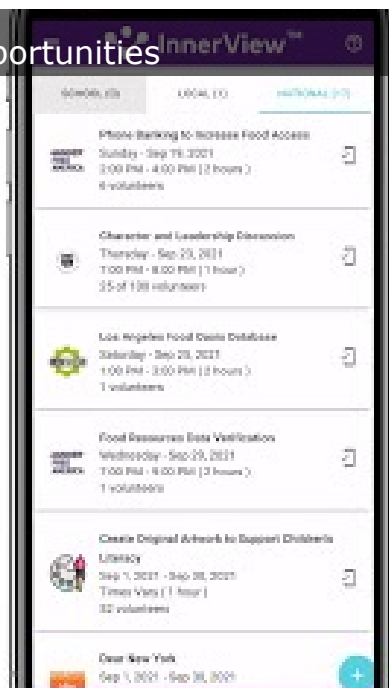
Innerview-GettingStarted\_HS.pdf

Download

1017.0 KB

## Finding Volunteer Opportunities

### Service Opportunities



# PTO

## Join the HAIS PTO Band!

The HAIS PTO will be using the BAND App as their official mode of communication. You can join by downloading the app and joining our "Band"



<https://band.us/n/a7a2Af3e122fe>

## CLICK TO JOIN THE HAIS PTO

Click the Image Below to Order



### HAIS PTO 2024 Fall Class of Design

Represent HAIS and your Graduating Class!

[Share Now](#)

[Facebook](#)

[Twitter](#)

[Edit your collection](#)

#### Campaigns



**HAIS PTO Class of 2028**

Represent HAIS and Your Class today!

0	\$0	14
items sold	raised	days left



**HAIS PTO Class of 2027**

Represent HAIS and Your Class today!

0	\$0	14
items sold	raised	days left



**HAIS PTO Class of 2025**

Represent HAIS and Your Class today!

0	\$0	14
items sold	raised	days left



## Purchase HAIS Gear and Support Your HAIS PTO

Show off your HAIS pride and support the HAIS PTO. You are able to choose your color of choice for most items. Check out the site and order now!

[Click here to place your order and have it delivered directly to you.](#)





## HAIS

Through **international studies**, a **personalized environment** and a **college preparatory curriculum**, HAIS will prepare students for active roles as **global citizens**.

Follow Us on Social Media:

Instagram: @haisechs

Twitter: @HAIS\_ECHS

Facebook: @houstonacademyforinternationalstudies

Email: [ealderet@houstonisd.org](mailto:ealderet@houstonisd.org)

Website: <https://www.houstonisd.org/Page/51266>

Location: [1810 Stuart Street, Houston, TX, USA](#)

Phone: [7139421430](tel:7139421430)

Twitter: [@HAIS\\_ECHS](#)



**Erica Alderete**

Erica is using Smore to create beautiful newsletters